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29 APRIL 2022

Fire at
JST's
mental
health
unit
PAGE 4

FARM
ATTACK
PAGE 4

25
EVICTED
FOR NO
PAYMENT
FROM
2017
PAGE 4

SERIAL SCAMMER

PART 4

Speaking to Victim 8, we got to see a side of Mr Scammer we have not seen before. It seems that Mr Scammer is actually quite knowledgeable about an array of topics and quite the conversationalist. "His general knowledge is extraordinary. There is nothing you can ask him for which he cannot almost immediately give you a very clever answer to. He also knows the names and intricate details of several influential people," Victim 8 told *Platinum Weekly*.

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MY FRIEND

GEMSTONES

I KNOW
SOMEONE
WHO
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MY DAUGHTER
RECENTLY PASSED AWAY

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More on page 6.

Buffelspoort
Dam under new
management
PAGE 5



NOTHING GOOD HAPPENS AFTER 2AM



Redirile, Derby – A woman was brutally murdered in the early hours of Sunday 24 April. Witnesses say that someone stomped on her neck until she died. At the time of going to print, we were unable to get any comment from SAPS. **[Letter to the editor]** I am part of the local Community Policing Forum (CPF) and freely give up my time to protect my community and I often face dangerous situations when coming to the aid of those in need. Violence took its toll during the early morning hours at a tavern in the Redirile location, Derby, on Sunday 24 April. My first call to the

Koster Police station was around 02:53 when I informed them that things were starting to get out of hand at the tavern with drunk people fighting. I phoned again at 03:06 and at 03:07. By 04:12 I phoned again and the person on the line told me that they haven't received any complaints from anyone in Derby. I told the person that, that couldn't be possible, we are really struggling and we need assistance that is why I phoned multiple times. The person started to get rude towards me and I dropped the call. At around 05:00 we received a call on our community forum that a woman was killed. In spite of the fact that the police did not come to our aid, the root of the violence and crime in Redirile, Derby, is the local taverns. They stay open much later than they are permitted to do and they give alcohol to people who already had too much to drink. This is not the first time people were injured or murdered in the early hours of the morning because of alcohol flowing. Drugs are also an ongoing concern in our location and these two evils are gripping our community in their violent claws. Unfortunately we cannot fight against this without the assistance from the police. Due to their inaction criminals know that they can get away with their crimes and it draws more and more bad people to our area. Our community is suffering and we need the police to remove these people from our town, and to get the taverns to comply. **Derby CPF member**

Body found at Harties

Hartbeespoort Dam – The body of a 50-year-old man was found at the bottom of the Hartbeespoort Dam dam wall on Saturday 23 April. Police spokesperson colonel Adele Myburgh said an inquest docket has been opened to probe the incident, which occurred at approximately 12:00 midday. "An eyewitness saw the body of the man lying at the bottom of the dam wall. The victim was declared dead by ER24 paramedics who arrived at the scene," Myburgh said. Myburgh added that a vehicle belonging to the man was also discovered. It was abandoned close to the dam wall. We extend our heartfelt condolences to the friends and family of the deceased.



Placing an obituary

Announcing the death of a family member is a time-honoured tradition as life should be celebrated and never forgotten. To help you to celebrate the life of your loved one and share details about the upcoming funeral, place an obituary in our newspaper, free of charge. You can include the date of death, details about their life and surviving family members. You can also write a special message, a poem or a prayer. Please include a photo and the date, time and place of the memorial service.

If you would like to place an obituary in *Platinum Weekly / Platinum Bushvelder*, send the information via WhatsApp to 072 482 6871 or email news@platinumweekly.co.za / news@platinumbushvelder.co.za.

In remembrance



Ons onthou met liefde Enrico Goosen (42), oorlede op Dinsdag 26 April 2022. Sy heengaan laat 'n groot leemte agter in almal wat hom geken en liefgehad het. Sy roudiens vind Donderdag 5 Mei 2022 plaas; die tyd en lokaal sal later bekend gemaak word. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Kom deel saam met ons terwyl ons die lewe gedenk van wyle Gezina Coezee (93), oorlede op Sondag 24 April 2022. Haar gedenkdiens vind op Vrydag 6 Mei 2022 plaas om 11:00 vanuit die NG Kerk Bergsig Gemeente, Betlehemstraat, Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



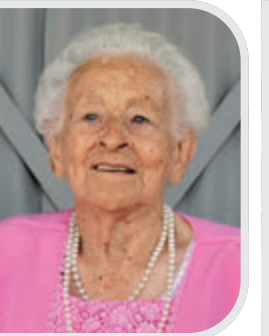
Join us in mourning the enormous loss and loving life of Isaac Billyboy Molapile. He passed away on Sunday 24 April 2022. His funeral service will take place on Saturday 30 April in Rietvlei. For more information contact Simon Setlhabi on 079 707 5499 or William Matheolwane on 083 963 3136 for funerals, cremations, policies and tombstones. A service with love and dignity by Econo Funerals.



Rosalie Du Rand (54) passed away on Monday 25 April 2022. A tribute to her life will be announced. For more detail phone Cobus on 081 379 8919 or Wilna on 074 200 2687 at Econo Funeral Services, 014 597 2730. A service with love and dignity by Econo Funerals.



Join us in mourning the enormous loss and loving life of Irene Kelebogile Mohlabane (39). She passed away on Wednesday 20 April 2022. Her funeral service will take place on Saturday 30 April 2022 in Boitekong. For more information contact Simon Setlhabi on 079 707 5499 or William Matheolwane on 083 963 3136 for funerals, cremations, policies and tombstones. A service with love and dignity by Econo Funerals.



Kom deel saam met ons terwyl ons die lewe gedenk van wyle Anna Kotze, oorlede op Sondag 24 April 2022, twee dae voor haar 92ste verjaardag. Anna is moeder van Zelda van der Westhuizen, matrone van Rusoord Ouethuis en Leonor Oosthuizen van Standerton. Haar oorwinningsdiens vind op Donderdag 28 April 2022 plaas om 14:00 vanuit die kapel by Sonskyn Aftree Oord (reg langs Toledo Spur), Koorsboomstraat, Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Kom deel saam met ons terwyl ons die lewe gedenk van wyle Niekie Steyn (38), oorlede op Donderdag 21 April 2022. Sy verlossingsdiens vind plaas op Donderdag 28 April 2022 plaas om 12:00, vanuit die kapel by Sonskyn Aftree Oord (reg langs Toledo Spur), Koorsboomstraat, Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.

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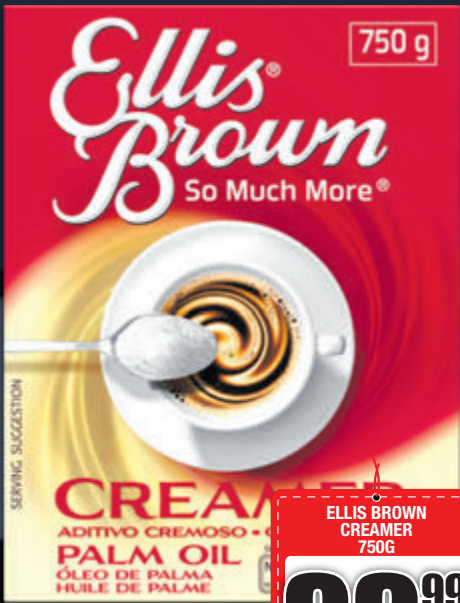
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Adding fuel to the fire

Rustenburg – Investigating a vehicle accident where five people were seriously injured on Monday 15 April, an eyewitness made serious allegations as to the cause of the accident.

An eyewitness told *Platinum Weekly* that a taxi full of passengers chased another vehicle. When the driver of the other vehicle tried to get away from the taxi, “fearing for their lives” we were told, they collided with a third vehicle. “The taxi then disappeared as quick as it appeared,” the eyewitness said. It was alleged that the driver was part of an E-hailing service carrying passengers



and that the taxi attacked them due to feuds between the two transport services. However, further investigations indicated that the vehicle was not part of any of the E-hailing services and was just giving a lift to people. We reached out to Uber who confirmed that it was not one of their drivers and at the time of going to print we had not yet received feedback from Bolt – the two main E-hailing service providers in Rustenburg. The Bojanala 1 Regional Taxi Council as well as police spokesperson sergeant Ofentse Mokgadi also confirmed that no such incidents were reported.

FARM ATTACK IN BARNARDSVLEI, MOOINOOI

Barnardsvlei/ Mooinooi – Hannes Robbertze (59) and his wife Daleen (63) recently moved from the bustling city to a smallholding in Barnardsvlei (close to Mooinooi), looking for some peace and quiet, being retired. Five months later, intruders attacked them during the early morning hours of Sunday 24 April, just after midnight. Hannes heard something and walked through the house to investigate. An unknown number of assailants then opened fire on him. He ran back to his bedroom to retrieve his firearm but was shot twice from behind in close range. He managed to get to his firearm and returned fire – doing everything possible to protect his wife. He managed to put up a good fight and the attackers fled the scene with a laptop.

Then he collapsed. Hannes sustained serious injuries to his one arm and leg and lost a lot of blood. At the time of going to print, he was in a stable condition in hospital. “A case of house robbery and attempted murder are being investigated,” lieutenant colonel Adèle Myburgh confirmed.

- A community member commenting on Facebook this week about farm attacks in the Buffelspoort area, Thysanne Coetzer, said that they were robbed twice in 10 days in that area. “We just sold and left. We were honest with the buyers and six years later, they were attacked and killed. Stay away from that area; it’s too close to Majakaneng!”

25 Evicted for NO PAYMENT from 2017



A total of 25 families were evicted from the Waterkloof Hills Estates by Royal Bafokeng Platinum Mine on Monday 25 April.

Rustenburg – Gloria Mogapi, a former mineworker at Royal Bafokeng Platinum Mine, is facing an uncertain future after she was evicted from a house her family were living in at Waterkloof Hills Estate. Mogapi was visibly emotional while speaking to ENCA reporter Aviwe Mtila on Monday 25 April, moments after her family and 24 others had been evicted from the premises by the mining company. Royal Bafokeng Platinum Mine said several employees rented out the houses to occupants, who failed to make payments since 2017. The company said it was left with no choice but to allow the Sheriff of the Court to enforce an eviction order to remove families that had been occupying the houses illegally. Says Royal Bafokeng Platinum Mining communications manager Thapelo Montshioa in a statement to *Platinum Weekly*: “Over the past three years, the company has been engaging with all relevant stakeholders, including the occupants, to find an amicable and humane solution to the impasse. This process included the availing of alternative land for the tenants facilitated by the Rustenburg Local Municipality. This exercise proved futile, and the company had to seek alternative legal means to resolve the matter. Following the granting of the eviction order the occupants were still given ample opportunity to move out of the houses, however they decided to continue with the unlawful occupation of the houses.” The evicted families are arguing that they should be allowed to continue living in the houses until a decision on their application to the high court to have the eviction order reviewed and set aside is taken. For now, the evicted families have been provided temporary shelter at the Rustenburg Recreational Centre by the Rustenburg Local Municipality (RLM). Said RLM spokesperson Thapelo Matebesi: “RLM intervened by temporarily accommodating the evicted miners at the Rustenburg Recreation Centre for a period of about seven days, whilst awaiting the outcome of the High Court.”

Fire at JST’s mental health unit

Rustenburg – Job Shimankana Tabane (JST) hospital’s mental health unit caught fire at around 18:20 on Wednesday 20 April. According to a statement by the North West Department of Health, an individual noticed that there was a fire coming from one of the rooms in the adolescent wing and reported the matter. The police, Rustenburg Fire Department and emergency medical rescue services were summoned for assistance. The fire was contained and was brought under control within an hour. All 23 patients and 11 staff members in the unit were evacuated but three of the staff members were sent to the casualty department shortly after the incident and eight more received treatment the day after – all for smoke inhalation. Once all the families of the patients were informed about the incident, the patients were transferred to Bophelong Psychiatric Hospital and Witrand Psychiatric Hospital hospital and two were discharged. Health MEC Madoda Sambatha paid a visit to the hospital on 21 April to assess the situation. “We are grateful that the fire could be contained and that all the patients and staff are accounted for and safe and that the building is still intact,” he said. The cause of the fire is still under investigation.



Staff and patients at the JST mental health unit had to be evacuated after a fire broke out in one of the rooms.

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NOTICE

Notification is given in terms of Section 43 of the National Environmental Management: Air Quality Act, 2004 (Act 39 of 2004) that Transnet Pipelines intends to apply for the renewal of Rustenburg Depot’s Atmospheric Emission Licence (AEL), Licence number NWPG/TRANSNET/AEL 2.2/MARCH 13 that was issued by the Department of Economic Development, Environment, Conservation and Tourism on 07 March 2013. Transnet Pipelines, Rustenburg Depot is located at 6 Escom Street, Rustenburg, North West Province.

