

ALLEGED ROBBER KILLED IN PARKING LOT SHOOTING



Rustenburg – A man suspected of being part of a group of robbers was fatally shot during a robbery at the Waterfall Mall parking lot on Monday 24 October 2022.

Rustenburg police spokesperson sergeant Ofentse Mokgadi confirmed that a Chinese businessman was on his way to the bank when the robbers confronted him with firearms in the parking area (closest to the Pick n Pay). "The victim managed to retrieve his own firearm and fatally shot one suspect. The others fled the scene empty handed," sergeant Mokgadi said.

"We heard four gunshots go off and saw people rushing inside. We had no idea what was happening, so we just closed our doors and hid underneath the counter. It was terrifying!" an employee at one of the shops near the entrance told *Platinum Weekly*.

Waterfall Mall management confirmed the incident: "We have handed over surveillance footage to the police, who are currently investigating the incident. Unfortunately, we are not able to provide any further details at this stage." Investigations continue.

POLE THIEF APPREHENDED

Derby – A new criminal trend is rearing its ugly head in Derby. A man was caught stealing poles used for fencing farms on Thursday 20 October 2022. Derby Buurtweg managed to apprehend him, and a search revealed that he had various iron poles in his possession.

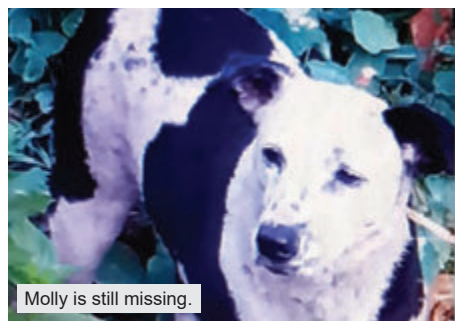
According to Derby Buurtweg chairperson Peet Els, they owner of the poles could not be tracked down, so they had to let him go. Residents are urged to keep a lookout for thieves that are stealing poles and report it. For more information, contact the Derby Buurtweg team on 083 297 3723 or 072 583 6186.



Some of the iron poles and accessories found in the suspect's possession.

HAVE YOU SEEN MOLLY?

Rustenburg – Molly is a 10-year-old black and white mixed breed dog that went missing in the Oorsaa, Kroondal area near the N4 on Saturday 20 August 2022. Her family misses her dearly and is offering a reward for her safe return. If you have any information, please contact Ria Austen on 082 474 5784.



Molly is still missing.

In remembrance



Kom deel die lewensviering van wyle Odette van Biljon (42), oorlede op Vrydag 21 Oktober 2022.

Ons groet haar op 29 Oktober 2022 om 12:00 vanuit die Evangeliese Gereformeerde Kerk, 57 Feliciaaan, Geelhoutpark, Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna

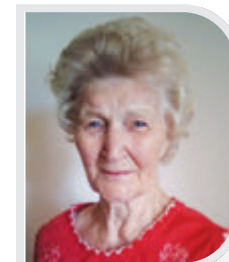
op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Kom deel die lewensviering van wyle Christo Friedlander (58), oorlede op Maandag 24 Oktober 2022.

Ons groet hom op 31 Oktober 2022 om 11:00 by die kapel te Sonskyn Aftree Oord, Koorsboomstraat, Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op

074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Kom deel die lewensviering van wyle Martie Lintveld (82), oorlede op Maandag 17 Oktober 2022.

Ons het haar op 26 Oktober 2022 gegroet by die kapel te Sonskyn Aftree Oord, Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo

Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.

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Address:
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Postal Address:
P.O Box 344, Waterfall Mall, Rustenburg 0323
Contact Person: Daleen Nieuwoudt
Email: daleen.dnprok@gmail.com

"In Association with North-West Debt Counselling"

We mourn the passing of Phadi Andries Malefetsane who passed away on Sunday 23 October 2022. He was a beloved member of the Tlhabane West community and will be remembered fondly by all who knew him. His burial will take place on 29 October 2022 at Rietvlei Cemetery. The service will be rendered by Dienzien Funerals. For more information contact them on 083 761 2078.

PLACING AN OBITUARY

Announcing the death of a family member is a time-honoured tradition as life should be celebrated and never forgotten. To help you to celebrate the life of your loved one and share details about the upcoming funeral, place an obituary in our newspaper, free of charge. You can include the date of death, details about their life and surviving family members. You can also write a special message, a poem or a prayer. Please include a photo and the date, time and place of the memorial service.

If you would like to place an obituary in *Platinum Weekly* / *Platinum Bushvelder*, send the information via WhatsApp to 072 482 6871 or email news@platinumweekly.co.za/ news@platinumbushvelder.co.za.

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PRICE LOCK SAVINGS

Beef Chuck p/kg 84⁹⁹
FRESH DEALS!
Watermelon Whole 39⁹⁹

Pork Shoulder + Pork Chops + Pork Rashers 159⁹⁹

Chicken Feet 3kg 109⁹⁹

Potatoes Medium 7kg 29⁹⁹

Marang Large Eggs 60's 79⁹⁹

Clover Processed Cheese Slices Asst (810g) 54's 94⁹⁹

Super White Maize Meal 12.5kg 99⁹⁹

Douglasdale Full Cream Amasi 2lt 22⁹⁹

Coca-Cola Soft Drink Asst 2lt 21⁹⁹

Sasko White Bread 700g 12⁹⁹

Sunlight Washing Powder 2kg/ Omo Washing Powder 2kg BUY 2 FOR 109.99 (R54.99 EACH)

Excelsa Sunflower Oil 2lt + Unity UHT Full Cream Milk 6x1lt

BUY ALL FOR R699

White Star Super Maize Meal 10kg + Spekko Rice 10kg + Sasko Cake Flour 10kg + Atlanta Brown Sugar 10kg + Excelsa Sunflower Oil 2lt + Unity UHT Full Cream Milk 6x1lt

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TRADING HOURS
MONDAY - SATURDAY: 07:30 - 20:00.
PUBLIC HOLIDAYS & SUNDAY: 08:00 - 14:00.

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BERRY AND CHERRY MAKIETIE

Rustenburg/ Buffelspoort – The Berry and Cherrie Makietie, to take place on Saturday 29 October at Kumbagana near Buffelspoort, promises to be a hit!

The day is not only a fun day for family but also a celebration of all things cherry and blueberry. Make sure to attend to enjoy the live entertainment, stalls and delicious treats. Don't forget to place your orders for cherries beforehand. Orders can be collected at the festival.

For more information, contact Mirandie Visser on 082 406 6308.





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2023 BURSARY APPLICATIONS OPENS 7 OCTOBER 2022

CLOSING DATE: 7 NOVEMBER 2022

REQUIREMENTS	FIELDS OF STUDY
- High-achieving learners in Grade 12 and first or second-year students are invited to submit their applications. - To apply, students must have obtained a 70% average (or above) for each subject and a 70% average (or above) total average of the Applicant's issues from the previous academic year. - Certified copy of S.A. Identity Document of applicant and parent/s and/or guardian/s. - Proof of income of Parent/Guardian confirming household income is not more than R350 000 p/a. - Certified copy of latest academic results. - Provisional letter of admission from a South African tertiary institution. - Provisional letter of admission from South African tertiary institutions residency or private accommodation. - Motivational letter, specifying why the bursary must be awarded to you and how you will contribute to your community. - Applicants must complete and submit their application on our online platform at www.ithubalottery.co.za/ithuba-bursary/	Commerce - Accounting - Management Accounting & Finance - Marketing Information Technology - Computer Science/Engineering - Information Systems - Communication Networks - Software Development

For more information visit our website:
www.ithubalottery.co.za/ithuba-bursary/
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Physical applications will not be accepted

Applications open to RSA Citizens only.
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SPAR SUPER
 MAIZE MEAL
 12.5kg

89⁹⁹
 each



SPAR MINI
 TOILET TISSUE
 1PLY

34⁹⁹
 each



ALL GOLD
 TOMATO
 SAUCE
 700ml

27⁹⁹
 each



TURKEY DRUMSTICKS
 PREVIOUSLY
 FROZEN

59⁹⁹
 p/kg



IN-STORE CHOCOLATE
 OR VANILLA ROUND
 CAKE

54⁹⁹
 each



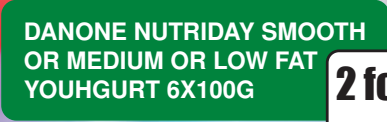
POTATOES 7kg

39⁹⁹
 p/kg



SPAR FROZEN
 MIXED CHICKEN
 PORTION 5kg

169⁹⁹
 each



DANONE NUTRIDAY SMOOTH
 OR MEDIUM OR LOW FAT
 YOUHGURT 6X100G

2 for 32⁰⁰



SPAR BROWN
 SUGAR 2kg

31⁹⁹
 each



BROOKES
 OROS SQUASH
 (EXCL, LIGHT) 2L

34⁹⁹
 each



KELLOGG'S
 CORN FLAKES
 1kg

62⁹⁹
 each

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SPECIALS VALID
 AT SUPERSPAR FORO
 UNTIL 31 OCTOBER 2022



Borehole handover at JST

Rustenburg – Al-Imdaad Foundation inaugurated a borehole at the Job Shimankana Tabane (JST) provincial hospital in Rustenburg on Thursday 22 October 2022. The borehole will allow the hospital to provide critical services without being affected by water shortages. In partnership with the Bojanala Platinum District Municipality, and the Rustenburg Local Municipality, Al-Imdaad Foundation teams from the foundation's head office in KwaZulu-Natal joined the local Rustenburg team to hand over the borehole. Member of the mayoral committee, Mohamed Karani, represented the Bojanala Platinum District mayor's office during the programme.

The new borehole has a yield of 7,000 litres per hour and was installed at the facility with JoJo storage tanks, pumps, filtration systems, and plumbing connections. Given the recent water shortages and restrictions in Gauteng and surrounding areas, which have also impacted the Rustenburg Local Municipality, the borehole has been a very timely intervention that is sure to provide a great benefit.

The borehole was sponsored by Al-Imdaad Foundation donors as part of ongoing efforts to address water shortages faced by communities across South Africa. For more information, or to support the Al-Imdaad Foundation's water relief efforts, please call 086 178 6243 or donate online at www.alimdaad.com.

Al-Imdaad Foundation press release, October 2022



VACANCY - Mechanical Foreman

(Internal & External)

ABOUT THE ROLE

To oversee that all work practices are executed in compliance with legal requirements and provide continuous feedback to the section regarding the performance efficiencies, standards of the section labour, equipment, budget and process targets.

QUALIFICATIONS AND EXPERIENCE

- Grade 12 or NQF Level 4 is essential.
- N3 qualification is essential.
- Foreman Supervisory Certificate is essential.
- Valid Trade certificate (Section 13 or 26D) is essential.
- Minimum of 5 year working experience as a an artisan in a mining environment.
- Knowledge of maintenance planning and execution is essential.
- Valid drivers license and own transport
- Good interpersonal skills
- Excellent communication skills
- Valid medical certificate or must be medical fit in order to obtain one
- Management of budget

DUTIES AND RESPONSIBILITIES

Successful candidate will be responsible for:

- Ensure compliance with the legal requirements as set out in the Minerals Act (MA) and regulation, MHSA and other related legislation.
- Perform inspections in accordance with the MHSA.
- Analyse data provided and develop tactics to ensure effective maintenance on all fleet.
- Ensure availability for after-hours, call outs and standby duties.
- Ensure adherence to process standards and procedures.
- Excellent knowledge and experience on TMM equipment &/ machinery
- Coordinate and monitor equipment availability and ensure continuous effective communication with all stakeholders to minimise production delays.
- You will be required to investigate all incidents or damages in the section.
- Implement all safety requirement and ensure all safety communication and procedures are discussed with the team
- Understand work management and apply it to all areas
- Ensure proper management of all asset and comply to legal requirements.
- Responsible for good housekeeping
- Coordinate training and development of team members

In line with Horizon Chrome Mine's commitment to Employment Equity, preference will be given to suitable candidates from designated groups. All positions require a physical fitness assessment, as part of the normal pre-employment selection criteria. Horizon Chrome Mine complies with the Protection of Personal Information Act 4 of 2013. By submitting your application, you give your consent to process your personal information in a lawful, legitimate and responsible manner.

Horizon Chrome Mine is situated approximately 75km to the North of Rustenburg, west of the Pilanesberg National Park in the North West Province.

Closing Date: 04 November 2022 Email: HR@hcmine.co.za



NORTH WEST

PROVINCIAL LEGISLATURE



DEPUTY MANAGER – PROTECTION SERVICES

ANNUAL SALARY: R1 028 177,00 per annum (excluding benefits and allowances)

• Workstation: NWPL Mahikeng • REF NO: NWPL HR06/22/23 • PATTERSON GR: D2

Requirements: • Grade 12 Certificate coupled with NQF Level 6 (Diploma) Qualification in the Security/Law enforcement environment as recognised by SAQA • A minimum of 5 years' relevant work experience of which at least 2 years' should be at supervisory/management level in the Security environment • Experience in crowd control, tactical policing, exposure as an instructor will be an added advantage • No criminal record.

Knowledge Required: • Legislative Sector/Provincial Legislatures/Public Finance Management Act/Public Sector/Understanding of the South African Civil Society Movements • National Key Points Act and SANS 10366.

Skills Required: • Communication skills (verbal/written)/Strategic and Operational Planning/Presentation and Facilitation skills/Reporting skills/Interpersonal skills/Computer Literacy.

Duties: • Monitor and manage protection services activities in compliance with relevant policies • Manage the VIP security and chauffeur service as requested by the Speaker or Secretary • Oversee physical security of all venues, VIP security of vehicle and venues management • Advice on VIP protection and planning to MPLs • Ensure all security incidents are reported to SAPS • Liaise with SAPS and other law enforcement stakeholder • Understanding of the information security and cyber security • Oversee physical security and safety (SANS 10366) inspections in the precincts and event venues, ensure compliance to physical security procedures and events security procedures and measures management personnel security services • Understanding of the laws and regulations in this fields • Manage and ensure safekeeping of the MACE at appropriate time for sitting and maintain order of sittings as requested and general order on the precincts • Manage emergency response at NWPL events and co-ordination of emergencies • Liaise with Disaster Management, Fire, Rescue and Medical emergency response services and SAPS • Supervise personnel • Perform any other function as may be directed by the Supervisor.

Enquiries: Mr Rodgers Ditse, tel. (018) 392 7000

The North West Provincial Legislature (NWPL) is an equal opportunity affirmative action Employer • The intention is to promote representivity (race, gender and disability) through filling of posts and applicants whose appointment will promote representivity will receive preference.

DIRECTIONS TO APPLICANTS

Applications must be submitted through an application letter, accompanied by a recent, comprehensive CV with at least three (03) referees with contact details, originally certified copies of all qualifications/required documents and ID. It is the applicant's responsibility to have foreign qualifications evaluated by SAQA and attach report thereof with application. Positions requiring tertiary qualifications must be accompanied by certified academic record/transcript(s). Applicants requiring additional information regarding a particular position must direct their queries to persons reflected as enquiries below that post. Applications received after the closing date as well as those who do not comply with the requirements will not be taken into consideration.

Short-listed applicants must be available for interviews at a date and time determined by NWPL. All appointments in the NWPL are subjected to Pre-employment screening, Qualification Verifications and Security Vetting. The NWPL reserves the right not to make appointments and correspondence will be limited to shortlisted applicants.

Forward your applications, quoting the relevant reference number on the application letter for attention: The Human Resource Manager: North West Provincial Legislature, Private Bag X2018, MMABATHO, 2735. Hand delivered application may be submitted to the NWPL, James Moroka Drive, Mmabatho, for attention of the Human Resource Manager. General enquiries may be directed to HRA on tel. (018) 392 7257/7129

Closing Date: 17th November 2022 at 15h00pm

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10kg POTATOES	39 ⁹⁹	10kg POTATOES	37 ⁹⁹	10kg POTATOES	24 ⁹⁹	Butternut 7kg	44 ⁹⁹	Beetroot 1kg	12 ⁹⁹
Green Pepper Box 4kg	89 ⁹⁹	Tomato Box 6kg	99 ⁹⁹	Yellow Peach Punnet	14 ⁹⁹	Strawberry Punnet 125g	14 ⁹⁹	Blueberry Punnet 125g	2 FOR 14 ⁹⁹
Apples Or Pears Asst 1.5kg	14 ⁹⁹	Banana Box p/kg	14 ⁹⁹	Nectarine Punnet	14 ⁹⁹				

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. VALID WHILE STOCKS LAST. PICTURES ARE FOR ILLUSTRATION PURPOSES. ALL PRICES INCLUDE VAT, E & OE.

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BRAAI & GRILL	149 ⁹⁹	Ox Tail p/kg	99 ⁹⁹	Beef T-Bone Or Rump p/kg	89 ⁹⁹		
Pork Sossatie (150g) p/kg	69 ⁹⁹	Rainbow Mixed Portions 5kg	159 ⁹⁹	Beef Sossatie (120g) p/kg	89 ⁹⁹	Beef Short Rib p/kg	84 ⁹⁹
Pork Cuts p/kg	54 ⁹⁹	Chicken Leg Quarters p/kg	47 ⁹⁹	Beef Chuck p/kg	83 ⁹⁹	Beef Stew p/kg	79 ⁹⁹
Beef Biltong / Droewors/ Chilli Bites p/kg	199 ⁹⁹						

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COMBO DEAL! ALL FOR 280⁰⁰

COMBO DEAL! ALL FOR 165⁰⁰

COMBO DEAL! ALL FOR 49⁹⁹

COMBO DEAL! ALL FOR 75⁰⁰

Potatoes 10kg	39 ⁹⁹	Green Pepper Box 4kg	89 ⁹⁹	Tomato Box 6kg	99 ⁹⁹	Beetroot 1kg	12 ⁹⁹	Chilli p/kg	29 ⁹⁹	
Mushrooms 250g	50 ⁰⁰	Watermelon 2 FOR 85 ⁰⁰	Banana Box p/kg	14 ⁹⁹	Apples Asst 3kg	55 ⁹⁹	Apples Or Pears Asst 1.5kg	14 ⁹⁹	Nectarine Punnet	14 ⁹⁹
Avocados p/kg	17 ⁹⁹	Blueberry Punnet 125g	14 ⁹⁹	Strawberry Punnet 125g	14 ⁹⁹	Yellow Peaches Punnet	14 ⁹⁹			

YOUR NO 1 MEAT MARKET BEST DEALS GUARANTEED!

COMBO DEAL! BOTH FOR 139⁹⁹

COMBO DEAL! BOTH FOR 219⁹⁹

COMBO DEAL! 149⁹⁹ + FREE

Beef Brisket 3kg	259 ⁹⁹	Ground Mince 3kg	149 ⁹⁹	Indana Wors 3kg	149 ⁹⁹	Ox Tail p/kg	99 ⁹⁹	Beef Sossatie (120g) p/kg	89 ⁹⁹		
Beef Short Rib p/kg	84 ⁹⁹	Beef Chuck p/kg	83 ⁹⁹	Beef Shin p/kg	82 ⁹⁹	Beef Sausages p/kg	79 ⁹⁹	Pork Sossatie p/kg	69 ⁹⁹	Marinated Chicken Drumsticks 4kg	49 ⁹⁹
Chicken Leg Quarters p/kg	47 ⁹⁹	Beef Biltong / Droewors/ Chilli Bites p/kg	199 ⁹⁹	Pride Namibian Briskettes 4kg	32 ⁹⁹						

Birthday Promotion Perishables Deals!

Wieners 54 ⁹⁹	Fish Fingers 28 ⁹⁹	Burgers 39 ⁹⁹	Viennas 49 ⁹⁹	Beef 67 ⁹⁹	Beef 49 ⁹⁹	Beef 26 ⁹⁹	Beef 35 ⁹⁹	Beef 39 ⁹⁹	Beef 95 ⁹⁹	Beef 49 ⁹⁹			
Wieners 26 ⁹⁹	Flora 54 ⁹⁹	Stork 84 ⁹⁹	Flora 22 ⁹⁹	Flora 84 ⁹⁹	Flora 26 ⁹⁹	Flora 15 ⁹⁹	Flora 21 ⁹⁹	Flora 18 ⁹⁹	Flora 12 ⁹⁹	Flora 41 ⁹⁹	Flora 24 ⁹⁹	Flora 32 ⁹⁹	Flora 27 ⁹⁹

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- Mr. Meintjies -

Ear Institute opens branch in Rustenburg

Where excellent hearing begins!

The Ear Institute, a family-owned business with 27 branches throughout South Africa and Namibia, now has a branch in Rustenburg. We have been changing lives by taking care of your hearing health since 1975.

Says Nico van der Merwe, co-founder of the Ear Institute: "Gerhard Vermaak, the previous owner, and I have been friends since our days at university. He has worked long hours to create a successful practice that is loved and trusted by many of the local residents, and their families. For us, it is an honour to build on the solid business foundation and strong client relationships that Gerhard developed over the past three decades.

"We are excited about continuing his legacy, and growing and developing the practice into a world-class facility."

At the Ear Institute, we like to spend time with our clients to get to know you better and truly understand your requirements so that we can give you the best advice and solutions for your specific and unique needs.

Our audiologists use state-of-the-art and highly specialised equipment, which allows us to make accurate diagnosis. The hearing aids that we supply is of the highest standard and quality. In fact, we can guarantee that your hearing will improve.

"We want to assure all existing and new clients of our commitment to excellent service with a smile, a kind heart, and a listening ear," Van der Merwe concludes.

The Ear Institute would like to invite all existing and new clients to join us for a delicious Nespresso cappuccino to meet the team, and experience our hospitality and professional service.

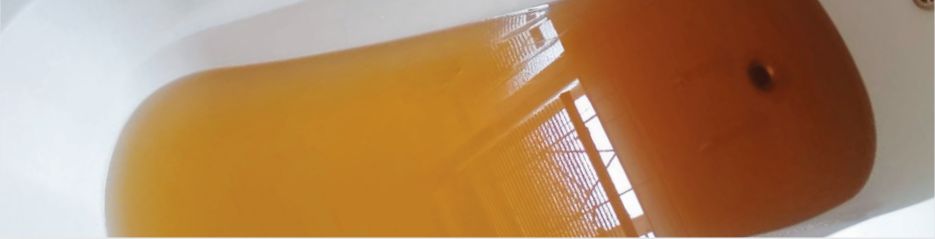
At the Ear Institute, we offer:

- Accessible and friendly service.
- Improved hearing.
- Hearing tests and hearing aids.

Call (014) 592-0677 to book your hearing test today.

Sies!

You cannot take a bath in that!



Zinniaville/Rustenburg – Water coming from the taps in Zinniaville, Karlien Park parts of Tlhabane West and Rustenburg North from Monday 17 October is not fit for human consumption and cannot even be used for cleaning as it would do the opposite. When Zinniaville residents opened their taps on Monday 17 October 2022, they were disgusted to find that the water coming out was brown! The stench coming from the water was horrible and there were reports of laundry that was stained after being washed with the dirty water. The Zinniaville Rate Payer's Association chairperson, Soyad Bham, said: "Something is wrong! We can't use this water, let alone drink it. It can't be safe for human consumption. People are going to get sick with this contaminated water."

According to Rustenburg Local Municipality's (RLM) head of communications, Thapelo Matebesi, RLM has noted the matter and is concerned about the state of water being supplied. Water and Sanitation Services South Africa (WSSA) who run the Bospoort Water Treatment Works have been notified about the state of Zinniaville's water supply, and their team is hard at work to resolve the situation. WSSA reported on 19 October 2022 that they noted a drastic change in Bospoort Dam's raw water quality because of a sudden increase in manganese levels. The matter has been escalated to the Department of Water and Sanitation (DWS). Several natural occurrences, like a lot of rainfall after a period of drought and changes

in temperature can spike manganese levels in a dam. WSSA has pulled out all the stops to mitigate the situation. "Bospoort dam's raw water is deteriorating further, and as a result, we have increased the backwashing of the filters and the cleaning of the dissolved air flotation units. This process will have an impact on the production rate and there will be pumping interruptions to refill the cleared water tank," WSSA's statement reads, "Chemical dosing has been maximized, and the frequency of sampling has been increased. Our management and process controllers will make every effort to minimize the effect on the community."



Not for the discerned water taster.

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T's & C's apply | Prices include VAT | While Stocks Last | Prices are valid 25 Oct - 5 Nov 2022 | econofoods.co.za

Hekel en Brei die talente

Rustenburg – Die Vroue Landbou Unie (VLU) Kashané aand-tak het op Dinsdag 11 Oktober 2022 hul maandelikse vergadering gehou. Brei en hekel is albei gewilde stokperdjies. Dit is pret, ontspannend en gee jou 'n kans om jou kreatiwiteit te beoefen. Die twee kunsvlyte is soortgelyk in die sin dat albei met naalde/hake en gare werk om 'n item te skep, maar die prosesse en gereedskap wat benodig word, verskil heelwat. Francis Liebel – 'n baie bekwame dame – het die lede gewys hoe om te verbeter op hul hekel en brei werke wat hul van plan is om in te skryf vir die VLU kompetisies. Lede het ook die vaardigheid aangeleer om *Amigurumi* speelgoed te maak. *Amigurumi* is die Japannese kuns om klein, gevulde poppies te brei of te hekel. **Hulle nooi almal hartlik uit om aan te sluit by die groep. Vir meer inligting, kontak die voorsitter van die VLU Kashané aand-tak, Charmain Coetzer, op 083 469 5505.**



Van links: Anne, Heyneke, Anja Nieuwoudt, Estelle Grundling en Francis Liebel. Francis wys die dames hoe om op die korrekte manier 'n volgende-ry te hekel.

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Kontak ons vandag | Beste pryse
Chris 082 343 2419 | Willem 067 755 9473

CHILD AND FAMILY WELFARE RUSTENBURG

Please assist the organisation to search for the whereabouts of the biological mother of two children with the surname Khumalo. The girl child is 11 years of age and the boy child is 8 years of age. Urgently contact the Social Worker, Roseline Mokataka from Child and Family Welfare Rustenburg on 014 537 2014 or roselinemokataka@gmail.com

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014 592 2658

Rustenburg Christelike Akademie hou 'n OPEDAG KARNAVAL

29 Oktober 2022 | 09:00 – 12:00 | 168 Kerk str.

WAT BIED RCA JOU AAN:

Hoofstroom onderrig | DBO Registrasie | KABV Kurrikulum Klein klasse | Christelike waardes | Bybel onderrig | Konsert Lees en konsentrasie sentrum | Kinderkinetika | Dance Mouse
Pottebakkerie | Skaak | En vele meer!



3 JAAR TOT GR. R & GR. 1 TOT GR. 7
KONTAK ONS VANDAG:
rga@telkomsa.net
082 679 4084



PUBLIC NOTICE

Notice is hereby given in terms of section 6 (4) (5) (a)(b) of Rustenburg Local Municipality Outdoor Advertising By-Law gazette number 8016 that was gazetted on the 11 June 2019, that **THE BRANDPOT** would like to place a **double sided billboard** at **Motsatsi Street opposite Tlhabane Square in Tlhabane Township and the size of the board is 36 square metres.**

Attention is specifically drawn to the fact that in terms of section 6 (6) of the by-law that any person proposing to submit comments or representation or lodge an objection as contemplated must address such comments, representations, or objections to both the municipality and the applicant concerned. Comments must be submitted to Rustenburg Local Municipality within the period of 21 days from the date of Advertisement.

The following individuals are to be contacted.

For enquiries please contact:

Lerato Katane/Olebogeng Mabala/nkonono Mantswe
014 590 3435/ 3527/ 3394

Email: lkatane@rustenburg.gov.za / oditshwene@rustenburg.gov.za

OFFICE OF THE MUNICIPAL MANAGER PUBLIC NOTICE

Invitation to attend Ordinary Council Meeting

This notice is given to members of the public in terms of Section 29A of the Local Government: Municipal Structure's Act 117, of 1998 as amended, about the Ordinary Council meeting that will be held as follows:

Date:
31 October 2022
Time:
10H00
Venue:
Koster Town Hall

In terms of Section 20 (1) of the Municipal Systems Act, Act 32 of 2000, members of the community, the media, stakeholders and other interested parties are invited to attend the meeting.

Mr R.J Mogale Municipal Manager



PUBLIC NOTICE;

INTERESTED AND AFFECTED PARTIES: PROSPECTING RIGHT APPLICATION, ENVIRONMENTAL AUTHORISATION (EA), BASIC ASSESSMENT REPORT (BAR) AND ENVIRONMENTAL MANAGEMENT PROGRAMME REPORT (EMPr) NATIONAL TREASURE MINERALS (PTY) LTD

NOTICE NOT FOR JOB APPLICATIONS

National Treasure Minerals (Pty) Ltd applied for a prospecting right in terms of section 16 of the Mineral and Petroleum Resources Development Act, 2002 (Act No. 28 of 2002) (MPRDA) and is also applying for authorisation of listed activities in terms of sections 24 and 24D of the National Environmental Management Act, 1998 (Act no. 107 of 1998) (NEMA), read together with Regulations 19 & 20 of the amended Environmental Impact Assessment Regulations, 2014 (Government Notice No. 982). The above-mentioned applications involve the prospecting for iron ore.

These activities will occur on **portion 2 and the remaining extent of the farm Mooiplaats 9 IO and on portions 1, 3, 4, 6, 7 and the remaining extent of the farm Lynplaats 8 IO situated in the Magisterial District of Mafikeng, North West.** The Prospecting Right application has been lodged onto the electronic system of the Department of Mineral Resources and Energy (DMRE), after which the following reference number was obtained: **NW 30/5/11/2/13496 PR.**

Geovicon Environmental (Pty) Ltd has been appointed as the independent environmental consultant to compile with the BAR & EMPr and to conduct consultation with Interested and Affected Parties regarding the project in terms of the MPRDA and the NEMA.

The Draft BAR & EMPr (One report) will be available at the Delareyville Public Library from 28 October 2022 until 28 November 2022 for public perusal.

As part of the Public Participation Process (PPP), as stipulated in Chapter 6 of the amended Environmental Impact Assessment Regulations, 2014 (Government Notice No. 982), any person who is interested in, or affected by the above-mentioned project is hereby invited to register as an Interested or Affected Party, and to comment on the Draft BAR and EMPr. With registration, the party's interest in the project must be declared. Comments regarding the proposed project must be submitted in writing, with reference number NW 30/5/11/2/13496 PR, on or before 28 November 2022 to the consultant below.

Consultant:
Geovicon Environmental (Pty) Ltd
PO Box 4050
Middelburg
1050

Tel.: 013 243 0542
Fax: 086 632 4936
Cell: 082 359 5604
Email: geovicon@iafrica.com
Contact Person: Riana Bate

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- COMSOC® is a Registered Trademark of Skillfull No: 2013/13447/8
- ICAM® is a Registered Trademark of Skillfull No: 2015/15290

UPCOMING EVENTS

- Safety Officers/COMSOC®3 Full Time Course: 31st October – 11th November 2022
- Safety Officers/COMSOC®1 Full Time Course: 14th November – 25th November 2022
- Safety Officers/COMSOC®2 Full Time Course: 28th November – 9th December 2022

Register before end October and receive discounted tariffs on full time, distance learning & e-Learning courses
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Contact our client services department for enquiries / Course Schedule: Tel: 018 786 4300 / 018 786 2812 (08h00 – 16h00)
Email: info@skillfull29.co.za / Or visit us at www.skillfull29.co.za



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Blueberry Punnets 125 g
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BULK COMBO
1 x Potato Pocket 7 kg
1 x Onion Bag 3 kg
1 x Carrot Bag 3 kg
R99



Beef Oxtail
89⁹⁹ per kg



Mixed Lamb Braai Chops
149⁹⁹ per kg



Food Lover's Carbonated Soft Drinks 2 L
5 FOR R50



Food Lover's Mixed Cocktail, Prawn, Rashers, Salt & Vinegar, Steak & Onion Rings or Lentil Snacks Chive/Pepper Feta 100 g/110 g/125 g
ANY 3 FOR R50



Food Lover's Cashews (Raw or with Himalayan Salt), Mixed Nuts (Raw or with Himalayan Salt) or Macadamias Roasted with Himalayan Salt 500 g
149⁹⁹ each



Food Lover's UHT Long Life Full Cream or Low Fat Milk 6 x 1 L
74⁹⁹ each



La Belinda Chopped or Peeled Tomatoes 400 g
5 FOR R60



Food Lover's Full Cream Yoghurt Assorted 1 kg
2 FOR R50



Food Lover's Blended Seed & Extra Virgin Olive Oil 1 L
2 FOR R120



You First Odourless Coconut Oil 1 L
2 FOR R110



Food Lover's Canola Oil 2 L
74⁹⁹ each



Food Lover's Jumbo Seedless or Jumbo Mixed Raisins 1 kg
2 FOR R100

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SPECIALS VALID UNTIL SUNDAY 30 OCTOBER 2022

AVAILABLE AT SELECTED FOOD LOVER'S MARKET STORES IN THE INLAND REGION: GAUTENG, LIMPOPO, NORTH WEST, MPUMALANGA, FREE STATE, AND NORTHERN CAPE. EXCLUDES THE MARC, BRAAMFONTEIN, BANK CITY, AND ROSEBANK EATERIES
ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE

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BULK UP ON THESE Fresh Deals

VEG WALL

- 1 x Cabbage
- 1 x Beetroot Bunch
- 1 x Spinach Bunch
- 1 x Parsley Bunch

ANY 4 FOR **R50**



SALAD COMBO

- 1 x Lettuce Prepack
- 1 x Green Pepper Prepack 2s
- 1 x Spanish Santé Cocktail
- Tomato Punnet
- 1 x English Cucumber

R50



VEG COMBO

- 1 x Green Bean Thriftpack 1 kg
- 1 x Green Pepper Thriftpack
- 1 x Tomato Thriftpack 1 kg

R50



POTJIE COMBO

- 1 x Carrot Thriftpack 1 kg
- 1 x Garlic Sock
- 1 x Potjie Potato Thriftpack 1 kg
- 1 x Pickling Onion Thriftpack 1 kg

R50



BABY VEG COMBO

- 1 x Baby Marrow Prepack
- 1 x Yellow Patty Pan Prepack
- 1 x Green Patty Pan Prepack

R50



Butternut Pockets
39⁹⁹ each



Potato Pockets 7 kg
29⁹⁹ each



Broccoli, Cauliflower &
Sweetcorn Prepacks
ALL 3 FOR **R50**

KENYAN VEG

- Fine Beans, Baby Corn, Mangetout, Sugar Snaps, Sugar Snaps Baby Carrot Mix, Sugar Snaps Baby Corn Mix or Shell Peas

ANY 2 FOR **R39**



Litchi Prepacks
49⁹⁹ each



Cherry Punnets
39⁹⁹ each



Ginger
29⁹⁹ per kg



Peach or Nectarine
Punnets
2 FOR **R50**



Pineapples
2 FOR **R30**



Large Potato
Pockets 10 kg
R50 each



Fruit Cups Assorted
2 FOR **R50**

AVAILABLE
AT SELECTED
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Avolands Ripe 'n
Ready Avocados 6s
35⁹⁹ each



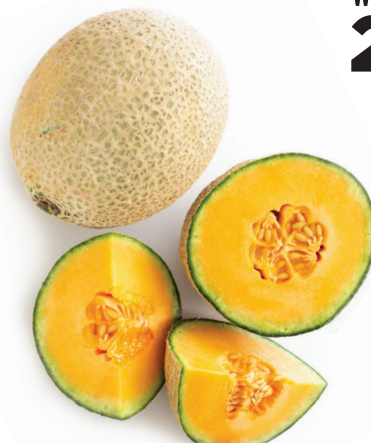
Winter Melons
2 FOR **R50**



Banana Thriftpacks
2 FOR **R25**



Orange or Lemon
Thriftpacks 1 kg
2 FOR **R25**



Spanspek
2 FOR **R50**



Watermelons
R50 each

GROCERIES



Food Lover's Cheddar, Gouda, Mozzarella or White Cheddar 400 g - 3 Months Matured

3 FOR R120



COMBO:
1 x Festive Fruit Cake Mix 1 kg
1 x Food Lover's Glacé Cherries 100 g

99⁹⁹



Food Lover's Kids Cereals Assorted 350 g

ANY 2 FOR R50



Food Lover's Quick Cooking Oats 750 g

2 FOR R45



Food Lover's Crushed Garlic or Garlic & Ginger 500 g

21⁹⁹ each



Food Lover's Popcorn Assorted 65 g

6 FOR R50



Food Lover's Puffs BBQ, Chutney or Cheese 100 g

5 FOR R50



Food Lover's 100% Fruit Juice Blend Assorted 1.5 L

2 FOR R49



You First Raw Honey 1 kg

149⁹⁹ each



You First Raw Almonds 1 kg

149⁹⁹ each



Food Lover's Large Eggs 18s

29⁹⁹ each



Food Lover's Smooth or Crunchy Peanut Butter 400 g

ANY 2 FOR R50



1 x Food Lover's Light Brown Sugar 2 kg & 1 x Food Lover's White Sugar 2 kg

Both FOR R70



Food Lover's Canola Mayonnaise 750 ml

2 FOR R50



COMBO:
1 x Sweet Potato Sourdough Bread
1 x Ciabatta

Both FOR R39.99



Selected Take-Home Pizzas 28 cm

3 FOR R120



Food Lover's Braai Snoek 1 kg

79⁹⁹ each



Cater Sausage Rolls

8 FOR R29.99



Family Meal:
1 x Whole Chicken
1 x Trio Of Salad
6 x Bread Rolls

99⁹⁹ COMBO



Food Lover's Seafood Mix 700 g

69⁹⁹ each

BUTCHERY



BIG DEAL
Ground Beef
2 x 500 g
69⁹⁹
per pack



BIG DEAL
Chicken Braai Packs
49⁹⁹
per kg



Leg of Lamb
169⁹⁹
per kg



Chicken Fillets
69⁹⁹
per kg



Lekka Braai Plain
or Marinated Pork
Belly Ribs
89⁹⁹
per kg



Lekka Braai
Pork Rashers
99⁹⁹
per kg

SIMPLE CHEF



Simple Chef Sweet &
Sticky or Coriander &
Lemon Skaapstertjies
189⁹⁹
per kg



Simple Chef Cape Malay
Style Lamb Neck
189⁹⁹
per kg



Simple Chef Red Wine &
Rosemary Beef Cheeks
169⁹⁹
per kg



Simple Chef Jalapeño &
Ginger Pork Cheeks
149⁹⁹
per kg



BIG DEAL
Food Lover's Wagyu
Burger Patties 4 x 100 g
59⁹⁹
per pack



28 Day Matured
Karan Rump
Steaks
149⁹⁹
per kg

THE PERFECT BRAAI STARTER



Plankie Braai:

- Jalapeño Cheesy Dogs
- Bacon & Halloumi Skewers

179⁹⁹
per kg



NEW
Pit BBQ Beef Burnt Ends
189⁹⁹
per kg



NEW
Pit BBQ Pork Burnt Ends
149⁹⁹
per kg



Clove and Cleaver Beef
Droëwors or Sliced Lean
Beef Biltong 350 g
149⁹⁹
per pack



Food Lover's Prime
Cut Bacon 200 g
3⁰⁰ OR R60



AMERICAN-STYLE
SMOKED
THICK CUT BACON RASHERS
129⁹⁹
per pack



Food Lover's Cheese
Russians 450 g
2⁰⁰ OR R60



Sandwich Ham 400 g
2⁰⁰ OR R70



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FAVOURITE SA PORK
PRODUCTS. SHOP, SCAN
& STAND A CHANCE TO
WIN 1 OF 100 R2000
FOOD LOVER'S MARKET
VOUCHERS!

MON 17 - SUN 30 OCT 2022

'We are very grateful!'



SAVF Rustenburg finance administrator Kedibone Bashir, and social worker Thanky Motsapi received the food parcels.

Rustenburg – The SAVF Rustenburg has expressed their gratitude to an anonymous community member who recently donated various foodstuffs. More than 10 plastic bags of groceries were delivered at the SAVF offices in Rustenburg. The plastic bags contained rice, tinned beans, tinned fish, tinned beef, and other foodstuffs. A very grateful SAVF finance administrator,

Kedibone Bashir, said that the foodstuffs would be handed to needy members of the Rustenburg community. "Thank you very much," says Bashir, "Donations make it possible for us to assist those in need. This gesture has come at just the right time." **For more information, visit Rustenburg SAVF at 212A Kruger Street, Rustenburg or contact 014 592 8568.**



HKLM/PW/7625/A/Rambait Trading

Local female-owned business empowered for growth.

Established 10 years ago, Rambait Trading and Enterprises (Pty) Ltd., specialises in waste management, including hazardous waste, general scrap waste, and recycling. Following a rigorous tender process, Rambait was awarded a three-year waste management contract as well as a 7 ton truck and trailer with 12 waste skips.

Through our Enterprise and Supplier Development Programme, we empower entrepreneurs with the relevant technical knowledge and help them aspire towards new possibilities far beyond their current reach. This speaks to our commitment and confidence in businesses that will have a positive impact on the local economy and a cleaner environment.

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GLENCORE

1,000 teddy bears for Christmas!

Rustenburg – Suzi Krobath has always had a love for beautiful fabrics and being creative. Combining these two she started creating beautiful items. A few weeks ago, Krobath bought several fabric sample books and couldn't wait to get home to strip them. Her sister had a stroke last year, so she took some of the books to her sister to strip, hoping that it would make her happy as her sister shares her love for beautiful material. Ending up with lots of square pieces of different fabric designs, Krobath came up with the idea to use it to make teddies for less-fortunate children! Her dream is to make 1,000 teddy bears for Christmas. To meet her goal, she took to social media and invited the community to help her. The first workshop took place on Tuesday 6 September 2022 and has since grown beyond her wildest dreams. Every Tuesday, people from all over our communities gather at Excalibur Boutique Hotel to make the teddies. Donations and volunteers keep pouring in, and for many, this has become more than just a good deed for charity; it is now a weekly get-together where volunteers can socialise, meet new people, and make a difference.

Krobath's initiative is steadily reaching its target as almost 300 teddies have already been made. "I'm so glad that I met Suzi and that I can be part of this project. My husband is blind, but he also helps by stuffing the bears. We always look forward to Tuesdays. It's like medicine for the soul,"

says community member, Annetjie Herbst. Everyone is invited to participate. They meet every Tuesday from 10:00-15:00 at Excalibur Boutique Hotel. There are no costs involved as the fabric and patterns are provided. Bring your sewing machine, scissors, and pins. If you can't sew you can help with the cutting or stuffing of the teddy bears – there is something to do for everyone. Companies are also welcome to sponsor teddy bears which will be given to a charity of their choice.

For more information contact Krobath on 083 230 1362



Irma Nel dedicates her Tuesdays to making teddy bears for less fortunate children.



From left: Joe Herbst, Annetjie Herbst and Shirley Randen are hard at work.

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EMERGENCY NUMBERS

KIDS!
FILL IN AND
KEEP CLOSE!

My Mommy's number:

My Daddy's number:

My Doctor's number:

Friend/ Family
member's number:

WHERE TO REPORT CHILD ABUSE AND NEGLECT:

Rustenburg Child Welfare	014 537 2014 014 537 2072
SAVF Rustenburg - 212A Kruger Street	014 592 8568 212A Kruger Street
RATA Social Services Rustenburg	014 533 0535 58 Ridder Street
Child Protection Hotline	
Brits	072 408 8864
Hartbeespoort	072 086 5854
Swartruggens	071 596 6769
Boitekong	082 487 0654
Rustenburg	079 169 5340
Childline	116
Department of Social Services Development, Rustenburg	014 565 3630/1/2

SAPS

Rustenburg SAPS Radio Control Centre	014 590 4115/6/7
Rustenburg SAPS Community Service Centre	014 590 4126/27/39
SAPS Boitekong	014 593 6001/ 6002/ 6003
SAPS Emergency (cell phones only)	112
SAPS Marikana	014 572 3143
SAPS Rustenburg	014 590 4116
SAPS Tlhabane	014 565 9154

AMBULANCE

Ambulance / Metro Control Room	014 784 4100
Ambulance / Metro Control Room (provincial)	014 777 3500

MEDICAL EMERGENCY

Med 24/7 (Private)	086 177 7761
ER24	084 124
NetCare 911	082 911
Trauma Rescue	014 594 0689
Ferncrest Hospital (Emergencies)	014 568 4339/8
Peglerae Hospital (Casualties)	014 597 2823

HOSPITALS

Ferncrest Hospital	014 568 4399
Job Shimankana Tabane (JST) provincial hospital	014 590 5100
La Femme Clinic	014 594 9500
RusMed 24	014 523 9378/9351

PEST CONTROL

Bee Removal	061 657 6085
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CLEANING SERVICES 24/7

CIA Crime Incident/Accident	079 498 7606
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FIRE

Fire Department	014 590 3232/ 3333/ 3444
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RTB LOCAL MUNICIPALITY

RLM Accounts Queries	014 590 3111/3090
RLM Emergencies (Fire Dept.)	Press 3
RLM Customer Care Supervisor	Press 2

WATER

Water Problem Helpline	014 590 3111
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ELECTRICITY

Electricity Helpline	014 565 1042
Eskom National Line	086 003 7566

ROAD AND TRAFFIC

N4 Emergency Contact Number	
24-hour Security	014 569 0394/ 0395 or Control Room: 071 602 7683
Bakwena Emergency Control Centre	082 225 9362
Traffic Control Room (Rustenburg)	014 590 3221



Have your say / Sê jou sê

Do you still use a fax machine?

The fax has been a way of life for businesses and consumers for years. It made getting documents and pictures to someone easy. You scan it on your side, and the recipient prints it out on their side. But these days, the fax machine is considered 'old technology'. Do you still use it?



No. Fax machines have become 'extinct' because of emails which are more user friendly and super-efficient. I have also become more environmental conscious and believe that instead of using and wasting paper, I would rather go digital.

Bontle Tsikwe



Yes. But I don't use it as much as I used to. I use it on rare occasions, because of the access that I have to computers and emails.

Riaan Genis

PUBLIC POLL: THE RESULTS ARE IN!

Do you still use
a fax machine?

NO **93%** YES **7%**

Send your event listing to news@platinumweekly.co.za ** Free Placement! PLATINUM EVENT DIARY

Dirk Van Der Westhuizen	27 Oct '22	Rustenburg: Jabulani Venue	083-280-5618
Ocean Basket Smash a Plate	27 Oct '22	Rustenburg: Ocean Basket Platinum Square	014-537-2750
Pieter Naude Live Entertainment	28 Oct '22	Rustenburg: Hunter's Pub & Grill	082-726-0627
Ouplaasdorp Pub & Grill Live entertainment	28 Oct '22	Mooi-nooi: Ouplaasdorp Pub & Grill	073-012-8856
Ghapi Live	28 Oct '22	Rustenburg: Kenny Gee's	014-592-8079
Orange Blossom Golf Event	28-30 Oct '22	Rustenburg: Rustenburg Golf Club	014-592-5575
Elandsprag Motorskou 2022	29 Oct '22	Buffelspoort: ATKV Buffelspoort	014-572-1000
GIN Fun Run	29 Oct '22	Rustenburg: Olifantsnek Vultasie	064-122-6234
Lu-Anel Live Entertainment	29 Oct '22	Rustenburg: Hunter's Pub & Grill	082-726-0627
SPCA Fundraiser with Live music	29 Oct '22	Rustenburg: Midas Waterval	082-375-1221

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9	5	1		4			
				8		9	3
						5	

SUDOKU

SOULFOOD

PSALM 98

A Song of Praise to the Lord for His Salvation and Judgment. A Psalm.

98 Oh, sing to the Lord a new song!

For He has done marvelous things;

His right hand and His holy arm have gained Him the victory.

2 The Lord has made known His salvation; His righteousness He has revealed in the sight of the nations.

3 He has remembered His mercy and His faithfulness to the house of Israel; All the ends of the earth have seen the salvation of our God.

4 Shout joyfully to the Lord, all the earth; Break forth in song, rejoice, and sing praises.

5 Sing to the Lord with the harp, With the harp and the sound of a psalm,

6 With trumpets and the sound of a horn;

Shout joyfully before the Lord, the King.

7 Let the sea roar, and all its fullness,

The world and those who dwell in it;

8 Let the rivers clap their hands;

Let the hills be joyful together

9 before the Lord,

For He is coming to judge

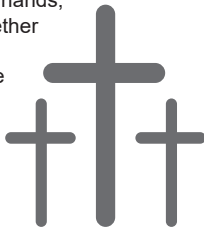
the earth.

With righteousness He

shall judge the world,

And the peoples with

equity.



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EUR / ZAR	18.1007
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Bitcoin / USD	20740
Ethereum / USD	1554.65
Gold \$/oz	1 664.60
Platinum	953.20
Brent	93.99
Palladium	1 958.00
Silver	19.48

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POLL

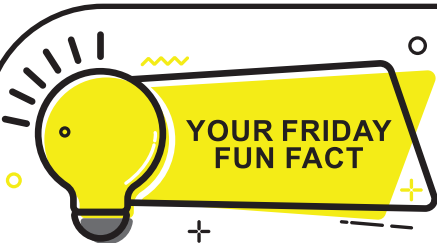
Do you trust your minor child with a cellphone?

Convenience, safety, and security are great benefits of your child having his/her own cellphone. However, not only does this open them up for cyber bullying, it's also a platform where sexual predators can find them. Do you think your child is responsible enough to use his/her own cellphone?

Make yourself heard by sending an email to news@platinumweekly.co.za or a WhatsApp to 081 579 7000 with the following information before 17:00 on Tuesday 1 November 2022:

- Yes, I trust my minor child with a cellphone.
- No, I don't trust my minor child with a cellphone.
- The reason for your answer.
- A recent photo of yourself – that we can publish with your answer.
- Your contact details.
- The results of the votes will be published in our next issue.

PS – You can also give your opinion by commenting on our Facebook post.



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The warmer weather boosts the supply of nutrients needed for keratin production, which is essential for hair growth.



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Impala Rustenburg, in partnership with Royal Bafokeng Sports and Royal Bafokeng Holdings, is a proud partner to this year’s Metshameko school sports programme. U/13 and U/17 teams are participating in a season-long soccer and netball programme that aims to develop skills and a lifelong love of sport in learners.



Support your communities’

SOCCER & NETBALL STARS!



1950

children participating

42

primary schools

23

secondary schools

A total of

215

coaches and umpires

140 Teacher coaches,

30 volunteer coaches

and 45 umpires



Come and support your community, your school, your friends, and your children as they play to become champions.

CONGRATULATIONS TO THE TEAMS WHO WILL BE PLAYING IN THE FINALS:

U/13 soccer:	Platinum Village Primary School Vuka Primary School Saron Primary School Mfidikwe Primary School
U/13 netball:	Saraleng Primary School Moremogolo Primary School Reklakgona Primary School Mfidikwe Primary School
U/17 soccer:	Matetenene High School Kitsong High School Tshukudu High School Matsukubyane High School
U/17 netball:	Matetenene High School Khayaletu High School Freedom park High School Matala High School



Finals will take place at the Royal Marang Hotel in Phokeng on **Saturday, 29 October 2022**

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A passion for photography

Rustenburg – The Rustenburg Photographic Society has fashioned an exciting and informative platform where photographers can live out their passion. They meet on the third Wednesday of every month to learn from each other and encourage each other to grow their talents. Photographers also get to submit photos in the various categories to be judged. Congratulations to the following photographers who received accolades in the open category at the monthly meeting on Wednesday 19 October 2022:

- Senior winner: *Finding A Thermal* by Simon Fletcher
- Junior winner: *Bloukop Loer* by Hannes van Jaarsveld

For more information, contact club chairperson Ronel Broderick on 082 451 2999 or vice chairperson Anje Smith 082 787 4897.

Finding A Thermal by Simon Fletcher



Bloukop Loer by Hannes van Jaarsveld

Koester die bejaardes

Rustenburg – Die Vroue Landbou Unie (VLU) Kashané aand-tak het op Saterdag 15 Oktober 2022 by Rustenburg Rusoord gaan kuier as deel van die VLU se ‘Koester die Bejaardes’ inisiatief. Die lede het die inwoners bederf met lekker eetgoed en geskenkpakkies terwyl die talentvolle Sanet Cronje hul vermaak het met sang.

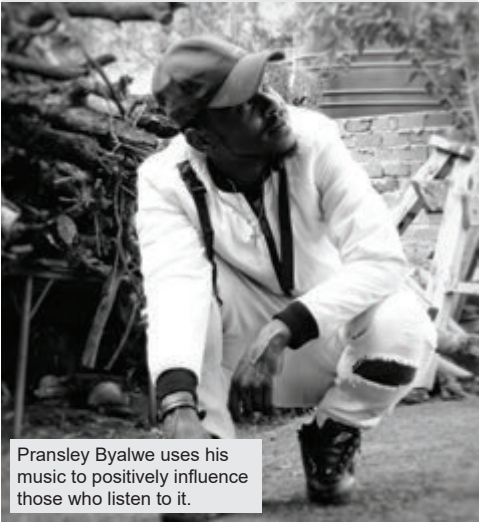


Sanet Cronje en Joan Zulawnik by Rustenburg Rusoord.



Die inwoners van Rustenburg Rusoord geniet die vermaak.

‘I’m doing it for the kingdom of God’



Pransley Byalwe uses his music to positively influence those who listen to it.

Rustenburg – Hip hop artist Pransley Byalwe is on a mission to positively influence young people through his music. The singer, also known as Mancee in local music circles, grew up in Phokeng, just outside Rustenburg and was attracted to music at a very young age. “I started singing when I was 11 years old after being inspired by family members who were also involved in music,” he said. His talent was polished and refined at Keledi High School where he continued pursuing his passion for hip hop. He achieved a major breakthrough in 2021 when he released his first single, *Grounded*, on 30 June. He followed up that effort by releasing his second single, *My Time*. He explained how he uses hip hop to spread Christian values to young people who enjoy this genre. “I am an artist and I use hip hop to make young people turn to God. Music is spiritual and I am doing this for the kingdom of God. I focus more on hip hop because this type of music resonates with the younger generation. I seek to evoke God’s spirit within the hearts of young people because God is after the heart of a person who is willing to accept him.” He also hopes to establish a music academy that will focus on imparting the skills he has learnt to as many young people as possible. “The plan is to make sure young people are inspired by my work and that they also use music to turn away from societal ills such as drug abuse and alcoholism,” Byalwe explained. For more information, get in touch with Pransley Byalwe on mancee09@gmail.com or through his Facebook Page (Mancee08).



Meet Leonie, a Mrs. Rustenburg entrant

Leonie Nel will be participating in the Mrs Rustenburg 2022 pageant.

Rustenburg – Leonie Nel balances work and homelife, being married and the mother of four, while working full time. Her hobbies include arts and crafts, travel, and CrossFit. She sees herself as a go-getter who is both compassionate and passionate. Nel entered the competition because she believes in herself. “I believe you should be yourself and love yourself just the way you are,” says Leonie (46), “Live your life in a way that makes you happy, and not according to how others expect you to live.” She believes that nothing can happen without God’s provision. Treating people with love means that you are bearing fruit that matches the love of God. Do everything with patience, kindness, humility, honesty, joy, and gratitude. Her mother is her greatest role model because she taught her that hard times can be conquered and that even the toughest battles can be won. Nel says: “My mom inspires and motivates me. I have learnt more from her than I could ever learn from a book. I respect her a lot.” Charities that are close to Nel’s heart are the Koster Old Age Home, Koster Huis van Veiligheid and Spes Bona. Issues that she feels strongly about are pollution, as well as impoverished communities that are struggling with food shortages. Through the Mrs Rustenburg pageant platform, Nel hopes to inspire others to make a difference in their communities by transferring their skills. Nel quotes the philosopher, Lao Tzu: “If you give a man a fish, you feed him for a day. If you teach a man how to fish, you feed him for a lifetime.” She would also like to encourage the women of Rustenburg to follow their dreams. Nel added: “Tomorrow is not promised. No matter what age you are, don’t give up. No matter what others think, you are beautiful, inside and out!” The Mrs Rustenburg title includes responsibilities that are rooted in giving back to the community. It has grown to be much more than just a beauty pageant. It has become a means to elevate and celebrate women. Those who selflessly seek to initiate positive change, who are dedicated to their families and their communities, and who consider themselves role models, are invited to enter. You don’t have to be a catwalk expert to win, you just need the right attitude! Married, divorced, or widowed women aged 18-50 are welcome to enter. Entry fees are R250, and the closing date is 20 December 2022. Contestants should be involved in community service and raise funds for charity. They are also required to participate in team-building exercises and charity projects. All these activities will be considered when handing over the crown and the title. This is a pageant for the community, everyone is welcome to get involved by either supporting the contestants or by sponsoring prizes for the event. The semi-finals will take place on 14 January 2023, and the winner of Mrs. Rustenburg will be announced on 18 March 2023. For more information contact organiser Thelma Coetzee on 073 245 2634.

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Sibanye Stillwater’s digital resource centre

Rustenburg/ Lefaragatlhe – Sibanye Stillwater in partnership with the Department of Mineral Resources and Energy as well as Royal Bafokeng Administration launched the Lefaragatlhe Digital Resources Centre on 30 September 2022. They have successfully delivered on their commitment by investing R967,142.94 into the development of the centre that is aimed at providing cost-effective internet access, airtime and electricity as well as printing services for the Lefaragatlhe and Bobuantswa communities. Community members will have access to a furnished and equipped internet café facility, a multifunctional printer, laminator, flash machine, laptops, and a binding machine. The centre will also assist in reducing the unemployment rate by hiring local community members. Sibanye Stillwater head of social

performance Tshepo Kgasago said: “We are serious about creating value for our stakeholders so that our communities can benefit through structured programmes that advances their developments. We believe that information and communications technology (ICT) is one of the key drivers of change and development in this new age of technology. We hope that this digital resource centre will reach its objectives of providing the communities with a convenient ICT service.” Department of Mineral Resources and Energy regional manager Phumudzo Nethwadzi said that Sibanye Stillwater has delivered what they have pledged. Create Value director Katlego Moremodi echoed that this is a great opportunity for the company, and they should continue to look for and exchange ideas on how to grow.



From left: DMRE regional manager Phumudzo Nethwadzi, Create Value director Katlego Moremodi, Sibanye Stillwater executive vice president stakeholder relations Thabisile Phumo, Create Value director Clifford Setshwane, and Royal Bafokeng community member Sam Mputle.



Create Value directors Katlego Moremodi and Clifford Setshwane sharing their words of appreciation and plans about the Digital Resource Centre.



Royal Bafokeng Nation Kgotla Nthebe Ntsimane



DMRE regional manager Phumudzo Nethwadzi



Sibanye Stillwater head of social performance Tshepo Kgasago

Glencore empowers local female-owned SMME with waste skip truck



The Glencore Rustenburg Smelters team and Mpho Magano

Rustenburg – Fulfilling one of its strategic objectives to contribute to society via local supplier development, Glencore Ferroalloys handed over a waste skip truck and trailer worth over R3 million to Rambait Trading and Enterprises in September 2022. Rambait Trading Enterprises specialises in waste management. Their initial focus was only on hazardous waste, however the business also ventured into general scrap waste and recycling. In order to maintain business operations, they were renting a waste skip truck, a trailer as well as a number of skip bins. This came at an exorbitant cost and threatened the growth and sustainability of the business. With the understating of the important role that local businesses play in the overall success of communities, Rustenburg Smelter awarded the contract to Rambait following a rigorous tender process. Chief community and social responsibility officer for Glencore Ferroalloys, Conroy van der Westhuizen, encouraged Rambait Trading Enterprises to maintain the highest safety standards and to keep striving for greatness. “As Glencore, we are passionate about our Enterprise and Supplier Development Programme. It is a strategic imperative for Glencore to lower entry barriers for emerging business enterprises by evaluating candidates that are committed to their own success, the success of Glencore Alloys and uplifting the community and contributing to local economies. Rambait Trading Enterprises has shown impressive tenacity and determination to keep persevering despite life’s challenges over the last 10 years. We are proud as an organisation to offer such a business our support. Best wishes to you, and we look forward to witnessing the

business grow to greater heights,” he said. Following a public tender and rigorous adjudication process, Rustenburg Smelter awarded the business a three-year waste management contract which speaks to the smelters’ investment commitment and confidence in the business, as well as the impact that it will make to the local community. Founder and managing director of Rambait Trading and Enterprises, Mpho Magano could barely hold back her excitement after receiving the donation. “Thank you so much Glencore for believing in me and my business, it hasn’t been an easy journey but knowing that an organisation such as Glencore stands by you and sees you through has kept me going,” said Magano. Through its Enterprise and Supplier Development Programme, Glencore continues to ensure that they empower entrepreneurs with the relevant technical knowledge and helps them acquire assets which will support the growth of their businesses.

Glencore Ferroalloys press release extracts



Mpho Magano, founder and managing director of Rambait Trading and Enterprises.

BOJANALA PLATINUM DISTRICT MUNICIPALITY EXTERNAL VACANCY (REF 4/1/2)



DIRECTORATE: BUGET AND TREASURY FMG INTERNS (X5)

Bojanala Platinum District Municipality has vacancies for a total five (5) suitably qualified, highly motivated and dynamic interns within the Directorate – Budget and Treasury. Apart from specific requirements for the internship programme, it will be expected of the applicants to have knowledge of Corporate Governance Principles, Local Government Legislations and Regulations.

Internship programme will cover:

- Budgeting compilation and implementation
- Supply Chain Management
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- Assets Management
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- Governance and Legislation
- People Management

Qualifications, Skills and Experience:

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- Degree or Diploma with major concentration in Economics, Accounting or Finance, Internal Audit or Risk Management
- Computer Literacy
- Proven and excellent report writing skills
- Good communication skills
- No experience required

Period of internship: 24 months (02 years)

Stipend: R100 000 per annum

Enquiries should be made to: The H.R. Admin. Officer on Tel: (014) 590 4500/ 014 523 5002.

Interested candidates should send an application letter accompanied by a comprehensive CV with certified copies of qualifications to: The Acting Director – Corporate Support Services, Bojanala Platinum District Municipality, P O Box 1993, Rustenburg 0300 or hand delivery to the Human Resource Office No 12 at No 49 Heystek Street, Rustenburg. No fax or email will be accepted.

Please note that no application without certified copies of qualifications and other relevant documents will be considered. Bojanala Platinum District Municipality as employer applies employment equity and equal opportunity to all applicants.

IF YOU ARE NOT CONTACTED WITHIN SIX WEEKS AFTER THE CLOSING DATE OF APPLICATIONS, YOU MUST REGARD YOUR APPLICATION UNSUCCESSFUL.

PLEASE DO NOT SEND ORIGINAL DOCUMENTS.

CLOSING DATE: 17 November 2022 **TIME :** 12h00

NB.: This advert is meant for potential candidates within Bojanala District jurisdiction only.

MR TSHEPO LENAKE
ACTING MUNICIPAL MANAGER

MATAI MINING (PTY) LTD MINING RIGHT APPLICATION PUBLIC PARTICIPATION PROCESS

INVITATION TO REGISTER AS AN INTERESTED AND AFFECTED PARTY DMR REFERENCE NUMBER: NW30/5/1/2/2/10207MR

Notice is given interms of the National Environmental Management act (NEMA), 1998 (act no 7 of 1998), the National Water Act (NWA) act no 36 of 1998 and the MPRDA 2002 of Scoping Phase, Water Use License Application, Waste License and Mining Right Application Application for Matai Mining (Pty) Ltd for Vanadium, Titanium and Iron Ore on certain portion of farm Magazynskraal 3 JQ, certain portion of farm Haakdoorn 6 JQ, the farm Wildebeeskuil 7 JQ, certain portion of the remaining extent of portion 1, certain portion of the remaining extent of portion 2, certain portion of the remaining extent of portion 5, certain portion of 6, portions 11, 12 and 13 (portion of portion 2) and certain portion of the remaining extent of the farm Syferkuil 9 JQ, the remaining extent of portion 1, portion 2, portion 3 (a portion of portion 1), the remaining extent of the farm Middelkuil 8 JQ

PROJECT LOCATION

The mining right is located on certain portion of farm Magazynskraal 3 JQ, certain portion of farm Haakdoorn 6 JQ, the farm Wildebeeskuil 7 JQ, certain portion of the remaining extent of portion 1, certain portion of the remaining extent of portion 2, certain portion of the remaining extent of portion 5, certain portion of 6, portions 11, 12 and 13 (portion of portion 2) and certain portion of the remaining extent of the farm Syferkuil 9 JQ, the remaining extent of portion 1, portion 2, portion 3 (a portion of portion 1), the remaining extent of the farm Middelkuil 8 JQ in the Moses Kotane Municipality in Mankwe Magestrial District, North West Province, 10km south from the closest town of Northam. The project is approximately centred on Geographic coordinates (Latitude 25° 00’ 00” S, Longitude 27° 10’ 00” E).

OPPORTUNITY TO PARTICIPATE

Interested and Affected parties are invited to register and provide written comments together with the above reference number, their email address and contact details to the contact person indicated below within 30 days from the date of publication of this advert.

The Scoping Report for the above-mentioned project will be made available electronically and in hard copy for public review. Electronic copy may be requested from Lufuno Nengwani (Lufuno@kimopax.com).

Contact person: Lufuno Nengwani; Kimopax Pty Ltd; P.O Box 4077,Halfway House 1685.
Tel: 011 312 9765 / 082 832 9378 **Fax:** 011 312 9768 **Email address:** Lufuno@kimopax.com

United Rugby Championship

Die Lions vs Glasgow Warriors sowel as die Sharks vs Ulster *games* was weens mediese redes afgelas en is uitgestel tot verdere kennisgewing. Die Durbanse kerrie was blykbaar bietjie kwaai vir van die Ierse manne en moes toe noodgedwonge Witbank toe! Die Stormers word terug aarde toe gebring en verloor teen Cardiff. Leinster is dus nou die enigste onoorwonne span in die reeks. Eerskomende naweek gaan die twee SA derbies vir vuurwerke sorg ou grote!

Uitslae:

- Dragons 32-25 Ospreys
- Cardiff 30-24 Stormers
- Leinster 27-13 Munster
- Zebre 19-38 Edinburgh
- Connacht 36-14 Scarlets
- Benetton 22-44 Bulls

Bepalings:

Vrydag 28 Oktober

- Scarlets 20:35 Leinster
- Glasgow Warriors 20:35 Benetton

Saterdag 29 Oktober

- Lions 16:00 Stormers
- Dragons 18:15 Zebre
- Munster 18:15 Ulster
- Ospreys 20:25 Connacht

Sondag 30 Oktober

- Bulls 15:00 Sharks
- Cardiff 17:00 Edinburgh

Nag ou grote...



Pirates and Chiefs to battle it out

SA – Orlando Pirates has a good chance of beating their rivals, Kaizer Chiefs, when the two teams meet on Saturday 29 October 2022. This match is arguably the biggest domestic fixture in South African football and all eyes will be on how it pans out.

Pirates, who defeated Mamelodi Sundowns 3-0 in their last match will be out to continue their impressive form by getting the better of Chiefs at the FNB Stadium. And while Chiefs may not be at their best at the moment, one can never count them out.

In another DStv Premier Soccer League (PSL) fixture, Mamelodi Sundowns will be eager to bounce back to winning ways when they face Royal AM on Saturday 29 October 2022 at Chatsworth Stadium.

PSL fixtures:

Friday 28 October 2022

- Maritzburg United v Golden Arrows (Harry Gwala Stadium, kick-off at 19:30)

Saturday 29 October 2022

- Orlando Pirates v Kaizer Chiefs (FNB Stadium, kick-off at 15:30)
- Marumo Gallants v Cape Town City (Peter Mokaba Stadium, kick-off at 17:30)
- Royal AM v Mamelodi Sundowns (Chatsworth Stadium, kick-off at 18:00)

Sunday 30 October 2022

- Amazulu v Stellenbosch United (King Goodwill Zwelithini Stadium, kick-off at 15:30)
- Chippa United v Richard's Bay (Bidvest Stadium, kick-off at 15:30)
- SuperSport United v Moroka Swallows (Lucas Masterpieces Moripe Stadium, kick-off at 15:30)
- TS Galaxy v Sekhukhune United (Mbombela Stadium, kick-off at 15:30)

HIKING FOR HOPE

Majakaneng/ Brits – Majakaneng Hiking Trails invites you to be part of a charitable initiative which seeks to provide school shoes to underprivileged children living in and around the area. During last year's campaign they managed to buy 134 pairs of shoes and this year they hope to double that! Be part of the 'Hiking for Hope' project from 3 to 9 December 2022 and help provide shoes for learners who cannot afford them. To take part in the Heritage Trail – a fascinating 10km adventure that you will definitely enjoy – you must donate a pair of school shoes. Make a positive difference in someone's life while exploring the many interesting and diverse aspects of nature.

For more information, contact Hendrick Baloyi on 067 392 1567 or Kebareng Maluleka on 071 069 1044.



Funrun festival for food

Rustenburg – Retha Nel from the WeeCare Project (G-Om Projek) has been organising the annual and much-enjoyed LoveRun for the past five years. This year's LoveRun OMGEE FEES will take place on Saturday 19 November 2022 at the NG Kerk Suid on the corner of Kerk and Unie Streets.

To take part in the run, you have to donate a non-perishable food item that could be used in the WeeCare December food hamper project.

Ecclesiastes 4:9-10 King James Version (KJV):

"Two are better than one; because they have a good reward for their labour. For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up."

In the spirit of working together and comradery, more local non-profit organisations will join the programme this year. It will also serve as a collective awareness platform for the public to receive relevant information regarding the organisations. The public will have an opportunity to ask questions and perhaps sign up as volunteers – something all non-profit organisations desperately need to be effective. Potential sponsors are welcome to contact the organisers to become involved in this worthy project.

There will be food stalls, special shows by schools – as well as dance groups, netball games, a modelling competition and live shows by artists such as Louis Geldenhuys, Angel de Lange, Mari Minnaar and Pierre du Preez.

It's also an excellent opportunity for local businesses and community members to meet and receive information on how they can take social responsibility by supporting the relevant worthy causes. The charities that have so far committed for the day include:

- G-Om
- Rustenburg SPCA
- Lighthouse Children's Home
- Child Welfare Rustenburg
- Huis van Veiligheid, Koster
- Spes Bona
- SOS Children's Village
- Route 41
- Christelike-Maatskaplike Raad (CMR)
- Rotary Club
- In Touch Equine Therapy
- Basileia Help Centre

The organisers also invite other registered charities to contact them if they want to be part of the awareness day.

The LoveRun starts at 07:00 and registration is a non-perishable food item. The rest of the festivities commence at 08:00. Tickets are selling at R30 per person and include a chance for a few lucky draws.

For more information and tickets, please contact the organisers at 014 592 2419 or at 083 651 2856.



Deenash doen dit weer!

Rustenburg – Laerskool Dawid Brink leerder Deenash Shibusungkur is aangewys as die nasionale wenner by die Radikale Redenaars landsfinaal op Saterdag 22 Oktober 2022.

Hy het vroeër vanjaar ook die ATKV-landsfinaal gewen. Deenash wil graag aan juffrou Linda Badenhorst baie dankie sê vir haar harde werk met die redenaars.



Laerskool Dawid Brink leerder Deenash Shibusungkur, aangewys as wenner van die Radikale Redenaars.

Zandre praat 'n ding rààk!

Rustenburg – Laerskool Silwerend Primary leerder Zandre Myburg het uitstekend gevaar tydens die nasionale finaal van die Radikale Redenaars wat op Saterdag 22 Oktober 2022 by Laerskool Concordia in Boksburg gehou is.

Hy het 'n tweede plek behaal in die Engels-addisionele taal afdeling. Sy onderwerp vir hierdie toespraak was 'Boys must follow in the footsteps of their fathers.'



Laerskool Silwerend Primary leerder Zandre Myburg

At one with nature



Back from left: Gopolang Modisane, Charity Mokgosi, Kamogelo Mathibe, Kutlwano Lesejane, Lemogang Motingwa, and Mr. Bossert. Middle from left: Kutlwano Moloisi, Ms. Nel, Olebogeng Ramabo, Pheny Sibanda, Azania Mathole, Lethogonolo Megalane, Keatlegile Ledingwana, Vuyiswa Mdlane, and Tshepang Chabalala. Front from left: Oagile Moabi, Ilebogeng Mfufi, and Tshiamo Ramatlaleng.

Rustenburg – Learners from Grenville High School spent a day at Pilanesberg National Park on Saturday 22 October 2022 for an exciting educational trip.

They took advantage of the 'mahala' week offered by the South African National Parks (SANParks) to learn more about wildlife and nature by visiting the renowned park.

SANParks' mahala week brought much financial relief to nature lovers by offering a free entrance for a week in most national parks across the country.



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WEEKLY



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Motoring Mail

SEE SPECIALS
INSIDE



Christo and Suzette van Staden finished third in the Amashova Durban Classic

IMPRESSIVE PERFORMANCE FROM CYCLING DUO

Rustenburg – Christo and Suzette van Staden, who represent the Rustenburg Cycling Club (RCC) in tandem events, have put in another impressive performance! On Sunday 23 October, the pair did themselves, their club and their community proud during the Amashova

Durban Classic Race. They clinched third position in the 106km tandem race in a time of 3 hours and 21 minutes. It was a challenging race that saw competitors starting at the Pietermaritzburg City Hall and finishing in Durban. Well done Christo and Suzette!

REGIONAL FINALS AT PLATINUM RACEWAY

Rustenburg – Platinum Raceway will be hosting the Ovals Regional Finals on Saturday 29 October 2022. Clubs from Newcastle, Randfontein, Ellisras, and Rietkuil as well as our local drivers will participate. The races will include stock rods, 1660's, 2.1lt's, hot rods and V8 flexis. In the supporting classes you can look forward to mini-flexis, rookies, V8 Lexus', side bikes and 450 quads. Driver entries cost R250.

Gates open at 09:00 and the racing will start at 17:30. Entrance fees are R80 for adults, R50 for kids and kids under the age of six can enter for free. For more info, contact Marietjie Bye on 081 258 8644 or Henry Venter on 083 452 9979.



FOOD TOWN HYPER RUSTENBURG @TRANS Shopping Mall! **PRICE LOCK SAVINGS**

PROMO VALID UNTIL 02 NOVEMBER 2022

WOW! Pork 3KG FOR 169⁹⁹

WOW! Chicken Necks 3Kg 3KG FOR 64⁹⁹

WOW! Ox Liver p/kg 2KG FOR 89⁹⁹

WOW! Potatoes 3KG FOR 109⁹⁹

WOW! Marang Eggs Large 60's 10KG FOR 89⁹⁹

WOW! Clover Processed Cheese Slices Asst (810g) 54's EACH FOR 96⁹⁹

WOW! Kellogg's Corn Flakes 1kg BUY 2 FOR R110 (R55.00 EACH)

WOW! Coca-Cola Soft Drink 2lt BUY 2 FOR R40 (R20.00 EACH)

WOW! Chubby Chick Mixed Portions 2kg BUY 2 FOR R145 (R72.50 EACH)

WOW! Stork Country Spread (Tub) 1kg BUY 2 FOR R85 (R42.50 EACH)

WOW! Darling Amasi 2lt EACH FOR 21⁹⁹

WOW! MAQ Mag Washing Powder 2kg BUY 2 FOR R105 (R52.50 EACH)

COMBO DEAL! White Star Super Maize Meal 10kg + Sasko Parboiled Rice 10kg + Sasko Cake Wheat Flour 10kg + Atlanta Brown Sugar 10kg + Excella Oil 2lt + Unity UHT Full Cream Milk 6x1lt BUY ALL FOR 689

CNR FATIMA BHAYAT & KLOPPER STREET, RUSTENBURG. TEL: 014 597 4282

MON - FRI: 08:00 - 18:00. SAT: 08:00 - 16:00. PUBLIC HOLIDAYS & SUNDAY: 09:00 - 14:00.

PLEASE SEND US A WHATSAPP 065 542 6259 TO RECEIVE OUR WEEKLY SPECIALS ON WHATSAPP

SPAR



SUPERSPAR



PROMOTION VALID FROM 25 OCTOBER TO 6 NOVEMBER 2022

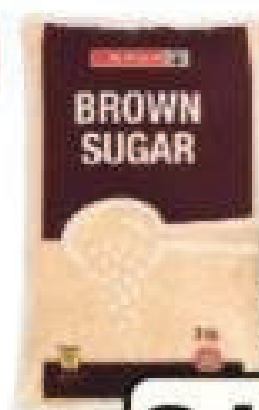
LOW PRICES FOR YOU

every day



Bakoma
Weet-Bix
900 g

46⁹⁹
each



SPAR
Brown Sugar
2 kg

31⁹⁹
each



SPAR
Sunflower Oil
2 litre

76⁹⁹



SPAR
Choice Butter Salted
500 g

54⁹⁹
each



SPAR
Long Life
Full
Cream,
Low Fat
or Fat
Free
Milk
6 x 1 litre

79⁹⁹
per pack



Sunlight
2in1
Hand
Washing
Powder
2 kg
Assorted

56⁹⁹
each



Nappies Jumbo Pack
Mini 3 72s
Junior 5 120s
Junior 5+ 48s
Mini 4 66s
Mini 4+ 62s
Mini 2 64s
Size 1 96s
X-Large 6 44s



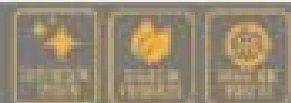
Potty Jumbo Pack
X-Large 44s
Junior 50s
Mini 65s
Mini 68s



Premium
Value Pack
Mini 52s
Junior 44s
Mini 70s
New Born 80s

Pampers
Active Baby
Dry Nappies
Jumbo Pack,
Nappy Pants
Jumbo Pack
or Premium
Value Pack

214⁹⁹
per pack



**LOCKED IN
FRESH**
SO YOU CAN
UNLOCK THE
FLAVOUR



NEW
SKIN-PACKED
CHICKEN



SPAR
Select
Extended Shelf Life
Skin Packed
Chicken Wings
80

67⁹⁹
per kg



SPAR
Select
Extended Shelf Life
Skin Pack
Chicken Stir Pack
4 Thighs & 4 Drums
80

69⁹⁹
per kg



SPAR
Select
Extended Shelf Life
Skin Pack
Chicken Breast Pack
80

58⁹⁹
per kg



*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

Specials available at selected SUPERSPAR and SPAR stores (excluding KWIKSPAR and SPAR Express stores) from 25 October up to and including 6 November 2022 while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Kimberley area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

BAKER'S CHOICE





BAKED MILK TART

SPAR Bakery Baked Milk Tart 1.2 kg

69⁹⁹ each



Teatime Gâteaux Cakes Assorted

89⁹⁹ each



SPAR Bakery Waffles 2s

28⁹⁹ per pack



SPAR Bakery Cabotta (Excluding Garlic) 450 g Assorted

29⁹⁹ each



SPAR Bakery Mini Garlic Bread 4s Assorted

34⁹⁹ per pack



SPAR Bakery White or Brown Pita Bread 6s

29⁹⁹ per pack

FRESH CHOICE





SPAR freshline Season's Value 220 g

19⁹⁹ per pack



SPAR freshline Onions 2 kg

27⁹⁹ per pack



SPAR freshline Value Stir-Fry Mix 1 kg

29⁹⁹ per pack



SPAR freshline Potatoes 3 kg

39⁹⁹ per bag



SPAR freshline Golden Delicious + Red Snack Pack 1 kg

25⁰⁰ per pack

SPAR Rewards
Reward Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR

SUPERSPAR

25 OCTOBER TO 6 NOVEMBER 2022

BUTCHER'S CHOICE



SPAR Select
Rump or Porterhouse Steak

164⁹⁹ per kg



SPAR Tender and Tasty
Pork Shoulder Bacon

109⁹⁹ per kg



SPAR Tender and Tasty
Pork Belly Roast

129⁹⁹ per kg



SPAR Select
Rooberg Boerewors

99⁹⁹ per kg



Bulk Chicken Fillets

65⁹⁹ per kg

CHEF'S CHOICE

PieMan's
Pie or Sausage Rolls (Excl. Burger Pie)

2 45⁰⁰

GRAB
your favourite life

McCoy
REAL DEAL PIES

SPAR McCoy
Pie or Sausage Roll Assorted

2 55⁰⁰

The FOOD STALL

BUY ANY 2 FOR

2 150⁰⁰

The FOOD STALL
Pizza Range
350 g Assorted

IT'S CHICKEN APPRECIATION DAY.
EVERY DAY.

Delicious Butter-Flavoured Chicken

CHIKKA CHICKEN

CHIKKA WHOLE ROASTED CHICKEN
BBQ or Peri Peri

79⁹⁹ each

SPAR'S Rewards
Reward Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR



SUPERSPAR



25 OCTOBER TO 6 NOVEMBER 2022

COOL PRICES

COOL OFFERINGS



SPAR
Extra Large
Eggs
30s

64⁹⁹
per pack



Flora
Regular or Light (Excl. Gold)
Fat Spread
1 kg

Get
R5 off
Rewards Customers Pay
49⁹⁹



Get
R2 off

Rewards Customers Pay

15⁹⁹



Wooden Spoon
White or Yellow
Margarine Brick
500 g

22⁹⁹
each



Bel Kiri
Cream Cheese
216 g

52⁹⁹
each



Rainbow
Simply
Chicken
Poultry
700 g /
1 kg
Assorted

59⁹⁹
each



Parmalat or Melrose
Processes Cheese Slices
or Melrose Melts
or Mool Slices
400 g
Assorted

49⁹⁹
per pack



Clover
Bliss
Double
Cream
Yoghurt
1 kg
Assorted

37⁹⁹
each



President
Camembert,
Brie Wedges,
Simonsz or
Blaauwberg
High Fat Cheese
100 g / 125 g

Get
R7 off
Rewards Customers Pay
27⁹⁹



Clover
Krush
100% Fruit
Juice Blend
1.5 litre
Assorted

Get
R5 off
Rewards Customers Pay
29⁹⁹



Danone
NutriDay
Smooth
Medium or
Low Fat
Yoghurt
6 x 100 g
Assorted

Get
ANY
2
FOR
32⁰⁰



SPAR
Magou
1 litre
Assorted

MULTI-BUY
Buy any 2 and get
R8 off



I&J
Haddock
5 x 100 g
Medallions

78⁹⁹
per pack



I&J
Crumbed
Fish Fingers
800 g

74⁹⁹
each



SPAR
Stone Baked
Pizzas
500 g / 540 g
Assorted

58⁹⁹
each



SPAR
Tender & Tasty
Bacon and
Cheese Wors
420 g

Get
R6 off
each



McCain
Stir Fry
700 g
Assorted

26⁹⁹
each



Ola
Gino Girelli
Ice Cream
1.4 litre
Assorted

68⁹⁹
each



Ola
Rich 'n Creamy
Ice Cream
1.8 litre
Assorted

BUY
ANY
2
FOR
100⁰⁰



Magnum
Ice Cream
90 ml / 100 ml
Assorted

MULTI-BUY
Buy any 2 and get
R3 off

SPAR'S
Rewards
Instant Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR



SUPERSPAR



25 OCTOBER TO 6 NOVEMBER 2022

LOWEST PRICES

PANTRY SAVINGS



Koo
Creamstyle
Sweetcorn
or Garden Peas
400 g / 415 g

18⁹⁹
each



Bull Brand
Corned Meat
(Excl. Corned Beef)
300 g

28⁹⁹
each



Knorr
Aromat
Seasoning
Refill Trio Pack
200 g
Assorted

23⁹⁹
each



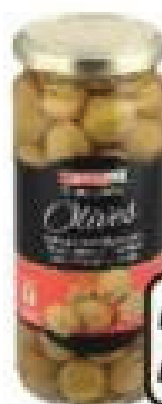
All Gold
Tomato Sauce
700 ml

27⁹⁹
each



SPAR
Gherkins
in Brine
385 g
Assorted

29⁹⁹
each



SPAR
Stuffed Olives
340 g
Assorted

27⁹⁹
each



Maggi
Garlic, Chili
or Sweet Chili
Sauce
375 ml

Get
R3 off
each



Clover
Olive Pride
Seed Oils &
Extra Virgin
Olive Oil Blend
1 litre

89⁹⁹
each



Wellington's
Sweet Chili
Sauce
700 ml

36⁹⁹
each



Royco
Wet
Cook-in-Sauce
375 g / 415 g

32⁹⁹
each



Cresse & Blackwell
Tangy or Creamy
Mayonnaise
(Excl. Squeeze Bottle)
750 g

37⁹⁹
each



All Gold
Tomato &
Onion Mix
410 g

14⁹⁹
each



Knorr
Salad Dressing
340 ml
Assorted

27⁹⁹
each



Snowflake
Cake Wheat
Flour
2.5 kg

Get
R4 off
each

Zonke bonke
STOKVEL

SPAR SUPERSPAR

**GREAT SAVINGS
FOR STOKVEL MEMBERS
COMING IN NOVEMBER**

Selected stores ONLY. Speak to your friendly store manager to save more

29 OCTOBER TO 6 NOVEMBER 2022

EVERYDAY LOW PRICES

BAKING MADE EASY



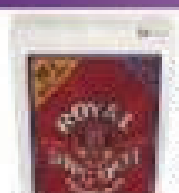
Ira Paarmen's
Cake Mix,
Brownie or
Mousse Mix
250 g - 700 g
Assorted

49⁹⁹
each



SPAR
Bicarbonate
of Soda
500 g

18⁹⁹
each



Royal
Baking
Powder
Refill
200 g

21⁹⁹
each



Snowflake
Self Raising
Wheat Flour
1 kg

19⁹⁹
each



SPAR
Long or
Caster Sugar
500 g

Get
₹3 off
each



Golden Cloud
Self Raising
Flour
2.5 kg

Get
₹3 off
each



SPAR
Instant
Dessert Mix
400 g / 600 g
Assorted

Get
₹6 off
each



Koo
Peach Halves
or Slices
in Syrup
825 g

29⁹⁹
each



Nestle
Ideal Evaporated
Milk Assorted
or Dessert &
Cooking Cream
250 g / 380 g

Get
₹4 off

Rewards Customers Pay

22⁹⁹



Nestle
Caramel Treat
350 g

Get
₹4 off

Rewards Customers Pay

25⁹⁹



Snowflake
Easy Mix
1 kg
Assorted

Get
₹3 off

Rewards Customers Pay

25⁹⁹



Maizena
Cornflour
Tub
500 g

25⁹⁹
each



SPAR
Good Living
Baking Paper
5 m x 300 mm

18⁹⁹
each



Glad
Light Foil
Refill
10 meters

39⁹⁹
each



SPAR
Good Living
Coloured
Muffin Cases
50s
Assorted

16⁹⁹
each



SPAR
Good Living
White Cases
50s

16⁹⁹
each



SPAR
Good Living
American
Muffin Cases
50s

16⁹⁹
each

BEVERAGE COOLERS

Rose's
Cordial
750 ml
Assorted

47⁹⁹
each



Slimy
Flavoured Squash or
Iced Tea Concentrate
1 litre
Assorted

29⁹⁹
each



Brookes
Dros Squash
(Excl. Light)
2 litre
Assorted

34⁹⁹
each



Cappy
100% Fruit
Juice Blend
1.5 litre
Assorted

19⁹⁹
each



Appletiser, Grapeiser
or Peartiser
1.25 litre
Assorted

23⁹⁹
each



Pepsi Max,
Pepsi Lite
or 7 Up
Sugar Free
2 litre

MULTI-BUY
Buy any 2 and get
₹8 off



Monster
Energy Drink
500 ml
Assorted

BUY
ANY
2
FOR

29⁰⁰

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Rewards
Instant Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR



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25 OCTOBER TO 6 NOVEMBER 2022

LOWEST PRICES

BREAKFAST SELECTION



35⁹⁹ each



37⁹⁹ each



109⁹⁹ each



62⁹⁹ each



Get **₹10 off** each



54⁹⁹ each



24⁹⁹ each



59⁹⁹ each



Get **₹5 off**
54⁹⁹ each



COMBO
Buy both and get **₹10 off**
130⁰⁰



BEANTREE

SNACK-TIME TREATS



Get **₹5 off**
27⁹⁹ each



89⁹⁹ each



25⁹⁹ each



Get **₹5 off** each



BUY ANY **2 30⁰⁰** FOR



BUY ANY **2 20⁰⁰** FOR



16⁹⁹ per pack



BUY ANY **2 35⁰⁰** FOR



BUY ANY **2 23⁰⁰** FOR

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25 OCTOBER TO 6 NOVEMBER 2022

7 1601365

SPAR

EVEN LESS!