Any person or organisation that wishes to comment on the application for AEL renewal may make submissions in writing to Ndumiso Ngongoma on ndumiso.ngongoma@transnet.net. Submissions can be made for a one-month period closing on 15 May 2022.

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ELECTRICITY SUBSTATION VANDALISED

Rustenburg – A substation located along Boom Street was vandalised. The Rustenburg Local Municipality is investigating the incident. According to information supplied to *Platinum Weekly* by community members, the substation was vandalised on 13 and 14 April. Photos taken inside the substation show the level of destruction.

A camping chair and clothing found inside the substation, suggests that it is used by the perpetrators as a hideout. Democratic Alliance ward 18 councillor Cobus Nortje has promised to get to the bottom of the incident. “I suspect this substation has not been working for some time,” Nortje said.

Police in Rustenburg are also investigating the incident.



The substation along Boom Street in Rustenburg was vandalised.

Buffelspoort Dam under new management

Buffelspoort – Buffelspoort Dam is a unique asset to the North West Province. It is one of the few dams in the country which remains in a relatively pristine state, and continues to have great recreational potential. The new management team at the dam consists of community members, local farmers and landowners who have volunteered to assist with the management and conservation of the dam and its immediate surrounds. This Community Committee was democratically elected from the local community to manage Buffelspoort Dam on a voluntary basis.

“Our vision is to add value to our community through the commitment to effectively manage our resources,” said committee member Alex Junod.

Specifically, they would like to administer and improve the recreational, public access area on the western shore of the dam. This can, in turn, directly benefit the communities surrounding it.

Community member Janine Horn said: “It is our firm belief that, as a community, it is our responsibility to manage Buffelspoort Dam in the interests of all parties and with a strong conservation ethic in mind. Collectively we have an ardent, multi-faceted vision for the dam. We believe that we are best suited to manage the area in question as we do not represent any single party but rather a number of parties with varied skills, interests and concerns.”

This venture does come with challenges, but the committee is dedicated to finding



The tranquil Buffelspoort Dam.

solutions. Committee member Jessica van Schalkwyk added: “We are aware that there has been some negative feedback from visitors recently to Buffelspoort Dam. We are addressing these comments and want to assure you that we are doing everything possible to make your future visits to Buffelspoort Dam, peaceful, fun-filled and memorable experiences.”

They welcome anyone that would like to make a difference and be a part of the conservation of this beautiful dam.

If you would like to contribute or share any suggestions, you can contact the Community Committee at admin@buffelspoortdam.org.za.

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Background Rustenburg – *Platinum Weekly* was made aware of a man pretending to be a lodge owner in our area, so we set out to investigate. We ended up going down a rabbit hole of scams. The audacity of this serial scammer is mind boggling. We are placing only one or two of his scams (per week) in our newspapers. We already interviewed several of his victims. This serial scammer is also extremely dangerous and armed. He was recorded online, taking out his gun and threatening to shoot a man who confronted him about his scams.

It almost plays out like a movie... except it's not. It's real life and it's real people who lost real money. It is a pity, however, that only some of his victims have opened criminal cases against him. In some of the cases his scams appear to be nothing more than a power play... a need to impress the ladies...

More and more victims are coming forward and *Platinum Weekly* aims to expose all of his scams in the weeks ahead. We hope to warn people about his *modus operandi*, so that they don't get caught up in his web of lies. Hopefully he will be brought to book soon so that his identity can be revealed.

To protect his victims, we will keep them anonymous.

The gemstones
Speaking to Victim 8, we got to see a side of Mr Scammer we have not seen before. It seems that he is actually quite knowledgeable about an array of topics and quite the conversationalist. "His general knowledge is extraordinary. There is nothing you can ask him for which he cannot almost immediately give you a very clever answer to. He also knows the names and intricate details of several influential people," Victim 8

told *Platinum Weekly*. Victim 8 met Mr. Scammer while working at a guesthouse where he was staying in December 2021. She warmed up to him when he told her that his daughter recently died. During a conversation she mentioned to Mr. Scammer that she had valuable gemstones including emeralds [not diamonds] that she was looking at selling. He apparently said that he has a contact at a diamond dealer in Braamfontein and that he

SERIAL SCAMMER

PART 4

can help her to get the necessary certificates, which according to him she would need – if she wanted to legally sell the gemstones. "He would do it as a favour he said, and will only ask me R1,500 to cover some of the costs," Victim 8 said. By now we know that Mr Scammer is extremely good at getting people to part with their money. Victim 8 gave him the money in cash. Two days later he told her that he was able to find a buyer for the gemstones, and that she had to give him another R1,500 to get the ball rolling – which she did. Extremely excited about the money she stood to make

from this transaction, Victim 8 had the gemstones cleaned, incurring even more expenses she did not budget for. In the meantime, Mr. Scammer sent her a photo of her 'certificate'. She immediately became suspicious when she saw that the certificate was dated 2009. Considering that he also found an excuse for every day for the week as to why the buyer could not meet for the transaction, Victim 8 demanded that Mr Scammer return the money she paid him.

And true to what he usually does in the finale of his performance, he blocked her number on his phone.

A very expensive favour
Victim 9 met Mr Scammer when his ex-wife asked him to accompany her to a job interview, she felt a bit uncomfortable about. By now we know that Mr Scammer first interviews women online and if he likes what he sees, he lures them to a remote location and tries to scam his way into their panties. Something he is not very successful at. Of course, her application for the fake job was

successful. Victim 9 told *Platinum Weekly* how Mr Scammer almost immediately started reeling them as he talked about his 'very successful' diamond trading business. He showed them all his 'credentials' and 'certificates' which indicated that he is a legit diamond dealer. He also invited them to accompany him to a meeting where he had to conclude a very lucrative deal. At the restaurant, they apparently witnessed how Mr. Scammer met with another person in the diamond trade, who then gave Mr Scammer a cheque for R32 million. [Note, cheques have not been valid in South Africa for some time now, and since November 2020, you cannot pay a cheque into a South African bank account.] Mr Scammer offered them the opportunity to also make a bit of money in the diamond trade. He felt some kinship with them since he met them... and all and all. Well, he got Victim 9 to part with R12,000. He then kept them on the line for a day or two. It was when he offered Victim 9 a top job at a diamond mine in Kimberley, when Victim 9 became suspicious. But it was too late. The curtains came down when Mr Scammer blocked their numbers on his phone.

He operates all over the show. If some of these stories sound familiar to you, please let us know about it. Even if you were scammed a year or two ago, you can still report it to SAPS. We urge victims to go to their nearest police station to open a case. This dangerous man should be brought to book.

If you missed part 3, you could read about it in *Platinum Weekly's* 22 April issue. Watch this space for part 5, where more of his scams will be exposed.

***Names have been withheld to protect the victims.**

What's happening with the Matfar Centre?

Rustenburg – The Iconic Matfar Centre located at 1 Faisal Mafa Drive near Platinum Square Shopping Centre went on auction in February. According to broll AUCTIONS AND SALES, the property covers 8,066 square metres and comprises of 16 retailers with a few notable details. However, according to broll AUCTIONS' Craig Berman the property did not sell. For more information contact broll auctions and sales on 087 700 8289.



Who's to blame?

Rustenburg – Residents from Geelhoutpark and Tlhabane West contacted *Platinum Weekly* to raise their concerns after several days without any water or answers. According to Democratic Alliance (DA) councillor for ward 43, Luan Snyders, more than 15,000 residents' taps ran dry. The Bospoort and Magalies Water Treatment Works pointed the finger at each other as the cause of the crisis. Snyders called for an emergency meeting with the Rustenburg Local Municipality (RLM) municipal manager Victor Makona, Magalies Water and the Rustenburg Water Services Trust to address the issue, but at time of going to print a date was not yet finalised.

Water tanks also never reached all the residents. DA member of parliament Cheryl Phillips is currently investigating a Promotion of Access to Information Act request to find out how much contractors are paid to deliver water, which contractors and the supply chain management process. RLM spokesperson Thapelo Matebesi said that a burst pipe from the Bospoort water treatment plant was the cause of the



problem and because they were busy with repairs, they were unable to supply water to the industrial reservoir, Geelhoutpark and Bellevue. The reservoir was closed to raise the water level. Finally, after a 29-hour shutdown the repairs were completed on Sunday 24 April and the water treatment plant started running to supply the reservoir and on 25 April the water supply was finally restored.

ONE SMALL STEP FOR MAN, ONE GIANT LEAP FOR

GRENVILLIANS

GRENVILLE HIGH SCHOOL

OPEN DAY

18 MAY 2022

15:00 - 17:30

APPLICATIONS AVAILABLE FROM 3 MAY 2022 AT THE OFFICE OR ONLINE.

CCPU determined to fight crime in CBD

Rustenburg – The Community Crime Prevention Unit (CCPU) is determined to help maintain law and order by rooting out crime in and around Rustenburg. Established on 17 January 2022, the CCPU is currently made up of 10 members who have made it their mission to fight and defeat all criminal activities. Their goal is to make the Rustenburg community more secure by eradicating



criminal activities so that anyone can safely walk around the central business district (CBD) and other crime hotspots. The CCPU also assists parents of misbehaving children by encouraging the youngsters to be obedient and work towards making something meaningful of their lives. If you want to become involved, contact 081 875 9054.

MASSIVE PROMO

UNBEATABLE MONTH-END SAVINGS

AS SEEN ON TV



VEG COMBO:
1 x Potato Pocket 7 kg
1 x Onion Pocket 7 kg
1 x Butternut Pocket
R125



Avocado Trays
R69 each



Food Lover's
Cheddar, Gouda
or White Cheddar
Cheese 800 g
74⁹⁹ each



Coke Cans Assorted
6 x 300 ml Packs
2⁰⁰ FOR R98



La Belinda Whole
Peeled or Chopped
Tomatoes 400 g
5⁰⁰ FOR R60



Food Lover's Blended
Seed & Extra Virgin
Olive Oil 1 L
2⁰⁰ FOR R120



Cashews or
Mixed Nuts
19⁹⁹ per 100 g



Oxtail
79⁹⁹ per kg



Pork Spare Ribs
79⁹⁹ per kg



Extra Lean Beef
Mince 2 x 500 g
99⁹⁹ per kg

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Sweetcorn Punnets 4's
3 FOR R50



BIG DEAL
Lemons, Oranges & Grapefruit
14.99 per kg



Green Bean Thriftpacks 1 kg
19.99 each



Cabbages
2 FOR R25



Robot Peppers
2 FOR R25



Butternuts
7.99 per kg



English Cucumbers
2 FOR R25



Broccoli Prepacks
19.99 each



Lettuce Prepacks
2 FOR R25



Tomato Thriftpacks 1 kg
19.99 each



Sweet Potato Carry Bags 2 kg
2 FOR R25



Pickling Onion & Potjie Potato Thriftpacks
3 FOR R25



Crown Pumpkins
2 FOR R25



Carrot Thriftpacks 1 kg
2 FOR R25



Grape Punnets Assorted
19.99 each



Pomegranate Punnets
R25 each



Naartjie, Lemon or Orange Thriftpacks 1 kg
2 FOR R30



Apple or Pear Econopacks Assorted 1.5 kg
3 FOR R50



Orange Pockets
29.99 each



Bananas
14.99 per kg



Kiwifruit
4 FOR R25



Naartjie Trays
R25 each



Pineapples
2 FOR R25



Clover Fresh Milk Assorted 2 L

2 FOR R50



Food Lover's UHT Long Life Full Cream or Low Fat Milk 6 x 1 L

2 FOR R140



Sasko Premium Brown Bread 700 g

11⁹⁹ each



Alzu Extra Large Eggs 30's or Bartlet Large Eggs 30's

49⁹⁹ each



Clover Tropika Assorted 2 L

2 FOR R50



Food Lover's Crushed Garlic or Crushed Garlic & Ginger 500 g

2 FOR R40



Flanagan's Chips Assorted 125 g

3⁰⁰ FOR R49



Jungle Oats 1 kg

2⁰⁰ FOR R58



Cadbury Oreo Original, Chocolate Cream or Golden 133 g

4⁰⁰ FOR R50



Pepsi Max 2 L

5⁰⁰ FOR R50



Cadbury 5-Star, Crunchie or Lunch Bar

6⁰⁰ FOR R50



Simba Nik Naks Assorted 135 g

5⁰⁰ FOR R50



Selati White Sugar 2.5 kg

39⁹⁹ each



Sasko Cake Flour 2.5 kg

24⁹⁹ each



Tastic Manhattan Range 2 kg

ANY 2 FOR R50



Penny Lane Frozen Blueberries or Strawberries 1 kg

2 FOR R100



Food Lover's 2-ply Toilet Paper 18's

79⁹⁹ each



Food Lover's Charcoal or Briquettes 4 kg

3 FOR R100



Food Lover's Shredded Tuna in Brine 170 g

4 FOR R50



Ina Paarman's Ready To Serve Sauces Assorted 200 ml

2 FOR R50



Cinnamon Doughnuts

9 FOR R30



Banana Bread & Milk Tart

BOTH FOR R40



Family Meals

89⁹⁹ each



Selected Take-home Pizzas 28 cm

3 FOR R120



Food Lover's Braai Snoek 1 kg

79⁹⁹ each



Food Lover's Seafood Mix 700 g

59⁹⁹ each



Food Lover's Pink Prawns Cut & Deveined 350 g

2 FOR R150

BUTCHERY

Bulk Beef Potjiekos
89.99
 per kg



Lamb Packs

129⁹⁹
per kg

Bulk Lamb Brags

159⁹⁹
per kg

A large platter of raw lamb chops, garnished with fresh thyme, served on a wooden board. The chops are arranged in a circular pattern, showing the characteristic red meat and white fat. The thyme sprigs are scattered around the chops, adding a touch of green. The wooden board is placed on a dark surface, and a small portion of a green salad is visible in the top left corner.



Beef Goulash 400 g

49⁹⁹
per pack



Chicken Buffalo Wings 650 g

49⁹⁹
per pack

Pork Loin Chops

69.99 per kg

SA PORK

Bulk Pork Rashers
89⁹⁹
 per kg

Chicken Fillets
59⁹⁹
 per kg

Food Lover's Viennas
Red, Smoked or
Chicken 1 kg

49⁹⁹
per kg

Food Lover's Prime Cut Bacon 1 kg

89⁹⁹ per kg



**Cape Black Angus
Boerewors 500 g**

69⁹⁹ per pack

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SUDOKU

SOULFOOD

PSALM 13

Trust in the Salvation of the Lord
To the Chief Musician. A Psalm of David.
13 How long, O Lord? Will You forget me forever? How long will You hide Your face from me? 2 How long shall I take counsel in my soul, Having sorrow in my heart daily? How long will my enemy be exalted over me? 3 Consider and hear me, O Lord my God; Enlighten my eyes, Lest I sleep the sleep of death; 4 Lest my enemy say, "I have prevailed against him"; Lest those who trouble me rejoice when I am moved. 5 But I have trusted in Your mercy; My heart shall rejoice in Your salvation. 6 I will sing to the Lord, Because He has dealt bountifully with me.

+

+

+

NEW KING JAMES VERSION (NKJV)

WEATHER REPORT NORTH WEST

RUSTENBURG

Thursday

28 APR 2022

22°C - 09°C

6%

Friday

29 APR 2022

24°C - 12°C

5%

Saturday

30 APR 2022

24°C - 10°C

24%

Sunday

01 MAY 2022

24°C - 10°C

2%

Monday

02 MAY 2022

23°C - 10°C

6%

At time of print

USD / ZAR

15.8877

Gold \$/oz

1 897.49

EUR / ZAR

16.8672

Platinum

919.00

GBP / ZAR

20.0068

Brent

105.13

AUD / ZAR

11.3682

Palladium

2 230.50

Yuan / ZAR

2.4227

Silver

23.60

USD / EUR

0.94197

USD / GBP

0.7944

Bitcoin / USD

39084

Ethereum / USD

2899.12

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The SAPS Mounted Unit members showed learners how they inspect their horses.



Have your say / Sê jou sê

Do men drive better than women?

Who is the better driver? Does gender really play a role when it comes to road safety?



No. Women drivers are better. Women are natural nurturers. They are more careful and more responsible than men and this also applies when they are on the road.
Thembi Hlabangana



Yes. I think men are better drivers as they get older. However, when you look at the youth, I think that both men and women are generally not very careful when driving.
Jakkie van Rensburg

PUBLIC POLL: THE RESULTS ARE IN!

Do men drive better than women?

NO 53% YES 47%

Send your event listing to news@platinumweekly.co.za ** Free Placement!

PLATINUM EVENT DIARY

Youth Friday Car Wash	29 Apr '22	Rustenburg: Methodist Church	066-218-3874
Spoegwolf	29 Apr '22	Rustenburg: 2Riviere Kroeg en Rooster	082-952-0548
Timbati Veld - Market Day	30 Apr '22	Rustenburg: Veld srnd. Timbatrievier, Nylrivier & Krokodilrivier	079-215-6815
Steenbokpan Boeremark - Jaco Bees van Wyk	30 Apr '22	Rustenburg: Steenbokpan Boeremark - Bosveld Pub & Grill	082-450-9982
Pieter Strydom live	30 Apr '22	Kroondal: Cheers & Beers	079-666-6128
Dirk Van Der Westhuizen	30 Apr '22	Rustenburg: Buffelspoort - Buffalo Grill	014-572-3056
Plaaskombuis Opening	30 Apr '22	Rustenburg: Jabulani	082-485-2791
The first Sunday	1 May '22	Rustenburg: Elements	066-587-0494
Hospice Pop-Up stall	2 May '22	Rustenburg: Pick N Pay - 550 Kloof rd., Upper East Side	014-592-8925
Herfsmark	2 May '22	Hartbeespoort: Gereformeerde Kerk, Schoemansville	061-845-7887

EASTER GOOD FRIDAY CELEBRATIONS

Rustenburg – Christ Embassy Rustenburg Group Church hosted a Good Friday Miracle Service with pastor Olajide Bakare at the Rustenburg Show Grounds on Friday 15 April. It was a blessed event where attendees celebrated and received the Word of God.



Pastor Olajide Bakare



The choir gave a glorious performance praising God.

POLL

Are you comfortable with speaking in public?

It's completely normal to fear speaking in public to a room full of people where strangers are focused on your every move and word. For some this skill just comes naturally... Make yourself heard by sending an email to news@platinumweekly.co.za or a WhatsApp to 081 579 7000 with the following information before 17:00 on Tuesday 3 May:

- Yes, I'm comfortable speaking in public or,
- No, I'm not comfortable speaking in public.
- The reason for your answer.
- A recent photo of yourself (optional) – that we can publish with your answer.
- Your contact details.

If you don't want your answers to be in the newspaper, just reply to the question: YES/ NO. The results of the votes will be published in our next issue.

PS – You can also give your opinion by commenting on our Facebook post.



YOUR FRIDAY FUN FACT

Did you know?

One species of jellyfish, *Turritopsis dohrnii*, is 'immortal'. In response to physical damage or any other trauma, they can revert back in their development process to a polyp. A polyp is a tube-shaped structure with a mouth at one end and a kind of 'foot' at the other. It remains stuck in place for some time, growing into a little colony of polyps that share feeding tubes with each other eventually developing into jelly fish again.



Hospice is turning 25!

Rustenburg – Hospice Rustenburg is a non-profit organisation founded in 1997, that provides home-based palliative care to people with life-limiting and life-threatening illnesses like cancer, HIV/AIDS and end-stage chronic illness in the greater Rustenburg community. Community involvement is a big part of how they make a difference and to celebrate this and to raise funds, they will have a pop-up stall at Greystone Crossing on Monday 2 May. Here you will find a variety of second-hand books, clothing items and bric-a-brac on sale. Donations are always appreciated, and their second-hand store welcomes any clothing, linen, bric-a-brac, furniture, cutlery, crockery that they can sell to raise funds. Go and support them so they can continue to support the community!



Want to become a police officer?

Tlhabane/ Rustenburg – The faces of students at Kgatseng Thabiso Middle School lit up with excitement at a career exhibition held on Thursday 21 April. Tlhabane SAPS was part of the stakeholders who participated at the career exhibition, organised by the school and hosted at Tlhabane Resource Centre. Various police departments – such as the mounted and explosives units as well as the flying squad amongst others – were part of the exposé.

Setting an example

Rustenburg – Oom Paul Skool is a skills school which means that it provides education and skills to learners who find it difficult to progress in the mainstream schools. These learners have to meet the criteria and have to be referred by a psychologist.

From the age of 13, Afrikaans and English learners can attend the school, and are educated in an environment adapted to help them flourish. The school has to work according to each child's ability, creating the perfect atmosphere for them to excel when they couldn't do in a mainstream school.

Half of the school-day is dedicated to academics and the other half is used to teach them various skills that will enable them to enter the labour market.

Main skills they teach:

- **Woodwork:** They are trained in basic woodworking skills. They build various items of furniture that is displayed and used all over the school.
- **Maintenance:** The learners get to know more about plumbing, roofing and other household maintenance as well as motor maintenance like draining oil.
- **Hairdressing:** It gives the youngsters the option of working in a salon when they finish school.
- **Food Production:** Oom Paul School have a well-equipped class that teaches kids the basics of preparing food.

Extracurricular activities like rugby, soccer, netball, athletics as well as cultural activities like public speaking are also offered. They have several learners who have received North West colours with their achievements. Learners from as far as Taung attends Oom Paul School and can comfortably stay in



Oom Paul Skool principal
Cas Combrink.

their hostel that currently host 108 boys and 72 girls. The hostel provides food for the children which are prepared in their state-of-the-art kitchen.

At the steer of Oom Paul Skool is principal Cas Combrink. He has 38 years' of experience in education and for the last 10 years he has been taking the lead at Oom Paul Skool. "People have a misconception about a special needs school. These children just need an environment where they and their situations can be understood and developed to help them to thrive," Combrink said in an interview with *Platinum Weekly*.

When Combrink first arrived at the school, he was shocked about the state it was in and decided that the learners deserved a school which they could be proud of. Little by little, classroom by classroom, they started with renovations – most of it done by the learners themselves.

The schoolgrounds underwent a complete makeover and the school now boasts with a borehole system, a big generator for when the power goes off, a beautiful hostel and even a gym for the learners.

Combrink also arranged that the school invest in a ride-on lawn mower, that he uses every Monday to cut the school's grass. "It is important that the learners know that no one is better than anybody else, we are all equal," he added.

Other values that they try to instill in the learners is honesty, discipline, punctuality, neatness and to work hard so that they can be proud of what they have achieved. This will all contribute to good work ethics and make them contributing members of the society. While taking *Platinum Weekly* on

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Oom Paul Skool learner Hansie Visser.

The maintenance centre where kids learn more about plumbing and roofing.

Before and after photos of the entrance.

OOM PAULSKOOL

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* Hot Towel Service

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* Welcome drinks
* 30 min Steamroom Session
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* 50 min Swedish Full Body Massage
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EXPANDING PERSPECTIVE



Rustenburg – The Rustenburg Photographic Society gathered on Wednesday 20 April for their monthly meeting. For each meeting, members may enter a maximum of five photos for judging; one set subject photo and/or one technical subject, one cellphone photo and the remainder is an open category. Well done to the following photographers who received first places in their respective categories.

- **Junior Open Winner:**
Contemplation - Karen Schubach
- **Senior Open Winner:**
Patrolling The Skies - Simon Fletcher

The society meets every third Wednesday of the month. Their next meeting will take place on 18 May. For more information, contact club chairperson Simon Fletcher on 082 371 9867 or vice chairperson Jacques McCarthy on 078 353 0458.



The Future is Bright

Impala Rustenburg's first Future Women in Mining bursar is making her mark in mechanical engineering studies

Dulcie Kagisho from Sunrise Village is Impala Rustenburg's first Future Women in Mining bursar, which was awarded to her as part of the company's comprehensive bursary programme. She's now in the second year of her Bachelor of Mechanical Engineering degree at the University of Pretoria (UP).

Dulcie matriculated from Sunrise View Secondary School in 2020, which she describes as a beautiful school with dedicated teachers. "Apart from academic lessons, they instilled in us a strong work ethic and encouraged us to be responsible citizens."

Her first year at university in 2021 was tough. Under any circumstances, mechanical engineering is a difficult discipline, but the stringent pandemic restrictions with no face-to-face access to lecturers or fellow students made it more so. Dulcie put in the hours and made it through to her second year.

She says, "We didn't have the first-year experience we expected, which made the transition from high school to university tough. I've always enjoyed interaction with fellow students, and in mechanical engineering studies, 'team work makes the dream work' – so I struggled with the lack of face-to-face engagement."

Dulcie adds that coping with the issues would have been much worse if "I didn't have Impala Rustenburg's support. The bursary pays for my accommodation, tuition, meals, text books and laptop, as well as a monthly allowance for my day to day expenses."

"Impala Rustenburg is proud of Dulcie's progress and resilience through a difficult first year, and wishes her the best as she continues her studies. In 2022, another 15 bursaries have been awarded to 2021 matriculants, creating a life-changing springboard for these young peoples' careers and future," says Mark Munroe, Impala Rustenburg Chief Executive.

“Mechanical engineering is diverse and interesting, with endless opportunities”

Dulcie's vacation work at Impala Rustenburg in 2021 was a great experience. "I fell in love with the world of work. I interacted with mentors and other staff members, and had the real-life experience of joining the mining workforce, including working underground with different machinery, and with people who are all working together."

Dulcie added that her second year feels more like actual engineering than the fundamentals that were established in her first year of study. "We're also involved in community service such as building irrigation systems, which was exciting, and I look forward to future community service projects."