PRODUCTS

OUR BEST
FOR
LESS

SALE



SPAR
Pilchards
in Tomato Sauce or
Chilli Sauce
400 g

BUY
ANY
2
FOR

40⁰⁰

ONLY AT

SPAR



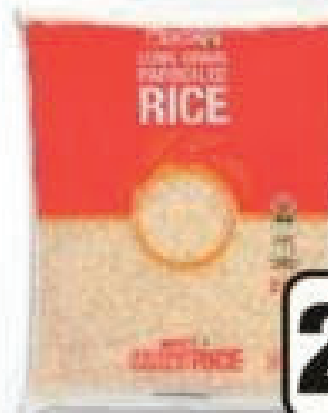
SPAR
Cake
Wheat
Flour
12.5 kg

159⁹⁹
each



SPAR
Red Speckled
Beans
2 kg

59⁹⁹
each



SPAR
Long Grain
Parboiled Rice
2 kg

23⁹⁹
each



SPAR
Baked Beans
in Tomato Sauce
410 g

BUY
2
FOR
24⁰⁰

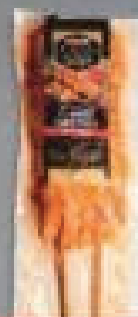
Our best selection
from SA's finest farms



NOW ONLY
SPAR
Select Beef
Fillet
179⁹⁹
per kg



NOW ONLY
SPAR
Select Pork
Loin
109⁹⁹
per kg



NOW ONLY
SPAR
TENDER and TASTY
Chicken Sausages
69⁹⁹
per kg



NOW ONLY
SPAR
TENDER and TASTY
Pork Spare Ribs
159⁹⁹
per box

SPAR'S
Rewards

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR

SUPERSPAR

25 OCTOBER TO 6 NOVEMBER 2022

Pantry



SPAR
Instant Noodles
5 x 70 g
Assorted

17⁹⁹
per pack



SPAR
Tomato Sauce
700 ml

21⁹⁹
each



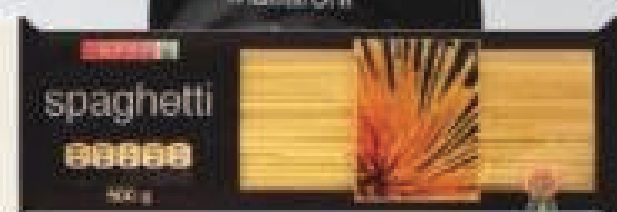
SPAR
Vanilla Flavoured
Custard
1 litre

21⁹⁹
each



SPAR
Full Cream
Condensed Milk
385 g

27⁹⁹
each



SPAR
Macaroni or Spaghetti
500 g

BUY
ANY
2
FOR
25⁰⁰

Breakfast



SPAR
Quick
Cooking
Oats
1 kg

32⁹⁹
each



SPAR
Apricot Jam
900 g

29⁹⁹
each



SPAR
Lemon Cream or
Marie Biscuits
150 g

BUY
ANY
3
FOR
27⁰⁰



SPAR
Rusks
450 g /
500 g
Assorted

39⁹⁹
each

Beverages



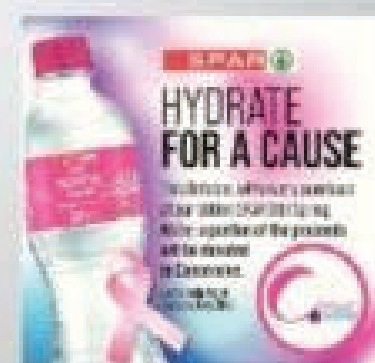
SPAR
Flavoured
Carbonated Soft Drink
2 litre
Assorted

BUY
ANY
2
FOR
20⁰⁰



SPAR
Still Mineral
Water
5 litre

19⁹⁹
each



SPAR'S
Rewards

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR

SUPERSPAR

25 OCTOBER TO 6 NOVEMBER 2022

9501305

Pantry



SPAR
Instant Noodles
5 x 70 g
Assorted

17⁹⁹
per pack



SPAR
Tomato Sauce
700 ml

21⁹⁹
each



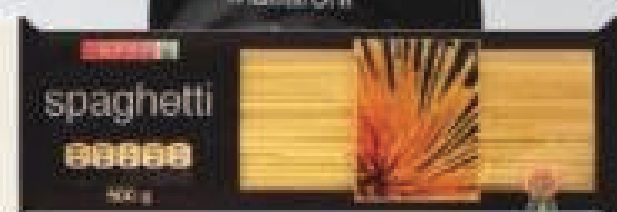
SPAR
Vanilla Flavoured
Custard
1 litre

21⁹⁹
each



SPAR
Full Cream
Condensed Milk
385 g

27⁹⁹
each



SPAR
Macaroni or Spaghetti
500 g

BUY
ANY
2
FOR
25⁰⁰

Breakfast



SPAR
Quick
Cooking
Oats
1 kg

32⁹⁹
each



SPAR
Apricot Jam
900 g

29⁹⁹
each



SPAR
Lemon Cream or
Marie Biscuits
150 g

BUY
ANY
3
FOR
27⁰⁰



SPAR
Rusks
450 g /
500 g
Assorted

39⁹⁹
each

Beverages



SPAR
Flavoured
Carbonated Soft Drink
2 litre
Assorted

BUY
ANY
2
FOR
20⁰⁰



SPAR
Still Mineral
Water
5 litre

19⁹⁹
each



SPAR'S
Rewards

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR

SUPERSPAR

25 OCTOBER TO 6 NOVEMBER 2022

9501305

#SPREAD THE VIBES

SHOW OFF YOUR BEST DANCE MOVES &
WIN A ONE-YEAR supply of SPAR Daily Spread
for YOU and for a charity of your choice



HOW TO ENTER:

- Check out the exciting SPAR Daily Spread dance moves on the following influencer pages on TikTok:
@neevan ferris - @courtnee pool - @tanyagibbs
- Upload a video replicating the dance move, featuring any SPAR Daily Spread product with the #spreadthevibes and tag 1 of the 3 influencers

COMPETITION RUNS FROM: 11 October - 20 November 2022

EXCLUSIVE to **SPAR**

Fridge



SPAR
Pressed and
Squeezed
Fruit Juice
2 litre
Assorted

44⁹⁹
each



SPAR
Medium Fat
Milk
2 kg

24⁹⁹
each



SPAR
Low Fat or Fat Free
Smooth or Fruit
Yoghurt
(Excl. Aloe & Seeded,
Double Cream or
Indulge Range)
1 kg
Assorted

25⁹⁹
each



SPAR
Daily Spread
Tub
1 kg

32⁹⁹
each



SPAR
Margarine
Brick
500 g

19⁹⁹
each



SPAR
Bacon Assorted
or Chicken
Rashers
200 g

29⁹⁹
per pack



SPAR
Prepacked
Sliced
Cold Meat
200 g

21⁹⁹
per pack



SPAR
South African
Feta Cheese
400 g

45⁹⁹
each



SPAR
Smooth or Chunky,
Plain or Flavoured
Cottage Cheese
250 g
Assorted

24⁹⁹
each



SPAR
Cheddar, Gouda,
White Cheddar
or White Gouda Cheese
700 g

79⁹⁹
per pack



SPAR
Grillers or
Russians
425 g / 450 g
Assorted

57⁹⁹
per pack

**OUR BEST
FOR LESS
DEAL!**



SPAR
Red or Smoked
Venison
500 g

Get
₹3 off

29⁹⁹



SPAR
French or
Chicken Polony
2 kg

49⁹⁹
each

Freezer



SPAR
Pork Sausages
375 g
Assorted

39⁹⁹
each



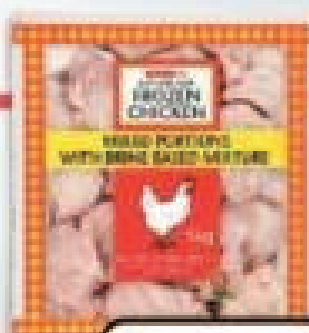
SPAR
Puff or
Shortcrust
Pastry
400 g

21⁹⁹
each



SPAR
Southern Style or Crumbed
Chicken Strips, Bites, Wings, Fillets
or Chicken Strips with Cheese
or Slice with Cheese
500 g

47⁹⁹
per pack



SPAR
Frozen Mixed
Chicken Portions
5 kg

169⁹⁹
per pack



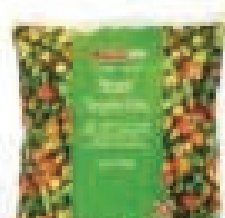
SPAR
Frozen
Chicken Liveries Tub
250 g

11⁹⁹
each



SPAR
Chicken
& Beef
Burgers
1.2 kg

59⁹⁹
each



SPAR
Mixed
Vegetables
1 kg

26⁹⁹
per pack



SPAR
Frozen
Cut Beans
1 kg

27⁹⁹



SPAR
Frozen
Country
Crop
Vegetable
Mix
1 kg

28⁹⁹
each



SPAR
Frozen
Sherry
Slice Fries
or Crinkle,
Straight Cut,
Oven Bake
Chips
1 kg

29⁹⁹
each

**SPAR'S
Rewards**

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR

SUPERSPAR

25 OCTOBER TO 6 NOVEMBER 2022

#SPREAD THE VIBES

SHOW OFF YOUR BEST DANCE MOVES &
WIN A ONE-YEAR supply of SPAR Daily Spread
for YOU and for a charity of your choice



HOW TO ENTER:

- Check out the exciting SPAR Daily Spread dance moves on the following influencer pages on TikTok:
@neevan ferris - @courtnee pool - @tanyagibbs
- Upload a video replicating the dance move, featuring any SPAR Daily Spread product with the #spreadthevibes and tag 1 of the 3 influencers

COMPETITION RUNS FROM: 11 October - 20 November 2022

EXCLUSIVE to **SPAR**

Fridge



SPAR
Pressed and
Squeezed
Fruit Juice
2 litre
Assorted

44⁹⁹
each



SPAR
Medium Fat
Milk
2 kg

24⁹⁹
each



SPAR
Low Fat or Fat Free
Smooth or Fruit
Yoghurt
(Excl. Aloe & Seeded,
Double Cream or
Indulge Range)
1 kg
Assorted

25⁹⁹
each



SPAR
Daily Spread
Tub
1 kg

32⁹⁹
each



SPAR
Margarine
Brick
500 g

19⁹⁹
each



SPAR
Bacon Assorted
or Chicken
Rashers
200 g

29⁹⁹
per pack



SPAR
Prepacked
Sliced
Cold Meat
200 g

21⁹⁹
per pack



SPAR
South African
Feta Cheese
400 g

45⁹⁹
each



SPAR
Smooth or Chunky,
Plain or Flavoured
Cottage Cheese
250 g
Assorted

24⁹⁹
each



SPAR
Cheddar, Gouda,
White Cheddar
or White Gouda Cheese
700 g

79⁹⁹
per pack



SPAR
Grillers or
Russians
425 g / 450 g
Assorted

57⁹⁹
per pack

**OUR BEST
FOR LESS
DEAL!**

TV



SPAR
Red or Smoked
Venison
500 g

Get
₹3 off

29⁹⁹

TV



SPAR
French or
Chicken Polony
2 kg

49⁹⁹
each

Freezer



SPAR
Pork Sausages
375 g
Assorted

39⁹⁹
each



SPAR
Puff or
Shortcrust
Pastry
400 g

21⁹⁹
each



SPAR
Southern Style or Crumbed
Chicken Strips, Bites, Wings, Fillets
or Chicken Strips with Cheese
or Slice with Cheese
500 g

47⁹⁹
per pack



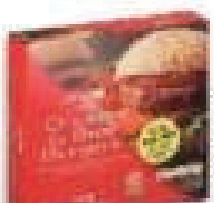
SPAR
Frozen Mixed
Chicken Portions
5 kg

169⁹⁹
per pack



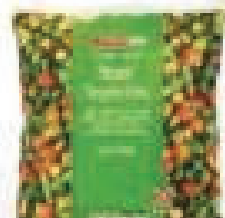
SPAR
Frozen
Chicken Liveries Tub
250 g

11⁹⁹
each



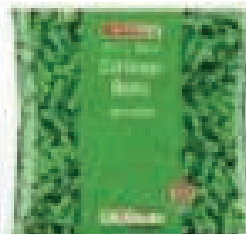
SPAR
Chicken
& Beef
Burgers
1.2 kg

59⁹⁹
each



SPAR
Mixed
Vegetables
1 kg

26⁹⁹
per pack



SPAR
Frozen
Cut Beans
1 kg

27⁹⁹



SPAR
Frozen
Country
Crop
Vegetable
Mix
1 kg

28⁹⁹
each



SPAR
Frozen
Shoney
Slice Fries
or Crinkle,
Straight Cut,
Oven Bake
Chips
1 kg

29⁹⁹
each

**SPAR'S
Rewards**

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR

SUPERSPAR

25 OCTOBER TO 6 NOVEMBER 2022

Home Care



SPAR
Bleach-It
750 ml
Assorted

Get
R2 off
each



SPAR
Kitchen Towels
2 ply
28s
Assorted

19⁹⁹
per pack



SPAR
Pro-Wash
Auto
Washing
Powder
or Auto
Liquid
2 kg /
1.5 litre
Assorted

42⁹⁹
each



SPAR
Pro Wash Laundry Bar
500 g
Assorted

13⁹⁹
each

EVEN LESS!



Get
R5 off

SPAR
Toilet
Tissue
2 ply
18s

Rewards Customers Pay

89⁹⁹

Pet Care



SPAR
Pro-Balance
Dog Food
775 g
Assorted

24⁹⁹
each



SPAR
Pro-Balance
Cat Food
2 kg
Assorted

79⁹⁹
per pack

SPAR'S
Rewards
Instant Savings

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR



SUPERSPAR



29 OCTOBER TO 6 NOVEMBER 2022

Great
meals
start
with

QUALITY COOKWARE

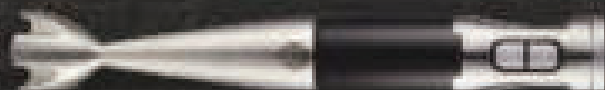
SHOP: GET A STICKER FOR
EVERY **R100** SPENT!

COLLECT: 15 STICKERS TO FILL YOUR
FREE COLLECTOR CARD.

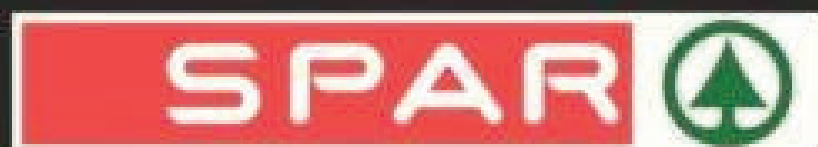
SAVE: UP TO **70%** OFF MASTERCHEF
STAINLESS STEEL COOKWARE.



MasterChef
The TV Series



Creating smiles around the table



Prize draw valid from 17 October 2022 to 30 January 2023. Completed collector cards can be redeemed until 12 February 2023. Stickers can be collected at any SPAR, SUPERSPAR, KWIKSPAR, SPAR Express, SPAR Express, SPAR Express and SPAR Express stores. Excludes stores in KZN, Western Cape, Eastern Cape, Limpopo and KwaZulu-Natal. ©2022 Spar TV Limited. MasterChef and the MasterChef logo are registered trademarks of Show TV Limited and its affiliates. Licensed by Banijay Group. All Rights Reserved.

SPAR  SUPERSPAR 

26 OCTOBER TO 6 NOVEMBER 2022

GREAT VALUE

HOME ESSENTIALS



Airwick
Air Freshener
250 ml
Assorted

Buy 2
for
R42⁰⁰



ProWash
Hand Washing
Powder
2 kg
Assorted

Get
R3 off
each



Sta-Soft
Ultra Concentrate
Bottle
500 ml
or Refill Pack
800 ml
Assorted

Get
R12 off
each



Sta-soft
Fabric Conditioner
Refill Pouch
(Excl. Ultra Concentrate
Dry Pack)
500 ml
Assorted

25⁹⁹
each



Handy Andy
Cream
750 ml
Assorted

26⁹⁹
each



Domestos
Thick Bleach
750 ml
Assorted

Get
R2 off

Rewards Customers Pay

27⁹⁹



Sunlight
Regular
Dishwashing
Liquid
750 ml

Get
R2 off

Rewards Customers Pay

27⁹⁹



Finish
All in One
Dishwash
Tablets
56s
Assorted

199⁹⁹
each



OMO
Auto Washing
Powder
3 kg
or Auto Liquid
2 litre
Assorted

109⁹⁹
each

PEST CONTROL



Raid
Insecticide
500 ml
Assorted

33⁹⁹
each



Doom
Insecticide
Spray
300 ml
Assorted

32⁹⁹
each



Raid
Electric Liquid Refill
2s
Assorted

52⁹⁹
each



Target
Mortein
Mosquito Repellent
Refill
25 ml

39⁹⁹
each

SPAR
Rewards

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR

SUPERSPAR

25 OCTOBER TO 6 NOVEMBER 2022

EVERYDAY LOW PRICES

HOME ESSENTIALS



SPAR
Good Living
Everyday
Broom or
Small Mop

34⁹⁹
each



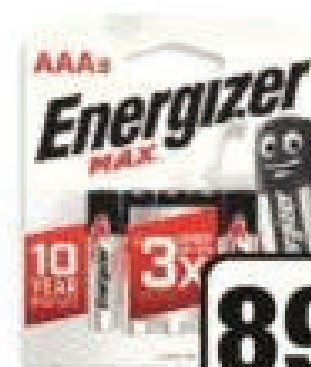
Scotch-Brite
Heavy Duty
Stainless Steel
or Brass
Scrubber

19⁹⁹
each



SPAR
Heavy Duty
Refuse Bags
10s

39⁹⁹
each



Energizer
Max
AAA or AA
Batteries
8s

89⁹⁹
per pack



Pineware
Black or White
Cordless Kettle
1.7 litre

179⁹⁹
each

POOL CARE



Poolbrite
Month Mate
Super Plus Floater
1.5 kg

129⁹⁹
each



Poolbrite
Tru Blu
2 litre

99⁹⁹
each



hth
Floater+
1.6 kg

159⁹⁹
each



hth
Shock It
500 g

42⁹⁹
each



hth
Pool
Granular
Chlorine
4 kg

209⁹⁹
each

PET BUYS



SPAR
Cat Litter
10 kg

54⁹⁹
per pack



Bobtail
Dry Dog Food Chunks
5.5 kg - 9 kg
Assorted

Get
R5 off
2-month Customers Pay
164⁹⁹
per pack



SPAR
Charcoal
Briquettes
5 kg
+
Firelighters
12s

BUY
BOTH
FOR
79⁹⁹

SPAR
Rewards
Earn & Save

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR SUPERSPAR

25 OCTOBER TO 6 NOVEMBER 2022

MORE FOR LESS

SELF-CARE DEALS



Protex
Soap
150 g
Assorted

BUY ANY
2 FOR
25⁰⁰



Lux
Beauty Soap
175 g
Assorted

MULTI-BUY
Buy any 2 and get
R2 off
Rewards Customers Pay
27⁰⁰



Colgate
Maximum Protection,
Herbal, Herbal White
or Gel
100 ml
Assorted

19⁹⁹
each



Nivea
Shower Gel
or Cream for
Men or Women
500 ml
Assorted

54⁹⁹
each



Shield
Anti-Perspirant
Roll On for Men
or Women
50 ml
Assorted

Get
R1 off
Rewards Customers Pay
18⁹⁹
each



Mitchum
Anti-Perspirant
Gel for Men
or Women
(Excl. Mitchum
Solid)
63 g
Assorted

54⁹⁹
each



Listerine
Advanced White,
Tartar Control,
Gum Defense,
Total Care or
Total Care
Sensitive
(Excl. Base
Range and Zero)
Mouthwash
500 ml

69⁹⁹
each



Vaseline
Petroleum Jelly
250 ml
Assorted

34⁹⁹
each



Pantene
Shampoo or
Conditioner
360 ml / 400 ml
Assorted

44⁹⁹
each



Revlon
Flex
Shampoo or
Conditioner
650 ml
Assorted

Get
R10 off
each



Tresemmé
Shampoo or
Conditioner
750 ml / 900 ml
Assorted

Get
R5 off
Rewards Customers Pay
89⁹⁹
each



Nivea
Body Lotion or Cream
for Men or Women
400 ml
Assorted

Get
R5 off
Rewards Customers Pay
49⁹⁹
each



Always
Ultra
Sanitary Pads
7s / 8s / 10s
Assorted

Get
R3 off
each



Always
Maxi Pads
8s / 9s / 10s
Assorted

16⁹⁹
per pack

Women and girls
should never miss out



Only
R6
for 8 maxi
pads

That's why we continue to ensure that quality sanitary
protection is available at the lowest possible price.

SPAR
PRODUCTS

SPAR'S
Rewards
e-Coupons

*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR

SUPERSPAR

25 OCTOBER TO 6 NOVEMBER 2022

YOUR GREAT STORY STARTS RIGHT HERE!



299⁹⁹
per pack

Crueland
London Dry Gin
Infused
with Kala Namak Truffles
or Black Winter Truffles
750ml
with a Limited Edition
Crueland
Goblet
Gift Set



139⁹⁹
per pack

Amarula
Ethiopian Coffee
750ml
with a Coffee Jar
and Metal Straw
Gift Set



114⁹⁹

Tanf' Sannie
Cream Liqueur
750ml



139⁹⁹
per pack

Amarula
Premium
Cream Liqueur
750ml
with Glasses
Gift Set



134⁹⁹
each

Russian Bear
Triple Distilled Vodka
(Including Flavours)
750ml



219⁹⁹
each

SKYY
Vodka
(Including Flavours)
750ml

MULTI-BUY
Buy 2 for
320⁰⁰
Get an extra
R10 off
Rewards Customers Pay
310⁰⁰



Captain Morgan
Spiced Gold
750ml

139⁹⁹
each

Imagin
Classic
London Dry or
Citrus Flavoured
Gin
750ml



**WE LOVE A
GREAT STORY**

SCAN & SHARE YOUR GREAT STORY!
YOU COULD BE A WINNER!



#NO

18

aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.

PREMIUM STORY STARTERS!

ONLY AVAILABLE AT SELECTED STORES



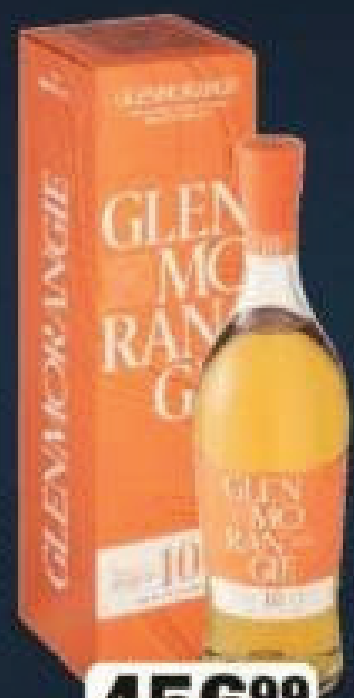
379⁹⁹

Monkey Shoulder
The Original
Blended Malt
Scotch Whisky
750ml



Promotional Price
449⁹⁹
Get an extra
R20 off
Rewards Customers Pay
429⁹⁹

Bisquit & Dubouché
Cognac V.S.
750ml



456⁹⁹

Glenmorangie
10 Year Old
Highland
Single Malt Scotch Whisky
750ml



259⁹⁹

Johnnie Walker
Red Label
Blended
Scotch Whisky
750ml



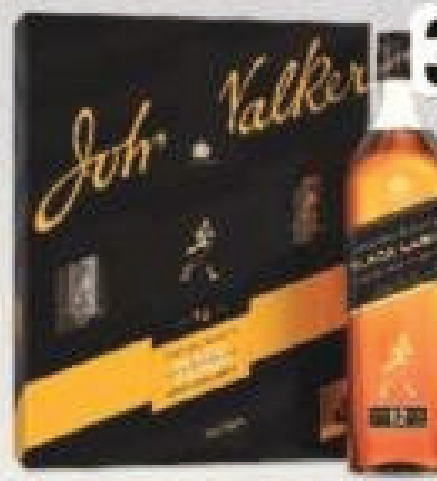
209⁹⁹

Grant's
Triple Wood
Blended
Scotch Whisky
750ml



167⁹⁹

Kilpatrick
Export Brandy
750ml



364⁹⁹

Johnnie Walker
Black Label
Blended
Scotch Whisky
750ml
with Glasses Gift Set



COMBO
Promotional Price
108⁰⁰
Get an extra
R8 off
Rewards Customers Pay
100⁰⁰

Viceroy
Smooth Gold
Liqueur
750ml and
Coca-Cola
1L



Scottish Leader
Original Whisky
750ml
with Glasses
Gift Set

199⁹⁹



KVV
12 Year Old
Brandy
750ml
with 2 Brandy Glasses
Gift Set

379⁹⁹

#NO18 aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.

WINE Kulcha

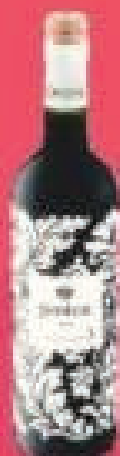
WITH **tops!**

Wine Kulcha is all about making it easier and more fun to enjoy your wine-drinking experience. Because wine pairs well with... anything actually.



Nederburg
Classic
Cabernet Sauvignon
or Merlot
750ml

BUY 2 FOR
100⁰⁰



Protea
Merlot,
Cabernet Sauvignon
or Shiraz
750ml

69⁹⁹
each



Alto Rouge
750ml

94⁹⁹



The Wolftrap
Red
750ml

49⁹⁹



Nederburg
Classic
Rose
750ml

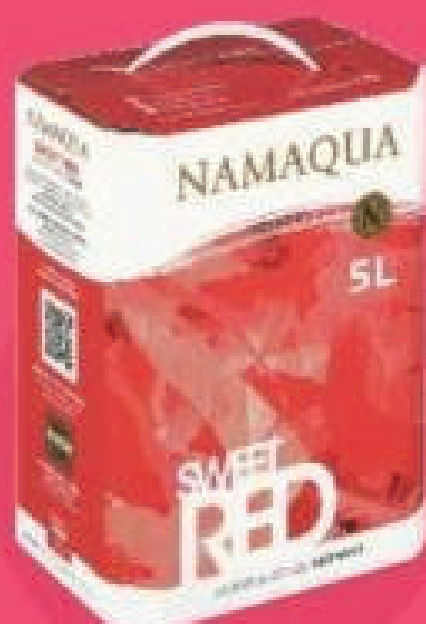
BUY 2 FOR
100⁰⁰



Nederburg
Baronne
750ml

MULTI-BUY
Buy 6 for
440⁰⁰
Get an extra
R60 off
Rewards Customers Pay
380⁰⁰

smooth
on the
tongue
and easy
on the
**BANK
BALANCE**



Namaqua
Natural Sweet Red
5L

134⁹⁹



Olive Brook
Carnival
Classic Red or
Natural Sweet Red
3L

109⁹⁹
each

#NO

18

aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.



Du Toitskloof
Pinotage Rose,
Sauvignon Blanc,
Chardonnay or
Chenin Blanc
750ml

54⁹⁹
each



Iona
Sauvignon Blanc
750ml

136⁹⁹



Protea
Sauvignon Blanc,
Rose, Chardonnay,
Chenin Blanc or
Pinot Grigio
750ml

69⁹⁹
each



BUY 2 FOR

100⁰⁰

Nederburg
Classic
Sauvignon Blanc or
Chenin Blanc
750ml

The Wolftrap
White or Rose
750ml

49⁹⁹
each



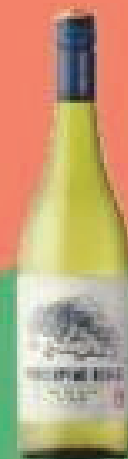
Kleine Zalze
Sauvignon Blanc,
Chardonnay
or Chenin Blanc
750ml

69⁹⁹
each



Porcupine Ridge
Sauvignon Blanc,
Chardonnay or
Chenin Blanc
750ml

49⁹⁹
each



Pierre Jourdan
Tranquille
750ml

64⁹⁹



Pongracz
Methode
Cap Classique Brut,
Noble Nectar
Demi Sec, Nectar Rose
Light or Rose
750ml

154⁹⁹
each



J.C. Le Roux
Le Domane, La Chardon
or La Fleurette
(including Non-Alcoholic)
750ml

Special Price
74⁹⁹
each

Get an extra
R15 off

Rewards Customers Pay
59⁹⁹
each



Namaqua
Johannesbeger
Natural Sweet
White, Extra Drie,
Late Harvest,
Rose or
Blanc de Blanc
5L

134⁹⁹
each



Olive Brook
Carnival
Natural Dry White,
Natural Sweet White
or Natural Sweet Rose
3L

89⁹⁹
each



SCAN HERE
TO GET WINE
KULCHA'D

#NO18

aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.



Du Toitskloof
Pinotage Rose,
Sauvignon Blanc,
Chardonnay or
Chenin Blanc
750ml

54⁹⁹
each



Iona
Sauvignon Blanc
750ml

136⁹⁹



Protea
Sauvignon Blanc,
Rose, Chardonnay,
Chenin Blanc or
Pinot Grigio
750ml

69⁹⁹
each



BUY 2 FOR

100⁰⁰

Nederburg
Classic
Sauvignon Blanc or
Chenin Blanc
750ml

The Wolftrap
White or Rose
750ml

49⁹⁹
each



Kleine Zalze
Sauvignon Blanc,
Chardonnay or
Chenin Blanc
750ml

69⁹⁹
each



Porcupine Ridge
Sauvignon Blanc,
Chardonnay or
Chenin Blanc
750ml

49⁹⁹
each



Pierre Jourdan
Tranquille
750ml

64⁹⁹



Pongracz
Methode
Cap Classique Brut,
Noble Nectar
Demi Sec, Nectar Rose
Light or Rose
750ml

154⁹⁹
each



J.C. Le Roux
Le Domane, La Chardon
or La Fleurette
(including Non-Alcoholic)
750ml

Special Price
74⁹⁹
each

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R15 off

Rewards Customers Pay
59⁹⁹
each



Namaqua
Johanniskloof
Natural Sweet
White, Extra Drie,
Late Harvest,
Rose or
Blanc de Blanc
5L

134⁹⁹
each



Olive Brook
Carnival
Natural Dry White,
Natural Sweet White
or Natural Sweet Rose
3L

89⁹⁹
each



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INCLUSIVE vino

Wines exclusive to

tops!
at home

AND NOWHERE ELSE



Value is the master of every wine. The Lifestyle Collection is obsessed with delivering world-beating value for money. We do this by blending from many different, specially identified vineyards in different climates and with differing soils. The art of blending drives the delicious balance and complexity of these yummy wines.



Bruce Jack
Daily Brew
Pinotage
750ml

59⁹⁹



Bruce Jack
Bumble Bee
Moscato
750ml

59⁹⁹



Bruce Jack
Cabernet
Sauvignon
750ml

59⁹⁹



Bruce Jack
Merlot
750ml

59⁹⁹



Bruce Jack
Sauvignon Blanc
750ml

59⁹⁹



Bruce Jack
Pinotage
Malbec
750ml

59⁹⁹



Bruce Jack
Shiraz
750ml

59⁹⁹



Bruce Jack
Sauvignon
Blush
750ml

59⁹⁹



Bruce Jack
Chenin Blanc
750ml

59⁹⁹



OLIVE BROOK

When your day deserves good local wine at great prices.



Olive Brook
Cabernet
Sauvignon/
Merlot
750ml

54⁹⁹



Olive Brook
Chenin Blanc
750ml

44⁹⁹



Olive Brook
Moscato
White
750ml

54⁹⁹



Olive Brook
Moscato
Rose
750ml

54⁹⁹



Olive Brook
Chardonnay
750ml

44⁹⁹



Olive Brook
Sauvignon
Blanc
750ml

44⁹⁹



Olive Brook
Shiraz/
Cabernet
Red Blend
750ml

44⁹⁹



Olive Brook
Pinotage
750ml

49⁹⁹



Olive Brook
Merlot
750ml

54⁹⁹



OLIVE BROOK
TERROIR SELECTION

perfect for first
and **LAST DATES**



Olive Brook
Hemel & Aarde
Pinot Noir
750ml

89⁹⁹



Olive Brook
Cape Town
Sauvignon Blanc
750ml

59⁹⁹



Olive Brook
Stellenbosch
Cabernet
Sauvignon
750ml

79⁹⁹

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INCLUSIVE vino

Wines exclusive to

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at home

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Bruce Jack
Daily Brew
Pinotage
750ml

59⁹⁹



Bruce Jack
Bumble Bee
Moscato
750ml

59⁹⁹



Bruce Jack
Cabernet
Sauvignon
750ml

59⁹⁹



Bruce Jack
Merlot
750ml

59⁹⁹



Bruce Jack
Sauvignon Blanc
750ml

59⁹⁹



Bruce Jack
Pinotage
Malbec
750ml

59⁹⁹



Bruce Jack
Shiraz
750ml

59⁹⁹



Bruce Jack
Sauvignon
Blush
750ml

59⁹⁹



Bruce Jack
Chenin Blanc
750ml

59⁹⁹



OLIVE BROOK

When your day deserves good local wine at great prices.



Olive Brook
Cabernet
Sauvignon/
Merlot
750ml

54⁹⁹



Olive Brook
Chenin Blanc
750ml

44⁹⁹



Olive Brook
Moscato
White
750ml

54⁹⁹



Olive Brook
Moscato
Rose
750ml

54⁹⁹



Olive Brook
Chardonnay
750ml

44⁹⁹



Olive Brook
Sauvignon
Blanc
750ml

44⁹⁹



Olive Brook
Shiraz/
Cabernet
Red Blend
750ml

44⁹⁹



Olive Brook
Pinotage
750ml

49⁹⁹



Olive Brook
Merlot
750ml

54⁹⁹



OLIVE BROOK
TERROIR SELECTION

perfect for first
and **LAST DATES**



Olive Brook
Hemel & Aarde
Pinot Noir
750ml

89⁹⁹



Olive Brook
Cape Town
Sauvignon Blanc
750ml

59⁹⁹



Olive Brook
Stellenbosch
Cabernet
Sauvignon
750ml

79⁹⁹

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Not For Persons Under The Age Of 18.



Flying Fish
Pressed Lemon or
Grated Green Apple
Flavoured Beer
Cans
6 x 500ml

BUY 2 FOR
160⁰⁰



Belgravia
Gin and Dry Lemon
(All Variants)
Handies
6 x 275ml

BUY 2 FOR
165⁰⁰



Savanna
Premium Dry
Cider
Cans
6 x 500ml

BUY 2 FOR
250⁰⁰



Red Square
Energiser
Limited Edition
Cans
6 x 440ml

BUY 2 FOR
220⁰⁰



Devil's Peak
Lager
Handies
6 x 330ml

BUY 2 FOR
150⁰⁰



Amstel Lager
Cans
6 x 440ml

BUY 2 FOR
150⁰⁰



Harza Pilsener
Cans
6 x 500ml

BUY 2 FOR
140⁰⁰



Stella Artois
Cans
6 x 410ml

BUY 2 FOR
165⁰⁰



329⁹⁹
per case
Windhoek Draught
Handies
24 x 440ml



Devil's Peak
Premium
Lite Beer
Handies
12 x 330ml

Promotional Price
155⁰⁰
each
Get an extra
R20 off
Rewards Customers Pay
135⁰⁰
each



Striped Horse
Premium
Lager Beer
12 x 600ml

Promotional Price
209⁹⁹
each
Get an extra
R10 off
Rewards Customers Pay
199⁹⁹
each

MAIN CHARACTERS

YOU CAN ALWAYS RELY ON



74⁹⁹
per pack

Devil's Peak
Hero
Non-Alcoholic
Beer
Handies
6 x 330ml



79⁹⁹
per pack

Bavaria
Beer 0.0%
Alcohol-Free
(All Variants)
6 x 330ml



J.C. Le Roux
Non-Alcoholic
(Le Domaine,
La Chanson
or La Fleurille)
750ml

Promotional Price
74⁹⁹
each
Get an extra
R15 off
Rewards Customers Pay
59⁹⁹
each



219⁹⁹
each

Abstinence
Cape Fynbos
or Citrus
Non-Alcoholic
Gin
750ml

DON'T FORGET TO SHARE YOUR
GREAT STORY WITH US!

SCAN, SHARE & WIN!



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Flying Fish
Pressed Lemon or
Grated Green Apple
Flavoured Beer
Cans
6 x 500ml

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160⁰⁰



Belgravia
Gin and Dry Lemon
(All Variants)
Handies
6 x 275ml

BUY 2 FOR
165⁰⁰



Savanna
Premium Dry
Cider
Cans
6 x 500ml

BUY 2 FOR
250⁰⁰



Red Square
Energiser
Limited Edition
Cans
6 x 440ml

BUY 2 FOR
220⁰⁰



Devil's Peak
Lager
Handies
6 x 330ml

BUY 2 FOR
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Amstel Lager
Cans
6 x 440ml

BUY 2 FOR
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Harza Pilsener
Cans
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Stella Artois
Cans
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165⁰⁰



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Windhoek Draught
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24 x 440ml



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Striped Horse
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Lager Beer
12 x 600ml

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209⁹⁹
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199⁹⁹
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MAIN CHARACTERS

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74⁹⁹
per pack

Devil's Peak
Hero
Non-Alcoholic
Beer
Handies
6 x 330ml



79⁹⁹
per pack

Bavaria
Beer 0.0%
Alcohol-Free
(All Variants)
6 x 330ml



J.C. Le Roux
Non-Alcoholic
(Le Domaine,
La Chanson
or La Fleur)
750ml

Promotional Price
74⁹⁹
each
Get an extra
R15 off
Rewards Customers Pay
59⁹⁹
each



219⁹⁹
each

Abstinence
Cape Fynbos
or Citrus
Non-Alcoholic
Gin
750ml

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519⁹⁹

The Glenlivet
Single Malt
Scotch Whisky
Double Oak
750ml



749⁹⁹

KWV
15 Year Old
750ml and
2 Glass Set



Buffalo Fontein
and Bontebok
Gift Set
750ml

359⁹⁹



319⁹⁹

Muggrave
Pink Gin
750ml and
Glass



319⁹⁹

Mirri
Gin
Snow Globe Barrel
Citrus or
Strawberry and Cream
750ml



169⁹⁹

Montego
Fine Dark
Rum
750ml



109⁹⁹

Three Ships
Whisky
Mash Tun
750ml



89⁹⁹

Cape Hope
Extra Fine Blend
Spiced
Orange Flavour
Liqueur
750ml



Leet Belaire
750ml and
2 Glasses Gift Pack

449⁹⁹



Rupert & Rothschild
Cuvée
750ml

189⁹⁹



Lobrie
Chardonnay,
Chenin Blanc or
Sauvignon Blanc
750ml

59⁹⁹

**SPAR'S
Rewards**

*Maximum of 12 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

For your nearest TOPS at SPAR store, please visit our call number 0860 11 11 11 or visit our website: www.topsat Spar.co.za. *Specials available at all TOPS at SPAR stores from 25 October up to and including 5 November 2021 (excluding the Free State, Mpumalanga, North West Provinces and Limpopo, where these prices apply until 5 November 2021) while stocks last. **Primitive dates subject to government regulated trading hours.** Not available in Free State, North West, Eastern, Northern and Western Cape. We reserve the right to limit quantities. Price and product availability may vary by region, to meet our consumers' demands. TOPS at SPAR will always strive to have sufficient stock available, unless a specific limitation is stated. In the event that a stock item is an advertisement, an acceptance information is provided, a notice will be displayed in-store with the correct details. Prices include VAT. No hidden prices.

TOPS at SPAR

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www.aware.org.za

Not For Persons Under The Age Of 18.

EVERYDAY LOW PRICES



Nestlé
Nido
Powdered Drink -
3 Plus Only
800 g

Get
R20 off
each



Purity
1st or 2nd
Baby Cereal
Just add Milk
450 g
Assorted

42⁹⁹
each



Nestlé
Cerelac
No. 1, 2, 3 or 4
Baby Cereal
with Milk
250 g
Assorted

37⁹⁹
per pack



Purity
3rd Baby Food
200 ml
Assorted

BUY
ANY
2
FOR
30⁰⁰



Johnson's
Gentle or
Extra Sensitive
Baby Wipes
250s / 224s

89⁹⁹
per pack



Nestlé
Nespray
Forti Grow
850 g

109⁹⁹
each



Grand-Pa
Headache Powder
Sticks 38s
or Tablets 76s

68⁹⁹
per pack



Dettol
Antiseptic
Liquid
750 ml

79⁹⁹
each

Great
meals
start
with

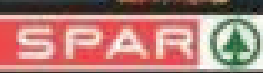
**QUALITY
COOKWARE**

SAVE UP TO 70%



Promotion valid from
17 October 2022
to 30 January 2023

Available while stock lasts from 17 October 2022 to 30 January 2023. Discounted cookware items can be exchanged until 12 February 2023. Stock levels may be different at any SPAR, SUPERSPAR, KWIKSPAR, SPAR Express, SPARmax and TOPS at SPAR store. MasterCard Contactless may only be accepted at SPAR, SUPERSPAR, KWIKSPAR, SPAR Express and SPARmax stores. Excludes items at KSA, KwaZulu-Natal, Eastern Cape, Northern Cape, Free State and Western Cape. ©2022 SPAR Ltd. MasterCard and the MasterCard logo are registered trademarks of MasterCard Ltd. and its affiliates. Licensed by Bank of America. All Rights Reserved.



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Rewards
Instant Savings

Exclusive to **SPAR Rewards** customers.
Sign up today! Dial *120*7070#. It's **INSTANT!**

Let's
chat

0860 313 141

SPAR

SPAR



SUPERSPAR



FREE



EVERY- DAY SLAY



THE HAIR & BEAUTY WAY

VALID FROM 24 OCTOBER 2022 UNTIL 6 NOVEMBER 2022

SAVE R20

69⁹⁹

SATISKIN BUBBLE BATH all variants 2L each

X WITH CARD

SAVE R10

27⁹⁹

GENTLE MAGIC FACIAL CLEANSING MASK 100ml

X WITH CARD

SAVE R5

14⁹⁹

BIG APPLE BODY MESH SPONGE all variants each

X WITH CARD

39⁹⁹

RENEW TISSUE OIL 125ml

SAVE R20

X WITH CARD

48⁹⁹

GARNIER EVEN & MATTE DAY CREAM 40ml

SAVE R11

X WITH CARD

13⁹⁹

DOVE/LUX BATH SOAP all variants 90g/175g each

SAVE R4

X WITH CARD

OR

be Me Up

For revitalized refreshed skin

With refreshing Mint and Cooled Cucumbers

200g

www.shoprite.co.za

follow us on

LOWER PRICES YOU CAN TRUST *Always*

OFFERS VALID FROM MONDAY 24 OCTOBER 2022 UNTIL SUNDAY 6 NOVEMBER 2022. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, LICHTENBURG, MAFIKENG, MMABATHO, PARYS, SASOLBURG, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG & WOLMARANSTAD.

99% GNFOSLCGXO/E

FACIAL SKIN CARE



3 TIPS TO
GET THAT
Glow

SCAN ME



**BUY 3 GET
CHEAPEST 1 FREE**

OXY FACIAL PRODUCTS
all variants



CUTICURA
Bath Soap
all variants
175g each

22⁹⁹



CUTICURA
Vanishing
Cream/Toner
125ml/50ml
each

29⁹⁹



**2 FOR
R30**

CUTICURA FACE SOAP
all variants 2x100g

**SAVE
R6**



**2 FOR
R70**

CUTICURA FACE WASH
all variants 2x150ml

**SAVE
R30**



14⁹⁹

GENTLE MAGIC
FACE CREAM
50ml

**SAVE
R5**



24⁹⁹

GENTLE MAGIC
SERUM
50ml

**SAVE
R5**



BUY 2 GENTLE
MAGIC SKINCARE
SOAP 100g AND
GET A GENTLE MAGIC
LOTION 125ml FREE

**2 FOR
R24**



**+GET THIS
FREE!**



**BUY 3 GET
CHEAPEST 1 FREE**

ESKAMEL
FACE CARE PRODUCTS
all variants



LEMONVATE
PRODUCTS
all variants
each

**SAVE
20%**



LEMON LITE
PRODUCTS
all variants
each

**SAVE
20%**



AFRICAN
EXTRACTS FACIAL
PRODUCTS
all variants
each

**SAVE
20%**



995 GNFSLOGX/E

Johnson's® Power of GENTLE



BUY ANY JOHNSON'S FACE CARE PRODUCTS selected variants each

SAVE 30%



EVEN & LOVELY
Toner With Green Tea
125ml **11⁹⁹**



EVEN & LOVELY
Even Tone Face Cream
50ml **18⁹⁹**

Say hello to beautiful skin.



SKIN[®] IDENTICAL Q10

NIVEA Q10 Range



NIVEA Q10 BODY LOTION 400ml/HAND CREAM 75ml each OR PERFECT & RADIANT FACIAL RANGE FOR LADIES/MEN selected variants each

SAVE 30%



NIVEA
Perfect & Radiant Range

99% GNIFOSLCGXO/E



CLERE FROM R15.99

- OIL CONTROL BEAUTY BAR 100g - R15.99
- VANISHING CREAM all variants 50ml each - R29.99
- OIL TONER 100ml - R24.99
- COMPLEXION CREAM 50ml - R41.99



POND'S



POND'S Vanishing Cream all variants 50ml each **19⁹⁹**

POND'S Vanishing Cream all variants 100ml each **31⁹⁹**

POND'S Oil controlling Face Wash 50ml **21⁹⁹**



POND'S Toning Lotion 150ml **29⁹⁹**

POND'S Serum Face Cream 40ml **37⁹⁹**



ESSENTIALS
Guest Towel all variants 30cm x 50cm each **15⁹⁹**



49⁹⁹
ESSENTIALS CHECKED BATH TOWEL all variants 70cm x 130cm each

SAVE R10



FACE CLOTH
all variants 3 per pack **21⁹⁹**



EXCLUDING POMEGRANATE RANGE

BUY 3 GET CHEAPEST 1 FREE

PORTIA M MARULA PRODUCTS all variants



NOURISH YOUR SKIN



SCAN ME

BODY CARE TIPS FOR

Radiant SKIN

Dolly Varden

REVEAL SOFT GLOWING SKIN



ENRICHED WITH PURE GLYCERINE

DOLLY VARDEN

- Body Cream 375ml
- Body Lotion 375ml
- Pure Glycerine 100ml

FROM

15⁹⁹



EXCLUDING PLUS RANGE

74⁹⁹

EPI-MAX BODY CREAM all variants 400g each

SAVE R25

WITH CARD



SELECTED STORES ONLY

E45 Body Cream all variants 500g each

179⁹⁹



24⁹⁹

CONNIE BODY LOTION FOR LADIES all variants 400ml each

SAVE R5

WITH CARD

34⁹⁹

CONNIE BODY LOTION FOR MEN all variants 400ml each

SAVE R5

WITH CARD



EXCLUDING TISSUE OIL

34⁹⁹

PLAYGIRL/PLAYBOY LOTION FOR LADIES/MEN all variants 400ml each

SAVE R10

WITH CARD

41⁹⁹

INGRAM'S CAMPHOR CREAM all variants 450ml/500ml each

SAVE R15

WITH CARD

46⁹⁹

INGRAM'S TISSUE OIL LOTION 400ml

SAVE R13

WITH CARD



SAVE R5

21⁹⁹

DAWN HAND & BODY LOTION FOR LADIES/MEN all variants 400ml each

WITH CARD

99% GNFOSLCGXO/E

Vaseline

All Your Skin Care Essentials



VASELINE Blue Seal Petroleum Jelly all variants 250ml each **33⁹⁹**



44⁹⁹ VASELINE HAND & BODY LOTION/CREAM FOR LADIES/MEN all variants 400ml each **SAVE R15** WITH CARD

NIVEA



49⁹⁹ NIVEA HAND & BODY LOTION/CREAM FOR LADIES/MEN all variants 400ml each **SAVE UP TO R30** WITH CARD

Johnson's PowerGENTLE



33⁹⁹ JOHNSON'S VITA-RICH BODY LOTION all variants 400ml each **SAVE R10** WITH CARD



34⁹⁹ JOHNSON'S BODY CREAM all variants 350ml each **SAVE R10** WITH CARD

HealingHands®

Premium, intensive **SKIN SOLUTIONS** formulated with therapeutic ingredients. with Lanolin for lasting hydration.