"My message to young women is that mechanical engineering is diverse and interesting. And although this is countered with intense hours and tough numerically based subjects, if you're prepared to put in the hard work, it's worth it. You will be exposed to an amazing discipline with endless opportunities."

Dulcie adds, "I am grateful to Impala Rustenburg for accepting me as a bursar. I know that without them I wouldn't be where I am today. I will work hard and stay focused. I cannot afford to let this opportunity slip through my hands. And when I've completed this degree, I look forward to joining the Impala Rustenburg team and being a valuable contributor to Impala Rustenburg's goals and my community."



A helping hand is a blessed hand

Rustenburg – Police stations in Bojanala Sub District 2 responded overwhelmingly to calls to assist flood victims in Kwa-Zulu Natal. Grocery items such as mealie meal, sugar as well as water bottles and blankets were donated by the police officers during a hamper drive to help those who have been displaced or left homeless by the devastating floods. The initiative was a resounding success, thanks to the leadership of brigadier Regina Ntoagae, who coordinated the drive. The hampers were transported to the North West SAPS KZN floods donations assembly point in Potchefstroom.

Colonel Nkitsing thanked all police officers and members of the community for opening their hearts and donating generously. Said Nkitsing: "A helping hand is the one that is blessed."



The hampers were collected by various police stations in the Bojanala Sub District 2.



The donations were collected to assist flood victims in Kwa-Zulu Natal.

Tripple achievement for Alta!

SA – Alta Sechele was crowned first princess during the Mr and Miss Destiny SA pageant on Saturday 23 April. She also won the best African hair and best dressed model accolades during the contest, held at Princess Primary School in Roodepoort.

Alta Sechele from Globe Model Look (GML) won three accolades at the pageant.



Nurturing future leaders today



Al Imdaad handed over the donation to Lesang Bana Batle Honna Educare Centre on 20 April.

Rustenburg – As part of an initiative to assist the underprivileged, Al Imdaad Foundation has donated tables, chairs and lunchboxes to learners at Lesang Bana Batle Honna Educare Centre. The foundation, which always seeks to contribute positively towards the community, handed out the items to the learners at the primary school on Wednesday 20 April. The school, located in Freedom Park extension 8, has 160 learners and some of them are orphans. Principal Pauline Mpooa, who was very grateful for the gesture, promised to continue working hard to ensure all the learners are given the ideal academic foundation to enable them to add value to society when they become adults. Prior to this intervention by Al Imdaad, learners had to sit on steel benches and even on the floor. However, Paint Centre and other companies based in Rustenburg have come to their aid through the foundation. A big thank you goes to Al Imdaad Foundation and all the donors for their continuous support!



North West Gambling Board

NOTICE IN TERMS OF SECTION 29 OF THE NORTH WEST GAMBLING ACT, 2001 (ACT No. 2 OF 2001), AS AMENDED.

APPLICATION FOR REMOVAL OF BUSINESS TO OTHER PREMISES IN TERMS OF SECTION 45 OF THE NORTH WEST GAMBLING ACT, 2001.

Notice is hereby given in terms of the provisions of section 29 of the North West Gambling Act, 2001 (Act No. 2 of 2001), as amended ("the Act"), that the North West Gambling Board ("the Board") received an application from **I-SLOTS (PTY) LTD TRADING AS SUPASLOTS** for the removal of gambling business from the current approved licensed premises to other premises.

I-Slots (Pty) Ltd trading, as Supaslots lodged an application in terms of the provisions of section 45 of the Act to remove their Independent Site Operator Licence from the licensed premises at **Food anchor, Corner Cardia and Margareth Prinsloo street, MEPF, Shopping Center, Klerksdorp** to the proposed premises situated at **No. 37, Tower Mall, Cnr Jabulani and N12 Roads, Jouberton Ext 19, Klerksdorp.**

Please take note that this application will be lying open for public inspection at the offices of the North West Gambling Board at 131 University Drive, Mmabatho, **between 08h30 – 16h30, for a period of one (1) month, commencing on 01 May 2022 until 31 May 2022.**

Persons wishing to make representations, be either comments or objections, in relation to any application submitted to the Board, shall do so in writing and such representations shall contain the following information:

a. The name of the objector;

b. The grounds on which representations are made;

c. The name, address, telephone, and facsimile numbers of the person submitting representations; and

d. Whether or not the person making representations wishes to make an oral presentation at the hearing of the applications.

Written objections should be lodged with the **Acting Chief Executive Officer, Mr. Bafana Mabale** by facsimile, email, hand delivery or post: Facsimile **018 384 2290**, Email: **ceo@nwgb.co.za**, Hand delivery or post, **North West Gambling Board, 131 University Drive, Mmabatho, 2735, Private Bag X34, Mmabatho, 2735, between 08h30-16h30, during the period 01 May 2022 until 31 May 2022.**

Enquiries: Ms. Morongoa Moss/Mr. Kenny Maloba (Tel. No: 018 384 3215/25).



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IN THE HIGH COURT OF SOUTH AFRICA NORTH WEST DIVISION MAHIKENG

Case Number: 513/2020

In the matter between: **FIRSTRAND BANK LIMITED APPLICANT (REGISTRATION NUMBER: 1929/001225/06)** and **ANTON LOMBARD RESPONDENT (IDENTITY NUMBER: 7802155007083)**

NOTICE OF APPLICATION IN TERMS OF UNIFORM RULE 46 (1) & 46A(8)

PLEASE TAKE NOTICE THAT the applicant herein intends to make an application to the above Court on the **20th day of May 2022 at 10:00** or as soon thereafter as the matter may be heard for an order in the following terms:

1. Declaring the immovable property known as:

ERF 419 WATERKLOOF EAST EXTENSION 12 TOWNSHIP REGISTRATION DIVISION J.Q., PROVINCE OF NORTH-WEST MEASURING 566 (FIVE HUNDRED AND SIXTY SIX) SQUARE METRES HELD BY DEED OF TRANSFER T93226/2015 SUBJECT TO THE CONDITIONS THEREIN CONTAINED AND MORE ESPECIALLY SUBJECT TO THE CONDITIONS IMPOSED AND ENFORCEABLE IN FAVOUR OF HEXRIVER LIFE STYLE ESTATES HOME OWNER'S ASSOCIATION NPC specially executable;

2. THAT the Registrar of the above Honourable Court is authorised to issue a Warrant of Attachment herein;

3. THAT the Sheriff of the above Honourable Court is authorised to execute the Warrant of Attachment herein;

4.

4.1. Declaring that the immovable property known as:

ERF 419 WATERKLOOF EAST EXTENSION 12 TOWNSHIP REGISTRATION DIVISION J.Q., PROVINCE OF NORTH-WEST MEASURING 566 (FIVE HUNDRED AND SIXTY SIX) SQUARE METRES HELD BY DEED OF TRANSFER T93226/2015 SUBJECT TO THE CONDITIONS THEREIN CONTAINED AND MORE ESPECIALLY SUBJECT TO THE CONDITIONS IMPOSED AND ENFORCEABLE IN FAVOUR OF HEXRIVER LIFE STYLE ESTATES HOME OWNER'S ASSOCIATION NPC may be sold in execution by the Sheriff without a reserve price.

ALTERNATIVELY

4.2. The immovable property of Respondent shall be sold by the Sheriff subject to a reserve price of **R923 064.75**, alternatively such reserve price as may be set by the court;

5. That in the event that a reserve price is set in terms of Rule 46A(8)(e) and the reserve price is not achieved at the first sale in execution, then and in that event, the immovable property of the Respondent may be sold at any subsequent sale in execution to the highest bidder without a reserve price;

6. The Respondent is directed to pay the costs of this Application on the scale as between Attorney and Client;

7. Further and/or alternative relief.

KINDLY TAKE FURTHER NOTICE THAT the affidavit of **LUQMAAN ALLI** is annexed hereto, together with the annexures thereto, will be used in support of this application.

KINDLY TAKE FURTHER NOTICE THAT the Applicant has appointed **VEZI & DE BEER INC. C/O LABUSCHAGNE ATTORNEYS**, at the address referred to hereunder as the address at which the Applicant will accept notice and service of all process in this application, if delivered by hand, and the Applicant further elects **wilmie@vezidebeer.co.za** as the electronic address for service of all documents, notices and pleadings in terms of Rule 4A of the Uniform Rules of Court.

The/any Respondent may oppose the application or make relevant submissions to the above Court. A respondent intending to do so must: -

a. set out such opposition or submissions in an affidavit;

b. serve a copy of the affidavit on the Applicant's attorney and file the original with the registrar of the above Court within 10 days of service of this notice of application;

c. together with service and filing of the affidavit, appoint an address within 15 kilometres of the office of the registrar of the above Court where documents may be served on the respondent; and

d. appear at the above court on the 20th day of May 2022 at 10:00

A Respondent who opposes the application must in addition to such Respondent's affidavit –

a. admit or deny the allegations made by the applicant; and

b. state the reasons for opposing the application and set out the grounds upon which the opposition is based.

Failure by a Respondent to do any of the things mentioned in this notice of application may result in the Court granting the orders prayed for above.

The Respondent's attention is furthermore drawn to Section 129 (3) of the National Credit Act No. 34 of 2005 in that the Respondent may pay to the credit grantor (The Bank) all amounts that are overdue together with the credit provider's (The Bank) permitted default charges and the reasonable taxed or agreed costs of enforcing the agreement, prior to the sale and transfer of the mortgage immovable property and so revive the credit agreement.

DATED at MAHIKENG on this the 20th DAY of APRIL 2022.

VEZI & DE BEER INCORPORATED, ATTORNEYS FOR THE APPLICANT, REF: R ISMAIL/WG/MAT62146
C/O LABUSCHAGNE ATTORNEYS, 19 CONSTANTIA DRIVE, RIVIERA PARK, MAHIKENG



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LOST OR DESTROYED DEED
Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer T81138/1990 passed by LATE CATHARINA ELISABETTA MARGARETHA COMBRINK, Estate Number 10821/1990 in favour of CATHARINA ELIZABETH MAGRIETHA COMBRINK, Identity Number 3903190017089, Unmarried in respect of certain PORTION 1 OF ERF 1161 RUSTENBURG TOWNSHIP, REGISTRATION DIVISION J.Q., PROVINCE OF NORTH-WEST, HELD BY DEED OF TRANSFER T81138/1990 which has been lost or destroyed. All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at **PRETORIA, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002** within two weeks from the date of the publication of this notice.
Dated at RUSTENBURG this 21st day of APRIL 2022.
VAN VELDEN-DUFFEY INC
Address: 67 Brink Street, Rustenburg, 0299
E-mail address: veronicas@vvd.co.za
Contact number: 014 592 1135

FROM JJJ
LOST OR DESTROYED DEED
(Form JJJ added by GNR.62 OF 25 January 2019)
Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer T0142163/2001 passed by RUSTENBURG LOCAL MUNICIPALITY in favour of TSHEPO TONICCA TLADI Identity Number: 641022 0812 080, in respect of ERF 5237 GEELHOUTPARK EXTENSION 9, REGISTRATION DIVISION JQ, PROVINCE OF NORTH-WEST which has been lost or destroyed. All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at **PRETORIA** within two weeks from the date of the publication of this notice.
Dated at RUSTENBURG this 11 day of APRIL 2022
Applicant: Jan Visser Attorneys Inc
Address: 195 KOCK STREET, RUSTENBURG
Email: aktes@janvisserpro.co.za
Contact number: 014 592 3868

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IMPALA BRACE FOR CENTURION TEST

Rustenburg – Impala Rugby Club head coach Joel Scherman is convinced the young crop of players he fielded during a recent festival held in Pretoria have what it takes to defeat Centurion on Saturday 7 May. Impala played two matches during the Club Rugby Easter Festival, held from Thursday 14 April to Monday 18 April 2022. The festival – which was hosted by the Blue Bulls – was used by all of the teams that took part to prepare themselves ahead of the resumption of the competitive matches. The festival, which was broadcasted live on national television, was also held as part of Harlequin Rugby Club’s 120-year celebration.

On Saturday 16 April Impala lost 14-10 to Witbank in their first match. Two days later, Scherman’s charges overcame Potgietersrus by a 29-12 score line. Scherman, who was using both matches to assess some new players, is happy with the performance of the team. “There were a lot of senior first team players who could not take part in the Easter festival because they had made holiday plans. So, this gave us a chance to have a look at some new players,” Scherman told *Platinum Weekly*. “I am happy that they won their second match because they really deserved to win. Hopefully, we can carry this momentum and perform equally well against

Centurion in our next league match.” Centurion, who were semi-finalists of the previous league competition, will be a very tough nut to crack. Scherman calls on the Rustenburg community to rally behind their team by turning out at the stadium in large numbers. “We can now fill up 50% of the stadium and we are looking forward to receiving massive support from our community. We will also have a coaching clinic for young kids at the stadium on 7 May. Those who are interested in the coaching clinic can contact me.” **For more information contact Joel Scherman on 079 754 3284 or email joel@rugbyacademy.co.za.**



Impala Rugby Club coach Joel Scherman is hoping that home advantage will help them to overcome Centurion on Saturday 7 May.