SELECTED STORES ONLY

HEALING HANDS PRODUCTS all variants each **SAVE 20%** WITH CARD

Clere



27⁹⁹ CLERE HAND & BODY CREAM FOR LADIES/MEN all variants 450ml/500ml each **SAVE R12** WITH CARD



17⁹⁹ CLERE GLY-CO OIL 100ml **SAVE R5** WITH CARD



19⁹⁹ CLERE GLY-CO JELLY all variants 250ml each **SAVE R17** WITH CARD



26⁹⁹ CLERE PURE PETROLEUM JELLY all variants 250ml each **SAVE R10** WITH CARD

ME TIME



SAVE
R12

42⁹⁹

LUX
BODY WASH
all variants
400ml each



11⁹⁹

PROTEX BATH SOAP
all variants
150g each

SAVE
R4

X WITH CARD



15⁹⁹

PURE SOAP
GLYCERINE SOAP
all variants 150g each

SAVE
R6

X WITH CARD



+

**2 FOR
R22**

DETTOL BATH SOAP
all variants 2x175g

X WITH CARD



21⁹⁹

TETMOSOL
MEDICATED
BATH SOAP 75g

SAVE
R6

X WITH CARD



29⁹⁹

NIVEA SHOWER GEL
all variants
250ml each

X WITH CARD

SAVE
R15

HYGIENE



100%
STRONGER GERM
PROTECTION*

**2 FOR
R28**

LIFEBUOY BATH SOAP
all variants 2x175g

X WITH CARD



27⁹⁹

LIFEBUOY HANDWASH
all variants 200ml each

SAVE
R7

X WITH CARD



LIFEBUOY
Bodywash
all variants
400ml each

35⁹⁹



29⁹⁹

DETTOL HANDWASH
all variants 200ml each

SAVE
R10

X WITH CARD

99% GNFSLOGXO/E

PERSONAL CARE



LABELLO LIP BALM
all variants
4,8g each

SAVE
30%

X WITH CARD



CUTEX
Nail Polish
Remover
100ml

16⁹⁹



44⁹⁹

CHISKOP
HAIR REMOVAL
CREAM 80g

X WITH CARD

SAVE
R15



89⁹⁹

VEET
DEPILATORY
LOTION 125ml

X WITH CARD

SAVE
R20

RENEW YOUR SKIN



17⁹⁹
RENEW BODY LOTION FOR LADIES/MEN all variants 400ml each
SAVE R4
WITH CARD



29⁹⁹
RENEW BODY CREAM all variants 500ml each
SAVE R5
WITH CARD



SAVE 23%
49⁹⁹
RENEW FOAM BATH all variants 2x each
WITH CARD



2 FOR R50
RENEW BODY WASH FOR LADIES/MEN all variants 2x400ml
SAVE R16
WITH CARD



2 FOR R35
RENEW MAGNOLIA/COCOA BUTTER TISSUE OIL 2x100ml
SAVE R9
WITH CARD



2 FOR R22
RENEW ROLL-ON FOR LADIES/MEN all variants 2x50ml
SAVE R8
WITH CARD



24⁹⁹
RENEW Hygiene Hand Wash Refill all variants 500ml each



29⁹⁹
RENEW HYGIENE HAND WASH/HAND WASH FOR KIDS all variants 500ml each
SAVE R5
WITH CARD



3 FOR R32
RENEW HYGIENE BATH SOAP all variants 3x175g
SAVE R7
WITH CARD

OFFERS VALID FROM MONDAY 24 OCTOBER 2022 UNTIL SUNDAY 6 NOVEMBER 2022. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, LICHTENBURG, MAFIKENG, MMABATHO, PARYS, SASOLBURG, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG & WOLMARANSSTAD.

99% GNFOSLCGXO/E

GROOMING



SCAN ME

TOP TIPS FOR Shaving

BIC
SHIVERS



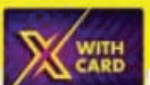
BIC RAZORS FOR LADIES/MEN all variants each

SAVE 30%



SCHICK RAZORS RANGE all variants each

SAVE 20%



SUPER-MAX SHAVING RANGE all variants each

SAVE 20%



995 GNFSLOGXO/E



2 FOR R30

MANDY'S/DX SMOOTH HAIR REMOVAL LOTION SACHETS 2x30ml



SAVE R10



39⁹⁹

MANDY'S/DX SMOOTH HAIR REMOVAL LOTION 100ml each



SAVE R10



48⁹⁹

GLYCO-LEMON SOFT 'N SMOOTH HAIR REMOVER FOR LADIES/MEN 150ml each



SAVE R10



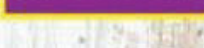
54⁹⁹

NO HAIR HAIR REMOVAL LOTION 125ml



22⁹⁹

VAYA SMOOTH AFTERSHAVE BUMP FIGHTER 30ml



SAVE R9



LION DUEL SHAVING FOAM OR GEL all variants 200ml each

SAVE 30%



39⁹⁹

NIVEA MEN SHAVING FOAM all variants 200ml each



SAVE R10



BOTH FOR R30

GILLETTE SENSITIVE SKIN SHAVING GEL 25,5ml + GEL GUARD RAZOR



SAVE R10



24⁹⁹

GILLETTE MINORA II DISPOSABLE RAZORS 5 per pack



SAVE R7

LOVE YOUR HAIR



EASY WAVES
Pink Oil Moisturiser
250ml

29⁹⁹



EASY WAVES
Neutralising Shampoo
250ml

31⁹⁹



EASY WAVES
Anti-Frizz Oil Sheen Spray
300ml

34⁹⁹



EASY WAVES
Curl Activator Gel + Conditioner Hairspray 2x250ml

38⁹⁹



2 FOR R30
EASY WAVES HAIR FOOD all variants 2x125ml/150ml

SAVE R8



28⁹⁹
EASY WAVES CREME RELAXER all variants 250ml each



JUST FOR Kids
No-Lye Relaxer Coarse Hair



JUST FOR Kids
Hair Food



JUST FOR Kids
Braid Spray



JUST FOR Kids
Pink Oil Moisturiser



JUST FOR Kids
No-Lye Relaxer Normal Hair



JUST FOR Kids
Hair Food

CAIVIL JUST FOR KIDS HAIR PRODUCTS all variants each

SAVE 20%

WITH CARD



Organics
SHAMPOO/CONDITIONER all variants 1L each

64⁹⁹

SAVE R20

WITH CARD



21⁹⁹
GLYCO-LEMON SHAMPOO/CONDITIONER all variants 400ml each

SAVE R6

WITH CARD



22⁹⁹
PALMOLIVE SHAMPOO/CONDITIONER all variants 350ml each

SAVE R9

WITH CARD



39⁹⁹
HEAD & SHOULDERS SHAMPOO all variants 200ml each

SAVE R14

WITH CARD

LOVE YOUR HAIR



SCAN ME

HOW TO REFRESH YOUR

Braids

THIS SUMMER



**BUY 3 GET
CHEAPEST 1 FREE**

OR
HAIR PRODUCT RANGE
selected variants



PRINCESS OF AFRICA
HAIR PRODUCTS
all variants each

**SAVE
20%**



INECTO® THE COLOUR OF CONFIDENCE



**2 FOR
R55**

INECTO HAIR COLOUR
all variants 2x50ml

**SAVE
R15**



**2 FOR
R40**

INECTO SUPERBLACK
HAIR COLOUR 2x28ml

**SAVE
R4**



**Dark
and
Lovely®**



DARK AND LOVELY
HAIR PRODUCTS
selected variants
each

**SAVE
20%**



DARK & LOVELY
Color Intensity
Hair Colour
all variants
100ml each

39⁹⁹

Schwarzkopf
got2b

#MEbyME

CREATE YOUR TRENDY
HAIRSTYLE THAT CAN LAST



SELECTED
STORES
ONLY

GOT2B
Styling Gel/
Hair Spray
all variants
150ml/300ml each

99⁹⁹



BLACK CHIC
Mega Black
Hair Colour
28ml

14⁹⁹



BLACK CHIC Avocado
Oil Moisturiser Spray/
Creme Relaxer
250ml each

19⁹⁹



BLACK CHIC
Hair Colour
all variants
50ml each

22⁹⁹



REVLON
COLORSILK
Hair Colour
all variants each

59⁹⁹



JABU STONE
Bees Wax
Hair Care
Cream 125ml

42⁹⁹



JABU STONE
Braiding/Multi
Purpose Spray
250ml each

38⁹⁹



STYLIN' DREDZ
Mouldin'
Gel Wax
125ml

43⁹⁹



STYLIN' DREDZ Oil
Moisturising Spray/
Moisture Splash
Conditioner
350ml each

59⁹⁹

995 GNFOSLGQX/E

sofn'free
Love your hair



SOFN'FREE
Black Castor Oil Afro
Softening Relaxer
125ml **28⁹⁹**



SOFN'FREE
• Black Castor Oil Anti-Dandruff Spray
• Afro/Moisturising Braid Spray
• Curl Moisturising Spray
• Oil Moisturising Lotion
350ml each
38⁹⁹



SOFN'FREE
Cannabis
Hair Spray/Lotion
250ml/350ml each **39⁹⁹**



SOFN'FREE
HAIR PRODUCTS
selected
variants each

**SAVE
15%**

**X WITH
CARD**

sofn'free
n'pretty



SOFN'FREE N'PRETTY
Avo & Honey Oil
Moisturiser
For Girls 250ml **31⁹⁹**



SOFN'FREE N'PRETTY
Avo & Honey
Relaxer For Girls
all variants
250ml each **34⁹⁹**



SOFN'FREE N'PRETTY
Avo & Honey
Hairfood For Girls
125ml **22⁹⁹**



PERFECT CHOICE
Oil Moisturiser/Oil
Moisturising Spray
250ml each **32⁹⁹**

PERFECT CHOICE
Oil Sheen
Spray
240ml **34⁹⁹**



44⁹⁹

PERFECT CHOICE
STYLING GEL
250ml

**X WITH
CARD**

Sta-Sof-Fro

FOR ME ONLY THE BEST



STA-SOF-FRO
Blow Out
Relaxer
250ml **32⁹⁹**



STA-SOF-FRO
Oil Sheen
Conditioner/Sheen
Braid Spray
250ml each **37⁹⁹**



STA-SOF-FRO
Braid Hi Sheen
Polishing Spray
Mist 325ml **37⁹⁹**

MPL
FOR THE LIFE OF MY HAIR



MPL Hair
Oil/Treatment
all variants
100g/125g each **29⁹⁹**

REVLON Special
Feeling Gel/Super
Soft Activator
250ml each

39⁹⁹



REVLON
Special Feeling
Oil Activator Spray
250ml each **39⁹⁹**



STA-SOF-FRO
Extra Dry/
Hi-Sheen
Braid Spray
350ml each **45⁹⁹**



STA-SOF-FRO
Dreadlocks
Moisturising
Spray
350ml **49⁹⁹**

OFFERS VALID FROM MONDAY 24 OCTOBER 2022 UNTIL SUNDAY 6 NOVEMBER 2022. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, LICHTENBURG, MAFIKENG, MMABATHO, PARYS, SASOLBURG, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG & WOLMARANSSTAD.

99% GNFOSLCGXO/E

LOVE YOUR HAIR



SAVE R8

24⁹⁹

AMLA OIL HAIR FOOD/TREATMENT 100ml each

WITH CARD



ISOPLUS Oil Sheen Hair Spray 275ml

24⁹⁹



CAVIL MEND 'N GRO Hair Treatment 125ml each

27⁹⁹

HAIR EXTENSIONS

ALL HAIR EXTENSIONS AVAILABLE AT SELECTED STORES ONLY



FRIKA YAKI HAIR EXTENSION PRODUCTS all variants

BUY ANY 2 SAVE 15%

WITH CARD



79⁹⁹

ESSENTIALS BROAD PLATE STRAIGHTENER

SAVE R20

WITH CARD



99⁹⁹

ESSENTIALS SOFT GRIP HAIR CLIPPER 10W

SAVE R30

WITH CARD



149⁹⁹

WAHL HOME PRO BASIC HAIR CLIPPER SET

SAVE R30

WITH CARD



PRETTY WOMAN COLOUR RANGE HAIR BRUSHES all variants

BUY ANY 2 SAVE 20%

WITH CARD



SAVE R10

139⁹⁹

ESSENTIALS HAIR DRYER 1200W

WITH CARD

ALL DAY CONFIDENCE

 19⁹⁹ NIVEA ROLL-ON FOR LADIES/ MEN all variants 50ml each WITH CARD SAVE R7	 27⁹⁹ NIVEA DEODORANT FOR LADIES/MEN all variants 150ml each WITH CARD SAVE R10	 13⁹⁹ MUM/MUM 21 ROLL-ON FOR LADIES/ MEN all variants 45ml/50ml each WITH CARD SAVE R2	 29⁹⁹ AXE DEODORANT FOR MEN all variants 150ml each WITH CARD SAVE R10
 15⁹⁹ PLAYGIRL/PLAYBOY ROLL-ON FOR LADIES/ MEN all variants 50ml each WITH CARD SAVE R4	 24⁹⁹ PLAYGIRL/PLAYBOY DEODORANT FOR LADIES/MEN all variants 90ml/150ml each WITH CARD SAVE R5	 26⁹⁹ SHOWER TO SHOWER DEODORANT FOR LADIES all variants 150ml each WITH CARD SAVE R6	 29⁹⁹ BRUT DEODORANT FOR MEN all variants 120ml each WITH CARD SAVE R10
 23⁹⁹ DOVE ROLL-ON FOR LADIES/MEN all variants 50ml each WITH CARD SAVE R6	 34⁹⁹ DOVE DEODORANT FOR LADIES/MEN all variants 150ml each WITH CARD SAVE R10	 17⁹⁹ SHIELD ROLL-ON FOR LADIES/MEN all variants 50ml each WITH CARD SAVE R8	 29⁹⁹ SHIELD DEODORANT FOR LADIES/MEN all variants 150ml each WITH CARD SAVE R8
 34⁹⁹ OLD SPICE DEODORANT FOR MEN all variants 150ml each WITH CARD SAVE R10	 SAVE 15% MITCHUM GEL ROLL-ON FOR LADIES/MEN all variants 50ml/ 63g each WITH CARD	 SAVE 15% REVLON DEODORANT FOR LADIES/MEN all variants 90ml/ 120ml each WITH CARD	 SAVE 20% GOLD SERIES EAU DE TOILETTE/PERFUME FOR LADIES all variants 100ml each WITH CARD

995 GNFSLCGXO/E

OFFERS VALID FROM MONDAY 24 OCTOBER 2022 UNTIL SUNDAY 6 NOVEMBER 2022. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, LICHTENBURG, MAFIKENG, MMABATHO, PARYS, SASOLBURG, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG & WOLMARANSTAD.

CARE FOR HER



ALWAYS MAXI
Sanitary Pads
all variants
8/9/10 per pack

16⁹⁹



ALWAYS
Pantyliners
20 per pack

16⁹⁹



29⁹⁹ **SAVE R17**
ALWAYS MAXI
SANITARY PADS
all variants
16/18/20 per pack

X WITH CARD



FEMAGENE
Femi Wipes
10 per pack

29⁹⁹



FEMAGENE
Cleansing Bar 100g

29⁹⁹



GYNAGUARD
Essential/Ultimate
Intimate Wash
140ml each

69⁹⁹



Choose what
works for you



LIL-LETS
Tampons
all variants
16 per pack

21⁹⁹



LIL-LETS
Pantyliners
all variants
40 per pack

24⁹⁹



LIL-LETS
Tampons
all variants
32 per pack

31⁹⁹



LIL-LETS
Pantyliners
all variants
100 per pack

34⁹⁹



**BUY 3 GET
CHEAPEST 1 FREE**

LIL-LETS MAXI SANITARY PADS
all variants 7/8/10 per pack

X WITH CARD



2 FOR R20
STAYFREE
SANITARY PADS all
variants 8/10 per pack

SAVE R16
X WITH CARD



STAYFREE
Pantyliners
all variants
76 per pack

32⁹⁹



COMFITEC
Pantyliners
all variants
40 per pack

19⁹⁹



2 FOR R20
COMFITEC
SANITARY PADS
all variants
2x10 per pack

SAVE R10
X WITH CARD



COMFITEC
Pantyliners
all variants
100 per pack

39⁹⁹



KOTEX Maxi
Sanitary Pads
all variants
8/10 per pack

14⁹⁹



KOTEX Maxi
Pantyliners
all variants
20 per pack

14⁹⁹



KOTEX Duo
Sanitary Pads
all variants
16/20 per pack

24⁹⁹



KOTEX Ultra Thin
Sanitary Pads
all variants
14/16/20 per pack

35⁹⁹



**BUY 3 GET
CHEAPEST 1 FREE**

LIBRESSE MAXI SANITARY PADS
all variants 7/9/10 per pack OR
PANTYLINERS 20 per pack

X WITH CARD

995 GNFSOLCGXO/E

PROTECT YOUR SMILE

Colgate

The power of natural charcoal

Cleans and whitens teeth



COLGATE Charcoal Toothbrush each

21⁹⁹



COLGATE Charcoal Toothbrush 2 per pack

34⁹⁹



54⁹⁹
COLGATE HEMP SEED OIL/CHARCOAL TOOTH PASTE 75ml each

SAVE R15

WITH CARD



SAVE R9

27⁹⁹
COLGATE CHARCOAL TOOTH PASTE 100ml each

WITH CARD



13⁹⁹

COLGATE TRIPLE ACTION TOOTH PASTE 100ml

SAVE R6

WITH CARD



18⁹⁹

COLGATE MAXIMUM CAVITY PROTECTION TOOTH PASTE 100ml

SAVE R5

WITH CARD



27⁹⁹

COLGATE ADVANCED WHITE TOOTH PASTE 75ml

SAVE R9

WITH CARD



27⁹⁹

COLGATE MAXFRESH TOOTH PASTE all variants 75ml each

SAVE R9

WITH CARD



27⁹⁹

COLGATE SENSIFOAM WHITENING SENSITIVE TOOTH PASTE 75ml

SAVE R9

WITH CARD



COLGATE Plax Complete Care Mouthwash 55ml

14⁹⁹



COLGATE Optic White Toothpaste 75ml

54⁹⁹



54⁹⁹

COLGATE SENSITIVE PRO-RELIEF TOOTH PASTE 75ml

SAVE R15

WITH CARD



16⁹⁹

CLOSE UP TOOTH PASTE all variants 125ml each

SAVE R5

WITH CARD



SENSODYNE Fresh Mint Toothpaste 75ml

32⁹⁹



AQUAFRESH FRESHMINT MOUTHWASH 500ml

SAVE 20%

WITH CARD



LISTERINE Mouthwash all variants 250ml each

36⁹⁹



LISTERINE Mouthwash all variants 500ml each

52⁹⁹



34⁹⁹

PARODONTAX TOOTH PASTE all variants 75ml each

SAVE R5

WITH CARD

OFFERS VALID FROM MONDAY 24 OCTOBER 2022 UNTIL SUNDAY 6 NOVEMBER 2022. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, LICHTENBURG, MAFIKENG, MMABATHO, PARYS, SASOLBURG, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG & WOLMARANSSTAD.

99% GNFSOLCGXO/E

Affordable Healthcare Made Easy

Health



11⁹⁹
FRESHEN
Laxative Tablets
12 per pack



12⁹⁹
LAXA-DOR
Bisacodyl Tablets
10 per pack



**ANY 2 FOR
R18**
MEDIRITE VANILLA/
BLACK CURRANT
FLAVOURED HYDRATION
POWDER 2x14g
**WITH CARD
SAVE R2**



42⁹⁹
ENO ORIGINAL/
ORANGE FLAVOURED
EFFERVESCENT
ANTACID SACHETS
10 per pack

99% GNFOSLCGXO/E



**ANY 3 FOR
R18**
MCNAB'S
ENERGY SHOTS
all variants 3x15ml
**WITH CARD
SAVE R6**



27⁹⁹
BLACK FOREST
Herbal Laxative
Tea Bags
10 per pack



29⁹⁹
MEDIRITE
Red Multivitamin
Tablets
30 per pack



29⁹⁹
MEDIRITE
Calcium,
Magnesium &
Vitamin D3
Tablets
30 per pack



29⁹⁹
MEDIRITE
Folic Acid 0.5mg
Supplement
Tablets
30 per pack



29⁹⁹
MEDIRITE
Iron 24mg
Supplement
Tablets
30 per pack



34⁹⁹
MEDIRITE
Aloe Tablets
30 per pack



54⁹⁹
ZAM-BUK
Antiseptic
Ointment
60g each



64⁹⁹
DETTOL ORIGINAL/
ALOE VERA
ANTISEPTIC LIQUID
750ml each
**WITH CARD
SAVE R35**



79⁹⁹
MEDIRITE
Regular
Alkaline Powder
110g



79⁹⁹
VITAL
Dolomite Mineral
Tablets
200 per pack



79⁹⁹
VITAL
Omega 3
Tablets
30 per pack



99⁹⁹
DS-24
DAILY
SUPPLEMENT
30 per pack



79⁹⁹
HERBEX
Hlasela
Amafutha/
Endoda Muthi
500ml each



99⁹⁹
PURGOLENE
Laxative Sachets
20 per pack



99⁹⁹
VITAL
Hair, Skin & Nails
Tablets
30 per pack



114⁹⁹
MEDIRITE
MSM Supplement
Tablets
60 per pack

OFFERS VALID FROM MONDAY 24 OCTOBER 2022 UNTIL SUNDAY 6 NOVEMBER 2022 AT ALL SHOPRITE STORES IN GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, LICHTENBURG, MAFIKENG, MMABATHO, PARYS, SASOLBURG, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG & WOLMARANSSTAD, WHILE STOCKS LAST. SOME ADVERTISED PRODUCTS IN THIS LEAFLET MAY NOT BE STOCKED AT SMALLER SHOPRITE STORES. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. MEDIRITE PHARMACY: A DOCTOR'S PRESCRIPTION MAY BE REQUIRED FOR SOME OF THE ADVERTISED LINES. MEDIRITE PRICES ARE VALID FOR CASH, CHEQUE AND CREDIT CARDS ONLY. NO TRADERS. VAT INCLUDED. ERRORS AND OMISSIONS EXCEPTED.

CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE)



Get SHOPRITE specials on WhatsApp, add +27 87 240 5709 and say "HI" OR Scan this QR code to add SHOPRITE as a contact.



Dis-Chem PHARMACIES

Dis-Chem
babycity

Baby SAVINGS

20 OCTOBER TO 13 NOVEMBER 2022



1 FOR 12⁹⁹
4 FOR 47⁰⁰
SAVE 4⁹⁶



BUY BOTH
FOR
69⁹⁵



SAVE 80⁰⁰*
PediaSure 3+
Nutritional Supplement
1.6kg / Assorted
349⁹⁵
WAS 429⁹⁹

*Advertised price already reflects discount



Johnson's
Value Pack
Baby Wipes
Extra Sensitive
6 x 56 wipes
OR Gentle All Over
6 x 72 wipes
119⁹⁵
per pack



SAVE 30⁰⁰*
Sudocrem
Skin and Baby
Care Cream
400g
#200211
179⁹⁵
WAS 209⁹⁹

*Advertised price already reflects discount



Pampers
Value Pack
Premium Care Pants
Sizes 3 - 6
219⁹⁹
per pack
209⁹⁹
per pack
WHEN BUYING
2 PACKS
SAVE 20⁰⁰



Epi-Max
Baby & Junior
Cream
Banded Pack
400g PLUS
100g FREE
#146715
94⁹⁵
per pack



Jojobug
Bath Unit
Assorted characters
1999⁹⁵



Character Hats
Assorted characters
& sizes
FROM
89⁹⁹
each

Character
Jelly Shoes
Assorted
characters & sizes
FROM
79⁹⁹
per pair

Character hats and jelly shoes
available at selected stores only

Baby Things
Premium
Nappies
Sizes S - XL
189⁹⁵
per pack



28-30
October 2022
at the
CTICC

MamaMagic®
Baby Expo®
CAPE TOWN

Tickets NOW AVAILABLE – www.mamamagic.co.za

In association with

Dis-Chem
babycity

Promotional offers valid 20 October to 13 November 2022 - while stocks last. May only be available at selected stores OR online at dischem.co.za. E&OE.



CHANGING BABY WITH Pampers.

50% BACK on ALL products on this page with HealthyBaby

Discovery
Vitality

Rewards based on your engagement in Vitality programmes, Discovery products, and monthly qualifying card spend. Discovery Bank Ltd. Auth FSP. FSP 48657. NCRCP9997. Limits, Ts & Cs apply.

Pampers
premium care™
★★★★★

let skin
breathe
Breathable diaper for skin protection



Jumbo Pack
Active Baby-Dry Nappies
Sizes 1 – 6
219⁹⁹ per pack
209⁹⁹ per pack
WHEN BUYING 2 PACKS
SAVE 20⁰⁰



Jumbo Pack
Active Baby-Dry Pants
Sizes 3 – 6
219⁹⁹ per pack
209⁹⁹ per pack
WHEN BUYING 2 PACKS
SAVE 20⁰⁰



Value Pack
Premium Care Nappies
Sizes 1 – 6
219⁹⁹ per pack
209⁹⁹ per pack
WHEN BUYING 2 PACKS
SAVE 20⁰⁰



Carry Pack
Pants
Sizes 3 – 6
84⁹⁵ per pack



Carry Pack
Splashers Nappies
Sizes 3 – 6
99⁹⁵ per pack



Value Pack
Baby Wipes Sensitive
4 x 64 wipes
94⁹⁵ per pack

SAVE 15⁰⁰+



Value Pack
Aqua Pure Wipes
3 x 48 wipes
89⁹⁵ per pack
WAS 104⁹⁹



OFFERS EXCLUSIVE TO
Dis-Chem baby city
SHOP ONLINE
NOW AT
www.babycity.co.za



Mega Box
Active Baby-Dry Nappies
Sizes 3 – 5
439⁹⁵ per box



Jumbo Pack
Active Baby-Dry Nappies
Size 1
224⁹⁵ per pack



Mega Box
Active Baby-Dry Pants
Sizes 3 – 6
419⁹⁵ per box



Mega Box
Premium Care Nappies
Sizes 1 – 3
409⁹⁵ per box



Value Pack
Baby Sensitive Wipes
9 x 56 wipes
#198985
219⁹⁵ per pack
WAS 239⁹⁹



Banded Pack
Premium Care Nappies
Sizes 1 – 2
409⁹⁵ per pack



*Advertised price already reflects discount



NAPPY RUN™
Children with Disabilities. Deserving of Dignity.

Take a stand for children with disabilities and enter the Nappy Run 5km Fun Run or make a donation at nappyrun.org.za. All proceeds go towards nappies and assisting children in need.

Fun Run - 5 November 2022 | Race starts at 07h30 | Registration from 06h30 @ Joburg Zoo

The Dis-Chem Foundation is supporting the National Council of and for Persons with Disabilities (NCPD) Nappy Run Campaign, in association with Huggies, Pampers, Tena, MoliCare and Softi. Valid 20 October - 13 November 2022



NCPD
National Council of and for Persons with Disabilities
HUGGIES
Pampers
TENA
MoliCare®
SOFTI
Dis-Chem Foundation
Caring for the Community

CHANGING BABY

SHOP ONLINE
24/7
365

GET UP TO
50% BACK on ALL products on this page with HealthyBaby

Discovery
Vitality

Rewards based on your engagement in Vitality programmes, Discovery products, and monthly qualifying card spend. Discovery Bank Ltd. Auth FSP. FSP 48657. NCRCP9997. Limits, Ts & Cs apply.

BabyThings
Quality Baby Products



ALL SIZES
AVAILABLE IN
100 PACK

Nappies
100-pack
Sizes S - XL
209⁹⁵
per pack



ALL SIZES
AVAILABLE IN
50 PACK

Nappies
50-pack
Sizes S - XL
109⁹⁵
per pack



Zinc Oxide
Cream 10%
100g
#133289
59⁹⁵



Everyday
Bum
Cream
250g
#85658
OR
Bum Repair
Cream
250g
#25666
46⁹⁵
each



Value Pack
Fresh Wipes
6 x 80 wipes
#215839
109⁹⁵
per pack



Baby Wipes
3 x 80 wipes
#73279
64⁹⁵
per pack



Baby Wipes
40 wipes
#37579
21⁹⁵
per pack



Disposable
Baby
Nappy Bags
150 bags
#101569
34⁹⁵
per pack



Foot Stool
Assorted colours
99⁹⁵



Froggy
Pee Trainer
Assorted colours
179⁹⁵



Potty Seat
PP+PVC
Assorted characters
and colours
179⁹⁵

Dis-Chem
baby
city
ONLY!

HUGGIES



Mega Box
Gold Pants
Sizes 3 - 6
359⁹⁵
per box

OFFERS EXCLUSIVE TO
Dis-Chem
baby
city
SHOP ONLINE
NOW AT
www.babycity.co.za

FREE
WIPEES
valued at
R29⁹⁵

HUGGIES
extra care



Banded Pack
Extra Care
Nappies
Sizes 2 - 5
2-pack
429⁹⁵
per pack



Banded Pack
Gold Nappies
Sizes 2 - 5
2-pack
429⁹⁵
per pack



Value Pack
Pure Baby Wipes
12 x 56 wipes
189⁹⁵
per pack



Extra Care
Nappies
Size 0
69⁹⁵
per pack

HUGGIES



Jumbo Pack
Extra Care
Nappies
Sizes 1 - 5
219⁹⁵
per pack



Jumbo Pack
Gold Pants
Sizes 3 - 6
199⁹⁵
per pack



Jumbo Pack
Gold Nappies
Sizes 3 - 6
219⁹⁵
per pack

SAVE
45⁰⁰+



Value Pack
Natural Care
OR Pure
Baby Wipes
4 x 56 wipes
74⁹⁵
per pack
WAS 119⁹⁵



*Advertised price already reflects discount

Dis-Chem
PHARMACIES



BATH TIME WITH Johnson's®



GET UP TO
50% BACK on ALL products on this page with HealthyBaby

Discovery
Vitality

Rewards based on your engagement in Vitality programmes, Discovery products, and monthly qualifying card spend. Discovery Bank Ltd. Auth FSP. FSP 48657. NCRCP9997. Limits, Ts & Cs apply.

Johnson's® CHOOSE gentle™

Newborn skin is up to 30% thinner than adults', that's why it needs gentle and effective care. To protect newborn skin from day 1, try the JOHNSON'S® 3-step routine for healthy baby skin.



JOHNSON'S® baby shampoos

JOHNSON'S® baby soaps

step 1
Gently Cleanse



Shiny Drops
Kids Shampoo
500ml
69⁹⁵
each

Baby Shampoo
500ml Assorted
68⁹⁵
each

Soft & Shiny
2-in-1 Shampoo
& Conditioner
500ml / Assorted
69⁹⁵
each



Baby Soaps
175g / Assorted
18⁹⁵
each

JOHNSON'S® baby washes



Baby Washes
500ml / Assorted **67⁹⁵**
each

step 2
Moisturise to Protect

JOHNSON'S® baby lotions

JOHNSON'S® baby aqueous creams baby jellies



Baby Lotion
500ml Assorted
59⁹⁵
each

Baby Lotion
200ml Assorted
39⁹⁵
each



Baby Aqueous Cream
OR Jelly
500ml / Assorted
49⁹⁵
each

2+1

**CHEAPEST
FREE**
on ANY Johnson's
baby products

JOHNSON'S® baby oils



Cottontouch Baby Oil
200ml
59⁹⁵
each

Baby Oil
500ml / Assorted
79⁹⁵
each

Bedtime Baby Oil
200ml
52⁹⁵
each

step 3
Refresh for Healthy Baby Skin

JOHNSON'S® baby wipes



Value Pack
Baby Wipes
Extra Sensitive
4 x 56 wipes
OR Gentle All Over
4 x 72 wipes
109⁹⁵
per pack

JOHNSON'S® baby powders



Baby Powder
400g / Assorted
54⁹⁵
each



= Healthy Baby Skin



Baby skin is
30%
thinner than adult skin



Try Johnson's® now with
100%
gentle ingredients



Harsh products can dry and damage the skin barrier, making it more vulnerable to infection



Keep your baby's skin healthy at every age and stage with the gentle care of Johnson's®

BATHING BABY



babyDove

SAVE 700*

Sensitive Skin Care Lotion
200ml / Assorted
31⁹⁵
WAS 38⁹⁹

SAVE 700*

Sensitive Skin Care Shampoo
200ml
#188403
31⁹⁵
WAS 38⁹⁹

SAVE 14⁰⁰*

Sensitive Skin Care Head to Toe Wash
200ml
#206613002
31⁹⁵
WAS 38⁹⁹

SAVE 5⁰⁰*

Sensitive Skin Care Head to Toe Wash
400ml / Assorted
58⁹⁵
WAS 72⁹⁹

Wipes
50-pack Assorted
27⁹⁵
per pack
WAS 32⁹⁵

Rich Moisture Soap Bar
75g
#187005
11⁹⁵
each
WAS 13⁹⁹

*Advertised prices already reflect discounts

PURITY
Elizabeth Anne's

2+1 CHEAPEST FREE
on Purity & Elizabeth Anne's baby products*

Special Baby Shampoo
500ml / Assorted
69⁹⁵
each

Baby Petroleum Jelly
450ml / Assorted
37⁹⁹
each

special baby shampoo

baby petroleum jelly

*Offer excludes Purity Food ranges

MELLOR&RUSSELL
Quack Quack

Nourishing Milk
200ml Assorted
49⁹⁵

Shampoo For Hair
200ml Assorted
39⁹⁵

bobini
NATURAL CARE

Bubble Bath
330ml
OR
Foam Wash
300ml
OR
Shampoo
200ml Assorted
49⁹⁵
each

LA ROCHE-POSAY
LABORATOIRE DERMATOLOGIQUE

20% OFF
ALL La Roche-Posay baby products

Lipikar Baume AP+M
200ml
272⁰⁰
WAS 340⁰⁰

Lipikar Syndet AP+
Replenishing Cream Wash
200ml
148⁰⁰
WAS 185⁰⁰

Cicaplast Baume B5
40ml
236⁰⁰
WAS 295⁰⁰

*Advertised prices already reflect discount

PURE
BEGINNINGS
Organic Baby

2+1 CHEAPEST FREE
on ANY Pure Beginnings Organic Baby products

Soothing Baby Wash & Shampoo With Organic Baobab
500ml / Assorted
154⁹⁹
each

Soothing Baby Body Lotion With Organic Baobab
250ml / Assorted
119⁹⁹
each

Biodegradable Baby Wipes With Organic Aloe
64-pack
44⁹⁹
per pack

BabyThings
Quality Baby Products

Baby Powder
750g
#84962

54⁹⁹

Baby Lotion
500ml
#73387

39⁹⁹

baby powder

baby lotion

honey body wash

baby oil

baby shampoo

Honey Body Wash
1 litre
#73384

69⁹⁹

Baby Oil
400ml
#85588

59⁹⁹

Baby Shampoo
1 litre
#84963

69⁹⁹

Mustela

2+1 CHEAPEST FREE
on ANY Mustela products

Stelatopia Cleansing Oil
500ml
319⁹⁵
each

Stelatopia Cleansing Gel
200ml
259⁹⁹
each

Gentle Soap With Cold Cream
100g
114⁹⁵
each

Belly Babies
Online Antenatal Course

BABIES... NOW WITH INSTRUCTIONS

Belly Babies & Dis-Chem bring you an

ONLINE ANTENATAL COURSE

created by medical professionals and antenatal experts



To find out more, visit
www.bellybabies.co.za

- Funded by leading medical schemes
- Around the clock access for 18 months
- Over 50 videos presented by medical professionals
- Invite to a free live virtual class with a midwife and lactation consultant on sign up

REGISTER TODAY

Dis-Chem
PHARMACIES

BATHING BABY

BioNike
HEALTH AND BEAUTY
TRIDERM Baby

Protects your baby's skin every day, with ultra-gentle products for cleansing and care. Ingredients are carefully chosen to guarantee effectiveness while catering to newborn skin.



2+1
CHEAPEST
FREE
on ANY BioNike
Triderm Baby
products

Baby Bath Cream
500ml
134⁹⁵ each
Baby Cleansing Wipes
72 wipes
64⁹⁵ each
Baby Soothing Cream
100ml
74⁹⁵ each

URIAGE
EAU THERMALE
Bébé

Offers a range of skincare products with ultra-gentle and high-tolerance formulas. These products are gentle on the sensitive skin of babies and children, making them a pleasure to use.

Cleansing Cream
200ml
#192970
195⁹⁹ each
Eau Thermale Water
150ml
#192952
154⁹⁹ each
Shampoo
200ml
#192972
184⁹⁹ each



2+1
CHEAPEST
FREE
on Uriage Bébé
products*

Cleansing Water Wipes
70 wipes
#192959
149⁹⁹ each

*Offer only applicable on the Uriage EAU Thermale Bébé products

PORTIA M
PURE LUXURY FOR YOUR BABY
for Baby

The range prolongs the smoothness of the baby's skin. Products such as baby oil, lotion, body wash, and petroleum jelly are safe, mild, and formulated to minimise risks.

2+1
CHEAPEST
FREE
on ANY Portia M
baby products



Baby Oil
200ml
67⁹⁵ each
Baby Lotion
250ml
47⁹⁵ each
Baby Wash
250ml
57⁹⁵ each
Petroleum Jelly
250ml / Assorted
32⁹⁵ each

Himalaya
SINCE 1930

These products are Ayurvedic formulations, contain 100% pure herbal actives, and conform to the standards of the pharmaceutical industry, thus making each product effective, mild and soothing to suit and nourish your baby's delicate skin.

2+1
CHEAPEST
FREE
on ANY Himalaya
products



Gentle Baby Shampoo
200ml
38⁹⁵ each
Gentle Baby Bath
200ml
39⁹⁹ each
Gentle Baby Soap
125g
16⁹⁹ each

oh-lief

Products are designed to produce clean cosmetics, and do not contain harsh chemicals, artificial fragrances, petroleum, parabens, artificial colours or synthetic bases.

2+1
CHEAPEST
FREE
on Oh-Lief baby
products*



Face Stick
30ml
#218737
139⁹⁹ each
Aqueous Cream
250ml
#213223
124⁹⁹ each
Green Rooibos Face Cream SPF20
50ml
#218736
229⁹⁹ each

*Offer only applicable on the above Oh-Lief baby products

BabyThings
Quality Baby Products

Baby Bath Seat
#201158

119⁹⁵



Bath Tub
#201135
199⁹⁹

Washcloths
6-pack
Assorted colours
44⁹⁵ per pack

Baby Deluxe Travel & Grooming Kit
#109893
224⁹⁹ per pack

SOFTI



Cotton Pads Round
80 pieces
#68749
24⁹⁵
Rolled Cotton Wool
500g
#102094
64⁹⁵
Cotton Pads Square
80 pieces
#68748
17⁹⁵
Cotton Buds
500 pieces
#226250
34⁹⁵



Mamma Mia
Playfully developing the genius within

ACTIVITY APP
for babies and toddlers
0-3 YEARS

COGNITIVE
DEVELOPMENT
LANGUAGE AND
COMMUNICATION SKILLS
SENSORY
STIMULATION

FINE MOTOR
SKILLS
GROSS MOTOR
SKILLS
SELF-HELP
SKILLS

PLAY | CONNECT | DEVELOP



20% OFF
annual
subscription

Dis-Chem and Dis-Chem Baby City Benefit Members get 20% OFF the yearly Mamma Mia app subscription. Simply enter your ID, Dis-Chem or Dis-Chem Baby City Benefit Card number at checkout to claim your discount.

Endorsed by Dis-Chem baby city

GET IT ON
Google Play
Download on the
App Store

WWW.MAMMAMIA.CO.ZA
info@mammamia.co.za

MOM & BABY ESSENTIALS



Milton

2+1
CHEAPEST
FREE
on ANY Milton
Sterilising
products



Sterilising
Unit
124⁹⁹
each

Sterilising
Tablets
32 tablets
52⁹⁹
each

Sterilising
Fluid
1 litre
94⁹⁹
each

PURITY
Elizabeth
Anne's

2+1
CHEAPEST
FREE
on Purity & Elizabeth
Anne's products*



Disinfecting
Solution
400ml
#144749
39⁹⁹
each

Baby
Fabric
Conditioner
750ml
#164911
41⁹⁹
each

Baby
Laundry
Wash
750ml
#85044
52⁹⁹
each

Stretch
Mark
Cream
200ml
#4805
99⁹⁹
each

Nipple
Cream
50ml
#4807
72⁹⁹
each

*Offer excludes Purity Food ranges

**Happy
Event**

2+1
CHEAPEST
FREE
on
Happy Event
products*



Antenatal
Massage Lotion
200ml
#188516
124⁹⁹
each

Luxury
Cream Bar
100g
#290604
19⁹⁹
each

Firming Cream
125ml
#209471
99⁹⁹
each

*Offer excludes Happy Event 50ml products

**SAVE
12⁰⁰***



Bennetts
Baby
Aqueous
Cream
500ml
Assorted
32⁹⁵
each
WAS 44⁹⁹

**SAVE
23⁰⁰***



Bennetts
Baby Bum
Creme
300g
#19177
76⁹⁵
each
WAS 99⁹⁹

**SAVE
65⁰⁰***



Bepanthen
Baby Nappy
Care Ointment
100g
#4085
179⁹⁵
each
WAS 244⁹⁹

**SAVE
5⁰⁰***



Dove
Cotton Buds
200-pack
#16826
17⁹⁵
WAS 22⁹⁵

*Advertised prices already reflect discounts

**SAVE
20⁰⁰***



Lansinoh
Disposable
Nursing Pads
24-pack
#199487
54⁹⁵
WAS 74⁹⁹

**SAVE
90⁰⁰***



Nanobébé
Breastmilk
Storage Bags
50-pack
#335634
199⁹⁵
WAS 289⁹⁵

**SAVE
10⁰⁰***



Carriwell
Seamless
Premium
Maternity &
Hospital Panty
Black & Nude
S - XXL
#323867/6
79⁹⁵
per pack
WAS 89⁹⁹

**SAVE
13⁰⁰***



Palmer's
Cocoa Butter
Formula
Tummy Butter
125g
#22327
OR
Massage
Lotion
250ml
#22316
79⁹⁵
each
WAS 92⁹⁵

*Advertised prices already reflect discounts

pigeon



Breastmilk
Storage Bags
25-pack
#388464
99⁹⁵
WAS 129⁹⁹



Comfy Feel™
Breast Pads
50-pack
#331397
84⁹⁵
WAS 109⁹⁵

**SAVE
20⁰⁰***



Baby Bottles &
Accessories
Cleanser
500ml
#296420
79⁹⁵
WAS 99⁹⁵



100% Pure Water
Baby Wipes
80 wipes
#300415
34⁹⁵
WAS 39⁹⁹

100% Pure Water
Baby Wipes
6 x 80 wipes
#40248
169⁹⁵
WAS 199⁹⁵

*Advertised prices already reflect discounts

**SAVE
40⁰⁰***



Mom2B
Pregnancy
Shake
400g / Assorted
132⁹⁵
WAS 172⁹⁵

*Advertised price already reflects discount

baby
PROGRAMME



CONTAINS
COMPLIMENTARY
GOODIES

ARE YOU EXPECTING? WELL EXPECT MORE!

THE BABY BAG IS BACK!

Register for the Baby Programme:
• In-store • WhatsApp • Online

Shop your baby essentials at **Dis-Chem** or **Dis-Chem Baby City** to
qualify for a **FREE Baby Bag***

Dis-Chem Baby City and Dis-Chem Benefit Cards can be used in both retailers.

*Ts and Cs apply



REGISTER NOW!



FEEDING BABY

SHOP ONLINE
24/7
365

PURITY
Baby Cereal with Milk
Banana & Yoghurt Flavour

1 FOR 11⁴⁹
5 FOR 50⁰⁰
SAVE 8⁰⁰

6 Months
80ml
Assorted*

PURITY
Baby Cereal with Milk
Peaches & Yoghurt Flavour

1 FOR 12⁹⁹
5 FOR 60⁰⁰
SAVE 4⁹⁵

7 Months
125ml
Assorted*

PURITY
Baby Cereal with Milk
Yoghurt & Mango Flavour

1 FOR 14⁹⁹
4 FOR 55⁰⁰
SAVE 4⁹⁶

8 Months
200ml
Assorted*

PURITY
Baby Cereal with Milk
Banana & Berry with Yoghurt Flavour

1 FOR 16⁹⁹
5 FOR 79⁰⁰
SAVE 5⁹⁵

10 Months
250ml
Assorted*

PURITY
100% Fruit Juice Blend
Apple

1 FOR 12⁹⁵
3 FOR 27⁰⁰
SAVE 11⁸⁵

100% Fruit Juice Blend
200ml / Assorted

PURITY
Baby Cereal Mix With Water
(Stages 1-3)
200g / Assorted

31⁹⁵

PURITY
CREAM OF MAIZE®
Baby's Soft Porridge
Original

SAVE 4⁰⁰*

Cream of Maize Baby's Soft Porridge
400g / Assorted

18⁹⁵
WAS 22⁹⁹

PURITY
Baby Cereal Mix with Baby's Milk
(Stages 1-3)
200g / Assorted

19⁹⁵
WAS 21⁵⁰

PURITY Junior!
Instant Oats
280g / Assorted

SAVE 8⁰⁰*

23⁹⁵
WAS 31⁹⁹

PURITY Junior!
Soft Muesli
350g / Assorted

SAVE 9⁰⁰*

22⁹⁵
WAS 31⁹⁹

PURITY
Mabele Baby's Soft Porridge
280g / Assorted

SAVE 9⁰⁰*

22⁹⁵
WAS 31⁹⁹

PURITY Junior!
Flavoured Milk
350g / Assorted

9⁹⁵
each
WAS 10⁹⁹

*Offer excludes Purity Organic range

CARMEN
Kiddle's Tea
20 tagless teabags
Assorted

2+1
CHEAPEST
FREE
on ANY Carmien
kiddle's teas

29⁹⁵
each

Freshpak Junior
Rooibos Tea
20 tagless teabags
Assorted

16⁹⁵
each

KIDDYLICIOUS
Veggie Straws
12g / Assorted

SAVE 4⁰⁰*

15⁹⁹
WAS 19⁹⁹

KIDDYLICIOUS
Mini Wafers
20g / Assorted

SAVE 10⁰⁰*

32⁹⁵
WAS 42⁹⁵

*Advertised prices already reflect discounts

Squish
100% Puree Pouches
110ml / Assorted

1 FOR 10⁹⁵
6 FOR 49⁰⁰
SAVE 16⁷⁰

Squish
100% Fruit Juice Blend
200ml / Assorted

1 FOR 10⁹⁵
6 FOR 54⁰⁰
SAVE 11⁷⁰

Squish
100% Fruit Juice Blend
200ml / Assorted

1 FOR 11⁹⁵
6 FOR 60⁰⁰
SAVE 11⁷⁰

Danone Nutriday
Junior Breakfast Blend
150g / Assorted

1 FOR 17⁹⁵
5 FOR 80⁰⁰
SAVE 9⁷⁵

Character Juice 200ml Assorted

Hey Baby!
Organic Snacks
12g / Assorted

SAVE 200*

17⁹⁵
each
WAS 19⁹⁵

Hipp organic
Creamy Oats Porridge OR
Baby Rice Cereal
160g / Assorted

SAVE 8⁰⁰*

48⁹⁵
each
WAS 56⁹⁵

PURITY
Organic Rooibos Tea
20 tagged teabags
Assorted

SAVE 9⁰⁰*

27⁹⁵
each
WAS 36⁹⁹

*Advertised prices already reflect discounts

ESSENTIALS FOR BABY



INSTANT DISCOUNTS Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

Water Filled Teether Assorted
#191614
34⁹⁹ each
Benefit Price
31⁴⁹ each

Baby Things
Quality Baby Products

These products help with your little one's teething and feeding stages. From teethers to booster seats, we have it all. Speak to our friendly consultants to help you find the suitable products.

Bottle Brush with Stand
#144520
49⁹⁹
Benefit Price
44⁹⁹

Bottle Brush with Sponge
#86293
32⁹⁹
Benefit Price
29⁶⁹

Water Filled Teether 2-pack
#191614
39⁹⁹ each
Benefit Price
35⁹⁹ each

INSTANT DISCOUNT

10%* OFF

Bottle Brush
#76823
39⁹⁹ each
Benefit Price
35⁹⁹ each

Bottle Brush 2-pack
#144519
42⁹⁹ each
Benefit Price
38⁶⁹ each

Booster Seat
#217818002
599⁹⁵
Benefit Price
539⁹⁵

Baby Bottle Steriliser
#109890
289⁹⁵
Benefit Price
260⁹⁵

Milk Dispenser 3-Layer
#143964
41⁹⁹
Benefit Price
37⁷⁹

Milk Dispenser 3-Layer
#86296
64⁹⁹
Benefit Price
58⁴⁹

*Swipe your Dis-Chem OR Dis-Chem Baby City Benefit Card to claim your Instant Discounts

Nestlé

SAVE 25⁰⁰*

Nido Powdered Drink
1.8kg / Assorted
279⁹⁵
WAS 304⁹⁹

SAVE 23⁰⁰*

Nankid Optipro
1.8kg / Assorted
356⁹⁵
WAS 379⁹⁹

SAVE 20⁰⁰*

Lactokid
1.8kg Assorted
229⁹⁵
WAS 249⁹⁹

SAVE 52⁰⁰*

Novalac Junior
3-5 Years
800g / Assorted
157⁹⁵
WAS 209⁹⁹

Dis-Chem has a wide variety of products that cater for your baby's every need. It is important for your baby to get the right nutrition as they are in a vital stage of development. Speak to our friendly clinic nurses to help you find suitable products.

*Advertised prices already reflect discounts

SAVE 2⁰⁰*

Bokomo ProNutro Toddler's Instant Cereal
250g / Assorted
28⁹⁵
WAS 30⁹⁵

SAVE 5⁰⁰*

FutureLife Tots Toddler Cereal
(Just Add Milk)
250g / Assorted
24⁹⁵
WAS 29⁹⁵

SAVE 7⁰⁰*

Nestlé Nestum Baby Cereal
(Just Add Milk)
500g / Assorted
41⁹⁵
WAS 48⁹⁹

SAVE 8⁰⁰*

Nestlé Cerelac Baby Cereal with Milk
(Just Add Water)
500g / Assorted
68⁹⁵
WAS 76⁹⁹

*Advertised prices already reflect discounts

FEEDING AND TEETHING ACCESSORIES

SAVE 50%*
on the cheapest
NUK product when you
purchase ANY 3 NUK products

Star Soother
2-pack / Assorted
224⁹⁹

Signature Soother
2-pack / Assorted
199⁹⁹

Trainer Cup
OR **Magic Cup**
for Girls OR Boys
230ml / Assorted
184⁹⁹ each

Bottle Brush Set
114⁹⁹

Star Silicone Soother
139⁹⁹

Soother Chain
124⁹⁹

*Offer excludes NUK bottles and teats

Celebrate babies the way they are

SAVE 13⁰⁰*
Infant Toothbrush Set
#39586
69⁹⁵
WAS 82⁹⁹

SAVE 10⁰⁰*
Baby Training Toothbrush Lesson 2
Also available in Yellow & Green
39⁹⁵
WAS 49⁹⁹

TOOTH PASTE
For Babies And Children
Assorted
39⁹⁵
WAS 49⁹⁹

*Advertised prices already reflect discounts

SAVE 31⁰⁰*
Citroganix Toothpaste and Finger Brush
20g
#13421
79⁹⁵ each
WAS 110⁹⁹

SAVE 15⁰⁰*
Citroganix Gumeeze Soothing Gel
#2543
124⁹⁵
WAS 139⁹⁹

SAVE 40⁰⁰*
Pacifier Clips
2-pack / Assorted
109⁹⁵
WAS 149⁹⁹

SAVE 17⁰⁰*
Citroganix Tooth & Gum Wipes
36-pack
#184863
72⁹⁵ per pack
WAS 89⁹⁹

SAVE 50⁰⁰*
Gator Flip-It Cup
450ml / Assorted
139⁹⁵ each
WAS 189⁹⁹

*Advertised prices already reflect discounts

2+1 CHEAPEST FREE
on Vital Baby products*

Baby Ultra Soft Soother
6 Months
Assorted
129⁹⁵ each

Kids Sipper Cup
Assorted
209⁹⁹ each

Baby Free Flow Cup
Assorted
69⁹⁹ each

*Offer excludes Vital Baby bottles and teats

SAVE 55⁰⁰*
Pop-ups Pots & Tray
#213156
144⁹⁵
WAS 199⁹⁹

SAVE 70⁰⁰*
Sipper Cup
390ml / Assorted
109⁹⁹ each
WAS 179⁹⁹

SAVE 65⁰⁰*
Superstar Insulated Sportee Bottle
Assorted
119⁹⁵ each
WAS 184⁹⁵

SAVE 50⁰⁰*
Flexy Brush**
#388641
179⁹⁵
WAS 229⁹⁹

*Advertised price already reflects discount
**Offer only on grey colour

CONTAINS COMPLIMENTARY GOODIES

ARE YOU EXPECTING? WELL EXPECT MORE!

THE BABY BAG IS BACK!

Register for the Baby Programme:
• In-store • WhatsApp • Online

Shop your baby essentials at **Dis-Chem** or **Dis-Chem Baby City** to qualify for a **FREE Baby Bag***

Dis-Chem Baby City and **Dis-Chem Benefit Cards** can be used in both retailers.

*Ts and Cs apply.

REGISTER NOW!

BREAST PUMPS

SHOP ONLINE
24/7
365

**tommee
tippee**

SAVE
110⁰⁰*

Made for Me Single Silicone Breast Pump #295496

- 3 in 1 use as a pump, as a let-down catcher or to provide relief to engorged breasts
- Gentle on mum – low pressure suction pump helps draw milk from breasts without discomfort
- Made from 100% food grade silicone – BPA, PVC and phthalate-free

189⁹⁵
WAS 299⁹⁵



Made for Me Single Electric Breast Pump #68479

- Discreet and comfortable to use
- USB rechargeable; use whenever or wherever – at home or on the go, or while charging for maximum flexibility
- Long-lasting power: when fully charged, over 60 minutes of power to pump on the go

1299⁹⁵
WAS 1899⁹⁹

SAVE
180⁰⁰*

Microwave Sterilizer #172250

- Sterilises up to 4 bottles in just 4 minutes using steam
- BPA-free 100% natural steam steriliser, kills 99% of germs without using chemicals

469⁹⁵
WAS 649⁹⁹



*Advertised prices already reflect discounts

NUK

The Orthodontics + Choice



Double Electric Breast Pump #326215

- Rechargeable electric breast pump, super-soft silicone cushion and ergonomic breast shield
- Can be used with rechargeable battery, network adapter or external power bank
- Extra-powerful pump for use on both sides

5999⁹⁶

SAVE 50%*

on the cheapest
NUK product when you
purchase ANY 3 NUK products

First Choice Electric Breast Pump #213167

- Electric breast pump with soft silicone cushion and ergonomic breast shield – for easy pumping of breast milk
- Operation with supplied mains adapter or external powerbank, LED display available

2974⁹⁹
WAS 3499⁹⁹



*Offer excludes NUK Bottles and Teats

Dis-Chem's nursing practitioners
recommend breastfeeding as the
first choice.

There are many proven medical
advantages to breastfeeding and
breast milk. Our nursing
practitioners can assist you with
feeding advice or alternatives.

pigeon

Celebrate babies the way they are



Manual Breast Pump #159452

- Soft flange cover provides a secure seal & comfortable fit for more efficient pumping
- Offers 2 funnel sizes – regular and large
- Comfort ProperFit™
- 2-phase technology – stimulation and expression modes

599⁹⁵
WAS 799⁹⁹

*Advertised price already reflects discount

nanobébé

SAVE
170⁰⁰*

Microwave Sterilizer** #388638

- Eliminates 99.9% of all household germs in under four minutes
- Two height adjustable pegs accommodate different bottle and accessory sizes

429⁹⁵
WAS 599⁹⁹

*Advertised price already reflects discount
**Offer only applicable on grey colour



BabyThings
Quality Baby Products

BabyThings



MANUAL BREAST PUMP

- Stimulate and suction of breast milk
- Imitates baby's nursing motion
- Easy storage of breast milk

Manual Breast Pump #199891

- Stimulate and suction of breast milk
- Imitates baby's nursing motion
- Easy storage of breast milk

179⁹⁵
WAS 215⁹⁹

*Advertised price already reflects discount

Nuby



Manual Silicone Breast Pump #219518

- Soft natural cup shape allows for quick and easy expression
- Ball stopper keeps liquid inside container for easy storage
- Made with soft silicone
- Suction cup base prevents unwanted spills and messes

159⁹⁵
WAS 209⁹⁹

*Advertised price already reflects discount

medela



SAVE
140⁰⁰*

Harmony Manual Breast Pump #326188

- Compact & portable
- Discreet & quiet
- Personal Fit Flex breast shield
- 2-Phase Expression Technology

729⁹⁵
WAS 869⁹⁹



SAVE
195⁰⁰*

Harmony Essential Pack #298890

- Starter kit
- 4 x milk storage bags
- 4 x ultra-thin nursing pads
- 1 x Harmony manual breast pump

799⁹⁵
WAS 995⁰⁰



SAVE
700⁰⁰*

Solo™ Single electric breast pump #388698

- Easy to use
- Easy to assemble & clean
- Improved mobility
- Faster charging

3399⁹⁵
WAS 4099⁹⁹



SAVE
1000⁰⁰*

Swing Maxi™ Double Electric Breast Pump #388699

- 2-Phase Expression™ Technology
- Built-in rechargeable battery
- Noticeably quieter compared to the previous generation

4999⁹⁵
WAS 5999⁹⁹



SAVE
1300⁰⁰*

Freestyle Flex Breast Pump #326186

- Built-in rechargeable battery
- Keep track with MyMedela App
- 2-Phase Expression™ Technology

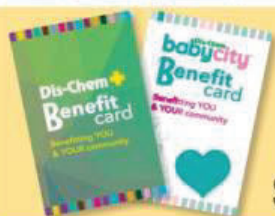
*Advertised prices already reflect discounts

7999⁹⁵
WAS 9299⁹⁹

**Dis-Chem
PHARMACIES**



BABY MUST-HAVES



INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

Peanuts Snoopy Baby Face Cloth Set
2-pack
#413220

59⁹⁹ per pack
Benefit Price
53⁹⁹ per pack

Peanuts Snoopy Catcher Bib
#413225

59⁹⁹
Benefit Price
53⁹⁹

Peanuts Snoopy Jersey Bib
#413223

59⁹⁹
Benefit Price
53⁹⁹

PEANUTS™
3 PACK BANDANA BIB

Peanuts Snoopy Bandana Bib
2-pack
#413224

99⁹⁹ per pack
Benefit Price
89⁹⁹ per pack

Peanuts Snoopy Hooded Towel
#413221

179⁹⁹
Benefit Price
161⁹⁹

Peanuts Snoopy Peak Cap
#413223

89⁹⁵
Benefit Price
80⁹⁵

Peanuts Snoopy Bucket Hat
#413225

89⁹⁹
Benefit Price
80⁹⁹

INSTANT DISCOUNT

10%* OFF

Peanuts Snoopy range

*Swipe your Dis-Chem OR Dis-Chem Baby City Benefit Card to claim your Instant Discount

Backpack Diaper Bag
#335318

- Durable, waterproof fabric with dual zippers
- Large capacity and magnetic side pockets
- Multiple strap options for easy carry or stroller attachment

1299⁹⁵
WAS 1495⁹⁹

SAVE 196⁰⁰*

Duet Diaper Bag
#335368

- Chic, practical diaper tote bag
- Two separate internal compartments
- Pockets to fit every baby essential with ease

1299⁹⁵
WAS 1695⁹⁹

SAVE 396⁰⁰*

Joie Commuter Change & Snooze Cot Linen Grey
#304510

- Ultra secure frame with modern exposed tubing
- Full-size bassinet included for naptime options
- Compact folded package for simple storage in even the smallest spaces
- SoftTouch, 5-point harness with lower buckle covers

2799⁹⁹
WAS 3299⁹⁹

SAVE 500⁰⁰*

*Advertised prices already reflect discounts

OFFERS EXCLUSIVE TO
Dis-Chem babycity
SHOP ONLINE NOW AT
www.babycity.co.za

Ball Nest Playgym
#306313

- 32 colourful balls with convenient self-storage tube
- 5 different play modes to grow 'n play with your baby
- Detachable hanging toys and mirror
- Removable arms for sit and play fun

1399⁹⁹
WAS 1499⁹⁹

SAVE 100⁰⁰*



*Advertised price already reflects discount

Sassy
inspire the senses

Toys FROM
59⁹⁹ each

2+1 CHEAPEST FREE
on ANY Sassy products



Tiny Farm Kick & Play Gym
#307322

- Responsive pad with lights & music
- Adjustable arches
- Mirror for extended tummy time
- Machine washable mat
- Easy-grip squeaker

1699⁹⁵
WAS 1799⁹⁹

SAVE 100⁰⁰*



*Advertised prices already reflect discounts

Tiny Love

Take Along Mobile, Meadow Days OR Princess Tales
#324242001/2

629⁹⁵ each
WAS 669⁹⁹

SAVE 40⁰⁰*



SAVE
300⁰⁰*



BAMBINO

**I-Rotate 360
Car Seat with
ISOFIX**

#304769

- From birth to 36kg
- Group 0+/1/2/3
- ISOFIX connectors
- Top tether anchor
- 5-point safety harness, includes shoulder pads
- Side protection system
- Rotation mechanism
- 4 recline positions

2999⁹⁵
WAS 3299⁹⁵

SAVE
300⁰⁰*



Joie

**Elevate
Car Seat**

#324373001

- Suitable forward facing from 9-36kg
- Group 1/2/3 car seat
- Side impact protection
- One-hand, 10 position height adjustable headrest
- Removable, machine washable covers
- Integrated cupholder

1999⁹⁹
WAS 2299⁹⁹

SAVE
600⁰⁰*



Joie

**LiteTrax 4
Travel System**

#304838

- Compact and lightweight
- 4-wheel streamline chassis
- Easy to fold
- Multi-position
- Wheel locks

7999⁹⁹
WAS 8599⁹⁹

*Advertised prices already reflect discounts

SAVE
200⁰⁰*



BAMBINO

**Traveller LX
Stroller**

#322936002

- Suitable from birth to 15kg
- Multi-position reclinable backrest
- 5-point safety harness
- Quick and easy one-hand fold system
- Compact and lightweight frame
- Adjustable calf support for maximum comfort

2299⁹⁹
WAS 2499⁹⁹



Q Play

Comfort 4in1 Trike

#344119002

- 4 different modes evolve as your little one grows
- Adjustable telescopic push bar
- Parent storage bag
- High back seat with breathable seat cushion
- 5-point safety harness & non-slip pedals
- Foldable and detachable canopy
- Available in Grey or Pink

1999⁹⁹

SAVE
400⁰⁰*



GRACO

**Comfy Cruiser
Travel System**

#304842

- Suitable from birth to 15kg (approximately 3 years)
- Quick and easy one-hand fold mechanism
- Multi-position reclining seat
- Parent and child's tray for all essentials
- Large storage basket
- Package includes Snuggly® infant car seat

3799⁰⁰
WAS 4199⁰⁰

*Advertised prices already reflect discounts

Titaniumbaby

**Travel System
Apache**

#410126

- Suitable from birth to 18kg
- Compatible car seat suitable from 0-13kg
- Large sun canopy
- Three wheels for easy move
- Multiple position reclining seat
- Shopping basket
- 5-point adjustable safety harness
- Front-locking system
- Cup holder included

4999⁹⁹



ingenuity

**Smartbounce
Automatic Bouncer Seat**

#309959

- Automatic bouncer that mimics mom's motion
- Extra removable bolster cushion
- Melodies, nature sounds and white noise
- Mobile with assortment of plush toys

1499⁹⁵
WAS 1999⁹⁹

SAVE
500⁰⁰*



ingenuity

Anyway Sway Swing

#330264

- Newborn to 9 months
- Portable baby swing with compact, foldable design
- Rotates 180° and swings in 3 directions
- 16 melodies, 2 nature sounds and white noise
- Pivoting toy bar

2499⁹⁵
WAS 3199⁹⁹

SAVE
700⁰⁰*



**Dome Mosquito
Protection Netting**

- Protects infants from mosquitoes and other irritating insects
- A healthy alternative to insect repellents which often irritate sensitive skins
- Extra length for full coverage to the ground

FOR CAMP COTS

#336312

349⁹⁵



FOR COTS

#336313

349⁹⁵



Snugglytime

**Afterbath Mattress
Towelling**

Assorted

- Creates a comfortable area to change baby's nappy and clothes
- Ideal to use on a compactum, change table or even the floor
- Anti-roll profile
- Waterproof
- Made from durable stretch towelling

199⁹⁹ each

**Afterbath Mattress
Towelling Cover Only**

Assorted

129⁹⁹

Baby Bather Towelling

Assorted

- Easy access to wash baby's hair and body
- Gentle reclined position to interact with baby
- Comfortable full body fabric support with non-slip base
- Made from durable stretch towelling

139⁹⁹

**Baby Bather
Towelling
Cover only**

Assorted

79⁹⁹





OFFERS EXCLUSIVE TO babycity™

SHOP ONLINE
NOW AT
www.babycity.co.za

Joie™

Everstage™ Fx
Car Seat Ember
#326166

- Rearward facing from birth to 18kg/4 years
- Suitable Forward facing from 9kg to 36kg/12 years
- Group 0+1/2/3 car seat
- 5 recline positions: 1 rear facing and 4 forward facing
- Side impact protection
- One-hand, 10-position height adjustable headrest

4499⁹⁹
WAS 4999⁹⁹

SAFeway

Unify ISOFIX
Rotate Car Seat
#304810

- Rearward facing from birth to 18kg
- Forward facing from 9 to 18kg
- Booster seat from 15 to 36kg
- Install with ISOFIX/top tether OR with a seat belt

2999⁹⁹
WAS 3499⁹⁹

donna

Liki Trike
#324308002

- The world's most compact folding trike
- Folds and unfolds in seconds
- Comes fully assembled
- Features sleek, urban design, offering maximum functionality and comfort
- Also available in Grey

3999⁹⁵
WAS 4999⁹⁵

SAVE
500⁰⁰*



SAVE
500⁰⁰*



SAVE
1000⁰⁰*



*Advertised prices already reflect discounts

BAMBINI

Close to Me Co-Sleeper
#304565

- Suitable from birth to 9kg (approximately 6 months)
- Fold-down side for quick and easy access to your baby
- Free-standing bassinet mode
- Quick and easy to assemble and use, no tools required
- 6-position height adjustment to ensure the perfect fit with any bed
- Mattress and carry bag included

2199⁹⁹
WAS 2499⁹⁹

SAVE
300⁰⁰*



SAVE
50⁰⁰*



3in1
Baby Carrier
#320520

- 3-position carrier: front, back and piggyback
- 1-hand release clip
- Breathable fabric for extra comfort

349⁹⁵
WAS 399⁹⁹

SAVE
30⁰⁰*



2in1
Baby Carrier
#320519

- 2-position carrier: front and back
- Breathable fabric for extra comfort
- 1-hand release clip

289⁹⁵
WAS 319⁹⁹

*Advertised prices already reflect discounts

SAVE
250⁰⁰*



SAFeway

Rolla
Walker & Pusher
#312097

- Includes sounds and toys
- Easy movable wheels
- 2-in-1 walker pusher

1399⁹⁵
WAS 1649⁹⁹

SAVE
100⁰⁰*



3in1 Walker
Rocker Pusher
#320923

- Large and steady base
- Height adjustable
- Brake stoppers
- Toy centre
- Rocking features

1249⁹⁵
WAS 1349⁹⁹

SAVE
100⁰⁰*



2in1 Walker Rocker
Grey Polka
OR Pink Flowers
#324890001/2

- Baby walker
- Large and steady base
- Brake stoppers
- Toy centre
- Height adjustable

1099⁹⁵
each
WAS 1199⁹⁹

*Advertised prices already reflect discounts

SAVE
100⁰⁰*



Highchair
Polka Dot
#320924

- Removable double tray
- Height adjustable
- Reclining seat
- Easy to fold

1449⁹⁵
WAS 1549⁹⁹

SAVE
150⁰⁰*



Flat Fold
Highchair Grey
OR Pink

- Removable double tray
- Easy to fold
- 5-point harness

1049⁹⁵
each
WAS 1199⁹⁹

SAVE
300⁰⁰*



GRACO

Lovin Hug Swing
#324394002

- Suitable from birth to 9kg (approximately 9 months)
- 6 swing speeds
- 4-position recline adjusts with just one hand
- 10 classical melodies and nature sounds to soothe baby
- Soft removable head support and cushioned seat pad
- 5-point safety harness

1999⁹⁹
WAS 2299⁹⁹

*Advertised prices already reflect discounts

Dis-Chem babycity

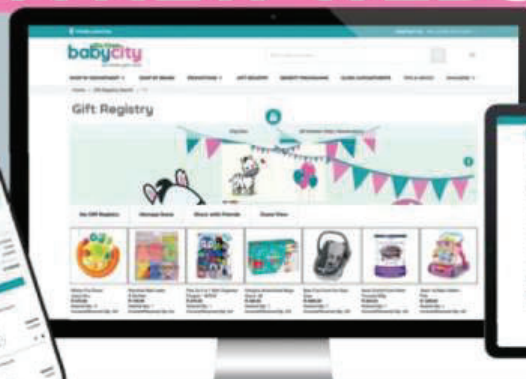
we know you care

A NEW WEBSITE IS BORN!

Shop online now for all your Dis-Chem Baby City favourites.



For convenient deliveries on products
Shop online!



We offer the following services:

- Online gift registry now available
- Clinic bookings
- Online wish list
- Birth SMS announcement service



Earn and redeem Dis-Chem Baby City Benefit Card rewards online.
Sign up in-store or on the website.



OFFERS EXCLUSIVE TO babycity™

SHOP ONLINE
NOW AT
www.babycity.co.za

Ulaie
Large Baby Cot
With Drawer
#389272
2699⁹⁵
WAS 2999⁹⁹



SAVE
300⁰⁰*

Willow
Baby Cot
White & Lenza Oak
#389263
1999⁹⁵
WAS 2399⁹⁹

SAVE
400⁰⁰*



BabyThings
Quality Baby Products

Convuluted Pillow
and Pillowcase
for Girl OR Boy
#150344/#150343

69⁹⁹
each



*Advertised prices already reflect discounts

SAVE
500⁰⁰*



Ulaie
4-Drawer Chest
White
#389273
1999⁹⁵
each
WAS 2499⁹⁹

SAVE
200⁰⁰*



Safety 1st

Standard
Bedrail
#187863

90cm

599⁹⁵
each
WAS 719⁹⁹

SAVE
120⁰⁰*

Extra Large
Bedrail
#320543

150cm

899⁹⁹
each
WAS 979⁹⁹

SAVE
80⁰⁰*



*Advertised prices already reflect discounts

Safety 1st

SAVE
150⁰⁰*



Easy Close
Pressure Gate
#189484
749⁹⁵
WAS 899⁹⁹

SAVE
50⁰⁰*



REMEMBER
TO MEASURE
DOORWAY

Auto Close
Safety Gate
#218379
949⁹⁵
WAS 999⁹⁹

SAVE
20⁰⁰*



Gate Extensions
Easily attachable
to main gate

7cm

#187836

189⁹⁵
WAS 209⁹⁹

SAVE
40⁰⁰*

14cm

#187839

289⁹⁵
WAS 329⁹⁹

*Advertised prices already reflect discounts

Safety 1st

SAVE
10⁰⁰*



Finger Pinch
Guard
#186767
44⁹⁵
WAS 54⁹⁵



Outlet Plug
Protectors
12-pack
#187834
39⁹⁵
WAS 49⁹⁹

SAVE
10⁰⁰*



Baby On Board
Sign
#207798003
34⁹⁵
WAS 44⁹⁹

**tommee
tippee**

Simplee Sangenic
Nappy
Disposable Bin
#168805003
with 1 Refill
Cassette
#168808



BUY BOTH
FOR
289⁹⁵
SAVE 210⁰⁰



SAVE
160⁰⁰*



Swaddle Bag
The Original Grobag

- 0-3 months
- #416467
- 3-6 months
- #416412
- Newborns 1.0 TOG Sky Grey Marl (available in 0-3m OR 3-6m)
- No complicated fastenings or wrapping
- Helps little ones regulate their temperature while sleeping
- Hip-healthy bottom for correct hip development
- Easy two-way zip, perfect for night-time nappy changes

439⁹⁵
WAS 599⁹⁹

SAVE
150⁰⁰*



Tommee Tippee
Groclock
#416558

449⁹⁵
WAS 599⁹⁵

*Advertised prices already reflect discounts



CHILDREN'S HEALTH



**20%*
OFF**

Elgydium
Teething Gel
15ml
#1670

39⁹⁶
WAS 49⁹⁵



**SAVE
15⁰⁰***

Teejel Gel
10g
#148633

34⁹⁵
WAS 49⁹⁹



**SAVE
17⁰⁰***



Bio-Strath
Bare Necessities
Syrup
100ml
#14388

89⁹⁵
WAS 106⁹⁹

**SAVE
20⁰⁰***



ProbiFlora
Infant Drops
Probiotic Supplement
5ml
#148511

169⁹⁵
each
WAS 189⁹⁵



Panado
Infant Drops
20ml
#5087

48⁹⁵
each

**SAVE
20⁰⁰***



Biogen
Multimmune
Syrup Junior
200ml
#329080

139⁹⁵
WAS 159⁹⁵

Biogen
Multivitamin
Gummies Junior
60 gummies
#329259001

99⁹⁵
WAS 119⁹⁵

*Advertised prices already reflect discounts

Karvol
Decongestant
Inhalation
Capsules
10 capsules
each

77⁹⁵



**2+1
CHEAPEST
FREE**
on ANY Karvol
products

**20%*
OFF**

Ejax
Gripe Water
100ml

Ejax
Gripe Water
100ml
#337416

27⁹⁵
WAS 33⁹⁹



**2+1
FREE**
Tibb Bonnycare
Anti-Spasmotic
& Colic Syrup
100ml
#20906

89⁹⁵



Brain Child
Multivitamin
60 chewable tablet
Assorted

139⁹⁵
each



**2+1
CHEAPEST
FREE**
on Brain Child
60 chewable
products

Brain Child
Omega-3
Vitamins
& Minerals
Value Pack
60 burstlets
PLUS
60 chewable tablets
#19913

291⁹⁶
WAS 364⁹⁵



**20%*
OFF**
Brain Child
Value Pack chewable
products

**20%*
OFF**
ALL NutriPure
Adults AND Kids
60 gummies

NutriPure
Kids
Multivitamin
60 gummies
Assorted

91⁹⁶
WAS 114⁹⁵



NutriPure
Adult Apple
Cider Vinegar
60 gummies
Assorted

127⁹⁵
WAS 159⁹⁵



Crèche Guard
Gummies
30 gummies
#162929
PLUS Restore Lolly
5 x 50ml
#221813



**BUY BOTH
FOR
269⁹⁵**
SAVE 39⁹⁵



*Advertised prices already reflects discount

**SAVE
8⁰⁰***

Telament
Paediatric
Gripe Water
150ml
#4821

29⁹⁶
WAS 37⁹⁵



Telament
Paediatric
Colic Drops
30ml
#5086

104⁹⁵
WAS 139⁹⁹



**SAVE
35⁰⁰***



VirAway
Immune
Junior Syrup
200ml
#25710

99⁹⁶
WAS 125⁹⁵



Phipp's
Milk of Magnesia
100ml
Assorted

44⁹⁵
WAS 54⁹⁵



Muthi
Wenyoni Antacid
100ml
#5187

29⁹⁶
WAS 34⁹⁹



Stérimar
Baby
Blocked Nose
Nasal Spray
50ml
#120043
OR
Nasal Hygiene
Nasal Spray
100ml
#66302

149⁹⁵
each
WAS 190⁹⁵



Nuby
Breathe-Eeze
Nasal Aspirator
#213350

109⁹⁶
WAS 159⁹⁹

*Advertised prices already reflect discounts

Clinic Services

Dis-Chem
babycity

MOM & BABY
CLINIC



For Mom

- Full antenatal services
- 2D sonar scans*
- Foetal doppler*
- Birth plan
- Postnatal services
- Breastfeeding advice
- Female health including pap smear

For Baby

- Introducing solids
- Preventing rashes and possible allergies
- Normal sleep patterns for baby
- Teething
- Treatment of colic
- Immunisations
- Weight, measurement and development assessments for your baby

Now open in all Dis-Chem Baby City stores

*Only available at Dis-Chem Baby City Clinics



For more information
contact us on 0861 117 427
or clinicqueries@dischem.co.za

Dis-Chem
PHARMACIES

Promotional offers valid 20 October to 13 November 2022 - while stocks last. May not be available in all stores. These prices only valid on cash and card purchases, standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.

Dis-Chem PHARMACIES

20 OCTOBER TO 13 NOVEMBER 2022

Summer SAVINGS

Bio-Oil
Skincare Oil
125ml
107⁹⁷
WAS 179⁹⁵

Bio-Oil
Body Lotion
175ml
86⁹⁶
WAS 144⁹⁵



**40%
OFF**
ALL Bio-Oil
products



FREE



Bio-Oil
35-year
Gift Set
Contains:
Skincare Oil 200ml
PLUS FREE Skincare
Oil (Natural) 25ml
AND Dry Skin Gel
50ml
147⁹⁷
per pack
WAS 249⁹⁵

*Advertised prices already reflect discount



1 FOR 60⁹⁵
2 FOR 96⁰⁰
SAVE 25⁹⁰

NIVEA
Body Lotion
400ml
Assorted*

*Offer excludes NIVEA Repair & Care range

Nature's Nourishment
Epsom Salt
1.36kg / Assorted
84⁹⁶
WAS 99⁹⁵
Nature's Nourishment
Epsom Salt
900g / Assorted
67⁹⁶
WAS 79⁹⁵



**15%
OFF**
Nature's Nourishment
Epsom Salt
1.36kg/900g/450g
Nature's Nourishment
Epsom Salt
450g / Assorted
46⁷¹
WAS 54⁹⁵

*Advertised prices already reflect discount



**SAVE
11⁰⁰***

Domestos
Thick Bleach
750ml
Assorted
28⁹⁵
each
WAS 39⁹⁵

*Advertised price already reflects discount



**BUY BOTH
FOR 50⁰⁰**
SAVE 12⁹⁰

Sunlight
Regular
Dishwashing Liquid
750ml
PLUS Refill Doy
750ml



**SAVE
40⁰⁰***

Replace
Diabetic
Meal in a Glass
400g / Assorted
152⁹⁵
each
WAS 192⁹⁵

*Advertised price already reflects discount



**INSTANT
DISCOUNT
6⁰⁰*
OFF**

Lifestyle Food
Long Life Milk
6 x 1 litre
Assorted
94⁹⁵
per pack
Benefit
Price
88⁹⁵
per pack

*Swipe your Dis-Chem Benefit Card
to claim your Instant Discounts

Look out for our Amazing Festive Gift Guide

Coming to stores this December with the
widest variety of gifting to spoil the whole family.

3 November - 24 December 2022



See inside pages 4-5 for Festive Savings



Available to Dis-Chem Health policyholders

20% OFF
over 2500 products

Look out for the extra icon to identify qualifying products*

*Get access to lifestyle benefits and extra by including Value-Added Services at an additional fee. Ts & Cs apply.

Promotional offers valid 20 October to 13 November 2022 - while stocks last. May only be available at selected stores OR online at dischem.co.za. E&OE.

RESPECT THE SUN PROTECT YOUR SKIN

- Avoid the sun when UV rays are the strongest, between 10am and 2pm
- Use an effective sunscreen, and apply to dry skin at least 20 minutes before going outdoors
- Re-apply frequently, especially after swimming and excessive perspiration
- If applied according to instructions, these broad spectrum sunscreens provide effective protection



Exclusive to Dis-Chem

BioNike
HEALTH AND BEAUTY
DEFENCE SUN

Sun protection range for adults and children. Protects all skin types, even the most sensitive.

LOVE YOUR SKIN
SAVE THE SEA
BioNike supports the protection of the marine habitat.

Nickel Tested**
WITHOUT
Preservatives
Fragrances
Gluten

Very High Protection
Spray Lotion
SPF50+
200ml
#114789

269⁹⁵

Baby & Kid
Very High Protection
Spray Lotion
SPF50+
200ml
#333962

249⁰⁰



Very High Protection
Spray
SPF50+
200ml
#410305

299⁰⁰

Very High Protection
No Shine
Face Fluid
SPF50+
50ml
#388723

195⁰⁰

Very High Protection
Melting Cream
SPF50+
50ml
#61514

165⁰⁰

FREE

BioNike Cooler Bag
valued at 150⁰⁰
when you purchase
ANY TWO BioNike
Defence Sun products



**Also residual nickel content can lead, especially in allergy-prone subjects, to allergic reactions or skin sensitisations. Hence, every production lot is analysed to ensure the nickel content in products is lower than 0.00001%.

EAU THERMALE
Avène
LABORATOIRE DERMATOLOGIQUE

SKIN PROTECT
OCEAN RESPECT
Responsible skin protection

CLINICALLY PROVEN
BROAD SPECTRUM
PHOTO
PROTECTION

20%*
OFF
ALL Eau Thermale
Avène sun care
products



Mineral Cream
SPF50+
50ml

220⁰⁰
WAS 275⁰⁰

Anti-Ageing
Cream SPF50+
50ml

228⁰⁰
WAS 285⁰⁰

Intense Protect
Fluid SPF50+
150ml

268⁰⁰
WAS 335⁰⁰

BIODERMA
LABORATOIRE DERMATOLOGIQUE
PHOTODERM
VERY HIGH PROTECTION

Dermatologically proven to protect your skin from aching sunburn. When applied, the melting texture leaves no oily traces, leaving your skin smooth and protected.

30%*
OFF
ALL Bioderma
Photoderm SPF50+
sun care
products



Crème SPF50+
40ml

199⁵⁰
WAS 285⁰⁰

Aquafluid
SPF50+
40ml

206⁵⁰
WAS 295⁰⁰

Ultra Milk
SPF50+
200ml

245⁰⁰
WAS 350⁰⁰

VICHY UVB+UVA

High broad-spectrum UV protection, protects your skin against the harmful effects of UVA & UVB rays.

20%*
OFF
ALL Vichy
sun care
products



Capital Soleil
High Protection
Dry Touch
Mattifying Face
Fluid SPF50
50ml

263²⁰
WAS 329⁰⁰

Capital Soleil
Very High
Protection
UV-Age Daily
Fluid SPF50+
40ml

OR High Protection
Hydrating Solar
Protective
Water SPF50
200ml

332⁰⁰
each
WAS 415⁰⁰

Eucerin ADVANCED SUN PROTECTION
Eucerin Sun Protection
for different skin needs.

2+1
CHEAPEST
FREE
on Eucerin
products*



Oil Control
Dry Touch
Sun Gel-Cream
SPF50+
50ml

OR Kids
Sensitive Protect
Sun Spray
SPF50+
150ml

299⁹⁵
each

Actinic Control^{MD} Fluid
SPF100
80ml

499⁹⁵
each

Cetaphil
sun

2+1
CHEAPEST
FREE
on Cetaphil Sun
care
products*



Kids Liposomal
Sun Lotion
SPF50+
150ml

OR Very High
Protection
Sun Lotion
SPF50+
200ml

299⁹⁵
each

Very High
Protection
Face Fluid
SPF50+
50ml

254⁹⁵
each

UVB
UVA

URIAGE
EAU THERMALE



Bariésun
Silky Lotion
SPF50+
100ml
#54588

295⁰⁰

Bariésun
Moisturising
Sun Cream
SPF50+
50ml
#54590

240⁰⁰

FREE

Uriage Eau Thermale
Summer Bag
when you purchase
ANY TWO Uriage Eau
Thermale Bariésun
products



*Offer excludes Eucerin Banded Packs AND Value Packs

*Offer excludes Cetaphil Value Packs, Banded Packs, Starter Packs, Optimal Hydration AND Baby products

BENEFIT Programme

Dis-Chem

babycity

GET MORE

- Accelerate your earn with our Partner programmes
- 60 Plus earn double Rewards every Wednesday*
- YOUTM members earn double Rewards every Monday*
- Automatic entry in competitions
- A free Benefits magazine every quarter

SAVE MORE

- Pay with your Benefit rewards in-store or online
- Pay with your Partner rewards*
- Get instant cash discounts on selected products
- Students & Pensioners qualify for discounts on selected salon treatments*

*Terms & Conditions apply

GIVE MORE

By shopping & swiping your Benefit Card, not only do we reward you, a percentage of eligible purchases will be donated to the Dis-Chem Foundation to assist worthy causes.

Get more. Save more. Give more

Dis-Chem and Dis-Chem Baby City Benefit cards can be used in both retailers

Dis-Chem
Foundation
Caring for the Community

SUN CARE SAVINGS

NIVEA SUN

TRUST THE **NO.1 SUN CARE BRAND***

2+1 CHEAPEST FREE
on ANY NIVEA SUN sun care products

94⁹⁵ each **209⁹⁵** each **209⁹⁵** each **194⁹⁵** each **209⁹⁵** each **104⁹⁵** each

Stand a chance to **WIN***

R100 000 in Dis-Chem BENEFIT rewards when you purchase ANY NIVEA SUN product.

Competition runs from 1 October until 14 December 2022. Enter by swiping your Dis-Chem Benefit Card.

Winners will be announced at the end of the campaign.

50 customers will win R2000 each in Dis-Chem Benefit Rewards.

*Ts & Cs apply. Competition excludes Namibia and Botswana.

*Source: Euromonitor International Limited: Beauty and Personal Care 2021 edition; NIVEA in the category Sun Care, incl. Sun Protection, Aftersun and Self-Tanning; in retail value terms, 2020 data.

Sun Lab

2+1 CHEAPEST FREE
on ANY SunLab sun care products

Exclusive to Dis-Chem

169⁹⁵ each

island Tribe

2+1 CHEAPEST FREE
on ANY Island Tribe sun care products

Stand a chance to WIN*

FREE Petrol for a year when you purchase ANY Island Tribe products.

Competition runs until 31 December 2022. Enter by swiping your Dis-Chem Benefit Card.

*Ts & Cs apply. Competition excludes Namibia and Botswana.

209⁹⁵ each

EverySun

2+1 CHEAPEST FREE
on ANY EverySun sun care products

204⁹⁵ each **79⁹⁵** each

TECHNI BLOCK

2+1 CHEAPEST FREE
on Techni Block sun care products*

179⁹⁵ each

*Offer excludes Techni Block Banded Packs

Tropitone

2+1 CHEAPEST FREE
on ANY Tropitone sun care products

139⁹⁵ each **154⁹⁵** each

PIZ BUIN

SAVE 30⁰⁰* **SAVE 45⁰⁰***

179⁹⁵ WAS 209⁹⁵ **214⁹⁵** WAS 259⁹⁵

PALMER'S

SAVE 15⁰⁰*

99⁹⁵ each WAS 114⁹⁵

*Advertised prices already reflect discounts

Dis-Chem DeliverD

From US to YOU **On Demand**

Enjoy every moment in the sun!

All your summer essentials are just a click away

On Demand in 60 minutes!

Exclusive to Dis-Chem

EST 1970
BAYLIS & HARDING
ENGLAND



1 Sweet Mandarin & Grapefruit Moisturising Hand Cream Set
3-piece
179⁹⁵

2 White Tea & Neroli Luxury Hand Care Set
2-piece
329⁹⁵



3 The Fuzzy Duck Floral Hand Care Set
2-piece
259⁹⁵

4 The Fuzzy Duck Hemp & Bergamot Men's Travel Grooming Set
5-piece
375⁹⁵

5 The Fuzzy Duck Hemp & Bergamot Bath & Shower Gel
750ml
275⁹⁵

NATURE'S NOURISHMENT



1 Pepper & Peony Body Pamper Set
3-piece
#389692
144⁹⁵

2 Sweet Mandarin & Grapefruit Hand Care Set
3-piece
#389663
164⁹⁵

3 Cranberry Pampering Bath Set
2-piece
#389748
194⁹⁵



4 Bergamot & Black Pepper Gift Set
2-piece
#389762
159⁹⁵

5 Pepper, Ginger & Citrus Pamper Set
3-piece
#389663
164⁹⁵

20%* OFF
ALL Yardley BondST EDP 50ml fragrances

Yardley BondST Pour Homme
EDP 50ml
260⁰⁰
WAS 325⁰⁰

Yardley BondST No.33 Pour Femme
EDP 50ml
327⁹⁶
WAS 409⁹⁵

Yardley Gorgeous Gift Set
EDP 50ml
260⁰⁰
per pack

Yardley English Blazer Black Gift Set
EDP 100ml
474⁹⁵
PLUS Deodorant Spray
PLUS Watch

*Advertised prices already reflect discount

2+1 CHEAPEST FREE
on ANY Coty eX'clama'tion wands EDP 15ml

Coty eX'clama'tion Wands
EDP 15ml
Assorted
119⁹⁵
each

Revlon Charlie Original Gift Set
EDT 30ml
159⁹⁵
per pack
PLUS Body Spray 90ml

Revlon Moon Drops Gift Set
EDT 30ml
264⁹⁵
per pack
PLUS Perfumed Body Spray 90ml
PLUS Body Lotion

20%* OFF
ALL Lenthéric I♥ EDP 50ml fragrances

Lenthéric I♥ EDP 50ml Assorted
119⁹⁵
each
WAS 149⁹⁵

Lenthéric Candy Gift Set
EDP 50ml
179⁹⁵
per pack
PLUS Hand Cream 75ml

Celebrity

Ariana Grande thank u next
EDP 100ml
Assorted
FROM 975⁰⁰
each

Christina Aguilera BY NIGHT
EDP 50ml
Assorted
FROM 395⁰⁰
each

Britney Spears ELECTRIC fantasy
EDP 100ml
Assorted
FROM 645⁰⁰
each

GIFTING

Exclusive to Dis-Chem

20%
OFF
ALL Superdry
EDT 100ml
fragrances



Superdry
Kyoto
OR Detroit
OR Soho
EDT 100ml
396⁰⁰
each
WAS 495⁰⁰



OUD
Extreme
EDT 100ml
#328899
795⁰⁰

*Advertised price already reflects discount



Zoé
EDP 100ml
#216521
345⁰⁰



eau'D
EDP 100ml
Assorted
795⁰⁰
each



Jeanne Arthes
Gold n' Roses
OR Tropical Crush
EDP 100ml
259⁹⁵
each



Jeanne Arthes
Pure Romantic
EDP 100ml
249⁹⁵

Fragrances



Exclusive to
Dis-Chem
Naomi Campbell
Here To Shine
OR
Here To Stay
EDT 50ml
725⁰⁰
each



Exclusive to
Dis-Chem
Jennifer Lopez
Promise OR One
EDT 100ml
1095⁰⁰
each



Exclusive to
Dis-Chem
NEEUUM WHITE
F1
EDT 75ml
Assorted
1395⁰⁰
each

Exclusive to Dis-Chem

Nature's Edition

Available in Rose Romance, Lavender Luxuries and Orchid Obsession

1 Beautiful Hands
Nourishing Hand Care Trio
3-piece
68⁹⁵

2 Fragranced Bath
Salts
360g / Assorted
45⁹⁵

3 Beautifully
Fragranced Talc
Powder
120g / Assorted
99⁹⁵



4 Fragranced
Soap Trio
3 x 125g / Assorted
52⁹⁵

5 Soap Duo with
Glass Soap Dish
3-piece / Assorted
59⁹⁵

6 Luxurious Gift Trio
3-piece / Assorted
115⁹⁵



YANKEE CANDLE®

Nothing compares to the true scent of a Yankee Candle. Their fragrance oils are true to nature and blended throughout the entire jar of wax, providing long-lasting fragrances which Yankee Candle is famous for, setting the benchmark for quality in the candle world.



NEW
SCENT
Scented
Candle
623g
Assorted
495⁰⁰
each



Relax at home with tranquil hints of Fynbos, Baobab, Rooibos and other iconic African scents from Serengeti Home Fragrances.