Rolyn Bergsig Sport Festival – reuse sukses



Superreeks winners Bergsig Akademie o/16A rugbyspan.

Rustenburg – Bergsig Akademie het ‘n baie suksesvolle Rolyn Bergsig Sport Festival aangebied van Vrydag 15 April tot 18 April. Die kompetisie was sterk en het beslis gesorg vir uitnemende sport! Deelnemende skole was: Potchefstroom Gimnasium, Hoërskool Randburg, Hoërskool Rob Ferreira, Hoërskool

Dinamika, Hoërskool Carletonville, Hoërskool Riebeeckrand, Parel Vallei High School, Hoërskool Hartbeespoort en Hoërskool Hugenote. Bergsig Akademie spog ook met drie spanne, die o/16A rugbyspan, o/15A netbalspan en o/17A netbalspan wat as Supperreeks winners aangewys is.



Superreeks winners Bergsig Akademie o/15A netbalspan.



Superreeks winners Bergsig Akademie o/17A netbalspan.

Superreeks-wenners!

Rustenburg – Hoërskool Rustenburg (RHS) se kranige gholfspelers het die skool verteenwoordig by die NWU Prestige Sportreeks finaal te Pretoria op Maandag 25 April. Hul juniorspan verwerf ‘n eerste plek, hul seniors ‘n tweede plek en RHS leerder Aidan Drummon behaal die beste individuele junior telling. Die uitstekende prestasies het daartoe toegesien dat RHS as die algehele wenners aangewys word.



Aidan Drummond, beste o/16 telling.



RHS gholf, algehele wenners van NWU Superreeks.

Kleinhoewe hou atletiek!

Rustenburg – Kleinhoewe Kleuterskool het op Saterdag 23 April atletiekdag gehou. Die program het afgeskop met ‘n dans partytjie met pom-poms. Daarna is daar ‘n groot optog gehou waar almal in hul onderskeie klasse om die veld geloop het. Dit was ook ‘n prettag vir die familie om bymekaar te kom en die jongspan te ondersteun terwyl hulle aan verskeie items soos baba pram resies, hekkies, aflos,

toutrek en motorfietsresies, eierresies, driebeenresies, sakspringresies en wurmkruip deelgeneem het. Die onderwysers en mammas het teen mekaar tougetrek en dit het beslis vir groot opwinding gesorg. Die pappas het ook die geleentheid gekry om te skitter op die atletiekveld en het in ‘n resies teen mekaar meegeding. Almal was poegaai na al die opwinding en skaterlag van die prettag.



Kleinhoewe Kleuterskool leerders hardloop hekkies.

Spreading Easter cheer to seniors

Rustenburg – Learners from Meridian Rustenburg paid a surprise visit to residents of two old age homes in Rustenburg on Thursday 14 April. The visit by the primary and high school learners was part of an initiative by the school to spread the Easter

spirit of love to elderly members of the community. The primary school learners surprised the residents of Residentia Sering while the high school learners went to Rusoord Old Age Home. They were pleasantly received at both homes and were

able to share sentimental moments and words of kindness with the elderly. Said Meridian Rustenburg’s Fezeka Sibisi: “A big thank you goes to Residentia Sering and Rusoord for welcoming and accommodating our learners.”



Robin van der Merwe (left) and Stefanie Swart pampered the elderly with Easter egg chocolates.



Khutso Ramadiro, Luyanda Masina, Gontse Makuto, Ontlametse Moema, Omogolo Mofurutse, Tsholofelo Diale, Siyanda Gazo, Kaelo Mathlare, Olerato Serekisho and Tshagofatso Khumalo were part of the visit.

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‘n Warm hart sorg vir ‘n warm winter



Rustenburg – Rustenburg Vryburgers het ‘n koue dag onverwags kom opwarm met ‘n donasie van warm winterklere vir leerders van Rustenburg Skool vir Buitengewone Onderwys (asook Môrester Kinderhuis) op Woensdag 20 April. Die skool wil baie graag dankie sê vir Christo Malan en Gert Henning van die Vryburgers vir hul skenking wat dié winter ‘n groot verskil sal maak vir die leerders.

Links: Rustenburg Skool vir Buitengewone Onderwys skoolhoof Lamar Winter, Christo Malan en Gert Hennig (heel regs) saam die Rustenburg Skool vir Buitengewone Onderwys jongspan.

MAGALIESBERG CYCLING ADVENTURE

Rustenburg – Cyclists eager to explore the scenic Magaliesberg Mountain Range can take advantage of a package being offered by Avela Lodge. A choice of an 8km or 12km cycling trail is on offer and the package includes a 30-minute head and shoulder or foot massage as well as lunch or a braai. For more information email reservations@avelalodge.co.za or contact 010 447 6480.



Fishing fun!

Rustenburg – Residents of Santa Fe Old Age Home enjoyed a fishing expedition held at the Rustenburg Golf Club on Thursday 21 April 2022. They all experienced endless hours of fun, thanks to the club’s managers who responded positively to their request. Founder of Santa Fe Old Age Home Louise Tubb explained to *Platinum Weekly* why the fishing expedition was a special occasion. “Most of our residents are very old and going fishing was a request they made to us, some of them said it was among their last wishes,” Tubb said. “We are very grateful for this gesture from the golf club because it means so much to all of them.”



Santa Fe Old Age Home residents back from left: Jandrey de Lange, Ilse Marais, Eric Kanse, Louis Tubb, Rudolph Tubb and Dan van Tonder. Front from left: Ivy Swanepoel, Andre Wagner and Dolla Britz.

Brinkies se eerstes!

Rustenburg – Laerskool David Brink se eerste in Klerksdorp. Die plaaslike liga lê voor en die seuns en rugbyspan is slaggereed vir die rugbyseisoen. Hulle het afritger het beslis nie gras onder hulle voete laat groei reeds nege wedstryde deurgewerk insluitend ‘n toernooi nie. Hulle sien baie uit om die liga aan te pak.



Agter van links: afrigter Pieter Venter, Ayden Frieslaar, Hanco Moll, Riccus Fawell, AJ Viljoen, Dean Grobler, Lefa Maloma en afrigter Nic Mey. Middel van links: Junior Molokwe, Zandr  Venter, Baba Metsileng, Lefa Makoka, Sifiso Nomandla, Franky Plaatjies en Phenyio Tshwene. Voor van links: Wian van der Merwe, Phenyio Ngwenya en Jacobus Rademeyer.

Chiefs go down fighting

SA – New Kaizer Chiefs coach Arthur Zwane experienced the pressures of toflight football on Wednesday 27 April when his charges suffered a 2-1 loss at the hands of Golden Arrows. Statistics of that match reveal that Chiefs, who now have a very slim chance of finishing second in the league title chase, dominated the encounter in the early stages. However, they could not hang onto their 1-0 lead after finding the back net through Khama Billiat.

Goals by Siboniso Conco and Michael Gumede thrust Arrows firmly in the driving seat and the hosts hung onto the lead until the final whistle. The loss was a bitter pill to swallow for Zwane, who was hoping for a positive start to the Chiefs’ hot seat, previously occupied by Stuart Baxter. It was Chiefs’ third successive defeat, and the Soweto-based giants will now have to do a lot of strategizing ahead of their next match. They will be looking to bounce back



15:00. Amakhosi will be hoping that playing on their home grounds will propel them to a much-needed victory this time around. These are very difficult times for Chiefs supporters,

to winning ways when they face Cape Town City on Saturday 30 April. **Here are the next PSL matches:** **Saturday 30 April** Kaizer Chiefs will face Cape Town City at FNB Stadium from 15:00. Amakhosi will be hoping that playing on their home grounds will propel them to a much-needed victory this time around. These are very difficult times for Chiefs supporters,

and hope that their favourite players will put in an extra effort so that they emerge with the maximum three points at the end of the 90 minutes. **Monday 2 May** TS Galaxy will be up against Orlando Pirates at Mbombela Stadium. Kick-off is at 15:00 and the match promises to be a cracker. Unlike Chiefs, Pirates played out a 0-0 draw with Chippa United on Wednesday 27 April at Orlando Stadium. Still, the popular team will be under a lot of pressure to win – even though they will not be playing in front of their home supporters this time around.



VARSBITYBEKER 2022 FINAAL

#RUGBYTHATROCKS Maties vs Tukkie

Voor duisende singende studente het die twee aardsvyande mekaar behoorlik die stryd aangesê of wat sal mens nou maar sê proffie? Tukkie wen hierdie riller 29-23 en verdedig dus hul kroon van 2021. Met rustyd het Maties met 20-10 voorgeloop. Tukkie het egter met ander planne in die tweede helfte opgedaag. Maklik was dit nie, maar die Tukkie se ervaring het hier 'n groot rol gespeel. In die 77ste minuut loop die Maties voor met 23-20.

Die groot heelagter van die Tuks, Stephan Coetzee raap die bal op net buite sy eie kwartgebied en versnel soos 'n July-perd en laat loop na die alomteenwoordige skrummie, Bernard van der Linde, vir sy tweede drie van die aand wat dan ook die wendrie is. Vir die Maties het losskakel Nevaldo Fleurs agtien punte met ses strafdoele aangeteken.

Tuks en Maties het nou elkeen al vyf keer die gesogte beker verower. Dit is ook die

eerste keer dat 'n span wat vierde op die log eindig die finaal wen. Tuks het Kovsies in die semi's geklop.

Die *FNB PLAYER THAT ROCKS* in die finaal was die vurige flank van Tukkie Stephan Smit.

Die speler van die jaar en toernooi is die puik losskakel van die Shimlas, George Lourens. Hy ontvang dan 'n Toyota Urban Cruiser van een van die borge Hertz Car Rentals vir sy moeite. Lourens is ook nou deur die Cheetahs 'n kontrak aangebied.

Die ander twee toekennings is:

- *FNB BACK THAT ROCKS* - Nevaldo Fleurs van Maties
- *FNB FORWARD THAT ROCKS* - Thabo Ndimande van Shimlas

Ook so terloops... Die Tukkie se Young Guns klop die Pukke 22-14 om nóg 'n trofee in UP-Tuks se glaskas aan te vul. So dan is dit ook nou tyd vir die profs om weer elke dag vir klas op te daag...

Nag prof...

- Crusaders 42 17 Rebels

Bepalings:

Vrydag 29 April

- Reds 11:45 Chiefs
- Force 14:00 Blues

Saterdag 30 April

- Fijian Drua 06:35 Highlanders
- Waratahs 09:05 Crusaders
- Rebels 11:45 Moana Pasifika

Sondag 1 Mei

- Brumbies 06:00 Hurricanes
- G'night mate...

UNITED RUGBY CHAMPIONSHIP

Stormers vs Glasgow Warriors

In Kaapstad klop die Stormers die Warriors 32-7 na 'n stadige begin ou grote. Evan Roos, bul agsteman van die Stormers het in die doodsnikke 'n puik drie gedruk wat 'n belangrike bonuspunt bewerkstellig het.

Die Kapenaars is met hierdie oorwinning in die tweede plek op die *log* en moet nog net tien punte op die *log* verdien om in 'n tuis semi-finaal te speel! In die begin van hierdie kompetisie het daar maar donker wolke gehang oor die SA spanne... Maar hoe later hoe kwater... Die Stormers pak Leinster, die voorlopers in die kompetisie Saterdag om 18:15 in Kaapstad.

Sharks vs Leinster

Die Haaie is aan die wenkant in Durban en stap met 'n 28-23 oorwinning van die veld af teen die *log*-voorlopers. Die Durbaniete se pak voorspelers was net één te veel vir die lere en dan het Curwin Bosch sy kritici se monde gesnoer met puik spel op losskakel. Die Sharks beklee dan tans die agste plek op die *log*.

Die Sharks draf Saterdag om 16:05 teen Connacht uit in die Haaitenk.

Lions vs Connacht

Die Lions was 'ietwat' ongelukkig om hierdie *game* teen Connacht met 30-33 te verloor. Aan die anderkant moet die Jo'burgers leer om vir tagtig minute te fokus. Om vier drieë te druk én te verloor is eina pyne. Die losskakel van Connacht, Jack Carty het sestien punte met die skoen aangeteken.

Die Leeus speel Saterdag om 14:00 teen Benetton in Jo'burg.

Bulls vs Benetton

Wat 'n hartseer dag in die Blou Bul kantore met die tragiese nuus oor een van Loftus se geliefde seuns, Pedrie Wannenburg, wat sterf in 'n motorongeluk in die VSA. Pedrie het ook vir die Springbokke uitgedraf. Na 'n eerbetoning van 'n minuut stilte was dit soete wraak vir die Bulle op Fort Loftus. Die Bulle wreck die nederlaag verlede seisoen in die finaal teen Benetton en ransel die Italianers af met 'n wen van 46-29.