Reed Diffuser
PLUS 5 x Reed
Sticks
200ml
Assorted
FROM
249⁹⁵
each



Dis-Chem
PHARMACIES

INSECT REPELLENTS

INSTANT DISCOUNTS Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

INSTANT DISCOUNT

17⁰⁰* OFF

Home Butler Electric Bug Eliminator Assorted

76⁹⁵ Benefit Price
59⁹⁵ each

INSTANT DISCOUNT

10⁰⁰* OFF

CITRONELLA CREAM

Citronella Cream 500ml #25641

39⁹⁵ Benefit Price
29⁹⁵ each

INSTANT DISCOUNT

7⁰⁰* OFF

DOOM Multi

Doom Aerosol 300ml Assorted

42⁹⁵ Benefit Price
35⁹⁵ each

*Swipe your Dis-Chem Benefit Card to claim your Instant Discounts

Home Quip USB Rechargeable Mosquito Repeller with Night Light #383070
PLUS Refill Cylinder #383072



**BUY BOTH
FOR 199⁹⁵
SAVE 26⁹⁵**

Stand a chance to **WIN***

1 of 20 R500 Home Cleaning Hampers (including Raid products) when you purchase **ANY TWO** Raid products. Enter by swiping your **Dis-Chem Benefit Card**. *Ts & Cs apply. Competition excludes Namibia and Botswana.

2+1 CHEAPEST FREE on ANY Raid products

Raid Liquid Electric Unit PLUS Refill 33ml
74⁹⁵ each

Raid Aerosol 300ml / Assorted
33⁹⁵ each

ALSO AVAILABLE AT **babycity**

2+1 CHEAPEST FREE on ANY Pigeon Anti-Mosquito products

Pigeon Anti-Mosquito Lotions 50g
79⁹⁵ each

Pigeon Anti-Mosquito Wet Tissue Wipes 12 wipes
62⁹⁵ each

Pigeon Anti-Mosquito Patches 12 patches
94⁹⁵ each

2+1 CHEAPEST FREE on ANY LifeTrek products

LifeTrek Kids Mosquito Nite Glo Band 2-pack
79⁹⁵ per pack

LifeTrek Mosquito Band Insect Repellent Assorted

2+1 CHEAPEST FREE on ANY Citro products

Citro-Lotion SPF15 125ml
59⁹⁵ each

Citro-Oil 20ml
49⁹⁵ each

Citro-Cream 500ml
44⁹⁵ each

2+1 CHEAPEST FREE on Tabard products*

Tabard Lotion 50ml
34⁹⁵ each

Tabard Stick 30ml
49⁹⁵ each

Tabard Lotion 150ml
86⁹⁵ each

Tabard Aerosol 150g
92⁹⁵ each

*Offer only applicable on the above Tabard products, offer excludes Value Packs **AND** Banded Packs

2+1 CHEAPEST FREE on ANY LifeTrek products

LifeTrek Mosquito Cream 125ml
74⁹⁵ each

LifeTrek Family Eco Friend Plug 45m
249⁹⁵ each

LifeTrek Mosquito Patch 12 HRS Protection 10-pack
84⁹⁵ each

2+1 CHEAPEST FREE on ANY Mortein products

Mortein Aerosol 300ml / Assorted
34⁹⁵ each

Mortein NaturGard Refill Pack 2 x 250ml
199⁹⁵ per pack

SUPER VALUE

2+1 CHEAPEST FREE on ANY Peaceful Sleep products

Peaceful Sleep Mosquito Room Spray 300ml
69⁹⁵ each

Peaceful Sleep Insect Repellent Aerosol 150g
92⁹⁵ each

Peaceful Sleep Insect Repellent Stick 30g
48⁹⁵ each

Going on holiday?
Any Dis-Chem is your Dis-Chem

All your scripts are centralised, making them available at any of our pharmacies across the country. You can get your repeat prescription filled at **ANY** one of over **250 Dispensaries***



Visit any one of our clinics for your health and wellness needs during the holiday season. Clinic Call Centre 0861 117 427 **OR** book via the App or scan the QR Code. *Terms and conditions apply.

SUMMER ESSENTIALS



- Elektra Comfort Aero-Cool Fan**
#225916
- Bladeless technology creates a wind multiplier effect
 - 12-hour timer
 - Real-time temperature display

1099⁹⁵
WAS 1299⁹⁵



- Elektra Comfort Power Fan**
#113683
- 3 x speed settings
 - Metal blades
 - Chrome grill
 - Eco-friendly

649⁹⁵
WAS 749⁹⁵



- Home Quip USB Rechargeable Clip-on Fan**
#382318
- 360° rotation,
 - 3 x speed settings
 - Base clamp
 - Strong grip & anti-slip design

249⁹⁵
WAS 299⁹⁵



- Goldair Deluxe Flow Fan**
#332773
- 3 x speed motor
 - Rotary dial type
 - Dynamic 5 wing propeller
 - Pivot stand

699⁹⁵
WAS 899⁹⁵



- Milex Antarctic Air Cooler**
#226416
- Cools, humidifies and purifies the air
 - Portable, you can enjoy cool clean air, anywhere
 - The easy-fill water tank lasts up to 8 hours

399⁹⁵



- Elektra Comfort Turbo Colour Fan PLUS USB Fan**
#167281
- 2 x speed settings
 - Adjustable angle
 - Energy-saving

329⁹⁵
WAS 389⁹⁵



- Goldair 5-Blade Pedestal Fan**
#332772
- Double blades
 - 3 x speed settings
 - 60-minute timer

899⁹⁵
WAS 1099⁹⁵

*Advertised prices already reflect discounts



Energizer Max Plus AA OR AAA Batteries
10-pack / Assorted

129⁹⁵
per pack
WAS 154⁹⁵



Energizer Max AA OR AAA Batteries
16-pack / Assorted

159⁹⁵
per pack
WAS 189⁹⁵

*Advertised prices already reflect discounts

SUMMER STYLE



Sun Block Hats
UPF50+ Rated UV Protection

NEW



Sun Block Hat
Assorted styles and colours

FROM 339⁰⁰
each

*Available in selected stores only

2+1 FREE
on ANY GEAR Cabana Striped Beach Towels*



GEAR Cabana Striped Beach Towel
30 x 60cm
Available in Grey, Navy AND Sea Green

239⁹⁵
each

*Available in selected stores only



Stepping Out
259⁰⁰
per pair

GEAR
FROM 379⁰⁰
per pair

solex
FROM 439⁰⁰
per pair

Aerosoft
FROM 319⁰⁰
per pair



WELLNESS CLINIC

PROSTATE CANCER AWARENESS

- Prostate cancer is a form of cancer that develops in the gland cells of the prostate, which is found only in males.
- Prostate cancer is produced when some of the cells reproduce at a faster rate than they should, resulting in a tumour.
- If left untreated, prostate cancer cells may spread to distant areas of the body, particularly lymph nodes and bones, producing secondary tumours.
- Men rarely experience any symptoms in the early stages of prostate cancer, which is one of the most concerning aspects of the disease.

Risk Factors:

- Family history:** A father or brother with prostate cancer increases your risk.
- Age:** Men over 50 have a higher risk of developing prostate cancer.
- Ethnicity:** African and Coloured men have a higher risk.
- Diet:** Possibly an increased risk in diets high in unsaturated animal fats.

For more information about our PSA screening, visit your nearest **Dis-Chem** Wellness Clinic, or visit our website by scanning the QR code.



L'ORÉAL
PARIS

my beauty prescription

SKIN PRESCRIPTION

Revitalift Filler
[+ Hyaluronic Acid]
Day Cream SPF50
50ml
OR
[+ Hyaluronic Acid]
Anti-Winkle Serum
30ml
369⁹⁵ each

Revitalift
Filler Renew
Night Cream
50ml
359⁹⁵ each

Age Perfect
Golden Age
Night Cream
50ml
349⁹⁵ each

Age Perfect
Cell Renew
Midnight
Serum
30ml
329⁹⁵ each

Age Perfect
Cell Renew Night
OR Day Cream
50ml
349⁹⁵ each

N°1
ANTI-AGE
SERUM
IN SA***

2+1
CHEAPEST
FREE
on ANY L'Oréal Paris
face care
products

MAKEUP PRESCRIPTION

Infallible
32HR Fresh Wear
Foundation
SPF25+
Vitamin C
Assorted shades
202⁴⁶
WAS 269⁹⁵

True Match
Super-Blendable
Foundation
Assorted shades
176²⁵
WAS 235⁰⁰

Lash Paradise
Mascara
Assorted
149⁹⁶
WAS 199⁹⁵

20%*
OFF
ALL L'Oréal Paris Infallible
face & eye products AND
True Match
Foundations**

20%*
OFF
ALL L'Oréal Paris
Infallible face & eye
products AND
Mascaras**

*Advertised prices already reflect discount **Offer applicable on L'Oréal Infallible Eyeliner, Concealer, Foundation Powder, True Match Foundation AND Mascaras

HAIR CARE PRESCRIPTION

Elvive
Extraordinary
Oil
NOURISHING
SHAMPOO
with precious oils
DRY TO VERY
DAMAGED HAIR

Elvive
HYDRA
[HYALURONIC]
MOISTURE LOCKING
CONDITIONER
with Hyaluronic Acid
Pre-shampoo, Shampoo, Hair
Oil or Hair Mask
DEREGULATED HAIR

Elvive
Total Repair 5
REPAIRING SHAMPOO
2% KERATIN
DAMAGED HAIR

Elvive
Colour Protect
OR PROTECTING
CONDITIONER
of perony and UV filter
for colour and protects
from heat and sun

Elvive
Dream Lengths
WONDER WATER
LAMELAI CONDITIONER
LONG HAIR TREATMENT
LONG HAIR TREATMENT

Extraordinary Oil
Miracle
Hair Perfector
100ml
151⁹⁶
WAS 189⁹⁵

Dream Lengths
Wonder Water
Hair Treatment
200ml
135⁹⁶
WAS 169⁹⁵

N°1
HAIR
TREATMENT***

20%*
OFF
ALL L'Oréal Paris
Elvive treatments

1 FOR 89⁹⁵
2 FOR 99⁰⁰
SAVE 80⁹⁰

*Advertised prices already reflect discount

HAIR COLOUR PRESCRIPTION

Magic Retouch
Instant Root
Concealer Spray
75ml
Assorted shades
95⁹⁶
WAS 119⁹⁵

Casting Crème
Gloss
Conditioning
Hair Colour
Assorted colours
127⁹⁶
WAS 159⁹⁵

Excellence
Crème
Hair Colour
Assorted colours
132⁷⁶
WAS 165⁹⁵

20%*
OFF
ALL L'Oréal Paris
Magic Retouch
Spray products

20%*
OFF
ALL L'Oréal Paris
Excellence AND
Casting Hair Colour
products

NEW
VIRTUAL
TRY-ON FOR
L'ORÉAL
PARIS HAIR
COLOUR!

1 SCAN QR CODE
2 CHOOSE A BRAND
3 SELECT A SHADE
4 TRY IT ON!

Based on NielsenIQ RMS data for the Face Care Category Client "L'Oréal Revitalift Lift Filler" item in value sales in the Anti Age, Serum segment for the 12-month period ending 31/10/2021 for South Africa total retail market (Copyright © 2020, NielsenIQ) *L'Oréal South Africa calculation based in part on data reported by NielsenIQ through its South Africa Trade Desk service consisting of these stores: Shoprite Group, Pick n Pay Group, Spar Group, Clicks, Dis-Chem and Game for the Hair Colour Category, Hair Treatment segment for the 52-week period ending 02/01/2022 in the South African market, such as Shoprite Group, Pick n Pay Group, Spar Group, Clicks, Dis-Chem and Game. (Copyright © 2022, NielsenIQ.)

Dis-Chem
PHARMACIES

POND'S

30% OFF
ALL Pond's face care products

N1

Pimple Clear Micellar Water 400ml
58⁰⁷
WAS 82⁹⁵

Skin Brightening Serum Mask 1-piece / Assorted
34⁹⁷
WAS 49⁹⁵

Cleansing Balm 100ml
139⁹⁷
WAS 199⁹⁵

Age Miracle Day Cream SPF15 50ml
132⁹⁷
WAS 189⁹⁵

*Advertised prices already reflect discount

GARNIER
Naturally!

PureActive

30% OFF
ALL Garnier Pure Active face care products

3 in 1 Wash, Scrub & Mask 150ml
83⁹⁶
WAS 119⁹⁵

3 in 1 Charcoal Anti-Blackhead Wash, Scrub & Mask 150ml
80⁴⁶
WAS 114⁹⁵

*Advertised prices already reflect discount

IQ
SOUTH AFRICAN DERMATOLOGIST DEVELOPED

2+1 CHEAPEST FREE
on ANY IQ face care products

1% Retinol Age Defence Serum 30ml
259⁹⁵ each

Sun Care Daily Defence Cream SPF50 100ml
139⁹⁵ each

UltraEven Corrective Care Night Cream 50ml
129⁹⁵ each

Cetaphil

2+1 CHEAPEST FREE
on Cetaphil products*

Pro Redness-Prone Skin Face Wash 236ml
249⁹⁵ each

Pro Acne-Prone Skin Foam Wash 235ml
179⁹⁵ each

Bright Healthy Radiance Brightening Day Protection Uneven Tone Cream SPF15 50g
404⁹⁵ each

Gentle Cleansing Bar 127g
132⁹⁵ each

*Offer excludes Cetaphil Value Packs, Banded Packs, Starter Packs, Optimal Hydration AND Baby products

celltone
SKIN CARE

Celltone is a unique skin care range made with Snail Gel extract. This global phenomena taps into one of nature's beautiful secrets.

2+1 CHEAPEST FREE
on ANY Celltone Face Care AND Tissue Oil products

FROM 99⁹⁵ each

FEMININE HYGIENE

always

SAVE 549* per pack

SAVE 624* per pack

SAVE 799* per pack

Extra Protect Daily Liners 16 Large #108691
1646 per pack
WAS 21⁹⁵

DreamZzz Cotton-Soft Night Maxi Thick Pads 8 Extra Long Night #296426
1871 per pack
WAS 24⁹⁵

Ultra Thin Maxi Pads 10 Normal #47141
1871 per pack
WAS 24⁹⁵

Platinum Ultra Thin Pads 6 Extra Long #213884
2396 per pack
WAS 31⁹⁵

*Advertised prices already reflect discounts

GYNAGUARD
Feminine Hygiene Mastered

SAVE 2000* each

Essential OR Ultimate Intimate Wash 140ml / Assorted
5995 each
WAS 79⁹⁵

Daily Comfort Sensitive Intimate Wipes 12 wipes #294785
1995 per pack

Daily Comfort Sensitive Intimate Wipes 2 x 12 wipes #294783
3495 per pack

2+1 CHEAPEST FREE
on ANY Gynaguard Daily Comfort Sensitive Wipes

*Advertised price already reflects discount

Libresse

2+1 CHEAPEST FREE
on Libresse Protection & Comfort Maxi Pads AND Dailies Fresh Liners*

Dailies Fresh Liners 28 Long / 30 String / 30 Multistyle / 32 So Slim #169593
3495 per pack

Protection & Comfort OR Goodnight Maxi Pads 10 Regular / 9 Maxi + Long / 7 Goodnight Scented OR Unscented
2295 per pack

*Offer only applicable on the above Libresse products

TENA

Proskin Pants Small OR Extra Large 15-pack
23995 per pack

Proskin Pants Medium OR Large 10-pack
13995 per pack

Summer's Eve

Cleansing Wash 266ml Assorted
7295
WAS 82⁹⁹

Lavender Night-Time Cleansing Wash 440ml #200270
9995
WAS 119⁹⁹

lillets

Smartfit Tampons 32-pack Assorted

1 FOR 39⁹⁵
2 FOR 65⁰⁰
SAVE 25⁰⁵

Dis-Chem
PHARMACIES



REFRESHING DEODORANTS

INSTANT DISCOUNTS Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

Good Stuff Perfumed Deodorant Spray 90ml Assorted 33⁹⁵ Benefit Price 27¹⁶	INSTANT DISCOUNT 20% OFF Good Stuff Anti-Perspirant Roll-On 50ml Assorted 19⁹⁵ Benefit Price 15⁹⁶ Good Stuff Fragrance Body Mist 100ml Assorted 29⁹⁵ Benefit Price 23⁹⁶	INSTANT DISCOUNT 20% OFF Coty eX'clama'tion Perfumed Body Spray 90ml OR Gravity Body Spray 120ml / Assorted 38⁹⁵ Benefit Price 31⁹⁵	INSTANT DISCOUNT 60% OFF Shower to Shower Anti-Perspirant and Deodorant Spray For Men OR Women 150ml / Assorted 30⁹⁵ Benefit Price 24⁹⁵
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*Swipe your Dis-Chem Benefit Card to claim your Instant Discounts

1 FOR 24⁹⁵ 3 FOR 54⁰⁰ SAVE 20⁸⁵ NIVEA Anti-Perspirant Roll-On For Men OR Women 50ml / Assorted*	1 FOR 45⁹⁵ 2 FOR 75⁰⁰ SAVE 16⁹⁰ NIVEA Anti-Perspirant Deodorant Body Spray For Men OR Women 200ml / Assorted*	1 FOR 29⁹⁵ 2 FOR 40⁰⁰ SAVE 19⁹⁰ Revlon Perfumed Body Spray 90ml / Assorted	1 FOR 30⁹⁵ 2 FOR 45⁰⁰ SAVE 16⁹⁰ Lenthéric Hoity Toity Perfumed Body Spray 90ml OR Solo Deodorant Body Spray 150ml / Assorted
1 FOR 22⁹⁵ 3 FOR 55⁰⁰ SAVE 13⁸⁵ Garnier Anti-Perspirant Roll-On For Men OR Women 50ml / Assorted	1 FOR 29⁹⁵ 2 FOR 50⁰⁰ SAVE 9⁹⁰ Mum Cream Deodorant 25ml	2+1 FREE on ANY Sanex Roll-On 50ml Sanex Anti-Perspirant Roll-On For Men OR Women 50ml / Assorted 26⁹⁵ each	SAVE 18⁰⁰* Mitchum Anti-Perspirant & Deodorant Gel For Men OR Women 63g / Assorted 59⁹⁵ each WAS 77⁹⁵

*Offer excludes NIVEA Naturally Good & Beauty Essence

*Advertised price already reflects discount

Dove **Impulse** **Shield**

Pick 'n Mix

2+1 CHEAPEST FREE

on ANY Dove, Impulse, Axe, Shield AND Brut DEODORANT products*

BRUT **AXE**

*Offer only applicable on ANY Dove, Shield, Impulse, Brut AND Axe deodorants, roll-ons and body sprays

SEE THIS = 20% OFF*

* Available to Dis-Chem Health policyholders. Get access to lifestyle benefits and extra by including Value-Added Services at an additional fee. Ts & Cs apply.

SMOOTH SAVINGS

INSTANT DISCOUNTS Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

Veet Suprem' Essence Wax Strips 18 strips 86⁹⁵ Benefit Price 69⁵⁶	Veet Men Hair Removal Cream 200ml 154⁹⁵ Benefit Price 123⁹⁶	Max Shave TechEdge Starter Kit Contains: Razor Handle PLUS 3 Blade Cartridges PLUS 5 Blade Cartridges #329366 129⁹⁵ Benefit Price 110⁴⁶	Max Shave Aura 5 Ladies' 5-Blade Razor PLUS 2 Cartridges #3294020 129⁹⁵ Benefit Price 110⁴⁶
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*Swipe your Dis-Chem Benefit Card to claim your Instant Discounts

SAVE 12⁰⁰* Gillette Blue II 2-Blade Disposable Razors 5-pack #46905 22⁹⁵ per pack WAS 34⁹⁵	SAVE 12⁰⁰* Gillette Minora II Extra 2-Blade Disposable Razors 5-pack #46901 16⁹⁵ per pack WAS 29⁹⁵	30% OFF Gillette Mach3+ 3-Blade Razor Contains: Handle PLUS 2 x 3-Blade Cartridges #46821 111⁹⁷ per pack WAS 159⁹⁵	30% OFF Gillette Mach3 Turbo 3-Blade Razor Contains: Handle PLUS 2 x 3-Blade Cartridges #327152 143⁴⁷ per pack WAS 204⁹⁵	2+1 CHEAPEST FREE on ANY Gillette Mach3 AND Mach3 Turbo 4-pack, 5-pack and 8-pack Gillette Mach3+ 3-Blade Cartridges 5-pack 229⁹⁵ per pack	2+1 CHEAPEST FREE on ANY Gillette Mach3 AND Mach3 Turbo 4-pack, 5-pack and 8-pack Gillette Mach3 Turbo 3-Blade Cartridges 8-pack 499⁹⁵ per pack	SAVE 13⁰⁰* Gillette Simply Venus 3-Blade Disposable Razors 5-pack #21554 44⁹⁵ per pack WAS 57⁹⁵	Up to 100% Smooth Skin. No Pain. No Harsh Chemicals. Gillette Venus Comfortglide Breeze 3-Blade Razor Contains: Handle PLUS 2 x 3-Blade Cartridges #63059 134⁹⁵ per pack WAS 194⁹⁵
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*Advertised prices already reflect discounts

IT STARTS WITH YOU

STEP 1 Cleanse NIVEA MEN Protect & Care Exfoliating Face Scrub 75ml OR Deep Face Wash 100ml 87⁹⁵ each	STEP 2 Shave NIVEA MEN Shaving Gel 200ml / Assorted 92⁹⁵ each NIVEA MEN Shaving Foam 200ml / Assorted 47⁹⁵ each	2+1 CHEAPEST FREE on ANY NIVEA MEN face care products	STEP 3 Aftershave NIVEA MEN After Shave Balm OR Splash 100ml / Assorted 132⁹⁵ each	STEP 4 Moisturise NIVEA MEN Face Fresh Cream 150ml 79⁹⁵ each NIVEA MEN Anti-Age Hyaluron Face Moisturising Cream SPF15 50ml 197⁹⁵ each
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2+1 CHEAPEST FREE on ANY No Hair products No Hair Removal Lotion 125ml Assorted 69⁹⁵ each	2+1 CHEAPEST FREE on ANY DX Smooth Zero Hair Removal Lotion 200ml DX Smooth Zero Hair Removal Lotion 200ml / Assorted 86⁹⁵ each	2+1 CHEAPEST FREE on ANY Mandy's Hair Removal creams AND lotions Mandy's Regular Hair Removal Lotion 100ml 56⁹⁵ each	Mandy's Facial Hair Removal Cream Duo 15ml 64⁹⁵ each
BUY BOTH FOR 350⁰⁰ SAVE 124⁹⁵ Schick Hydro 5 5-Blade Razor Contains: Handle PLUS 1 x 5-Blade Cartridge PLUS Hydro 5 Cartridges 4-pack #96254	BUY BOTH FOR 400⁰⁰ SAVE 139⁹⁰ Schick Hydro 5 Power Select 5-Blade Razor Contains: Handle PLUS 1 x 5-Blade Cartridge PLUS 1 x AAA Battery PLUS Hydro 5 Groomer + Power Select Cartridges 4-pack #173649	SAVE 30⁰⁰* Wahl 3-in-1 Ear, Nose & Brow Personal Groomer • Personal trimmer for precision detailing • Battery-operated #7130 116⁹⁵ WAS 146⁹⁵	

*Advertised price already reflects discount

Dis-Chem PHARMACIES

BATH & BODY CARE

**2+1
CHEAPEST
FREE**
on Epi•Max
Cream
400g*



Epi•Max
Cream
400g
94⁹⁵
each



Epi•Max
Plus Cream
400g
119⁹⁵
each

*Offer excludes Epi•Max Value Packs, Junior AND Baby ranges



Protex
Soap Bar
200g / Assorted



**1 FOR 16⁹⁵
3 FOR 39⁰⁰**
SAVE 11⁸⁵



Sanex
Shower Gel
750ml / Assorted

**1 FOR 89⁹⁵
2 FOR 150⁰⁰**
SAVE 29⁹⁰



B.O.N.
Liquid Gold
Tissue Oil Cream
400ml
#330216
79⁹⁵
each
WAS 99⁹⁵

*Advertised price already reflects discount

NATURE'S
NOURISHMENT



Make Everyday
a self-care day



**15%
OFF**
Nature's Nourishment
Foam Bath
2 litres

Foam Bath
2 litres / Assorted
50⁹⁶
each
WAS 59⁹⁵



**15%
OFF**
Nature's Nourishment
Bath Salt
1.2kg

Bath Salt
1.2kg / Assorted
76⁴⁶
each
WAS 89⁹⁵



Good Hygiene
Advanced Moisturising
Sanitiser Cream
125ml
#330068
63⁷¹
WAS 74⁹⁵



Good Hygiene
Advanced Moisturising
Sanitiser Cream
75ml
#330216
55²¹
WAS 64⁹⁵

*Advertised prices already reflect discount

**1 FOR 49⁹⁵
2 FOR 60⁰⁰**
SAVE 29⁹⁰



Satskin
Shower Gel
400ml / Assorted

Stand a chance to
WIN*

1 of 50 Summer
Beach Bags
when you purchase
ANY TWO
Satskin Shower
Gels 400ml

Enter by swiping your Dis-Chem Benefit Card.
*Ts & Cs apply.
Competition excludes Namibia and Botswana.



E45
Body Cream Jar
500g
#2979
OR Pump
500g
#148531
219⁹⁵
each
WAS 269⁹⁵



SBR
Protect Cream
100g
#410182
149⁹⁵
WAS 169⁹⁵



SBR
Protect Cream
30g
#410183
54⁹⁵
WAS 64⁹⁵



SBR
Skin Barrier
Repair Cream
30g
#3186
119⁹⁵
WAS 141⁹⁵



SBR
Skin Barrier
Repair Cream
100g
#3187
264⁰⁰
WAS 284⁰⁰

*Advertised prices already reflect discounts

Trusted Germ Protection This Summer
Cleans and Protects From 99.9% Of Germs*

Dettol

Disinfectant
Antiseptic
Liquid
750ml / Assorted
75⁹⁵
each
WAS 99⁹⁵

Hygiene
Body Wash
600ml / Assorted
53⁹⁵
WAS 69⁹⁵



Disinfectant
Spray
400ml
Assorted
69⁹⁵
WAS 79⁹⁵

Hygiene Wipes
10 wipes / Assorted
16⁹⁵
per pack
WAS 19⁹⁵

**2+1
FREE**
on ANY Dettol
Hygiene Hand Wash
200ml



Hygiene
Hand Wash
200ml / Assorted
36⁹⁵
each

**1 FOR 15⁹⁵
2 FOR 25⁰⁰**
SAVE 6⁹⁰



Soap Bar
175g
Assorted

*Tested against E. coli, C. xerosis and S. aureus, excluding Dettol Antiseptic Liquid. **Tested against the SARS-CoV-2 (COVID-19) strain, this claim is only applicable to Dettol Antiseptic liquid (brown). ***When tested against E. hirae, E. coli, P. aeruginosa, and S. aureus. ****100% BETTER GERM PROTECTION versus dry tissue without active or water. Dettol Antiseptic Liquid products are not suitable for kids under the age of 3 years. (50 in block) Dettol Antiseptic Liquid Reg No. G/13.1/2345. Each 100ml contains Chloroxylenol 4.8g. Always use Dettol products in accordance with directions for use on label. Name and business address of the holder of the certificate of registration: Reckitt Benckiser Pharmaceuticals (Pty) Ltd, 8 Jet Park Road, Blandfontein, 1601. Customer Care Line: 0861 11 11 00. [Copyright ©2022 Dettol and the Sword Devices are trademarks of the RB Group.

HAIR CARE SAVINGS

PANTENE SUPERFOOD

STRENGTHEN YOUR HAIR'S IMMUNITY
*Strength against styling damage

FOR BEST RESULTS
USE THE FULL COLLECTION
Shampoo, Conditioner or 3MM Conditioner



3 Minute Miracle Treatment
300ml/200ml
Assorted
99⁹⁵ each

2+1
CHEAPEST
FREE
on ANY Pantene products



Shampoo OR Conditioner
400ml/360ml
Assorted
87⁹⁵ each



head & shoulders



2+1
CHEAPEST
FREE
on Head & Shoulders products*



Shampoo
1 litre / Assorted
219⁹⁵ each

Shampoo
360ml/400ml
OR Conditioner
275ml
Assorted
104⁹⁵ each

Dove



2+1
CHEAPEST
FREE
on ANY Dove Shampoo 250ml, Conditioner 200ml AND Treatments 200ml



Shampoo OR Conditioner
250ml/200ml
Assorted
49⁹⁵ each

Treatment Mask
200ml / Assorted
74⁹⁵ each

*Offer excludes Head & Shoulders Suprême range

VIGRO
INTENSIVE CARE
FOR HER



25%*
OFF
ALL Vigro Intensive Care For Her products



Step 1: Shampoo
200ml
134⁹⁶
WAS 179⁹⁵

Conditioner
200ml
127⁴⁶
WAS 169⁹⁵

Step 2: Tonic
100ml
116²¹
WAS 154⁹⁵

Step 3: Capsules
30 capsules
119⁹⁶
WAS 159⁹⁵

*Advertised prices already reflect discount

Ready to say goodbye hair loss*...

Intensive Care for Her **Shampoo** gently cleanses and revitalises the hair. The **Conditioner** deeply moisturises and detangles hair, leaving it silky smooth. Both products are formulated with **Folicusan™** and **Glycoenergizer**. Most importantly, it prepares the scalp for the optimal absorption that's key to the effectiveness of Step 2.

Intensive Care for Her **Tonic** is a non-greasy, leave-in tonic, packed with **Folicusan™**, **Transcutol®** and **Glycoenergizer**. Its unique energising formulation stimulates the hair root to reactivate hair growth and to help prevent hair loss with continued use, making it the most active step in the regime.

Intensive Care for Her **Capsules** is a multivitamin and mineral formula expertly designed to help support the health and appearance of hair. The formula provides multiple antioxidants to help protect against UV and free-radical damage.



*Hair loss not due to medical condition. Efficacy of support may vary between users. Use as indicated. Consult a medical practitioner for a diagnosis. VIGRO® is available from pharmacies and selected retail stores, Nativia (Pty) Ltd Customer Care Line: 0860 628 482 Email: health@nativia.co.za Website: www.vigro.co.za | Find us | NativiaVigro

NATUR VITAL GREENER LIVING

NATUR VITAL HAIR S.O.S. is a natural, effective solution for thinning hair. Each product contains specific plant extracts which have unique benefits for each type of hair and scalp condition.



INSTANT DISCOUNT
10%*
OFF

Hair S.O.S Fortifying Shampoo OR Conditioner
300ml
99⁹⁵ each
Benefit Price
89⁹⁵ each

*Swipe your Dis-Chem Benefit Card to claim your Instant Discount

TRESEmmé



SAVE 25⁰⁰*

Shampoo OR Conditioner
750ml/900ml
Assorted
84⁹⁵ each
WAS 109⁹⁵

*Advertised price already reflects discount

Organics



1 FOR 54⁹⁵
2 FOR 80⁰⁰
SAVE 29⁹⁵

Shampoo OR Conditioner
400ml / Assorted

OGX



SAVE 40⁰⁰*

159⁹⁵ each
WAS 199⁹⁵

*Advertised price already reflects discount

REFLECTIONS



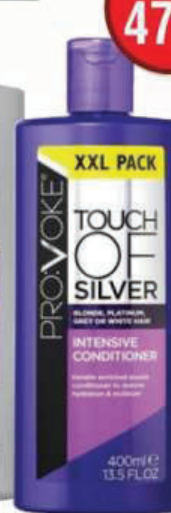
SAVE 10⁰⁰*

NEW

Shampoo OR Conditioner
250ml / Assorted
109⁹⁵ each
WAS 119⁹⁵

*Advertised price already reflects discount

PRO:VOKE
PROFESSIONAL HAIR CARE



SAVE 30⁰⁰*

SAVE 47⁰⁰*

Touch of Silver Colour Care Shampoo OR Conditioner
400ml / Assorted
99⁹⁵ each
WAS 129⁹⁵

Touch of Silver Intensive Shampoo OR Conditioner
400ml / Assorted
132⁹⁵ each
WAS 179⁹⁵

*Advertised prices already reflect discounts

CREIGHTONS
MADE IN ENGLAND



SAVE 25⁰⁰*

84⁹⁵ each
WAS 109⁹⁵

Sunshine Blonde Extra Moisturising Shampoo OR Conditioner
250ml / Assorted
84⁹⁵ each
WAS 109⁹⁵

*Advertised prices already reflect discount

renew

Permanent Hair Colour Crème
50ml / Assorted colours



1 FOR 66⁹⁵
2 FOR 110⁰⁰
SAVE 23⁹⁰

INECTO®

Permanent Hair Colour Crème
50ml / Assorted



1 FOR 35⁹⁵
2 FOR 60⁰⁰
SAVE 11⁹⁰

Curly in Bloom



Detangle Me!
Conditioning Wash
OR Moisture Boost Me!
Creamy Conditioner
250ml

89⁹⁵
each
WAS 99⁹⁵

Define Me!
Curl Activating Cream
OR Hold Me!
Anti Frizz Styling Gel
250ml

89⁹⁵
each
WAS 119⁹⁵

*Advertised prices already reflect discounts

CREME OF NATURE.



Argan Oil Moisture & Shine Shampoo 345ml #226813
OR Intensive Conditioning Treatment 354ml #226814

134⁹⁵
each
WAS 149⁹⁵

Argan Oil Perfect Edges Styling Gel 63.7g #293268
OR Heat Protect Polisher 118ml #298485
OR Perfect 7-in-1 Treatment 125ml #298486

119⁹⁵
each
WAS 129⁹⁵

*Advertised prices already reflect discounts

GREENER LIVING

ECO
STYLING GEL



20%
OFF
ALL Eco Style hair gels

*Discount to be deducted at tills



SAVE 10⁰⁰ each

Salon Pro Twin Olive Maximum Hold Gel
236ml / Assorted
29⁹⁵
each
WAS 39⁹⁵



SAVE 50⁰⁰ each

HAIR RES/Q
THICKENING TREATMENT

Shampoo OR Conditioner
355ml / Assorted
139⁹⁵
each
WAS 189⁹⁵

SAVE 100⁰⁰ each

Follicle Stimulator Serum 60ml #207120
299⁹⁵
WAS 399⁹⁵

*Advertised prices already reflect discounts

Vatika



Strengthening Hair Oil
100ml / Assorted #219110
55⁹⁶
WAS 69⁹⁵

20%
OFF
ALL Vatika hair care products

Sulphate Free Shampoo
400ml
143⁹⁶
WAS 179⁹⁵

Lock & Twist Gel OR Restorative Leave-In Conditioner
250ml
63⁹⁶
WAS 79⁹⁵

*Advertised prices already reflect discount

Shea Moisture

Cruelty-free haircare products formulated with gentle Shea Butter Cream and other natural moisturising ingredients for intense nourishment.



SAVE 30⁰⁰ each

Shampoo 237ml / Assorted OR Treatment Masque OR Leave-In Conditioner 237ml / Assorted 177ml / Assorted
119⁹⁵
each
WAS 149⁹⁵

*Advertised price already reflects discount

REFLECTIONS

style INNOVATION



20%
OFF
Reflections Metal Touch, Color Impressions, High Gloss AND Premium Fashion Hair Colour

*Discount to be deducted at tills

Jamaican Mango & Lime

Black Castor Oil



SAVE 20⁰⁰ each

SAVE 30⁰⁰ each

Original Hair Oil 118ml / Assorted
129⁹⁵
WAS 149⁹⁵

Sulfate-Free Moisture Rich Shampoo OR Paraben-Free Moisture Rich Conditioner 236ml / Assorted
99⁹⁵
each
WAS 129⁹⁵

*Advertised prices already reflect discounts

NILOTIQA

Shea & Cocoa Collection



SAVE 20⁰⁰ each

SAVE 25⁰⁰ each

Intensive Repair & Strengthen Mask 50ml #299123

109⁹⁵
WAS 129⁹⁵

Detangling Cream 250ml #412897

99⁹⁵
WAS 119⁹⁵

Hair & Scalp Spray 250ml #299113 OR Nourishing Oil 125ml #299125

74⁹⁵
each
WAS 99⁹⁵

*Advertised prices already reflect discounts

REVLON FLEX



SAVE 6⁰⁰ each

SAVE 15⁰⁰ each

SAVE 7⁰⁰ each

Hairspray 120ml / Assorted
36⁹⁵
WAS 42⁹⁵

Mousse 150ml / Assorted
54⁹⁵
each
WAS 69⁹⁵

Styling Gel 150ml / Assorted
52⁹⁵
WAS 59⁹⁵

*Advertised prices already reflect discounts

Dis-Chem PHARMACIES

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

NEW

elmex[®]

SENSITIVE PROFESSIONAL

Pro-Argin technology for Instant** and Lasting*** Sensitivity Relief.

Arginine

Calcium

INSTANT DISCOUNT

20%* OFF

ALL Elmex products

extra

Professional Toothpaste

75ml / Assorted

86⁹⁵

Benefit Price

69⁵⁶

extra

Mouthwash

400ml

OR Toothbrush

2-pack

114⁹⁵

Benefit Price

91⁹⁶ per pack

elmex

Professional

75ml / Assorted

elmex

Professional

75ml / Assorted

extra

Professional

2-pack

ORIGINAL SWISS TECHNOLOGY

**For instant sensitivity relief, gently massage directly on the sensitive tooth area with the fingertip for 1 minute, twice daily.

***For long-lasting sensitivity relief, apply on a soft toothbrush and brush twice daily

INSTANT DISCOUNT

30% OFF*



Jordan
Junior
6-12 years
OR Kids
0-5 years
Toothpaste
50ml / Assorted

21⁸⁵ each
Benefit Price
15³⁷ each

*Swipe your **Dis-Chem** Benefit Card to claim your Instant Discounts

White Glo^{*}

ADVANTAGE

 **Gluten Free**

 **Vegan**

 **No Sugar**

 **Dentist Recommended****





**Advantage
Toothpaste**
 75ml / Assorted*
18⁹⁵ each
was 22⁹⁵

*Offer excludes White Glo Charcoal variant

ADVANTAGE toothpaste WITH WHITENING.

****Fluoride toothpaste protection as recommended by Australian Dental Association**

AquaFRESH

1 FOR 29⁹⁵
2 FOR 45⁰⁰
SAVE 14⁹⁰

Little Teeth
Toothbrush
 3-5 years
 #51202

1 FOR 18⁹⁵
2 FOR 30⁰⁰
SAVE 7⁹⁰

Little Teeth
Toothpaste
 3-5 years
 50ml
 #51197

1 FOR 26⁹⁵
2 FOR 42⁰⁰
SAVE 11⁹⁰

Toothpaste
 Extreme Clean
 OR Intense
 OR Senses
 OR Complete Care
 75ml

Colgate®

Total 12
Toothpaste
75ml / Assorted
46⁹⁵
each

Slim Soft
Charcoal
Toothbrush
62⁹⁵
each

2+1
CHEAPEST
FREE
on Colgate
products*

Colgate®
Total 12
PRO GUM HEALTH
PRO DİŞ ETİ SAĞLIĞI
500ml / MINT
69⁹⁵
each

Colgate®
Total 12
MOUTHWASH
500ml / ASSORTED
86⁹⁵
each

*Offer excludes (excluding) certain Colgate products AND Optic White Expert products.

HOUSEHOLD SAVINGS



SAVE 55.00*

Finish Powerball Quantum All in 1 Max Dishwasher Tablets
50 tablets
#389254

199.95
WAS 254.95

SAVE 25.00*

OMO Auto Washing Powder 2kg
OR Washing Liquid 1.5 litres / Assorted
OR Capsules 17-pack

69.95
each
WAS 94.95

SAVE 15.00*

Sunlight Auto Washing Powder 2kg / Assorted

54.95
each
WAS 69.95

INSTANT DISCOUNTS
Exclusive to Benefit Card holders.
Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

INSTANT DISCOUNT 15%* OFF

Mr. Sheen Oxi Ultra Wash Fabric Stain Remover 2 litres #202652
71.95 Benefit Price **61.16**

Mr Muscle Floor & All Purpose Cleaner 750ml Assorted
39.95 Benefit Price **33.96**

*Swipe your Dis-Chem Benefit Card to claim your Instant Discount

1 FOR 69.95
2 FOR 95.00
SAVE 39.90

Comfort Concentrated Fabric Conditioner 1.25 litres Assorted

1 FOR 39.95
3 FOR 75.00
SAVE 44.85

Sta-Soft Fabric Conditioner Refill 500ml / Assorted*

BUY BOTH FOR 36.00
SAVE 8.95

Duck Toilet Cleaner 500ml
PLUS Glade Secrets Air Freshener 180ml / Assorted

1 FOR 43.95
2 FOR 60.00
SAVE 27.90

Plush Supreme Pine Gel All Purpose Cleaner 1 litre / Assorted

SAVE 13.00*

Air Scents Air Enhancer Value Pack
200ml x 3 Assorted

38.95
per pack
WAS 51.95

SAVE 5.00*

Handy Andy Spray 500ml / Assorted

38.95
each
WAS 43.95

SAVE 5.00*

Handy Andy Cream 750ml / Assorted

25.95
each
WAS 30.95

REFRESHMENTS & CONFECTIONERY

SAVE 4.00*

Amajoya Creamy Toffee 100g / Assorted

17.95
each
WAS 21.95

SAVE 7.00*

Kinder Happy Hippo 105g / Assorted
OR Mini Chocolate Bag 120g #296966

42.95
each
WAS 49.95

1 FOR 22.95
2 FOR 25.00
SAVE 20.90

Nestlé Aero Chocolate Slab 85g / Assorted

1 FOR 19.95
2 FOR 36.00
SAVE 3.90

Lay's Potato Chips 120g / Assorted

1 FOR 17.95
2 FOR 29.95
SAVE 5.95

Nestlé Chocolate Slab 80g / Assorted

1 FOR 19.95
2 FOR 36.00
SAVE 3.90

Lay's Potato Chips 120g / Assorted

1 FOR 12.95
3 FOR 25.00
SAVE 13.85

Nestlé Chocolate Bar Tex 40g
OR Kit Kat 41.5g
OR Bar One 52g Assorted

BUY BOTH FOR 30.00
SAVE 9.90

Manhattan Marshmallows 150g / Assorted
PLUS Mister Sweet Speckled Eggs 50g #134768

SAVE 2.00*

Ceres 100% Fruit Juice Blend 200ml Assorted

8.95
each
WAS 10.95

SAVE 2.00*

Lipton Ice Tea 300ml Assorted

12.95
each
WAS 14.95

SAVE 3.00*

Lindt Lindor Milk Chocolate Stick 38g / Assorted

14.95
each
WAS 17.95

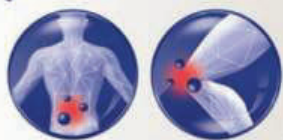
Dis-Chem
PHARMACIES

SELF-MEDICATION

NEW

Voltaren
Emulgel 12 Hour

RELIEVES
BACK AND
JOINT PAIN



GET UP TO
12 HRS
OF PAIN RELIEF

ASK YOUR
PHARMACIST
FOR VOLTAREN
EMULGEL 12 HOUR

50g and 100g Voltaren Emulgel 12 Hour. 1g of Voltaren Emulgel 12 Hour contains 23.2 mg of the active substance diclofenac diethylamine, which corresponds to 20 mg diclofenac sodium. Reg. No. 46/3.1/0649. Indicated for use in adults and adolescents older than 14 years. Safety in pregnancy and lactation has not been established. Consult your pharmacist/healthcare professional if needed. GlaxoSmithKline Consumer Healthcare South Africa (Pty) Ltd. 39 Hawkins Avenue, Epping Industria 1, Cape Town, 7460. Reg. No. 2014/173930/07. For full prescribing information refer to the professional information approved by the medicines regulatory authority. For any further information, including safety, please contact the GSK Hotline on +27 11 745 6001 or 0800118274. Trademarks are owned by or licensed to GSK group of companies. Read label before use. PM-2A-VOLT-22-00022

RELEASES MEDICINE
5X FASTER



Calpol
24 tablets

28⁹⁵

NOW FOR
ADULTS*

FAST PAIN RELIEF*

*Than standard paracetamol tablets. *Also suitable for children 10 to 15 years and older.
Reference: 1. Wilson CG, Clarke CP, Starkey YY, Clarke GD. Comparison of a novel fast-dissolving acetaminophen tablet formulation (FD-APAP) and standard acetaminophen tablets using gamma scintigraphy and pharmacokinetic studies. Drug development and industrial pharmacy. 2011 Jul; 1:37(7):747-53. 50. CALPOL Tablets. Each tablet contains 500 mg Paracetamol. Reg. no. 44/2.7/0321. GlaxoSmithKline Consumer Healthcare South Africa (Pty) Ltd. 39 Hawkins Avenue, Epping Industria 1, Cape Town, 7460. Reg. No. 2014/173930/07. For full prescribing information refer to the professional information approved by the medicines regulatory authority.
For any further information, including safety, please contact the GSK Hotline on +27 11 745 6001 or 0800118274. Always Read label before use. Trademarks are owned by or licensed to GSK group of companies. PM-2A-CALP-00042



Rupanase
Allergy
Nasal Spray
20ml
#295745

123⁹⁵
WAS 154⁹⁵



Oxymist
0.05mg Adult
10ml
#294645

53⁹⁵
WAS 69⁹⁵



Gaviscon
Double Action
24 tablets
#120693

88⁹⁵
WAS 109⁹⁵

Gaviscon
Liquid
150ml / Assorted
88⁹⁵
WAS 109⁹⁵



TransAct
Medicated Pain Relief Patch
For Muscle & Joint Pain

TransAct
Patches
10 patches
#2327

269⁹⁵ per pack
WAS 319⁹⁵



Norflex Gel Forte
Anti-Inflammatory Gel
75g
#332482

147⁹⁵



Soflax
With Senna
200 tablets
#23288

169⁹⁵
WAS 201⁹⁵



Contour Plus
Glucose
50 test strips
159⁹⁵
WAS 195⁹⁵

SCHEDULED MEDICATION

Allecet 30 tablets	70⁹⁵
Canesten 1VC Vaginal Cream 5mg	190⁹⁵
Cipla Loperamide 12 tablets	20⁹⁵
Ibupain Blister 60 capsules	100⁹⁵
Ibugesic Forte 30 capsules	63⁹⁵
Ibugesic Plus 30 capsules	52⁹⁵
Ibugesic Suspension 100ml	44⁹⁵
K-Fenak 50mg Anti-Inflammatory 9 tablets	21⁹⁵
Lansoloc OTC 15mg 14 capsules	64⁹⁵
Medazine 50mg Nausea Tablets 20 tablets	37⁹⁵
Nexomist Spray 140 metered doses	195⁹⁵
Nurofen Syrup for Children 100ml	63⁹⁵

Prices only applicable in South Africa

WOMEN & CHILDREN'S HEALTH



15%* OFF
ALL Chela-Preg™ products

Chela-Preg™
Trimester 1
Pre-Natal
Combo Pack
30 tablets
PLUS 30 capsules
225²¹
WAS 264⁹⁵

Chela-Preg™
Trimester 2
Pre-Natal
Combo Pack
30 tablets
PLUS 60 capsules
254⁹⁶
WAS 299⁹⁵

Chela-Preg™
Trimester 3
Pre-Natal
Combo Pack
60 tablets
PLUS 60 capsules
267⁷¹
WAS 314⁹⁵



MiBiotix
Specific Probiotics
for Women
30 vegetarian capsules
#210251

235⁹⁵
WAS 239⁹⁵



Lifestyle Nutrition
Pregnancy Pack
30 day pack
#179189

187⁴⁶
WAS 249⁹⁵



Kidsner
Sally the Sore
Throat Spray
4 years+
30ml
#387847

Kidsner
Anti-Nail Bite
Pen 3 years+
#387843

Kidsner
Max the Earwax
Cleaner
3 years+
10ml
#387841
OR Coco the
Cooling Foam
6 months+
100ml
#387842

179⁹⁵ each

*Advertised prices already reflect discounts

MULTIVITAMINS & DAILY SUPPLEMENTS

SOLAL
HEALTHY AGING SPECIALISTS

10% OFF
Solal products**



Collagen Plus™ Skin Essentials 30 licaps capsules #107922 328⁹⁶ WAS 364 ⁹⁵	5-HT1™ 30 capsules #178437 332⁹⁶ WAS 369 ⁹⁵	5-HTP 60 capsules #227905 206⁹⁶ WAS 229 ⁹⁵	Burnout™ Adrenal Support 60 capsules #50902 359⁹⁶ WAS 399 ⁹⁵
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*Advertised prices already reflect discount
**Offer only applicable on the above Solal products

INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

INSTANT DISCOUNT 100⁰⁰ OFF LIVERSENTIAL LIVER SUPPORT 200 capsules #81244 Benefit Price 319⁹⁵ 419 ⁹⁵	INSTANT DISCOUNT 20⁰⁰ OFF Reuterina Drops 5ml #49723 Benefit Price 195⁹⁵ 215 ⁹⁵	INSTANT DISCOUNT 20⁰⁰ OFF CIPLATON CAPSULES 60 soft gel capsules #123318 Benefit Price 109⁹⁵ 129 ⁹⁵
--	--	---

*Swipe your Dis-Chem Benefit Card to claim your Instant Discounts

15% OFF
Tibb Blackseed
60 capsules



Tibb Blackseed
60 capsules
#20854
135⁹⁶
WAS 159⁹⁵

15% OFF
Tibb Piloherb
60 tablets



Tibb Piloherb
60 tablets
#47373
124⁹¹
WAS 146⁹⁵

20% OFF
LiverC3 20 AND
60 vege capsules



LiverC3
60 vege capsules
#217509
135⁹⁶
WAS 169⁹⁵

20% OFF
Natura Biochemic
Tissue Salts
125 tablets



Natura Biochemic Tissue Salts
125 tablets Assorted
50³⁶
WAS 62⁹⁵

**1 FOR 104⁹⁵
2 FOR 169⁹⁰**
SAVE 40⁰⁰



Biogen Multivitamin Advanced 50+
30 tablets
#333627

*Advertised prices already reflect discounts



SAVE 31⁰⁰*
A.Vogel Menoforce
Hot Flush and Night Sweat Remedy
30 tablets
#63857
294⁹⁵
WAS 325⁹⁵



SAVE 34⁰⁰*
A.Vogel Prostasan
Prostate Capsules
30 capsules
#15233
349⁹⁵
WAS 383⁹⁵



SAVE 60⁰⁰*
Insolyn IR
Metabolism Support
60 tablets
#331399
199⁹⁵
WAS 259⁹⁵



SAVE 20⁰⁰*
Proanthodin
60 capsules
#3245
89⁹⁵
WAS 109⁹⁵



SAVE 30⁰⁰*
Gold Multivit Supreme Active
60 softgel capsules
#387475
99⁹⁵
WAS 129⁹⁵
Gold Multivit Supreme 50+
60 softgel capsules
#389742
149⁹⁵
WAS 179⁹⁵



SAVE 30⁰⁰*
Fizz C Plus
Immune System Support
30 effervescent tablets
#323113
84⁹⁵
WAS 89⁹⁵

*Advertised prices already reflect discounts

DIGESTIVE CARE & PROBIOTICS



SAVE 50⁰⁰*
Gold Probiotic 9 Strain
60 vegcaps
#96756
189⁹⁵
each
WAS 239⁹⁵



SAVE 30⁰⁰*
Iberogast
9 Herb Treatment
50ml
#56952
269⁹⁵
WAS 299⁹⁵



SAVE 20⁰⁰*
Florin 250
10 vegcaps
#25796
79⁹⁵
WAS 99⁹⁵



SAVE 10⁰⁰*
Tasectan Paed 250mg
10 sachets
#118060
OR Tasectan Adult 500mg
8 capsules
#120039
119⁹⁵
each
WAS 129⁹⁵



SAVE 10⁰⁰*
Entiro Probiotic Drops
10ml
#329260
159⁹⁵
WAS 169⁹⁵

*Advertised prices already reflect discounts

Promotional offers valid 20 October to 13 November 2022 - while stocks last. May not be available in all stores. Standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.