Met hierdie oorwinning beklee die Bulle die sewende plek op die *log*. Die Bulle speel Saterdag om 19:00 teen die Glasgow Warriors op Loftus.

Ander uitslae:

- Ulster 17-24 Munster
- Edinburgh 29-26 Zebre
- Dragons 19-38 Scarlets
- Cardiff 6-22 Ospreys

Bepalings:

Vrydag 29 April

- Bulls 19:00 Glasgow Warriors
- Munster 20:45 Cardiff

Saterdag 30 April

- Lions 14:00 Benetton
- Zebre 16:05 Dragons
- Sharks 16:05 Connacht
- Stormers 18:15 Leinster
- Ospreys 18:15 Scarlets
- Edinburgh 20:35 Ulster

Nag ou grote...



Marcell Coetzee gaffel sy pad deur die Benetton verdediging, lei soos altyd van voor af! Foto krediet: Vodacom Bulls.

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Motoring Mail

Pork 3kg

139⁹⁹

Lean Mince P/Kg

84⁹⁹

Traditional Boerewors P/Kg

87⁹⁹

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FOOD TOWN HYPER RUSTENBURG

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SAVE a LOT

FOOD TOWN HYPER

BETTER SAVINGS • BETTER VALUE

Beetroot 5kg + Carrots 5kg

84⁹⁹

Potatoes 4kg + Onions 2kg + Tomatoes 2x1kg

69⁹⁹

Oranges Bag 7kg

24⁹⁹

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32⁹⁹

Chubby Chick Mixed Portions CHIC 2kg

BUY 2 FOR R135 (R67.50 EACH)

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Almore Eggs Large 60's

89⁹⁹

Super White Super Maize Meal 10kg

74⁹⁹

ALL FOR R289

White Star Super Maize Meal 10kg + Select Parboiled Rice 10kg + Sasko Cake Wheat Flour 10kg + FREE 3xChampion Super Maize Meal 1kg

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54⁹⁹

JOHNSON'S
LIQUID BABY WASH
all variants
500ml each



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R29

2 FOR

WITH
CARD

R 65

JOHNSON'S
BABY JELLY/
AQUEOUS CREAM
all variants
2x500ml



VALUE
PACK

PRICE
PER NAPPY

SIZE 1	NEWBORN	76	R2,11
SIZE 2	MINI	68	R2,36
SIZE 3	MIDI	58	R2,76
SIZE 4	MAXI	50	R3,20
SIZE 4+	MAXI+	45	R3,56
SIZE 5	JUNIOR	42	R3,81
SIZE 6	X-LARGE	36	R4,45

OR

SAVE
R60

159⁹⁹

PAMPERS NEW/ACTIVE
BABY-DRY VALUE PACK
DISPOSABLE NAPPIES
36/42/45/50/58/68/76
per pack



89⁹⁹

JOHNSON'S
BABY WIPES
all variants
224/288 per pack

99% GNFOSLCFCLE

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BATH TIME



BUY ANY 3

GET THE CHEAPEST 1 FREE!

PORTIA M BABY LOTION 250ml OR BABY OIL 200ml OR BABY WASH 250ml OR SCENTED OR UNSCENTED JELLY 250ml each

Help us raise **R1 million** for **Cotlands**

For every PURITY Toiletry product purchased, we will donate R1.



3 FOR R35

PURITY BABY SOAP
all variants 3x175g

WITH CARD

SAVE R10



24⁹⁹ PURITY BABY AQUEOUS LOTION 200ml



24⁹⁹ PURITY BABY POWDER 200g



29⁹⁹ PURITY ESSENTIALS 2-IN-1 BABY SHAMPOO & CONDITIONER 200ml



SAVE R10

2 FOR R50

PURITY BABY AQUEOUS CREAM / BABY JELLY
all variants 2x325ml

WITH CARD



34⁹⁹ PURITY BABY OIL 200ml



39⁹⁹ PURITY EVERYDAY BABY BUM SPRAY 125ml



59⁹⁹ PURITY HEAD TO TOE BABY WASH 500ml



PARABEN FREE



DERMATOLOGIST & PAEDIATRICIAN APPROVED



SULPHATE FREE



It all begins with Purity.

Johnson's
healthy skin for healthier babies



2 FOR R25
JOHNSON'S BABY SOAP
all variants 2x175g
SAVE R11
WITH CARD



44⁹⁹
JOHNSON'S BABY POWDER
all variants 400g each



26⁹⁹
JOHNSON'S BABY WIPES
all variants 56/72 per pack

39⁹⁹
JOHNSON'S BABY COLOGNE
all variants 100ml each



39⁹⁹
JOHNSON'S BABY SHAMPOO
all variants 200ml each



42⁹⁹
JOHNSON'S BABY OIL
all variants 200ml each



49⁹⁹
JOHNSON'S MOISTURISING BABY LOTION
500ml



49⁹⁹
JOHNSON'S SHINY DROPS SHAMPOO/CONDITIONER
all variants 300ml each

99% GNFOSLCFCLE



32⁹⁹
BENNETTS BABY AQUEOUS CREAM
all variants 500ml each



44⁹⁹
BENNETTS BABY MOISTURISING CREAM
500ml



59⁹⁹
BENNETTS BABY BUM CREME
150g



49⁹⁹
BENNETTS BATH & MASSAGE DROPS
200ml



29⁹⁹
BENNETTS BABY WIPES
80 per pack



59⁹⁹
BENNETTS FRAGRANCE FREE BABY HAIR & BODY WASH 400ml



64⁹⁹
BENNETTS SALINE NOSE DROPS 30ml

OFFERS VALID FROM MONDAY 25 APRIL 2022 UNTIL SUNDAY 8 MAY 2022. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, LICHTENBURG, MAFIKENG, MMABATHO, PARYS, SASOLBURG, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG & WOLMARANSSTAD.

CHANGING TIME

HUGGIES



24⁹⁹
HUGGIES BABY WIPES
all variants
56 per pack



SIZE 0 NEWBORN 25
PRICE PER NAPPY
R3,20

79⁹⁹
HUGGIES EXTRA CARE
DISPOSABLE
NAPPIES
25 per pack



SIZE 1 NEWBORN 42
PRICE PER NAPPY
R2,62

109⁹⁹
HUGGIES NEW
BABY EXTRA
CARE DISPOSABLE
NAPPIES
42 per pack



JUMBO PACK			PRICE PER NAPPY
SIZE 2	MINI	94	R2,13
SIZE 3	MIDI	76	R2,64
SIZE 4	MAXI	66	R3,04
SIZE 4+	MAXI+	60	R3,34
SIZE 5	JUNIOR	56	R3,58

199⁹⁹
HUGGIES DRY COMFORT
JUMBO PACK DISPOSABLE
NAPPIES 56/60/66/
76/94 per pack



		PRICE PER NAPPY
SIZE 1	NEW BABY	96
SIZE 2	NEW BABY	80
		R2,50
		R3,00

239⁹⁹
HUGGIES NEW
BABY EXTRA CARE
DISPOSABLE NAPPIES
80/96 per pack



JUMBO PACK			PRICE PER NAPPY
SIZE 2	MINI	94	R2,56
SIZE 3	MIDI	76	R3,16
SIZE 4	MAXI	66	R3,64
SIZE 4+	MAXI+	62	R3,88
SIZE 5	JUNIOR	52	R4,62

239⁹⁹
HUGGIES GOLD
JUMBO PACK
DISPOSABLE NAPPIES
52/62/66/76/94
per pack



JUMBO PACK		PRICE PER PANTS
SIZE 3	62	R3,23
SIZE 4	50	R4,00
SIZE 5	44	R4,55
SIZE 6	38	R5,27

199⁹⁹
HUGGIES
JUMBO PACK
DISPOSABLE PANTS
38/44/50/62 per pack

99% GNFSOLFCL/E

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Pampers.
baby-dry™

24⁹⁹ PAMPERS FRESH/SENSITIVE BABY WIPES 56/64 per pack

EASY ON!

VALUE PACK

SIZE	QUANTITY	PRICE PER PANTS
SIZE 3	52	R3,08
SIZE 4	46	R3,48
SIZE 5	40	R4,00
SIZE 6	35	R4,58

159⁹⁹ PAMPERS VALUE PACK DISPOSABLE PANTS 35/40/46/52 per pack

SAVE R60

WITH CARD

JUMBO PACK

SIZE	QUANTITY	PRICE PER NAPPY
SIZE 1 NEWBORN	96	R2,09
SIZE 2 MINI	94	R2,13
SIZE 3 MIDI	76	R2,64
SIZE 4 MAXI	66	R3,04
SIZE 4+ MAXI+	62	R3,23
SIZE 5 JUNIOR	52	R3,85
SIZE 5+ JUNIOR+	48	R4,17
SIZE 6 X-LARGE	44	R4,55

199⁹⁹ PAMPERS NEW/ACTIVE BABY-DRY JUMBO PACK DISPOSABLE NAPPIES 44/48/52/62/66/76/94/96 per pack

EASY ON!

JUMBO PACK

SIZE	QUANTITY	PRICE PER PANTS
SIZE 3	66	R3,04
SIZE 4	60	R3,34
SIZE 5	50	R4,00
SIZE 6	44	R4,55
SIZE 7	35	R5,72

199⁹⁹ PAMPERS JUMBO PACK DISPOSABLE PANTS 35/44/50/60/66 per pack

double protection from Rash
*Helps prevent skin rash by keeping baby's skin dry

Now in Carry Pack sizes

CARRY PACK

SIZE	QUANTITY	PRICE PER PANTS
SIZE 3	26	R3,66
SIZE 4	24	R3,96
SIZE 5	22	R4,32
SIZE 6	19	R5,00

94⁹⁹ PAMPERS CARRY PACK DISPOSABLE PANTS 19/22/24/26 value pack

VALUE PACK

SIZE	QUANTITY	PRICE PER NAPPY
SIZE 1 NEWBORN	48	R2,71
SIZE 3 MIDI	52	R2,50
SIZE 4 MAXI	50	R2,60
SIZE 4+ MAXI+	48	R2,71
SIZE 5 JUNIOR	44	R2,96

129⁹⁹ CUDDLERS COMFORT VALUE PACK DISPOSABLE NAPPIES 44/48/50/52 per pack

26⁹⁹ CHERUBS NEWBORN BABY WIPES 80 per pack

59⁹⁹ CHERUBS BABY WIPES all variants 3x 72 per pack

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FEEDING TIME

PURITY



19⁹⁹
PURITY 1ST/2ND FOODS
GLUTEN-FREE
BABY CEREAL
all variants
200g each



19⁹⁹
PURITY 2ND/3RD FOODS
JUST ADD MILK
BABY CEREAL
all variants
200g each



21⁹⁹
PURITY INSTANT
VANILLA/BANANA
CARAMEL BABY
MAIZE PORRIDGE
500g each



27⁹⁹
PURITY 2ND/3RD FOODS
JUST ADD WATER BABY
CEREAL WITH MILK
all variants 200g each



29⁹⁹
PURITY TEETHING
BISCUITS
150g



39⁹⁹
PURITY 1ST/2ND
FOODS
BABY CEREAL
WITH MILK
all variants
450g each



**3 FOR
R29**
PURITY 1ST FOODS
BABY FOOD all variants
3x80ml
SAVE R10
WITH CARD



**3 FOR
R32**
PURITY 2ND FOODS
BABY FOOD all variants
3x125ml
SAVE R10
WITH CARD



**2 FOR
R30**
PURITY 4TH FOODS
BABY FOOD all variants
2x250ml
SAVE R8
WITH CARD



**4 FOR
R50**
PURITY 3RD FOODS
BABY FOOD
all variants
4x200ml
SAVE R18
WITH CARD



**3 FOR
R32**
PURITY BABY FOOD
POUCH all variants
3x110ml
SAVE R10
WITH CARD



**2 FOR
R20**
PURITY BABY 100%
FRUIT JUICE BLEND
all variants 2x200ml
SAVE R4
WITH CARD

99% GNFOSLCFCU/E

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23⁹⁹ NESTLÉ NESTUM
STAGE 1/2/3
BABY CEREAL
all variants 250g each