BONE & JOINT HEALTH



MenaCal.7
Bone Support
Value Pack
90 tablets
#191440

293²¹
WAS 344⁹⁵



JointEze
Joint Care
Supplement Capsules
60 capsules
#29176

234⁹⁵
WAS 284⁹⁵



Lifestyle Nutrition
Joint Aid
30 vegcapsules
#224526

279⁹⁵
WAS 309⁹⁵



OsteoEze
With MSM
Banded Pack
90 capsules PLUS
30 capsules
#32204

268⁹⁵
per pack



Gold
Calcium Plus
60 coated tablets
#387493

119⁹⁵
WAS 149⁹⁵



THRESHHold
Real MSM
120 tablets
#54007

259⁹⁵
WAS 284⁹⁵

*Advertised prices already reflect discounts



ENERGY BOOSTERS



Lifestyle Health
BioBoost Fizzy
10 effervescent tablets
#381831



Turbovite Excel
#224241
OR Vitality
20 effervescent tablets
#290100

165⁹⁵
each



Turbovite Focus
20 effervescent tablets
#290102

176⁹⁵
each



Gold
B-Complex
180 tablets
#85478

199⁹⁵
WAS 267⁹⁵



Lifestyle Health
Vitamin C Fizzy 1000mg
30 effervescent tablets PLUS
10 effervescent tablets

132⁹⁵
per combo



Berocca
Boost
30 effervescent
tablets
#72084

199⁹⁵
WAS 268⁹⁵



FatigueAway
20 sachets
#142862

89⁹⁵
WAS 109⁹⁵

*Advertised prices already reflect discounts



MINERALS



ReVite
Magnesium Fizzy
10 fizzy tablets
#148363

47⁹⁶
each
WAS 63⁹⁵



**25%
OFF**
ALL ReVite
Magnesium
products**



ReVite
Magnesium
Tablets
100 tablets
#49742

91⁴⁶
WAS 121⁹⁵

ReVite
Magnesium Fizzy
30 fizzy tablets

127⁴⁶
WAS 169⁹⁵



Bio77
Concentrated
Minerals and Trace
Elements 120ml
PLUS Hydrate
Electrolytes 60ml
Banded Pack

439⁹⁵
per pack



A. Vogel
Multiforce
Alkaline Powder
30 sachets

239⁹⁵
WAS 264⁹⁵



MagUp
30 fizzy
#288335

145⁹⁵
WAS 149⁹⁵



Ultimag
Advanced
60 tablets
#390931

144⁹⁵
WAS 154⁹⁵

**Offer only applicable on the above ReVite Magnesium products

*Advertised prices already reflect discounts



STRESS & ANXIETY



Relicalm
40 tablets
#148363

149⁹⁵
WAS 156⁹⁵



Lifestyle Health
Stress Support
20 tablets
#335657

69⁹⁵
WAS 79⁹⁵



Bio-Homeopathic
Rescue+
180 tablets

97⁵⁶
WAS 121⁹⁵



Biogen
Sure Sleep
60 capsules
#20043

139⁹⁵
WAS 163⁹⁵



Gold GABA
60 tablets
#25546

144⁹⁵
Benefit
Price
99⁹⁵

Under exam stress?
Stress can be good, it helps us get things done.
To best manage stress:
• Avoid junk food and energy drinks
• Sleep and eat well
• Practise time management
• Keep active and reward yourself
If you need help coping with exam stress, come into **Dis-Chem** and speak to one of our consultants who will suggest a suitable supplement to assist with exam stress & anxiety.
Dis-Chem Pharmacists who care

*Advertised prices already reflect discounts

*Swipe your Dis-Chem Benefit Card to claim your Instant Discount



HEALTH FOODS



INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za), or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

Goldcrest Choice Grade Pure Honey
1kg
#383314
149⁹⁵
Benefit Price
139⁹⁵

Horlicks Malt Based Drink
400g
#389041
99⁹⁵
Benefit Price
89⁹⁵

INSTANT DISCOUNT 1000* OFF

Lifestyle Food Rolled Oats
5kg
#290771
194⁹⁵
Benefit Price
164⁹⁵

INSTANT DISCOUNT 3000* OFF

*Swipe your Dis-Chem Benefit Card to claim your Instant Discounts



Thus far, the Dis-Chem Foundation and FutureLife® have provided over 1 million nutritious meals to Children in need. Going forward we will now be serving 150 000 nutritious meals a month.



1 FOR 69⁹⁵
2 FOR 120⁰⁰
SAVE 19⁹⁰

FutureLife Smart+ Food
750g / Assorted



FutureLife Granola Crunch
600g/700g Assorted

1 FOR 69⁹⁵
2 FOR 99⁰⁰
SAVE 40⁹⁰



Lifestyle Food Steel Cut Oats
500g
#334325
39⁹⁵
WAS 44⁹⁵

Lifestyle Food Xylitol Sweetener
1kg
#87852
162⁹⁵



FUTURELIFE® is South Africa's only functional food scientifically formulated with immune modulating moducare under licence from Aspen Pharmacare.



Lifestyle Food Oat Milk
1 litre
#125931
39⁹⁵
WAS 44⁹⁵

Blue Diamond Barista Blend Almond Breeze Milk
1 litre
#333868
34⁹⁵
WAS 38⁹⁵



SAVE 10⁰⁰*

Bokomo Weet-Bix
900g
#388293
59⁹⁵
WAS 65⁹⁵



Equal Sweetener
300 tablets
#56604
69⁹⁵
WAS 79⁹⁵



Eve Aloe Vera Drink
500ml / Assorted
17⁵⁶
each
WAS 21⁹⁵



Happy Culture Kombucha
300ml / Assorted
21⁹⁵
each
WAS 25⁹⁵



10% OFF
ALL Uncle Joe's biltong



SAVE 42⁰⁰*

Gaby's Mixed Nuts
1kg / Assorted
214⁹⁵
WAS 256⁹⁵



SAVE 10⁰⁰*

Tony Ferguson Oolong Tea
24 teabags
#188620
49⁹⁵
WAS 59⁹⁵



Lifestyle Food Green Tea With Ginger
20 teabags
#191643
1 FOR 21⁹⁵
2 FOR 30⁰⁰
SAVE 13⁹⁰



Closemyer Lemon
10 teabags
#135209
OR Honey Ginger Tea
10 sachets
#131988
1 FOR 39⁹⁵
2 FOR 70⁰⁰
SAVE 9⁹⁰

**Discount to be deducted at tills

*Advertised prices already reflect discounts

Protect, Heal and Cleanse your family with Sela African Traditional Herbs.

SELA

for better health

Sela is the trusted leader in the African Traditional Herbal solutions for overall health and well-being for the whole family.

Sela for a healthy & strong life & body the traditional African herbal way.



Tea
20 teabags Assorted
FROM 31⁴⁶
each

30% OFF
Sela Teas, Mixtures AND Strong Man products

Mixtures
300ml Assorted
FROM 45⁴⁷
each



Strong Man
30 tablets
69⁹⁷
each
WAS 99⁹⁵

*Advertised prices already reflect discount

info line: +27 (0)60 509 3609 • enquiries@sela.co.za • find us on: www.sela.co.za

Dis-Chem
PHARMACIES



SPORTS SUPPLEMENTS

ENERGY DRINKS

 1 FOR 13⁹⁵ 3 FOR 29⁹⁵ SAVE 11⁹⁰ NPL Hustle Energy Drink 440ml / Assorted	 1 FOR 18⁹⁵ 6 FOR 99⁹⁵ SAVE 13⁷⁰ BioPlus Energy Drink 440ml / Assorted	 1 FOR 16⁹⁵ 2 FOR 24⁹⁵ SAVE 8⁹⁵ Power Play Energy Drink 440ml / Assorted	 1 FOR 19⁹⁵ 2 FOR 29⁹⁵ SAVE 9⁹⁵ Monster Energy Drink 500ml / Assorted
 1 FOR 12⁹⁵ 2 FOR 19⁹⁵ SAVE 5⁹⁵ Energade Sports Drink 500ml / Assorted	 1 FOR 32⁹⁵ 2 FOR 59⁹⁵ SAVE 5⁹⁵ Energade Concentrated Sports Drink 750ml / Assorted	 1 FOR 13⁹⁵ 6 FOR 69⁹⁵ SAVE 13⁴⁵ Powerade Sports Drink 500ml / Assorted	 1 FOR 17⁹⁵ 2 FOR 29⁹⁵ SAVE 5⁹⁵ Lucozade Drink 360ml / Assorted

NUTRITIONAL BARS

 1 FOR 33⁹⁵ 4 FOR 99⁹⁵ SAVE 35⁸³ NPL 21 Protein Bar 65g / Assorted	 1 FOR 47⁹⁵ 3 FOR 119⁹⁵ SAVE 23⁹⁰ USN Trust Crunch Protein Bar 60g / Assorted	 1 FOR 44⁹⁵ 2 FOR 79⁹⁵ SAVE 9⁹⁵ Grenade Carb Killa High Protein Bar 60g / Assorted	 1 FOR 39⁹⁵ 3 FOR 99⁹⁵ SAVE 19⁹⁰ Youthful Living Gourmet Protein Bar 65g / Assorted
 3+1 FREE on ANY Youthful Living Body Fit Nougat Protein Snack Bar 50g Youthful Living Body Fit Nougat Protein Snack Bar 50g / Assorted	 1 FOR 22⁹⁵ 2 FOR 39⁹⁵ SAVE 6⁰⁰ PVM Braven Combat Energy Bar 45g / Assorted	 1 FOR 64⁹⁵ 2 FOR 109⁹⁵ SAVE 19⁹⁵ FutureLife High Protein Lite Bars 4 x 40g / Assorted	 1 FOR 49⁹⁵ 2 FOR 89⁹⁵ SAVE 9⁹⁵ Pronutro High Protein Bars 5 x 50g / Assorted

BOTTLES, SHAKERS AND INFUSIONS

 2+1 FREE on ANY Biogen Water Bottle 600ml/800ml Biogen Water Bottle 600ml/800ml / Assorted 35⁹⁵ each	 1 FOR 129⁹⁵ 2 FOR 199⁹⁵ SAVE 59⁹⁵ Primal Water Bottle 2.2 litres Available in Pink OR Black	 1 FOR 64⁹⁵ 2 FOR 99⁹⁵ SAVE 29⁹⁵ NPL Shaker 700ml / Assorted	 1 FOR 73⁹⁵ 2 FOR 119⁹⁵ SAVE 27⁹⁵ USN Tornado Shaker 650ml / Assorted
 3+1 FREE on ANY Tru Hydration Coffee OR Milk Shake Enhancer 45ml Tru Hydration Coffee OR Milk Shake Enhancer 45ml / Assorted	 1 FOR 43⁹⁵ 3 FOR 119⁹⁵ SAVE 11⁹⁰ Pharmafreak Water Enhancer 45ml / Assorted	 1 FOR 41⁹⁵ 2 FOR 69⁹⁵ SAVE 13⁹⁵ Biogen Water Enhancer 45ml / Assorted	 1 FOR 39⁹⁵ 3 FOR 99⁹⁵ SAVE 19⁹⁰ Eviox Zero Calorie Flavour Infusions Water Enhancer 45ml / Assorted

SHOP ONLINE
24/7
365

click&collect

Delivered to your door
OR collect from any Dis-Chem
store nationwide dischem.co.za

FREE delivery on orders of 600⁰⁰ or more
in major metropolitan areas. No charge for
collection in-store.

Dis-Chem
PHARMACIES

Pharmacists who care

dischem.co.za

WELLNESS *for* EVERYONE

Simple Truth

Simple Truth
VEGAN
PLANT-BASED
MINCE



52⁹⁹
400g

Simple Truth
Plant-Based Mince

VEGAN



32⁹⁹
400g

Simple Truth
Chickpeas

HIGH IN FIBRE



28⁹⁹
2 per bag
Mixed Peppers



BUY ANY 2 &

**SAVE
20%**

WITH CARD
2 x 20g/40g bag
Italian Parsley/
Parsley/Coriander

GRILLED PEPPERS WITH
PLANT-BASED MINCE
AND CHICKPEAS

SCAN
FOR RECIPE



Checkers
SIXTY
60

More chill time,
less queue time.

Get the app



Checkers

better and better

For the **WELLNESS** **BREAKFAST CLUB**

Simple Truth



39⁹⁹
350g each

Simple Truth
Fruit & Nut/Tropical Muesli



34⁹⁹
350g

Simple Truth
Wholegrain
Steel Cut Oats



44⁹⁹
300g

Simple Truth Coconut
& Flaxseed Porridge

REDUCED SUGAR



19⁹⁹
400g

Simple Truth
Crushed Wholewheat Flakes



**SAVE
R20**

X WITH CARD

500g/1,1kg Früzö
Flash Frozen
Whole Blueberries



19⁹⁹
500g bag
Pumpkin Cubes

PUMPKIN IS
HIGH IN VITAMIN A
AND C, WHICH CAN HELP
BOOST YOUR IMMUNE
SYSTEM.



34⁹⁹
350g

Simple Truth
Wholegrain
Gluten Free
Rolled Oats



HONEY PUMPKIN & HOME-MADE GRANOLA PARFAIT

Made with our Simple Truth Gluten Free Rolled Oats, Simple Truth Assorted Seeds and Double Cream Yoghurt.

SCAN
FOR RECIPE



69⁹⁹
370g

Simple Truth
Raw Honey

LOCALLY SOURCED



SAVE R50
299⁹⁹
each

X WITH CARD

Platinum
On the Go Blender



SAVE R100
599⁹⁹
each

X WITH CARD

Platinum
Jug Blender · 450W · 1,5l



SAVE R300
1699⁹⁹
each

X WITH CARD

NutriBullet
Blender · 600W



**BUY ANY 2 &
SAVE
20%**
WITH CARD
2 x 1L Alpro
Soya Milk
All Variants

**POWER UP
YOUR BREAKFAST**



**SAVE
R10**
WITH CARD
400g Farmer Angus
Neutral Flavoured
Collagen



**BUY 2 &
SAVE
R10**
WITH CARD
2 x 500g
Farmer Angus
Beef Bone Broth

PLANT-BASED MILK *for every* WELLNESS MANTRA

WHETHER FOR YOURSELF
OR THE **PLANET**, THERE'S
A **SIMPLE TRUTH** MILK
ALTERNATIVE FOR EVERY
MOTIVATION.

39⁹⁹

Simple Truth
Rice & Coconut Milk



New

New

42⁹⁹

Simple Truth
Almond Milk
Barista Blend



39⁹⁹

Simple Truth
Almond Milk



**SAVE
R10**
WITH CARD

Simple Truth
Dairy Free
Coffee & Tea Creamer



New

**STOCK YOUR PANTRY WITH
BETTER ALTERNATIVES**



49⁹⁹
500g
Simple Truth
Sunflower Seeds



64⁹⁹
500g
Simple Truth
Seed Mix



74⁹⁹
300g
Simple Truth
Pumpkin Seeds



4 WAYS WITH *tofu*

Breakfast, quick lunch, dinner, sweet treat
– there are so many ways to enjoy this protein hero.

GREEN TOFU SHAKSHUKA

New

44⁹⁹ 200g each
Simple Truth Plain Extra Firm Tofu

SCAN FOR RECIPE

COCONUT CURRY TOFU BUDDHA BOWL

New

44⁹⁹ 200g each
Simple Truth Coconut Curry Extra Firm Tofu

SCAN FOR RECIPE

AIR-FRIED CRISPY TOFU WITH MISO MARROW SALAD

TO GET YOUR TOFU EXTRA CRISPY, CRUMBLE IT BEFORE AIR FRYING IT - FOR THIS, EXTRA FIRM TOFU WORKS BEST.

44⁹⁹ 200g each
Simple Truth Asian Sesame Extra Firm Tofu

New

SCAN FOR RECIPE

VEGAN CHOCOLATE, TOFU, PEANUT & DATE POPSICLES

SCAN FOR RECIPE

SHOP ALL YOUR TOFU RECIPE INGREDIENTS



SAVE R500
2499⁹⁹ each
WITH CARD
Philips Airfryer XL
1,2kg • 6,2L

39⁹⁹ 400g bag
Baby Spinach

9⁹⁹ 120g bag
Red Radish

19⁹⁹ 350g bag
Baby Marrow Spaghetti

New
16⁹⁹ 300g bag
Rainbow Coleslaw

SAVE R5
54⁹⁹ 500ml
WITH CARD
Simple Truth Raw and Unfiltered Apple Cider Vinegar with Mother All Variants Each

BUY ANY 2 & SAVE 20%
WITH CARD
2 x Padkos Bulk Snack Range

29⁹⁹ 400g bag
Pitted Dates

69⁹⁹ 1L
Simple Truth Odourless Coconut Oil



free-range
PROTEIN
for every **PLATE**



59⁹⁹ per kg

Simple Truth
Free-Range
Whole Chicken



34⁹⁹ 750g pack

Class 1 White Flesh
Dessert Peaches



21⁹⁹ 100g bag

Padkos
Dried Cranberries



74⁹⁹ 400g

Simple Truth
Quinoa

**FREE-RANGE
ROAST CHICKEN WITH
GRILLED PEACH &
CRANBERRY QUINOA**

SCAN
FOR RECIPE



**FREE-RANGE
CHICKEN**

- ✓ **LOCALLY SOURCED**
- ✓ **NO ROUTINE
ANTIBIOTICS OR
GROWTH
HORMONES**

**ROAST LEG OF LAMB WITH A SUMMER ASPARAGUS,
POMEGRANATE AND CUCUMBER HERB SALAD**

**CERTIFIED
NATURAL LAMB**

- ✓ **A DIET FREE FROM
ANIMAL BY-PRODUCTS**
- ✓ **THE FIRST SUPPLIER
OF CERTIFIED NATURAL
LAMB SINCE 2004**

SCAN
FOR RECIPE



29⁹⁹ 170g pack

Asparagus



22⁹⁹ 80g cup

Pomegranate
Kernels



16⁹⁹ 300g bag

Mini Seedless
Cucumbers

**POLENTA CHIPS
WITH ZESTY GARLIC AIOLI**

SCAN
FOR RECIPE



24⁹⁹ 400g

Simple Truth
Polenta

**SUPER-CHARGED
PROTEIN PANCAKES
WITH GRILLED
CHICKEN & TZATZIKI**

SCAN
FOR RECIPE



89⁹⁹ per kg

Simple Truth
Free-Range Chicken
Breast Fillets

WELLNESS ENTERTAINING

for everyone



29⁹⁹
100g each

Simple Truth
Plant-Based Olive
& Herb/Sun-dried
Tomato & Herb
Salad Block



17⁹⁹
30g

Simple Truth
Pretzel Knots



FROM
18⁹⁹
each

Simple Truth
Assorted Snacks



SAVE R5
49⁹⁹
each

Simple Truth
Chocolate Pecan
Brownies



24⁹⁹
1.5kg bag

Class 1
Packham's Pears



26⁹⁹
250g pack

Strawberries



16⁹⁹
200g pack

Mix Colour
Baby Carrots



16⁹⁹
150g bag

Celery Fingers



**BUY ANY 2 &
SAVE 20%**
WITH CARD

2 x 125g **Deli Hummus/**
Plain Guacamole/
Sundried Tomato Pesto/
Basil Pesto



BUY ANY 2 &

SAVE 20%
WITH CARD

2 x 200g **Fairview**
Dairy Free Cheddar/
Mozzarella Flavoured
Cheese



**ANY 2 FOR
R85**
WITH CARD

2 x 300g **Simple Truth**
Lactose Free Cheddar/
Gouda Cheese



BUY ANY 2 &

SAVE R10
WITH CARD

2 x 500g pack
Class 1 White/Red/Black
Seedless Grapes/Red
Globe Grapes



**BUY ANY 2 &
SAVE 15%**
WITH CARD

2 x 80g/100g/200g
Baby Corn/Baby Corn &
Sugarsnaps/Baby Corn &
Mangetout/Fine Beans/
Mangetout/Shelled Peas/
Sugarsnaps



109⁹⁹
650g

Simply Great
Basil Pesto &
Bulgur Wheat Salad



44⁹⁹
250g

Simply Great
Everything Green
Salad

KIDS MEALS AND SNACKS

chosen by kids, approved by parents

PERFECT FOR LUNCH BOXES



8⁹⁹
330ml each

Oh My Goodness
Flavoured Sparkling
Drink All Variants

10⁹⁹
200ml

Oh My Goodness
100% Fruit Juice
Blend All Variants Each



24⁹⁹
6x75g

Oh My Goodness
Smooth Yoghurt
All Variants

✓ INCLUDES LIVE CULTURES
✓ 45% REDUCED SUGAR



12⁹⁹
30g

Oh My
Goodness
Fruit Gums
All Variants Each

26⁹⁹
5 per pack

Oh My
Goodness
Guava Rolls

29⁹⁹
200g each

Veggie
Snack Pot
All Variants



**ANY 2 FOR
R25**

X WITH CARD

49⁹⁹
350g tub

Export Quality
Blueberries

2 x 8 per pack Class 1
Kiddies Golden Delicious/
Red Apples/Pears

Simple
Truth

NEW FAMILY MEALS



**FROM
64⁹⁹**
350g/400g each

X WITH CARD

Simple Truth
Ready Meal All Variants

OH MY
GOODNESS!
MEALS AND SNACKS

**NO JUNK
PROMISE:**

- ✓ No added MSG
- ✓ No artificial colours or flavours
- ✓ No artificial sweeteners



✓ NO
ADDED MSG



VOTED
SA'S #1
KIDS
MEALS
BY THE SUNDAY TIMES
food
awards
TASTED & TESTED



✓ 99%
REAL FRUIT



**ANY 2 FOR
R90**

X WITH CARD

2 x 200g
Oh My Goodness
Ready Meal
All Variants



OMG SAVOURY
WAFFLES WITH
35% HIDDEN VEG



**SAVE
R10**

X WITH CARD

360g Oh My Goodness
Gluten Free Savoury Waffle Fingers

TAKE SOME TIME *for* YOURSELF

Relax your mind and rejuvenate your body with our holistic selection of **self-care must-haves**.

COLOURING
HELPS RELAX THE
FEAR CENTRE OF
THE BRAIN.

FROM
59⁹⁹
each
Assorted Potted
Plants

59⁹⁹
each
H₂O Glass Bottle
- 1L

23⁹⁹
20 per pack
Forage and Feast
Rooibos & Chamomile
Tagless Teabags

R99
each
Colouring
Book

17⁹⁹
20 per pack
Forage and Feast
Green Tea
Tagless Teabags

79⁹⁹
10 per pack
Medirite
Saccharomyces Boulardii
250mg Capsules

159⁹⁹
60 per pack
Tibb
Stress-Away
Tablets

79⁹⁹
20 per pack
Medirite
Herbal Sleep
Tablets

189⁹⁹
225g
A. Vogel Multiforce
Alkaline Powder



More me time, less queue time.
Delivered in 60 minutes.

Get the app



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also at **Checkers Hyper**

better and better

OFFERS VALID FROM MONDAY 24/10/2022 UNTIL SUNDAY 06/11/2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES NATIONWIDE. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. FOODS SHOWN AS SERVING SUGGESTIONS, ACCESSORIES NOT INCLUDED. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

EVERYDAY LOW PRICE



59⁹⁹ per kg
Simple Truth Free-Range Whole Chicken

SERVING SUGGESTION

FREE-RANGE
100% SOUTH AFRICAN GROWN

STEAKHOUSE CLASSIC

VOTED **CLASSIC** STEAK BRAND

- 20 cuts perfectly marinated for maximum flavour and succulence
- Hand-battered and thick cut to our expert butchers' standards
- Vacuum-packed for added tenderness



149⁹⁹ per kg
Steakhouse Classic Ladies' Rump Steak (Equivalent to R30 per 200g)

CAPE POINT



SAVE 12%
254⁹⁹ 800g each
WITH CARD
Cape Point Frozen King Patagonian Red Prawns



KEEP SWIPING, KEEP SAVING



SAVE R35
119⁹⁹ 24 per pack
WITH CARD
Twinsaver Luxury White Toilet Rolls



AS SEEN ON TV



SAVE R110
BUY 2 & GET A 3RD FREE
WITH CARD
BUY 2 x Nescafé Classic Instant Coffee All Variants 200g & GET a 3rd one FREE!



AS SEEN ON TV

GET ONE FREE!



SAVE R30
79⁹⁹ 6x1L per pack
WITH CARD
Parmalat Everfresh Low Fat/Full Cream Milk



AS SEEN ON TV



FRESH!
66⁹⁹ per kg
Farmer's Choice Fresh Chicken Fillets 12-Piece




Get these deals to your door. Same deals as in-store.

Download the app

checkers

better and better

also at **checkers Hyper**

checkers SIXTY 60



download the app

OFFERS VALID FROM MONDAY 17/10/2022 UNTIL SUNDAY 06/11/2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES: GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFKENG, LICHTENBURG & WELTEVREDEN PARK. CHECKERS FOODS WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. DUE TO GOVERNMENT REGULATIONS, LIQUOR TRADING HOURS MAY VARY PLEASE VISIT WWW.CHECKERS.CO.ZA/LIQUORSHOP FOR THE LATEST TRADING HOURS. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

A WIDE SELECTION OF OUR EXPERT BUTCHERS' CUTS

109⁹⁹ per kg
Prego Beef Steak

95⁹⁹ per kg
Pork Rastlers

59⁹⁹ per kg
Ready to Braai Lemon & Herb Marinated Spatchcock Chicken

75⁹⁹ per kg
Pork Bangers

159⁹⁹ per kg
Simple Truth Certified Natural Lamb Braai Chops

54⁹⁹ per kg
Farmer's Choice Fresh 16-Piece Chicken Drumsticks & Thighs

79⁹⁹ per kg
Simple Truth Free-Range Chicken 4 Drumsticks & 4 Thighs

59⁹⁹ per kg
Festive Fresh 6-Piece Chicken Drumsticks

59⁹⁹ per kg
Festive Fresh 8-Piece Chicken Wings

89⁹⁹ per kg
Simple Truth Free-Range Chicken Breast Fillets

79⁹⁹ per kg
Farmer's Choice Fresh 12-Piece Deboned Skinless Chicken Thighs

59⁹⁹ per kg
Festive Fresh 6-Piece Chicken Thighs

69⁹⁹ per kg
Festive Fresh 5-Piece Chicken Fillets

QUALITY SEAFOOD AT HARBOUR PRICES

15⁹⁹ per 100g
Extra Large West Coast Soles

SAVE 10%
84⁹⁹ 700g each
Cape Point Frozen Seafood Mix

SAVE R10
89⁹⁹ 500g each
Cape Point Frozen Calamari Rings

SAVE R15 ALL 3 FOR R295
Fisherman's Deli Calamari Rings 400g & Cut & Deveined Prawns 350g & Cape Point Braai Snoek 700g

SAVE R11
42⁹⁹ 400g each
Rainbow Simply Chicken Frozen Steaklets All Variants

SAVE R15
39⁹⁹ 400g each
County Fair Frozen Crumbed Chicken Breast Steaks All Variants

SAVE R31
74⁹⁹ 800g each
I&J Beefers Frozen Burgers All Variants

SAVE R16
BUY 2 FOR R50
Tirolean Meats Back Bacon 2 x 200g

SAVE R18
86⁹⁹ 1kg each
Rainbow Simply Chicken Viennas All Variants

SAVE R15
54⁹⁹ 600g
I&J Frozen Fish Fingers

SAVE R26
59⁹⁹ 400g each
I&J Out O' The Oven Frozen Crumbed Hake Portions All Variants

SAVE R15
64⁹⁹ 700g/1kg each
Rainbow Simply Chicken Polony All Variants

SAVE R25
ANY 2 FOR R85
Eskort Frozen Pork Sausages All Variants 2 x 375g

Plant-Based MEAT-FREE MADE EASY

SAVE R24
38⁹⁹ 360g
Fry's Plant-Based Frozen Hot Dogs

SAVE R20
44⁹⁹ 300g each
Fry's Plant-Based Frozen Pea Protein Mince

SAVE R25
44⁹⁹ each
Fry's Plant-Based Frozen Chicken-Style Burgers/Schnitzels/Nuggets 320g/380g

SAVE R20
39⁹⁹ 300g each
Kaama Vegan Meals All Variants

OFFERS VALID FROM 17 OCTOBER 2022 UNTIL 6 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

A WIDE RANGE OF CHEESES

AS SEEN
ON TV



BUY ANY 2 &
**SAVE
20%**

Fairview
Cheese Range
x 2

SAVE 13%
34⁹⁹

Kasselshoop Cheddar/
Gouda Cheese All Variants

SAVE 13%
**BUY 2 FOR
R35**

Meze Grated Parmesan
Cheese 2 x 40g

SAVE 14%
36⁹⁹

Lancewood Cream
Cheese All Variants

SAVE 10%
44⁹⁹

Lancewood
Mozzarella Ball

SAVE R10
44⁹⁹

Meze Bocconcini
Cheese Balls

SAVE R17
39⁹⁹

Président Feta
Cheese All Variants

SAVE 14%
42⁹⁹

Simple Truth Lactose
Free Cheddar Cheese

SAVE 15%
46⁹⁹

Clover Elite Cheddar/
Gouda Cheese Portions

SAVE R30
89⁹⁹

Parmalat Cheese
All Variants

wine route

WE BRING THE WINE ROUTE TO YOU!



SAVE R15
69⁹⁹

Protea
Chenin Blanc
Sauvignon Blanc
Chardonnay
Pinot Grigio
Rosé
Merlot
Cabernet Sauvignon
Shiraz



SAVE R15
84⁹⁹

Fat Bastard
Chardonnay
Sauvignon Blanc
Pinot Noir Rosé



SAVE R21
**ANY 2 FOR
R99**

Riebeeck Cellars
Sauvignon Blanc
Chenin Blanc
Pinotage Rosé
2 x 750ml



SAVE R31
**ANY 2 FOR
R99**

The Wolftrap
VCG
Red Wine
2 x 750ml



SAVE 15%
84⁹⁹

Fryer's Cove
Doring Bay Sauvignon
Blanc



SAVE R30
**BUY 2 FOR
R100**

Waterside
Unoaked Chardonnay
2 x 750ml



SAVE R40
**ANY 2 FOR
R180**

Warwick The First Lady
Sauvignon Blanc
Chardonnay
Pinotage
2 x 750ml



**BUY ANY 3 &
SAVE
30%**

Laborie
Chenin Blanc
Cabernet Sauvignon
Sauvignon Blanc
Chardonnay
Merlot
Merlot Cabernet
Rosé
Shiraz
3 x 750ml



SAVE R25
124⁹⁹

Kleine Zalze
Brut
Brut Rosé



SAVE R25
89⁹⁹

Hartenberg
Cabernet
Sauvignon Shiraz



SAVE 15%
89⁹⁹

Roodeberg
Classic Red
Blend



SAVE R30
109⁹⁹

Vergelegen
Cabernet Sauvignon
Merlot



SAVE R40
**ANY 2 FOR
R150**

Kleine Zalze
Merlot
Cabernet Sauvignon
Pinotage
Cabernet
Sauvignon Merlot
2 x 750ml



SAVE R15
74⁹⁹

Annabelle
Sparkling Wine
Rosé Cuvée
Blanche Cuvée

LiquorShop



**BUY 2 FOR
R145**

Flying Fish Premium Lemon
Flavoured Beer Cans
2 x 6x500ml



SAVE R55
**2 FOR
R160**

Savanna Premium Dry
Cider NRB 2 x 6x330ml



SAVE R65
**3 FOR
R190**

Castle Lite Beer NRB
3 x 6x330ml



SAVE R55
**2 FOR
R285**

KWV 3-Year-Old
Brandy 2 x 750ml



SAVE R55
**BOTH FOR
R295**

Jägermeister Liqueur
750ml & Red Bull Original/
No Sugar Energy Drink
4x250ml per pack



**GET ONE
FREE!**

SAVE R50
**FREE DEAL
349⁹⁹**

BUY Johnnie Walker Black
Label 12-Year-Old Blended
Scotch Whisky 750ml & GET
Schweppes All Variants 1x
Each FREE!



www.liquorshop.co.za

Not for Persons Under the Age of 18. Drink Responsibly.

OFFERS VALID FROM 17 OCTOBER 2022 UNTIL 6 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

CONVENIENTLY PREPARED FOR YOU



FROM 27⁹⁹
per 100g
Feinschmecker
Beef Silverside R27,99
Beef Tongue R28,99
Beef Pastrami R29,99



**SAVE 11%
ANY 2 FOR
R135**
WITH CARD
Tirolean Meats
Sliced Hickory/Cooked/
Sandwich/Gypsy
Ham 2 x 400g



**SAVE 14%
46⁹⁹**
100g/200g each
WITH CARD
Forage and Feast
Matured Pancetta
Tyrolean Speck · Chorizo
Colons · Salame Milano
Matured Coppa



**SAVE R10
ANY 2 FOR
R160**
WITH CARD
Bella Vita
Fresh Pizzas
All Variants x 2



**BUY ANY &
SAVE
12%**
WITH CARD
Bella Vita · Alfredo
Beef Lasagne · BBQ
Chicken · Beefy
BBQ Each



**SAVE 14%
29⁹⁹**
125g each
WITH CARD
Deli Chimichurri/Sundried
Tomato Pesto Fresh Dip



**BUY ANY &
SAVE
10%**
WITH CARD
Simply Great
Coronation Salad
Potato Salad
Caprese Salad
Deli Potato Side
Salad 500g Each



**BUY ANY 2 &
SAVE
10%**
WITH CARD
Ready to Braai
Pork Oesjes 300g
Cheese Twisters
360g · Pork Angel
Kisses 200g
Jalapeño Peppers
360g · Pork Braai
Bacon 350g x 2



**SAVE 10%
FROM
26⁹⁹**
250g each
WITH CARD
Ready to Braai
Baguette All Variants



**SAVE R15
ALL 3 FOR
R265**
WITH CARD
Café Culture
Chicken Roast Pie 1kg &
Simply Great Deli Potato
Side Salad 500g & The
Menu Bar-One Chocolate
& Caramel Dessert 450g



**SAVE 12%
BOTH FOR
R33**
WITH CARD
Piemans Pies
All Variants Each &
Pura Soda Cold Drink
All Variants 330ml Each

FRESH BAKERY DELIGHTS



**SAVE R20
99⁹⁹**
WITH CARD
The Bakery
Decadent Chocolate Cake



**SAVE R15
ALL 3 FOR
R165**
WITH CARD
The Bakery Assorted Cupcakes
6 per pack & Chocolate &
Vanilla Cake & Mini Caramel
Swiss Roll 5 per pack



**BUY ANY &
SAVE
10%**
WITH CARD
The Menu · Peppermint Crunch
Strawberry/Caramel/Lemon
Cheesecake Each

**SAVE R11
ALL 3 FOR
R55**
WITH CARD

Tirolean Meats
Back Bacon 200g &
Large Eggs
6 per pack & Blue
Ribbon White
Bread 700g



Back Bacon



**SAVE 20%
39⁹⁹**
each
WITH CARD
Ital Pizza Classic Frozen
Pizzas All Variants



**SAVE R20
84⁹⁹**
440 per pack
WITH CARD
Piemans Frozen Pies/
Sausage Rolls/Cheese
Grillers All Variants



**SAVE R20
BOTH FOR
R89**
WITH CARD
Rainbow Simply Chicken Frozen
Fingers/Nuggets/Bites
All Variants 350g/360g/400g Each & McCain Frozen
Potato Emotibites 415g/Veggie Fingers 400g Each



**SAVE 30%
ANY 2 FOR
R90**
WITH CARD
Bella Vita Frozen Mini Margherita/
Ham & Cheese Pizzas 2 x 530g/570g

**SAVE UP TO R17
BOTH FOR
R75**
WITH CARD

Rainbow Simply Chicken
Frozen Nuggets/Burgers/
Steaklets All Variants 400g
Each & McCain Frozen Stir
Fry All Variants 700g Each



**SAVE R10
31⁹⁹**
1kg
WITH CARD
Natures Garden
Frozen Mixed
Vegetables



**ANY 2 FOR
R54**
WITH CARD
Natures Garden Frozen
Stir Fry All Variants 2 x 700g



**ANY 2 FOR
R70**
WITH CARD
Nuveg Frozen Prepared
Vegetables All Variants x 2



SAVE FROM 13%

AS SEEN ON TV

BUY 2 & SAVE 20%

WITH CARD

Clover Butro Full Fat Modified Butter Spread 2 x 500g

SAVE 13%

25⁹⁹

2L each

WITH CARD

Douglasdale Fresh Milk All Variants

AS SEEN ON TV

SAVE R20

ANY 2 FOR R54

WITH CARD

Danone NutriDay Dairy Snack All Variants 2 x 1kg

AS SEEN ON TV

SAVE R33

ANY 2 FOR R99

WITH CARD

Spoonfulls Ice Cream All Variants 2 x 2L

EXCLUDING TIN ROOF

KEEP SWIPING, KEEP SAVING INSTANTLY

SAVE R10

ANY 2 FOR R50

WITH CARD

Wooden Spoon White/Yellow Baking Margarine 2 x 500g

AS SEEN ON TV

SAVE R20

59⁹⁹

900g each

WITH CARD

Bonnita Salted Butter

SAVE R10

29⁹⁹

1L each

WITH CARD

ButtaNutt Almond/Macadamia/Oat Milk

SAVE R10

44⁹⁹

200g each

WITH CARD

Flora 75% Plant Butter

SAVE R14

BUY 2 FOR R70

WITH CARD

Flora 60% Plant-Based Fat Spread 2 x 500g

SAVE R15

49⁹⁹

1kg

WITH CARD

Rama 60% Original Fat Spread

SAVE R18

BOTH FOR R70

WITH CARD

Blossom Canola Margarine/Fat Spread All Variants 1kg & 500g

EXTRA LARGE

SAVE R16

59⁹⁹

30 per pack

WITH CARD

Extra Large Eggs

SAVE 17%

13⁹⁹

700g

WITH CARD

Albany Superior Brown Sliced Bread

SAVE 17%

15⁹⁹

6 per pack

WITH CARD

Sunbake Hot Dog/Hamburger White Rolls

SAVE 15%

16⁹⁹

6 per pack

WITH CARD

Sunbake Cocktail Seeded Bread Rolls

SAVE 20%

ANY 2 FOR R28

WITH CARD

Sunbake Standard/Farmstyle White Sliced Bread 2 x 700g

AS SEEN ON TV

BUY ANY 2 & SAVE 20%

WITH CARD

Clover Krush 100% Fruit Juice Blend All Variants 2 x 1.5L

SAVE R40

ANY 2 FOR R65

WITH CARD

Tinkies Mini Filled Cake All Variants 2 x 6 per pack

SAVE 18%

34⁹⁹

500ml

WITH CARD

Douglasdale Pasturised Fresh Cream

SAVE R8

18⁹⁹

1L

WITH CARD

First Choice Vanilla Flavoured Custard

SAVE R20

ANY 2 FOR R40

WITH CARD

Clover Bliss Double Cream Dairy Snack All Variants 2 x 500g

SAVE R13

54⁹⁹

1L each

WITH CARD

Take 5 100% Fruit Juice Blend All Variants

SIR FRUIT

Your immune booster squad is here

Packed with all the good stuff

SAVE R38

ANY 6 FOR R100

WITH CARD

Sir Fruit 100% Fruit/Vegetable Shot All Variants 6 x 100ml

KEEP SWIPING, KEEP SAVING

BUY ANY 2 & SAVE 20%

WITH CARD

Alpro Milk Range All Variants x 2

OFFERS VALID FROM 17 OCTOBER 2022 UNTIL 6 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

SAVE 32%

16⁹⁹

1kg each

WITH CARD

Sasko Regular/Bran Rich Self-Raising Flour

BUY ANY 2 & SAVE 20%

WITH CARD

Staffords Product Range x 2

SAVE R14

29⁹⁹

2.5kg

WITH CARD

Golden Cloud Cake Wheat Flour

SAVE R20

49⁹⁹

each

WITH CARD

Ina Paarmans Premixes All Variants

XTRA SAVINGS EVERY DAY

XTRA SAVINGS

checkers

SAVE R12 ANY 3 FOR R22

WITH CARD

Moir's Jelly All Variants 3 x 80g

SAVE 20%

22⁹⁹

200g each

WITH CARD

Nestlé Gold Cross/Regular Condensed Milk

SAVE R10

24⁹⁹

200g each

WITH CARD

Nestlé Caramel Treat All Variants

SAVE 22%

24⁹⁹

410g each

WITH CARD

Rhodes Fruit Cocktail in Syrup

SAVE 18%

34⁹⁹

100g each

WITH CARD

Moir's Red Glacé Cherries

SAVE 22%

17⁹⁹

100ml each

WITH CARD

Moir's Vanilla Essence

SAVE 20%

19⁹⁹

500g each

WITH CARD

The Kitchen Icing/Castor Sugar

SAVE 27%

21⁹⁹

200g

WITH CARD

Moir's Fine Desiccated Coconut

SAVE R17

32⁹⁹

454g each

WITH CARD

Safari Fruit Mince Meat

SAVE 18%

32⁹⁹

500g

WITH CARD

Safari Dried Fruit Bakers Mix

SAVE R19

29⁹⁹

700g/800g each

WITH CARD

Golden Cloud Cake Mix All Variants

SAVE R38 BUY 2 & GET A 3RD FREE

WITH CARD

BUY 2 x Sasko Premixes All Variants 1kg & GET a 3rd one FREE!