34⁹⁹ NESTLÉ CERELAC
STAGE 1/2/3/4
BABY CEREAL WITH MILK
all variants 250g each



249⁹⁹ NESTLÉ NIDO 3+
POWDERED DRINK
FOR GROWING
CHILDREN 1,8kg
SAVE R50
WITH CARD



38⁹⁹ NESTLÉ NESTUM
STAGE 1/2
BABY CEREAL
all variants 500g each



64⁹⁹ NESTLÉ CERELAC
STAGE 1/2/3
BABY CEREAL
all variants 500g each



209⁹⁹ NESTLÉ LACTOKID NO. 4
INSTANT MILK
POWDER 1,8kg

99% GNFOSLCFC/L/E



SAVE R6
R 45 6 FOR
PARNALAT
GROWTH 3+
LOW FAT DAIRY
BLEND
6x200ml
WITH CARD



19⁹⁹ PARNALAT
GROWTH 3+
LOW FAT DAIRY
BLEND 1L



3 FOR R 27 **SAVE R9**
RHODES SQUISH
BABY FOOD POUCH
all variants 3x110ml
WITH CARD



3 FOR R 26 **SAVE R10**
ASPEN INFACARE
100% FRUIT JUICE BLEND
all variants 3x200ml
WITH CARD



3 FOR R 27 **SAVE R9**
RHODES SQUISH BABY 100%
FRUIT JUICE BLEND
all variants 3x200ml
WITH CARD

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BABY CARE

Milton



10⁹⁹

MILTON
STERILISING
TABLETS
8 per pack



39⁹⁹

MILTON
STERILISING
FLUID
500ml

49⁹⁹

SUDOCREM
BABY CARE
CREAM
60g



89⁹⁹

BEPANTHEN
NAPPY CARE
OINTMENT
30g



26⁹⁹

VASELINE BLUE SEAL
PETROLEUM JELLY
all variants
250ml each



10⁹⁹

DOVE 100%
PURE COTTON
WOOL ROLL
25g



10⁹⁹

DOVE
100% PURE
COTTON BUDS
100 per pack



22⁹⁹

DOVE BABY
COTTON
WANDS
80 per pack



24⁹⁹

DOVE 100%
PURE COTTON
WOOL PADS
80 per pack



10⁹⁹

CARESS
COTTON
WOOL BALLS
50g



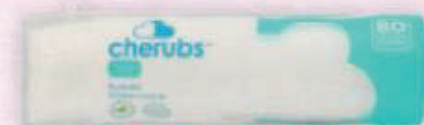
10⁹⁹

CARESS
COTTON
EAR BUDS
100 per pack



10⁹⁹

CHERUBS
PURE
COTTON BUDS
100 per pack



24⁹⁹

CHERUBS
ECO ROUND
COTTON WOOL
80 per pack

MOM CARE



39⁹⁹

LIL-LETS
MATERNITY
SANITARY PADS
10 per pack



59⁹⁹

CHERUBS
NURSING
PADS
30 per pack



59⁹⁹

GYNAGUARD
ESSENTIAL/
ULTIMATE
INTIMATE WASH
140ml each



59⁹⁹

EPI-MAX
BABY & JUNIOR
BODY LOTION
450ml

99% GNFOSLCFL/E

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FOR MOM



2 FOR R18

DETTOL BATH SOAP
all variants 2x175g

SAVE R8

X WITH CARD

17⁹⁹

SHIELD
ROLL-ON
FOR LADIES
all variants
50ml each



15⁹⁹

ALWAYS MAXI
SANITARY PADS
8/9/10
per pack



15⁹⁹

ALWAYS
DAILY LINERS
all variants
20 per pack



25⁹⁹

LENTHERIC/COTY EXCLAMATION
DEODORANT FOR LADIES
all variants
90ml each



18⁹⁹

DAWN
HAND & BODY
LOTION/CREAM
all variants
400ml each



24⁹⁹

RENEW
BODY WASH
all variants
400ml each



38⁹⁹

INGRAM'S
CAMPHOR CREAM
all variants
450g/500g each



PERFECT CHOICE

- OIL SHEEN FINISHING SPRAY 240ml R29,99
- OIL MOISTURISER / OIL MOISTURISING SPRAY 250ml each R29,99
- STYLING GEL 250ml R29,99

FROM 29⁹⁹



17⁹⁹

LIP ICE
LIP BALM
all variants
4,9g each



SAVE R11

ALL 3 FOR R49

X WITH CARD

COLGATE TRIPLE ACTION 100ml OR SALT TOOTHPASTE 75ml + PALMOLIVE SHAMPOO/CONDITIONER all variants 350ml each + PALMOLIVE BATH SOAP all variants 150g each



FROM 12⁹⁹

LEMON LITE

- FACE SOAP all variants 100g each R12,99
- OIL CONTROL VANISHING CREAM all variants 50ml each R17,99
- EVEN TONE COMPLEXION CREAM 50ml R17,99
- FACE WASH all variants 100ml each R29,99



BUY 2 NIVEA FACIAL PRODUCTS all variants x2

SAVE 30%

SHOPRITE
LOWER PRICES YOU CAN TRUST Always

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99% GNFSLOFCL/E



SAVE R50

249⁹⁹

JOLLY TOTS BABY WALKER all variants each

WITH CARD

jolly tots
make a little smile!

EXCLUSIVE TO SHOPRITE

FEEDING TIME



10-PACK

19⁹⁹

JOLLY TOTS SPOON SET 3+ MONTHS all variants 10 per pack



29⁹⁹

JOLLY TOTS ASSORTED CLIP 'N GO SIPPER BOTTLE 36 MONTHS + all variants

SAVE R5

WITH CARD



2-PIECE

19⁹⁹

JOLLY TOTS 2-COMPARTMENT BOWL WITH LID & SPOON 6+ MONTHS all variants each

SAVE R5

WITH CARD



3-PACK

29⁹⁹

JOLLY TOTS BUG THEMED COOLING TEETHER all variants each

WITH CARD

SAVE R10



29⁹⁹

JOLLY TOTS 3 MONTHS RATTLE all variants 2 per pack

SAVE R5

WITH CARD



29⁹⁹

JOLLY TOTS 3+ MONTHS SQUEAKER & RATTLE SET all variants

SAVE R5

WITH CARD



4-PACK

29⁹⁹

JOLLY TOTS 3+ MONTHS TEETH & RATTLE SET all variants 3-piece per set

SAVE R5

WITH CARD



34⁹⁹

JOLLY TOTS 3+ MONTHS CRAB/GIRAFFE RATTLE SET all variants per set

SAVE R5

WITH CARD

BATH TIME



5-PIECE

99⁹⁹

JOLLY TOTS BATH BUCKET STARTER SET all variants 5-piece per set

SAVE R30

WITH CARD



9⁹⁹

JOLLY TOTS SINGLE FACE CLOTH 30cm x 30cm all variants each



69⁹⁹

JOLLY TOTS BABY BATH all variants each

SAVE R20

WITH CARD



59⁹⁹

JOLLY TOTS BABY TRAINING POTTY all variants each

SAVE R10

WITH CARD



2-PACK

24⁹⁹

JOLLY TOTS 0+ MONTHS NEWBORN SOCKS all variants 2 per pack



3-PACK

29⁹⁹

JOLLY TOTS 0-24 MONTHS BOYS/GIRLS NON-SLIP SOCKS all variants 3 per pack

SAVE R10

WITH CARD



49⁹⁹

JOLLY TOTS FLEECE BLANKET all variants 75cm x 100cm each

SAVE R10

WITH CARD



49⁹⁹

JOLLY TOTS GIRLS SOCKS WITH HEADBAND GIFT SET all variants per set

SAVE R10

WITH CARD

SHOPRITE
LOWER PRICES YOU CAN TRUST Always

Affordable Healthcare Made Easy

Health



19⁹⁹ IMBIZA YEZIKELEMU WORM SYRUP 25ml



24⁹⁹ QUMA IMPILO ANTIACID SUSPENSION 100ml



29⁹⁹ IMPILO MILK OF MAGNESIA ANTIACID 100ml



24⁹⁹ MUTHI WENYONI ANTIACID 75ml



34⁹⁹ PEELAA BABY STOMACH MIXTURE 100ml



34⁹⁹ DYNADOL PAEDIATRIC SYRUP 100ml



34⁹⁹ PEELAA HAMBA WORM SYRUP 50ml



39⁹⁹ TEEJEL TEETHING GEL 10g each



54⁹⁹ VIRATA HEALTH SACCHEROI PAEDIATRIC SYRUP 100ml each



69⁹⁹ KARVOL DECONGESTANT INHALATION CAPSULES 10 per pack



39⁹⁹ KARVOL DECONGESTANT CHEST RUB 50g



99⁹⁹ TELAMENT PAEDIATRIC COLIC DROPS 30ml



129⁹⁹ VI-DAYLIN DROPS DAILY MULTIVITAMIN SUPPLEMENT all variants 25ml/30ml each



SHOPRITE
LOWER PRICES YOU CAN TRUST *Always*

OFFERS VALID FROM MONDAY 25 APRIL 2022 UNTIL SUNDAY 8 MAY 2022. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, LICHTENBURG, MAFIKENG, MMABATHO, PARYS, SASOLBURG, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG & WOLMARANSSTAD.

99% GNFOSLCFCU/E

LOVIES



19⁹⁹
LOVIES
AQUEOUS
CREAM
285ml



19⁹⁹
LOVIES
BABY BUM
CREAM
100ml

34⁹⁹
LOVIES BABY
PETROLEUM
JELLY 500ml



24⁹⁹
LOVIES
BABY
SHAMPOO
200ml



24⁹⁹
LOVIES
BABY OIL
200ml



29⁹⁹
LOVIES
BABY
POWDER
400g

29⁹⁹
LOVIES
BABY LOTION
500ml



34⁹⁹
LOVIES BABY
HEAD-TO-TOE
WASH 500ml

99% GNFOFLOF/L/E

SIZE	NEWBORN	56	PRICE PER NAPPY
SIZE 1	NEWBORN	56	R2,33
SIZE 2	MINI	50	R2,60
SIZE 3	MIDI	44	R2,96
SIZE 4	MAXI	42	R3,10
SIZE 5	JUNIOR	40	R3,25

VALUE PACK		PRICE PER PANTS
SIZE 3	40	R3,25
SIZE 4	38	R3,43
SIZE 5	36	R3,62
SIZE 6	34	R3,83



**SAVE
R10**

129⁹⁹

LOVIES
DISPOSABLE NAPPIES
40/42/44/50/56 per pack
OR VALUE PACK DISPOSABLE
PULL-UP PANTS
34/36/38/40 per pack

WITH
CARD



79⁹⁹
LOVIES
BABY WIPES
all variants
4x56 per pack

SHOPRITE
LOWER PRICES YOU CAN TRUST Always



Dis-Chem PHARMACIES

21 APRIL TO 15 MAY 2022

BEST BUYS JUST FOR YOU!

EARN POINTS
WHILE YOU
SPEND



**Basics
Fleece Blanket**
Assorted colours
and sizes

Small
189⁹⁵
Medium
259⁹⁵
Large
299⁹⁵



Alva Cylinder Top Heater

- Screws directly onto cylinder
- Ideal for camping & domestic use
- Fits all 3/8" L-shaped cylinder valves
- Simple uncomplicated manual ignition
- High infrared heat output
- Solid portable design
- For outdoor use only
- 12-month warranty

399⁹⁵



**Alva Electric
Quartz Heater 800W**

- 2 temperature settings
- Convenient carry handle
- Tilt/auto off switch
- 12-month warranty

239⁹⁵



**A. Vogel
Echinaforce
Echinacea Tablets**
120 tablets

198⁹⁵



**Prospan
Cough Syrup
OR
Menthol Syrup**
200ml

124⁹⁵
each



**Rehidrat
Oral Electrolyte Mixture**
6 sachets / Assorted

74⁹⁵

INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up for your **Dis-Chem** BENEFIT Card in-store
or online today! www.dischem.co.za



**INSTANT
DISCOUNT**
**20⁰⁰*
OFF**

**Lifestyle
Food
Xylitol
Sweetener**
1kg

**169⁹⁵
Benefit
Price
149⁹⁵**



**INSTANT
DISCOUNT**
**25⁰⁰*
OFF**

**Listerine
Mouthwash
Value Pack**
1 litre
Assorted

**94⁹⁵
Benefit
Price
69⁹⁵
per pack**



**INSTANT
DISCOUNT**
**10⁰⁰*
OFF**

**Softi
2-Ply Toilet
Rolls**
18-pack

**84⁹⁵
Benefit
Price
74⁹⁵
per pack**

*Instant discounts to be deducted when you swipe your **Dis-Chem** Benefit Card



**Pampers
Premium Care Nappies
Value Pack**
Size 1 - 82-pack
Size 2 - 76-pack
Size 3 - 60-pack
Size 4 - 52-pack
Size 5 - 44-pack
Size 6 - 36-pack

**209⁹⁵
per pack**



**Johnson's
Baby Wipes
Value Pack**
Extra Sensitive 4 x 56 wipes
OR Gentle All Over 4 x 72 wipes

79⁹⁵

*Advertised price already reflects discount



**SAVE
30⁰⁰***

**Gaby's Earth Foods
Raw Almonds**
1kg

**179⁹⁵
each**

*Advertised price already reflects discount



**Satskin
Shower Gel**
400ml / Assorted

**1 FOR 42⁹⁵
2 FOR 60⁰⁰
SAVE 25⁹⁰**

6 MAY 2022

**LET'S STAND
TOGETHER
& MAKE DREAMS
COME TRUE**

Buy a Slipper Day sticker for R20 from any
Dis-Chem Pharmacy, Baby City Store
or directly from Reach For A Dream.