SAVE R10

44⁹⁹

500g

WITH CARD

Safari Sundried Seedless Raisins

SAVE 23%

29⁹⁹

500g

WITH CARD

Moir's Custard Powder

SAVE R25

42⁹⁹

500ml each

WITH CARD

Cook 'n Bake Non-Stick Spray

SAVE R15

24⁹⁹

350g

WITH CARD

Royal Baking Powder Refill

SAVE R8

21⁹⁹

5m each

WITH CARD

Supa Mama Embossed Kitchen Foil

SAVE R14

48⁹⁹

6x750ml per pack

WITH CARD

Bonaqua Still Flavoured Water All Variants

ANY 4 FOR R50

WITH CARD

Pepsi/Mirinda/Mountain Dew Original Cold Drink 4 x 2l

ANY 2 FOR R65

WITH CARD

aQuellé Natural Sparkling/Still Spring Water 2 x 6x500ml

SAVE R20

79⁹⁹

750ml each

WITH CARD

Fruit Lagoon Non-Alcoholic Cocktail Mix All Variants

SAVE R15

79⁹⁹

6x330ml per pack

WITH CARD

Heineken 0.0% Non-Alcoholic Beer

OFFERS VALID FROM 17 OCTOBER 2022 UNTIL 6 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

SAVE R18

69⁹⁹_{1kg}

WITH CARD

Kellogg's All-Bran Flakes Cereal

5kg

84⁹⁹_{5kg}

WITH CARD

Selati Golden Brown Sugar

AS SEEN ON TV

BUY ANY 3 & SAVE 25%

WITH CARD

L'Or/Jacobs/illy Coffee Capsules All Variants x 3

SAVE R25

84⁹⁹_{2l}

WITH CARD

B-well Canola Oil

GET INSTANT CASH SAVINGS

EXTRA SAVINGS

CHECKERS

AS SEEN ON TV

SAVE R19

99⁹⁹_{20 per pack}

WITH CARD

Nescafé Instant Cappuccino All Variants

SAVE 22%

28⁹⁹_{400g each}

WITH CARD

Yum Yum Peanut Butter All Variants

SAVE 19%

28⁹⁹_{500ml each}

WITH CARD

Ilovo Squeeze Syrup All Variants

SAVE R10

29⁹⁹_{300g}

WITH CARD

Rhodes Smooth Apricot Jam

SAVE R11

31⁹⁹_{500g each}

WITH CARD

Melrose Cheese Spread All Variants

BUY ANY & SAVE 20%

WITH CARD

Red Bicycle Chocolate Spread All Variants

SAVE R20

42⁹⁹_{200ml each}

WITH CARD

Ice Cap Squeeze Topping All Variants

SAVE R11

54⁹⁹_{250g each}

WITH CARD

Nestlé Cocoa

SAVE R13

59⁹⁹_{600g}

WITH CARD

Brother Bees Honey

SAVE 20%

42⁹⁹_{100 per pack}

WITH CARD

Five Roses Tagless Teabags

SAVE R10

199⁹⁹_{1kg each}

WITH CARD

Mostra Di Café Coffee Beans All Variants

SAVE R18

54⁹⁹_{100 per pack}

WITH CARD

Canderel Sweetener Sticks

SAVE R17

59⁹⁹_{500g}

WITH CARD

Nestlé Klim Full Cream Milk Powder

SAVE R10

37⁹⁹_{400g}

WITH CARD

Kellogg's Vanilla Rice Krispies Cereal

SAVE R10

59⁹⁹_{each}

WITH CARD

FutureLife Granola Cereal All Variants 600g/700g

SAVE R20

ANY 2 FOR R80

WITH CARD

Jungle Crunch-a-Lots Fillows All Variants 2 x 350g

SAVE R28

BUY 2 FOR R100

WITH CARD

Bokomo Weet-Bix Cereal 2 x 900g

SAVE R53

99⁹⁹_{200g each}

WITH CARD

Douwe Egberts Instant Coffee All Variants

SAVE R25

79⁹⁹_{1.25kg each}

WITH CARD

FutureLife Smart Food Cereal All Variants

SAVE R15

64⁹⁹_{1kg}

WITH CARD

Kellogg's Corn Flakes Cereal

KEEP SWIPING, KEEP SAVING

EXTRA SAVINGS

CHECKERS

BUY ANY 2 & SAVE 30%

WITH CARD

Laager Tea Product Range x 2

OFFERS VALID FROM 17 OCTOBER 2022 UNTIL 6 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

Page 6

SAVE 24%

24⁹⁹

each

WITH CARD

Knorr Mate Meal Kit All Variants

Knorr Mince Lasagne

SAVE 19%

29⁹⁹

700ml

WITH CARD

All Gold Tomato Sauce

SAVE R40

119⁹⁹

1L

WITH CARD

B-well Pure Extra Virgin Olive Oil

AS SEEN ON TV

TASTIC

BUY 2 & GET A 3RD FREE

WITH CARD

BUY 2 x Tastic Long Grain Parboiled Rice 2kg & GET a 3rd one FREE!

GET ONE FREE!

KEEP SWIPING, KEEP SAVING INSTANTLY

SAVE 33%

ANY 4 FOR R16

WITH CARD

Royco Packet Soup All Variants 4 x 50g

SAVE 18%

17⁹⁹

each

WITH CARD

Miami Anything Goes Tomato Mix 410g/Boerie Relish All Variants 450g

SAVE 21%

17⁹⁹

410g each

WITH CARD

Rhodes Mixed Vegetables/ Curried Vegetables/Cream Style OR Whole Kernel Sweetcorn

SAVE 21%

22⁹⁹

500g each

WITH CARD

Lucky Star Corned Meat All Variants

SAVE 21%

BUY 2 FOR R22

WITH CARD

Rhodes Baked Beans in Tomato Sauce 2 x 410g

SAVE 23%

27⁹⁹

500g each

WITH CARD

Miami Gherkins All Variants

SAVE R16

ANY 2 FOR R30

WITH CARD

Rhodes Peach Slices/ Halves in Syrup 2 x 410g

SAVE 28%

17⁹⁹

275g/250g/ 500g each

WITH CARD

I Love Himalayan Salt Shaker All Variants

SAVE 14%

ANY 2 FOR R24

WITH CARD

Hinds Spice Refill All Variants x 2

SAVE R10

ANY 2 FOR R55

WITH CARD

Ina Paarman's Seasoning All Variants 2 x 200ml/200g

SAVE R10

39⁹⁹

450g each

WITH CARD

Patak's Cook-In-Sauce All Variants

SAVE R14

29⁹⁹

each

WITH CARD

Nola Mayonnaise All Variants 730g/750g/780g

SAVE R11

24⁹⁹

500ml each

WITH CARD

Knorr Salad Dressing All Variants

SAVE 18%

32⁹⁹

550ml each

WITH CARD

All Joy Vori Peri Peri Sauce All Variants

SAVE R14

32⁹⁹

700ml each

WITH CARD

Wellington's Sweet Chilli/Jalapeno Sauce

SAVE R12

44⁹⁹

400g each

WITH CARD

Ina Paarman's Pasta Sauce All Variants

SAVE R20

59⁹⁹

1L

WITH CARD

Nuts About Cooking Coconut Oil

SAVE 31%

19⁹⁹

500g each

WITH CARD

Fatti's & Moni's Pasta Shapes All Variants

ANY 3 FOR R30

WITH CARD

Knorr Sauce/Gravy All Variants x 3

ANY 2 FOR R50

WITH CARD

Kellogg's Instant Noodles All Variants 2 x 5x70g per pack

MAKE Wellness WORK FOR YOU

BUY ANY 2 & SAVE 15%

WITH CARD

Health Connection Wholefoods Product Range x 2

BUY 1 & GET A 2ND FREE

WITH CARD

BUY 1 x The Harvest Table Product & GET a 2nd FREE!

OFFERS VALID FROM 17 OCTOBER 2022 UNTIL 6 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

SAVE R20

49⁹⁹
500ml each

WITH CARD

Nivea Shower Gel/Creme All Variants

SAVE R30

59⁹⁹
360ml/400ml each

WITH CARD

Pantene Shampoo/Conditioner All Variants

SAVE R25

74⁹⁹
400g each

WITH CARD

Epi-Max Body Cream All Variants

BUY ANY & SAVE 25%

WITH CARD

Nivea Face Care Range

PERFECT & MATTE
NATURALLY GOOD
ROSE RANGE

OVER R20 MILLION IN INSTANT

SAVE R15

44⁹⁹
400ml each

WITH CARD

Vaseline Body Lotion/Cream All Variants

ANY 2 FOR R36

WITH CARD

Shield Roll-On for Men/Ladies All Variants 2 x 50ml

SAVE R8

29⁹⁹
150ml each

WITH CARD

Shield Deodorant for Men/Ladies All Variants

SAVE R16

ANY 2 FOR R38

WITH CARD

Nivea Roll-On for Men/Ladies All Variants 2 x 50ml

BUY ANY 2 & SAVE 20%

WITH CARD

Shower to Shower Deodorant/Roll-On 2 x 50ml/150ml

44⁹⁹
750ml

Savlon Antiseptic Liquid

49⁹⁹
100ml each

Vicks Honey & Ginger/Wet & Dry Cough Syrup

SAVE R8

35⁹⁹
2x100ml per pack

WITH CARD

Colgate Maximum Cavity Protection Toothpaste

BUY ANY & SAVE 40%

WITH CARD

Oral-B Precision/Pro-White Power Toothbrush Head 2 per pack

SAVE R15

54⁹⁹
75ml each

WITH CARD

Colgate Naturals/Optic White/Pro Relief Toothpaste

SAVE R20

74⁹⁹
200ml

WITH CARD

Andolex-C Anti-Bacterial Mouthwash

SAVE 14%

89⁹⁹
2 per pack

WITH CARD

Colgate Medium 360/Slim Soft/Charcoal Toothbrush

54⁹⁹
60g

Zam-Buk Antiseptic Ointment

SAVE 20%

59⁹⁹
30 per pack

WITH CARD

Grand-Pa Headache Powders

SAVE 16% FROM

14⁹⁹

WITH CARD

Dettol Wet Wipes 10/40 per pack

SAVE R7

28⁹⁹
90ml/125ml each

WITH CARD

Yardley Deodorant for Men/Ladies All Variants

SAVE R13

48⁹⁹
450ml each

WITH CARD

Vaseline Petroleum Jelly All Variants

BUY ANY & SAVE 25%

WITH CARD

Nivea Repair & Care Range

BUY ANY & SAVE 30%

WITH CARD

Portia M Pomegranate Face Care Range

149⁹⁹
20ml

Iberogast Herb Treatment Supplement Solution

149⁹⁹
20 per pack

Berocca Boost Effervescent Tablets

Affordable Healthcare Made Easy

SAVE R35

69⁹⁹
275ml/400ml each

WITH CARD

Head & Shoulders Shampoo/Conditioner All Variants

ANY 2 FOR R80

WITH CARD

Perfect Touch Hairspray All Variants 2 x 125ml

SAVE R10

31⁹⁹
32 per pack

WITH CARD

Lil-lets Tampons All Variants

SAVE FROM R10

35⁹⁹
per pack

WITH CARD

Kotex Ultra Thin Sanitary Pads 14/16/20 per pack/Pantyliners 88/100 per pack

ANY 3 FOR R54

WITH CARD

Always Maxi Sanitary Pads All Variants 3 x 7/8/9/10 per pack

BUY ANY & SAVE 20%

WITH CARD

Femagene Intimate Soap 100g/Wipes 10 per pack/Heat Patches 5 per pack

SAVE R26

SAVE R24

OFFERS VALID FROM 17 OCTOBER 2022 UNTIL 6 NOVEMBER 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

SAVE R10
ANY 2 FOR
R22

WITH CARD

Dettol Bath Soap
All Variants
2 x 175g

SAVE R40
59⁹⁹

WITH CARD

Listerine Zero Mouthwash

SAVE R22
ANY 2 FOR
R78

WITH CARD

Protex/Palmolive Shower Gel
All Variants
2 x 500ml

SAVE R20
89⁹⁹

WITH CARD

TRESemmé Shampoo/Conditioner
All Variants

XTRA SAVINGS EVERY DAY

WITH CARD

SAVE R9
ANY 2 FOR
R35

WITH CARD

Pure Glycerine Soap
All Variants 2 x 150g

SAVE R10
34⁹⁹

WITH CARD

Protex Fresh/Herbal Liquid Hand Soap

SAVE R25
69⁹⁹

WITH CARD

Bic 3 Hybrid Razor

SAVE R15
59⁹⁹

WITH CARD

Gillette Simply Venus Razor

BUY ANY 2 & SAVE 20%

WITH CARD

Duel/Loving Touch Shaving Gel/Foam All Variants 2 x 200ml

BUY ANY & SAVE 20%

WITH CARD

Perfect Hair Shampoo/Conditioner/Anti Frizz Gel 250ml Each

SAVE R15
ANY 2 FOR
R45

WITH CARD

Twinsaver Facial Tissues
All Variants 2 x 180 per pack

SAVE R8
ANY 2 FOR
R28

WITH CARD

Purity Soap
All Variants 2 x 175g

SAVE R17
39⁹⁹

WITH CARD

Johnson's Baby Powder All Variants

SAVE R10
59⁹⁹

WITH CARD

Bennetts Baby Hair & Body Wash

SAVE R16
69⁹⁹

WITH CARD

Johnson's Baby Oil

SAVE R24
ANY 2 FOR
R70

WITH CARD

Johnson's Baby Aqueous Cream/Jelly All Variants 2 x 500ml

SAVE R20
89⁹⁹

WITH CARD

Bennetts Baby Bum Crème

SAVE R30
79⁹⁹

WITH CARD

Huggies Pure/Natural Care Baby Wipes

SAVE R20
ANY 4 FOR
R57

WITH CARD

Purity 3rd Foods Baby Food
All Variants 4 x 200ml

SAVE R10
ANY 5 FOR
R59

WITH CARD

Purity Baby Food Pouches
All Variants 5 x 110ml

SAVE R10
69⁹⁹

WITH CARD

Nestlé Cerelac Baby Cereal All Variants

SAVE R50
219⁹⁹

WITH CARD

PediaSure Vanilla/Chocolate Meal Replacement

AS SEEN ON TV

BUY ANY 2 & SAVE R120

WITH CARD

Pampers Baby-Dry Jumbo Pack Disposable Nappies/Pants OR Premium Care Value Pack Disposable Nappies per pack x 2

SIZE	QUANTITY	PRICE PER NAPPY
SIZE 1	96	R2,40
SIZE 2	94	R2,45
SIZE 3	76	R3,03
SIZE 4	66	R3,48
SIZE 5	62	R3,71
SIZE 6	52	R4,42
SIZE 7	48	R4,79
SIZE 8	44	R5,23

SAVE UP TO R90

189⁹⁹

WITH CARD

Huggies Dry Comfort Jumbo Pack Disposable Nappies OR Gold Disposable Pants

SIZE	QUANTITY	PRICE PER NAPPY
SIZE 1	96	R1,98
SIZE 2	94	R2,02
SIZE 3	76	R2,86
SIZE 4	66	R2,99
SIZE 5	62	R3,17
SIZE 6	52	R3,39

babyDove

BUY ANY 2 & SAVE 20%

WITH CARD

Dove Baby Product Range x 2 Rich Moisture/Sensitive

- Baby Soap 75g
- Baby Lotion 200ml
- Baby Shampoo 200ml
- Baby Liquid Soap 200ml
- Baby Liquid Soap 400ml

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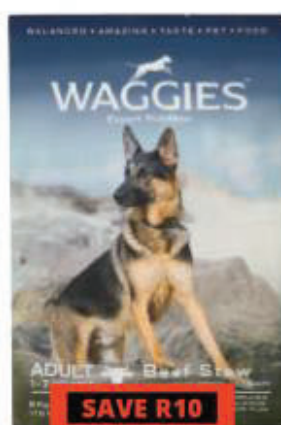


PET PROMOTION

NOW ON!



Dog food



SAVE R10
129.99
each
WITH CARD

Waggies Dog Food
All Variants 6kg/8kg



SAVE R35
149.99
8kg each
WITH CARD

Epol Dog Food
All Variants



SAVE R20
159.99
each
WITH CARD

Dr Hahnz Dog Food
All Variants 6kg



SAVE R45
159.99
each
WITH CARD

Vitagen Dog Food
All Variants
6kg/8kg



SAVE R8
19.99
475g each
WITH CARD

Maritons Dog Food
Gravy All Variants



SAVE R10
19.99
200g per pack
WITH CARD

Maritons Liver/Sunday
Roast Dog Treats



SAVE R10
39.99
SAVE 10% OFF DOGS
WITH CARD

Maritons Small/Medium/
Large Dog Calcium
OR Dental Bone



SAVE R12
ANY 2 FOR
R60
WITH CARD

Dr Hahnz Dog Food
All Variants 2 x 830g



SAVE R20
ANY 3 FOR
R85
WITH CARD

Husky Dog Food
All Variants 3 x 775g



SAVE R30
ANY 4 FOR
R90
WITH CARD

Boss Dog Food
All Variants 4 x 775g/820g



SAVE R38
ANY 4 FOR
R110
WITH CARD

Petley's Dog Food
All Variants 4 x 775g



SAVE R40
BUY 2 FOR
R100
WITH CARD

Vitagen Puppy Dog Food
2 x 1,5kg



SAVE R50
169.99
each
WITH CARD

Bobtail Dog Food All Variants
5,5kg/6,5kg/6kg/7kg/8kg



SAVE R70
179.99
each
WITH CARD

Bob Martin Dog Food
All Variants 6kg/7kg



SAVE R10
59.99
1kg each
WITH CARD

Dr Hahnz Dog Biscuits
All Variants



SAVE R16
69.99
1kg each
WITH CARD

Beeno Dog Biscuits
All Variants



SAVE R40
ANY 5 FOR
R100
WITH CARD

Maritons Dog Treats
All Variants 5 x 120g



SAVE R50
ANY 5 FOR
R110
WITH CARD

Beeno Dog Treats
All Variants 5 x 120g



BUY ANY 3 &
SAVE
R10
WITH CARD

Happy Hound Dog Treats
All Variants x 3



BUY ANY 3 &
SAVE
30%
WITH CARD

Pet Shop Dog Chews
All Variants x 3



SAVE FROM R10
FROM
39.99
each
WITH CARD

Pet Shop
Puppy Bowl R39.99
15cm R69.99
17cm R74.99
21cm R89.99
24cm R109.99



Eliminate ticks,
fleas & worms

BUY 3
& GET THE
CHEAPEST
FREE
WITH CARD

The safe & easy way to give your pets the all-clear in 5 easy steps:

Shampoo



1

1 Week later: Spot



2

1 Week later: Collar



3

Environmental control



4

Dewormer



5

Cat food



**SAVE R60
ANY 2 FOR
R150**
WITH CARD

Whiskas Nuggets/Cat Food All Variants 2 x 900g/1kg

 SAVE R8 ANY 2 FOR R24 WITH CARD Waggies Cat Food All Variants 2 x 415g	 SAVE R6 ANY 2 FOR R32 WITH CARD Dr Hahnz Cat Food All Variants 2 x 415g	 SAVE R22 ANY 3 FOR R50 WITH CARD Petley's Cat Food All Variants 3 x 375g	 SAVE R16 ANY 3 FOR R50 WITH CARD Bon Appétit Cat Food All Variants 3 x 85g
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 SAVE R10 59⁹⁹ WITH CARD Waggies Cat Food All Variants	 SAVE R17 FREE DEAL 79⁹⁹ WITH CARD BUY Catmor Cat Food All Variants 1.5kg/1.75kg & GET Cat Food Pouches All Variants 2 x 85g FREE!	 SAVE R110 ANY 2 FOR R169 WITH CARD Feline Cuisine Cat Food All Variants 2 x 2kg
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**SAVE R20
129⁹⁹**
WITH CARD

Pamper Cat Food All Variants

 SAVE R20 89⁹⁹ WITH CARD Dr Hahnz Cat Litter	 SAVE R30 89⁹⁹ WITH CARD Bob Martin Cat Crystals All Variants	 SAVE R30 89⁹⁹ WITH CARD Marltons Eco-Wood Cat Litter
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**SAVE R15
89⁹⁹**
WITH CARD

Pamper Cat Food All Variants



**SAVE R20
99⁹⁹**
WITH CARD

Dr Hahnz Cat Food All Variants

BUY ANY 3 & SAVE 30%
WITH CARD

Pet Shop Pet Toys All Variants x 3

BUY ANY 2 & SAVE 40%
WITH CARD

Pet Shop Leash/Collar All Colours x 2

 SAVE FROM R10 FROM 44⁹⁹ WITH CARD Nature's Bounty - Budgie Seed 2kg R44,99 - Parrot Seed 2kg R49,99 - Mixed Fowl Seed 5kg R54,99 - Wild Bird Seed 10kg R134,99	 SAVE R7 24⁹⁹ WITH CARD Drakensberg Mixed Bird Seed	 SAVE R18 49⁹⁹ WITH CARD Drakensberg Diverse Parrot Food	 SAVE R10 44⁹⁹ WITH CARD Marltons Tropical/Goldfish Fish Food
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SELECTED STORES



**SAVE R20
FROM 69⁹⁹**
WITH CARD

Frontline Dog Tick & Flea Treatment
- Small R69,99 - Medium R89,99
- Large R119,99 - Extra Large R129,99

THANKS FOR HELPING US WIN!
FRONTLINE® is the proud recipient of the Brand of the Year award from the World Branding Awards. We can't tell you how much your support means to us.

BUY ANY 2 & SAVE 20%
WITH CARD

Marltons Pet Grooming Range x 2

**SAVE R40
109⁹⁹**
WITH CARD

Regal Pet Health Flea Spray/Skin/Joint/Anxiety Remedy

EXOR

**DREAMS
COME TRUE**

MORE LOW PRICES • MORE FREE DEALS • MORE WINNERS

AS SEEN ON TV

5kg

FROZEN CHICKEN
MIXED PORTIONS WITH
BRINE-BASED MIXTURE

CHICKEN 88%, BRINE-BASED MIXTURE 12%, WATER 14.5%

Tender n Tasty
GOLDI
Chicken

RAW KEEP FROZEN BELOW -12°C

PRODUCT OF SOUTH AFRICA

Golden Chicken

169

5kg

Great South African Chicken

5kg

**GOLDI
IQF Mixed
Chicken
Portions**

169⁹⁹
5kg

5kg

D'LITE
37% Fat Spread
Tub

d'Lite
1kg 37% FAT SPREAD
VEGAN

d'Lite
1kg 37% FAT SPREAD
VEGAN

d'Lite
1kg 37% FAT SPREAD
VEGAN

BUY THREE
87
3 x 1kg


BUY THREE

87

3 x 1kg

D'LITE
6 Fat Spread
Tub

**SASKO
Premium
Slices White
Bread**

SASKO
Premium
Slices White
Bread

BUY THREE
36
3 x 700g



BUY THREE

36

3 x 700g

LUCKY STAR
Pilchards
Assorted

**AS SEEN ON
TV**

ELLIS BROWN
Creamer

AS SEEN ON
TV

COCA-COLA
Original
Soft Drinks

LUCKY STAR
PILCHARDS
IN TOMATO SAUCE

LUCKY STAR
PILCHARDS
IN TOMATO SAUCE

LUCKY STAR
PILCHARDS
IN TOMATO SAUCE

LUCKY STAR
PILCHARDS
IN TOMATO SAUCE

LUCKY STAR
PILCHARDS
IN TOMATO SAUCE

BUY FIVE

99

5 x 400g



BUY FIVE

99

5 x 400g

AS SEEN ON TV

ELLIS BROWN Creamer

Ellis Brown
So Much More®
CREAMER

BUY TWO

78

2 x 750g

BUY TWO

78

2 x 750g

AS SEEN ON
TV

COCA-COLA
Original
Soft Drinks

Coca-Cola
ORIGINAL TASTE
LESS SUGAR
SOFT DRINK

Coca-Cola
ORIGINAL TASTE
LESS SUGAR
SOFT DRINK

Coca-Cola
ORIGINAL TASTE
LESS SUGAR
SOFT DRINK

BUY THREE
60
3 x 2L

BUY THREE

60

3 x 2L

**TASTIC Long Grain Parboiled White Rice 10kg,
SUPER WHITE Super Maize Meal 10kg & SNOWFLAKE Cake Wheat Flour 10kg**

SUNFOIL
Sunflower
Oil

GOLDEN RAY
Full Cream Long Life Milk

10kg

TASTIC

LONG GRAIN PARBOILED WHITE RICE

Perfect. Every time.

HOUSE OF RICE

NOW EVEN WHITER AND FLUFFIER

10 kg

+

10kg

SUPER WHITE

SUPER MAIZE MEAL

your No.1 choice

Refeição de Super Milho

10 kg

+

10kg

SNOWFLAKE

Magic Mix

BUY ALL

299

per combo

per combo

SUNFOIL
Sunflower
Oil

2L

Sunfoil
Pure Sunflower Oil
the heart of good cooking
2 Litre

BUY TWO

136

2 x 2L

2 x 2L

GOLDEN RAY
Full Cream Long Life Milk

BUY TWO
158

2 x (6 x 11)

2 x (6 x 1L)

45
YEARS

of Never paying more than the **BOXER** price

PRICES VALID: 24/10/2022 - 06/11/2022

STAND A CHANCE TO WIN Dream HOLIDAYS WORTH R900 000*



TO ENTER:

1. Buy Any 2 advertised products

2. Check your tillslip

3. Dial *120*26937*uniquecode#
Follow the prompts to enter
(20c per 20 seconds)



DANONE
Inkomazi
Full Cream
Maas

BUY THREE
69

3 x 2kg



DANONE
Nutriday Smooth Low Fat
Dairy Snack Assorted

BUY THREE
45

3 x (6 x 100g)



RAMA
Original 70% Fat Spread
Brick

22⁹⁹

500g



BEST COOK
Chicken Polony

59⁹⁹

2kg



THOMPSONS
Viennas
Assorted

49⁹⁹

1kg



BOXER
Family Value Pack

169⁹⁹

4.56kg



LITTLE BEE
Pure Honey

49⁹⁹

375g



PARMALAT
Full Cream Processed
Cheese Slices
Assorted

25⁹⁹

200g

ALL GOLD
Smooth Apricot Jam 900g &
BLACK CAT
Smooth Peanut Butter 400g



BUY BOTH
58

per combo



ORANGE GROVE
Tango Flavoured
Dairy Fruit
Mix Assorted

29⁹⁹

3L



DANONE
Nutriday Low Fat
Fruit Yoghurt
Assorted

28⁹⁹

1kg



DANONE
Danup 2 in 1
Assorted

19⁹⁹

950g



Large Eggs

59⁹⁹

30's



BEST COOK
Frozen Mixed Vegetables

22⁹⁹

1kg



DAIRYMAID
Farmhouse Ice Cream
Assorted

44⁹⁹

2L

Fresh Beef Shisa Nyama
(Class A)



98⁹⁹

per kg

Fresh
Vuyo's Wors



79⁹⁹

per kg

Fresh
Pork (Loin / Rib / Rashers)



69⁹⁹

per kg

Frozen Sliced
Beef Liver



49⁹⁹

per kg

BUY 3KG FOR ONLY **R285**

BUY 3KG FOR ONLY **R229**

BUY 3KG FRESH BULK PORK PACKS
(Shoulder / Leg / Stew) FOR ONLY **179⁹⁹**

BUY 3KG FOR ONLY **R145**

PARMALAT

Vanilla Flavoured Custard 1kg, KOO Peach Slices / Halves In Syrup 410g & MOIRS Jelly Assorted 2 x 80g



BUY ALL 50
per combo

RED BULL

Energy Drink Assorted



BUY TWO 24
2 x 250ml

YUM FUN

Gummy Jellies Assorted



BUY TWO 16
2 x 75g

YUM FUN

Pink & White Mallows



BUY TWO 26
2 x 130g

BEACON

Chocolate Slabs Assorted



BUY TWO 24
2 x 80g

CADBURY

Lunch Bar / P.S. / 5 Star Chocolate Bars



BUY THREE 28
3's



BUY TWO 16
2 x 100g

TRUDA

Spookies Maize Puffs & Flyers Puffed Corn Assorted



BUY TWO 30
2 x 120g

SIMBA

Potato Chips Assorted



BUY TWO 32
2 x (145g / 150g)

SIMBA

Doritos Corn Chips Assorted



27.99
2L



26.99
1.5L

DALY'S

Premium Squash Concentrate Assorted



13.99
1L

HALL'S

Smooth Dairy Blend Concentrate Assorted



125g
2L

40
per combo

BUY BOTH
BROOKES Oros Original Orange Squash 2L & HEIDER'S Corn Chips Assorted 125g



BUY TWO 44
2 x 1L



BUY TWO 20
2 x 2L

REFRESHHH

Soft Drinks Assorted



BUY TWO 16
2 x 500ml

THIRSTI

Sparkling Flavour Water Assorted

DREAMS COME TRUE



45 WINNERS

COMPETITION VALID:
08/09/2022 - 06/11/2022

- 45 Winners will win R20 000 each towards their dream holiday
- Terms & Conditions Apply
- Competition Applicable To All Boxer Stores In RSA & eSwatini

PRIZE INCLUDES

- Local Flights
- Accommodation
- Spending Money & more

Frozen Value

Chicken Drumsticks



52.99
per kg

BUY 6KG FOR ONLY R299

MAMA'S

Plain Russians



49.99
per kg

BUY 4KG FOR ONLY R169.99

Frozen

Chicken Feet (Large)



48.99
per kg

BUY 3KG FOR ONLY R139

Fresh

Whole Chicken



46.99
per kg

BUY 5 IN A BAG FOR ONLY R299

STAND A CHANCE TO WIN DREAM parties

WORTH
R450 000*

TO ENTER:

1. Buy Any 2 advertised products

2. Check your tillslip

3. Dial *120*26937*uniquecode#
Follow the prompts to enter
(20c per 20 seconds)



BEST COOK
Baked Beans

BUY THREE
30

3 x 410g



BEST COOK
Chakalaka
Assorted

BUY THREE
45

3 x 410g



GOLDEN RAY
Corn Flakes

BUY THREE
99

3 x 1kg



SHIBOBO
Instant Maize
Porridge Assorted

18⁹⁹

1kg



GOLDEN RAY
Instant Porridge
Assorted

19⁹⁹

1kg



HAPPY VALLEY
Rice Puffs
Assorted

27⁹⁹

350g / 400g



ALPEN
Nutrific Wholewheat
Biscuits

23⁹⁹

450g



GOLDEN RAY
Quick Cooking
Oats

28⁹⁹

1kg



BEST COOK
Instant Noodles
Multipack Assorted
5's

BUY TWO
40

x 2 packs



HENRO
Marie Biscuits

BUY TWO
20

2 x 150g



HENRO
Lemon Creams Biscuits

BUY TWO
22

2 x 150g



WHEELS
Cream Biscuits
Assorted

BUY TWO
22

2 x 180g



NESTLÉ Cremora Creamer 750g &
NESCAFÉ Ricoffy Instant Coffee 250g

BUY BOTH
80

per combo



GLEN
Tagless Teabags

21⁹⁹

100's



LAGER
Rooibos
Teabags

21⁹⁹

40's



CRE-MEAR
Creamer

36⁹⁹

750g



NESCAFÉ
Ricoffy Instant
Coffee

79⁹⁹

600g



NESTLÉ
Nespray
Milk Powder

49⁹⁹

400g



IMITATION CREAM
Black Forest
Cake

89⁹⁹

each



IMITATION CREAM
Rainbow
Slab

BUY TWO
38

2's



IMITATION CREAM
Doughnuts

BUY TWO
36

2 x 4's



IMITATION CREAM
Iced Cupcakes

BUY TWO
34

2 x 4's



IMITATION CREAM
Ready Made
Cake

109⁹⁹

each



IMITATION CREAM
Buns

BUY TWO
38

2 x 6's



DREAMS

BUY TWO
34

2 x 4's



QUEEN CAKES

BUY TWO
46

2 x 10's

Excluding Macaroni

BEST COOK
PASTA SCREWS

BEST COOK
PASTA PENNE

BEST COOK
PASTA ELBOWS

BEST COOK
Pasta Shells / Screws / Penne / Elbows

BEST COOK
TOMATO & ONION MIX

BEST COOK
TOMATO & ONION MIX

BUY THREE
33

3 x 500g

BUY THREE
36

3 x 410g

BEST COOK
Peri-Peri Sauce Assorted

BUY TWO
40

2 x 500ml

GOLDEN RAY
Mayonnaise

BUY TWO
46

2 x 750g

BEST COOK
Tomato Sauce

BUY TWO
48

2 x 750ml

ALL GOLD
Tomato Sauce 700ml & **BEST COOK** Tangy Mayonnaise 750g

AS SEEN ON TV

BUY BOTH
50

per combo

BEST COOK
Sliced / Grated Beetroot

BUY TWO
44

2 x 780g

KNORROX
Soup Polybag Assorted

BUY TWO
26

2 x 400g

KNORROX
Soya Mince Assorted

BUY TWO
44

2 x 400g

BEST COOK
Spaghetti

BUY TWO
22

2 x 500g

RAJAH
Curry Powder Assorted

26⁹⁹

200g

KNORROX
Stock Cubes Assorted

BUY TWO
36

2 x 24's

EXCELLA
Long Grain Parboiled Rice

10kg

124⁹⁹

GOLDEN RAY
Cake Wheat Flour

5kg

49⁹⁹

GOLDEN RAY
Instant Yeast

BUY EIGHT
20

8 x 10g

FATTI'S & MONI'S
Macaroni 500g & **BEST COOK** Pilchards Assorted 400g

AS SEEN ON TV

BUY BOTH
30

per combo

SHIBOBO
Super Maize Meal

12.5kg

86⁹⁹

GOLDEN RAY
White Sugar

10kg

159⁹⁹

GOLDEN RAY
Brown Sugar

2kg

66

SELATI
White Sugar

2.5kg

38⁹⁹

BRUTAL FRUIT
Ruby Apple NRB 2 x (6 x 275ml)

BUY TWO
120

6 x 275ml

CASTLE
Lite Cans 2 x (6 x 500ml)

BUY TWO
150

6 x 500ml

DROSTDY HOF
Adelpracht 5L

149⁹⁹

5L

RUSSIAN BEAR
Vodka 2 x 750ml

BUY TWO
270

750ml

JAMESON
Irish Whiskey 750ml

319⁹⁹

750ml

DREAMS COME TRUE

PARTY

45 WINNERS

COMPETITION VALID:
08/09/2022 - 06/11/2022

- 45 Winners will win R10 000 each towards their dream party
- Terms & Conditions Apply
- Competition Applicable To All Boxer Stores In RSA & eSwatini

PRIZE INCLUDES

- Venue Hire
- DJ
- Food, Drinks & more

PRICES VALID AT SELECTED BOXER LIQUOR STORES ONLY

Not for Sale to Persons Under the Age of 18. Drink Responsibly.

A Proud Member of the ARA



STAND A CHANCE TO WIN

YOUR DREAM WEDDING

WORTH R100 000*

TO ENTER:

1. Buy Any 2 advertised products

2. Check your tillslip

3. Dial *120*26937*uniquecode#
Follow the prompts to enter
(20c per 20 seconds)

SKIN

 39⁹⁹ 400ml each	 39⁹⁹ 400ml each	 44⁹⁹ 400ml	 44⁹⁹ 400ml
 44⁹⁹ 400ml each	 29⁹⁹ 450ml / 500ml each	 39⁹⁹ 450ml	
 9⁹⁹ 125ml	 15⁹⁹ 50ml	 20 2 x 100g	 29⁹⁹ 100ml
 26⁹⁹ 50ml	 34⁹⁹ 50ml	 42⁹⁹ 75ml	
 16⁹⁹ 100ml	 60 2 x 250ml	 69⁹⁹ 2L	

FRAGRANCE

 36 2 x 50ml	 40 2 x 50ml	 40 2 x 50ml	 44 2 x 50ml
 49⁹⁹ 2 x 50ml	 32⁹⁹ 150ml each	 31⁹⁹ each	 34⁹⁹ 150ml

 LOW PRICE R149⁹⁹ each	 LOW PRICE R139⁹⁹	 LOW PRICE R169⁹⁹	 5 FOR R60	 5 FOR R60	 LOW PRICE R19⁹⁹	 LOW PRICE R21⁹⁹	 LOW PRICE R14⁹⁹	 LOW PRICE R27⁹⁹	 LOW PRICE R44⁹⁹
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ADVERTISED ITEMS ON THIS PAGE AVAILABLE AT SELECTED STORES

HAIR

SOFN'FREE
Black Castor
Oil Spray

37⁹⁹
350ml

SOFN'FREE Creme Relaxer Regular
For Medium And Soft Hair Twin Pack

42⁹⁹
per pack

EASY WAVES Hair Food Assorted 150ml /
EASY WAVES Coconut Hair Food 125ml

30
2 x 125ml / 150ml

EASY WAVES
Curl Activator Gel with
Glycerine 250ml &
Oil Sheen Comb Out Conditioner
Hairspray 250ml Banded Pack

36⁹⁹
250ml pack

INECTO
Hair Colour Creme
Assorted

26⁹⁹
50ml

STA-SOF-FRO
Braid Spray
Assorted

44⁹⁹
350ml

PERFECT CHOICE
Moisturising
Lotion with
Avocado Oil
250ml /
Oil Moisturising
Spray 250ml /
Oil Sheen
Pro-Vitamin B5
Hair Spray
240ml

60
2 x 240ml / 250ml

ISOPLUS
Styling Gel

19⁹⁹
425ml

ISOPLUS
Hairline & Edge
Holding Gel

29⁹⁹
225g

PANTENE
Shampoo
Assorted
200ml /
Conditioner
Assorted
200ml

39⁹⁹
200ml each

HEAD &
SHOULDERS
Anti-Dandruff
Shampoo
Assorted

39⁹⁹
200ml

HYGIENE

FRESH WAVE
Your Family Hygiene Soap
Assorted

22
2 x 200g

BOXER
Hygiene Soap

30
3 x 175g

DETTOL
Bath Soap
Assorted

33
3 x 175g

DOVE
Beauty Cream Bar Assorted

49⁹⁹
4 x 100g

STAYFREE
Maxi Pads
Assorted
8's / 10's

24
x 2 packs

ALWAYS
Sanitary Pads Value Pack
16's / 18's / 20's

39⁹⁹
each

BOXER
Hygiene Hand
Sanitiser

16⁹⁹
125ml

DETTOL
Hygiene Liquid
Handwash Pump
Assorted

29⁹⁹
200ml

AQUASMILE
Medium Bristle
Toothbrush

15⁹⁹
each

AQUASMILE
Premium
Medium Bristle
Toothbrush

19⁹⁹
each

AQUASMILE
Plus Toothpaste
Assorted

40
2 x 75ml

SENSODYNE
Toothpaste
Assorted

34⁹⁹
75ml

LISTERINE
Anti-Bacterial
Mouthwash
Cool Mint

34⁹⁹
250ml

GROOMING

GILLETTE
Minora II
Disposable
Razors Twin
Blade Extra

26⁹⁹
5's

GILLETTE
Venus Blue 2
(5+2 pack)

27⁹⁹
each

GILLETTE
Blue 3 Disposable
Razors

36⁹⁹
5's

GILLETTE
Simply Venus
Disposable
Blades

49⁹⁹
5's

DREAMS COME TRUE



LAST YEARS WINNERS



COMPETITION VALID:
08/09/2022 - 06/11/2022

- ♥ 10 Finalist Couples To Be Drawn
- ♥ Winning Couple To Be Announced On 30th November 2022
- ♥ Terms & Conditions Apply
- ♥ Competition Applicable To All Boxer Stores In RSA & eSwatini

PRIZE INCLUDES • Wedding Dress
• Bridesmaids' Dresses • Groom's Attire
• Hair & Make Up • Wedding Cake
• Photographer • Venue • Catering
• 1 Night Honeymoon Suite & more

LOW PRICE
R22⁹⁹

CALPOL Pain And Fever Tablets 12's

LOW PRICE
R10⁹⁹

DUREX Condoms 3's

LOW PRICE
R32⁹⁹

VICKS Acta Plus 2 In 1 Cough Syrup 50ml

LOW PRICE
R64⁹⁹

GRAND-PA Headache Powders Stick Pack 38's

LOW PRICE
R11⁹⁹

HIGH POWER Pregnancy Test

LOW PRICE
R89⁹⁹

RE-JOOVENA 1L

55ml

COLGATE Toothpaste 100ml + Toothbrush Value Pack & COLGATE Plax Complete Care Mouthwash 55ml

40
per combo

100ml

COLGATE Triple Action Toothpaste

45
3 x 125ml

COLGATE Total 12 Toothpaste Assorted

39⁹⁹
75ml

COLGATE Total Advanced Whitening Toothpaste

39⁹⁹
150ml

ADVERTISED ITEMS ON THIS PAGE AVAILABLE AT SELECTED STORES

DOUBLE YOUR GRANT AT BOXER

OLD AGED GRANTS ON THE **2nd NOV** | DISABILITY GRANTS **3rd NOV** | CHILD SUPPORT GRANTS **4th NOV**



STAND A CHANCE TO **WIN** THE VALUE OF YOUR SASSA GRANT IN BOXER eCOUPONS

- 1** BUY any 2 Advertised Combos
- 2** DIAL *120*26937*uniquecode# and follow the prompts (20c per 20 seconds)
- 3** You could be a **WINNER!**

COMPETITION VALID: 2nd NOVEMBER to 6th NOVEMBER WINNERS WILL BE ANNOUNCED: 14th NOVEMBER 2022 *Ts & Cs APPLY. Visit www.boxer.co.za

AS SEEN ON TV

3kg

FRESH WAVE Hand Washing Powder

NEW IMPROVED FORMULA

69⁹⁹
3kg each

BUY THREE 180
3 x 3kg

FRESH WAVE Auto Washing Powder

54⁹⁹
2kg

FRESH WAVE Dishwashing Liquid

46
2 x 750ml

FRESH WAVE Laundry Soap

30
2 x 500g

RED GLOVE Green Bar Soap

39⁹⁹
4 x 500g

VANISH Stain Remover Liquid 500ml / VANISH Power O2 Stain Remover 150g

34⁹⁹
each

SUNLIGHT Multipurpose Pine Gel

34⁹⁹
1L

FRESH WAVE Fabric Conditioner Refill Assorted

21⁹⁹
500ml

STA-SOFT Fabric Conditioner Refill Assorted

50
2 x 500ml

JIK Bleach Assorted

14⁹⁹
750ml

AIRWICK Air Freshener Lavender

14⁹⁹
280ml

Selected Stores

PLUSH Supreme Multipurpose Thick Bleach Assorted

18⁹⁹
750ml

HARPIC White & Shine Multipurpose Thick Bleach Assorted

25⁹⁹
750ml

MR MIN Multi Surface Cleaner Lavender

29⁹⁹
300ml

SUNBEAM Floor Polish Assorted 350ml / COBRA Floor Polish Lavender 350ml

32⁹⁹
350ml each

Selected Stores

COBRA Relax Tile Cleaner Lavender Value Pack

39⁹⁹
750ml + 250ml

Selected Stores

MORTEIN Powergard Liquid Thirty Nights Protection

49⁹⁹
28ml

KIWI Black Shoe Polish

30
2 x 50ml

TWINSAYER Luxury 2 Ply 200 Sheets Toilet Tissue Rolls

34⁹⁹
9's

CONTE Premium 1 Ply Toilet Tissue 300 Sheets

50
x 2 packs

HOME SQUARE Premium Steam Iron

299⁹⁹
each

+ & GET THIS FREE!
10m

Selected Stores

HOME SQUARE Premium Glass Kettle

299⁹⁹
1.7L

+ & GET THIS FREE!
10m

Selected Stores

HOME SQUARE Premium Stainless Steel Hotplate

299⁹⁹
each

+ & GET THIS FREE!
10m

PRICES VALID AT BOXER GAUTENG STORES ONLY

Range May Vary. Prices include 15% VAT where applicable. Boxer will attempt to have sufficient advertised stock available to meet our customers anticipated demand, however if we still run out of stock we will obtain the stock or we will offer you a reasonable alternative. Boxer reserves the right to limit quantities per customer. Boxer takes utmost care to ensure that all promotion leaflets are correct. If, however, in the unlikely occurrence of a mistake, we will display a notice in-store with all the correct details. E.&O.E. Terms & Conditions apply.
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