Wear your slippers and sticker to redeem your free famous Wimpy coffee at any Wimpy on Slipper Day.



slipper day
reach for a dream



WINTER WARMERS

KEEP
WARM

Dis-Chem Pharmacies
has a wide range of winter electrical
accessories and essentials.
Shop online and in-store for classic,
luxury and premium heaters and
electric blankets.
Visit www.dischem.co.za



Heat Holders
Footless
Thermal Tights
Assorted sizes
219⁹⁵
per pair



Warm Me Up
Hot Water Bottle
with cover
2 litres / Assorted
159⁹⁵
each



Warm Me Up
Re-Usable
Pocket Size
Warmer
Assorted
29⁹⁵
each



Heat Holders
Luxury Fleece
Blanket
Assorted colours
399⁹⁵
each



Warm Me Up
Microwaveable
Heat Pack
Assorted
149⁹⁵
each

GEAR
CLOTHING AND ACCESSORIES



Slippers with
Memory Insole
Assorted colours, styles & sizes
219⁹⁵
per pair



Men's Slippers
Assorted colours, styles & sizes
199⁹⁵
per pair



Mens' Slippers
Assorted colours,
styles & sizes
179⁹⁵
per pair



Ladies' Slippers
Assorted colours, styles
& sizes
219⁹⁵
per pair

6 MAY 2022

slipper day
reach for a dream

Buy a Slipper Day sticker for R20
from any Dis-Chem Pharmacy,
Baby City Store or directly from
Reach For A Dream.

LET'S STAND
TOGETHER
& MAKE DREAMS
COME TRUE



Soft Synthetic Wool
Personal Control
Comfortable



Soft Synthetic Wool
Personal Control
Comfortable



DQUIP
Heated Electric Blanket
184225
Single

750⁰⁰

184226
Double

1199⁰⁰

184227
Queen

1299⁰⁰

184252
King

1399⁰⁰



Milex
Nanotec
Wall Plug Heater

217084
• 12-hour programmable
timer
• High and low speed
settings
• Transform any space
from cold and chilly to
warm and cosy

389⁹²

HEALTHY LIVING

IMMUNE SUPPORT

**25%*
OFF**

ALL Nativia Immune products**



Nativia Complex Vitamin C 1000mg 30 capsules

59⁹⁶

Nativia Immune Complex 30 tablets

107²¹

**Offer only applicable on the above Nativia Immune products

**20%*
OFF**

ALL Avalife products



Avalife Immune Support Supplements 60 veg capsules

263⁹⁶

**15%*
OFF**

Bettaway Mega C 1000 180 tablets AND 10 effervescent tablets



Bettaway Mega C 1000 180 tablets

339⁹⁶

Bettaway Mega C 1000 Fizzy 10 effervescent tablets

50⁹⁶

**10%*
OFF**

ALL NRF Vita-C products



NRF Vita-C 2000 150g powder

152⁹⁶

NRF Vita-C 300 30 tablets

80⁹⁶

NRF Buffered Vita-C 2000 Fizzy 10 effervescent tablets

71⁹⁶

*Advertised prices already reflect discounts

INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

INSTANT DISCOUNT 50⁰⁰* OFF Lifestyle Nutrition Buffered Vitamin C 1000mg Powder 300g 264⁹⁵ Benefit Price 214⁹⁵	INSTANT DISCOUNT 22⁰⁰* OFF A. Vogel Echinaforce Sore Throat Spray 30ml 276⁹⁵ Benefit Price 254⁹⁵	INSTANT DISCOUNT 20⁰⁰* OFF Gold Vitamin D3 1000IU 60 tablets 89⁹⁵ Benefit Price 69⁹⁵	INSTANT DISCOUNT 5⁰⁰* OFF Cipla FizzC Plus Immune System Supporter 30 effervescent tablets 89⁹⁵ Benefit Price 84⁹⁵
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*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

SAVE 10⁰⁰* A. Vogel Echinaforce Echinacea Drops 50ml liquid drops 119⁹⁵	SAVE 15⁰⁰* Bio-Strath Syrup 200ml 168⁹⁵	SAVE 15⁰⁰* Viral Guard Adult Daily Anti-Oxidant Immune Protection 60 capsules 99⁹⁵	SAVE 15⁰⁰* Immuno Armour adult capsules 30 capsules 259⁹⁵
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SAVE 30⁰⁰* Biogen Vitamin C 1000mg 60 capsules 99⁹⁵	SAVE 20⁰⁰* Biogen Vitamin C Fizzy 3 x 10 effervescent tablets 129⁹⁵
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SAVE 10⁰⁰* Synatura Cough Syrup 200ml 119⁹⁵	SAVE 15⁰⁰* Efferlu C Immune Booster Plus 20 effervescent tablets 79⁹⁵	SAVE 50⁰⁰* Oscillocoquinum Value Pack 30 vials 449⁹⁵ per pack	SAVE 10⁰⁰* The Real Thing Nutra-C Immune Boost 60 capsules 189⁹⁵	SAVE 15⁰⁰* The Real Thing Nutra-C Combo Immune Boost 90 capsules 234⁹⁵
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*Advertised prices already reflect discounts

*Advertised prices already reflect discounts

WELLNESS CLINIC



HYPERTENSION

Hypertension is another name for high blood pressure

- Hypertension is a silent killer.
- More than 30% of South Africans live with hypertension.
- More than 50% of those living with hypertension are unsure of their condition.

Dis-Chem will be offering **FREE** blood pressure testing.

To find out more about Dis-Chem Wellness Clinics, visit the Dis-Chem website, scan the QR code, download the App to book an appointment, ask any of our friendly nursing practitioners or contact our Clinic Call Centre at 0861 117 427
*FREE blood pressure testing valid until 15 May



Promotional offers valid from 21 April to 15 May 2022 while stocks last - may not be available in all stores. NB: These prices are only valid on cash and card purchases, standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.



Dis-Chem Pharmacies Best of the Best*

*Voted Best Pharmacy by the Star Readers' Choice Awards 2021



Inhaler
1ml
31⁹⁵



VapoRub 100g
OR BabyRub 90g
Value Pack
74⁹⁵
per pack

For full prescribing information, refer to the Professional Information approved by the medicine's regulatory authority. **50 Vicks® Inhaler.** Each 1 ml contains levomenthol 415.4 mg and camphor 415.4 mg. SA Reg. No.: G1258 (Act 101/1965). For full prescribing information, refer to the Professional Information approved by the medicine's regulatory authority. **50 Vicks® VapoRub.** Each 1 g ointment contains camphor 52.6 mg, eucalyptus oil 13.3 mg and menthol 28.2 mg. SA Reg. No.: 34/10.2.1/0019. **Vicks® BabyRub.** For babies 3 months and above. **Vicks® BabyRub** is a gentle, non-medicinal rub for comforting baby care. Always read the label. If symptoms persist talk to your health professional. **P&G South African Trading (Pty) Ltd.** Reg. No.: 1989/004241/07. 10th floor, Alice Lane Towers, 15 Alice Lane, Sandton, South Africa, 2196. Customer Care Line 0860 112 188 (Sharecall charged at local rates). Website: <http://www.pg.com/contactus>. **MAT-ZA-VICKS-21-000173. December 2021.** All decisions on pricing, promotion and distribution (assortment and shelving) are at the sole discretion of the retailer. All P&G recommendations are based on objective category management principles, in accordance with all applicable legal requirements, and are based on the principles of fair share of shelf and fair share assortment.



Strepsils
Soothing
Throat Lozenges
24 lozenges / Assorted
74⁹⁵
each



Cepacol
Throat Lozenges
24 lozenges
Assorted
42⁹⁵
each



Benylin
Wet Cough
Mucus Relief
for Adults OR Children
100ml / Assorted
46⁹⁵
each



Cepacol
Medsip Hot
Medicated Drink
8 sachets / Assorted
34⁹⁵
each



Zam-Buk
Chest Rub
50g
29⁹⁵

SICK OF THE SNOTTIES & PHLEGMINGS?

The ACC® family is growing... giving YOU more options!¹



1 A DAY
From 14 years+



ACC® 600 gets to work fast to break down mucus and phlegm to help you feel yourself again.¹,³

TRY
NEW

Otrivin

Sea Water with Aloe Vera



**CLEANS
WITH
SEA WATER
& SOOTHES
WITH ALOE**

Speak to your pharmacist about the
benefits of daily nasal cleansing.



Data on file.
GSK Study Effect of mechanical
washing with GSK product on human
nasal epithelium co-culture with
fibroblast MucilAirTM- HF exposed to PM
Pollutants. Report Number ST191104.
50 Otrivin Seawater with Aloe Vera
Nasal Spray. GlaxoSmithKline Consumer
Healthcare South Africa (Pty) Ltd. 57
Sloane Street, Bryanston, 2021. Reg.
No: 2014/173930/07. For any further
information, including safety, please contact
the GSK Hotline on +27 11 745 6001 or
0800118274. Trademarks are owned by or
licensed to the GSK Group of Companies.
Always read the carton and leaflet for full
use instructions before use.
PM-ZA-OTR-22-00014



Sinutab
Nasal Spray
Blocked Nose
10ml
54⁹⁵
each



Oxymist Adult
0.05%
Nasal Spray
10ml
53⁹⁵
each

References: 1. Sandoz SA (Pty) Ltd. ACC® 600 (effervescent tablets). Professional information, 02 November 2021. 2. Kryukov AI, Turpovsky AB, Izolova GN, et al. Treatment of acute sinusitis. Russian Medical Journal. 2012;9:458-488. 3. Zaitseva OV. Rational choice of mucolytic therapy in treatment of respiratory diseases in children. Russian Medical Journal. 2009;17(19):1217-1221. 4. ACC® 600 (effervescent tablets). Reg. No.: 45/10.3/0229. Composition: Each effervescent tablet contains: 600 mg acetylcysteine. ATC Code: R05CB01. For full prescribing information refer to the Sandoz Professional Information approved by the South African Health Products Regulatory Authority (SAHPRA). Sandoz SA (Pty) Ltd. Reg. No. 1990/001979/07. Waterfall 5-6, Magwa Crescent West, Waterfall City, Juksiel View, Gauteng, 2090. Tel: +27 (11) 347 6600. SANDOZ Customer Call Centre: 0861 726 225. Reporting of AEs: <https://www.report.novartis.com> SAN/ACC/2022.03.44

SANDOZ A Novartis
Division



Ferrimed
60 capsules
300⁹⁵



Contour Plus
Glucose
Test Strips
50 test strips
159⁹⁵



Purgolene
20 sachets
Assorted
99⁹⁵



Rennie
Antacid
96 chewable tablets
Assorted
79⁹⁵



Vermox
1 Day Treatment
Pack
1 single dose
treatment
10ml
45⁹⁵



Canesten 1VC
Vaginal Cream
5g
190⁹⁵



Alka Fizz
Effervescent
Granules
120g
59⁹⁵



Gelacid
Suspension
200ml
69⁹⁵



Gaviscon
Double Action
Liquid
300ml
179⁹⁵

Great Savings with our Scheduled Medicine

Broncol
Cough Linctus
200ml
62⁹⁵

Cipla
Loperamide
2mg
8 tablets
13⁹⁵

Coryx
Paediatric Syrup
140ml
56⁹⁵

Ibugesic Forte
30 capsules
63⁹⁵

Ibugesic Plus
30 capsules
52⁹⁵

Ibupain Blister
60 capsules
100⁹⁵

Omiflux
20mg
14 capsules
61⁹⁵

Rupanase
Junior
120ml
257⁹⁵

Benylin 4 Flu
Liquid
200ml
79⁹⁵

Sinutab Sinus
Pain Extra
Strength
24 tablets
67⁹⁵

CONVENIENT ON THE GO RELIEF



ENO® ACTIVE FRUIT SALT REGULAR (POWDER). Each 5.0 g dose contains: Sodium Bicarbonate 2.32 g; Anhydrous Citric Acid 2.18 g; Sodium Carbonate 0.50 g. Reg. No.: Y/11.4/185. Bottles containing 100 g and 200 g. Packs of 72 x 5 g sachets. Travel packs of 10 x 5 g or 20 x 5 g sachets. 6 symptoms of heartburn. List of 6 Symptoms: 1. Bitter or sour taste in mouth 2. Burning sensation in throat 3. Burning sensation in chest 4. Burning sensation in stomach 5. Stomach discomfort 6. Heaviness. Due to acid indigestion or gastric acid. Reference: Roger Jones and Karen Ballard. Healthcare seeking in gastro-oesophageal reflux disease: a qualitative study. European Journal of Gastroenterology & Hepatology 2008; 20:240-275. FDA, 21CFR331.11(d). 2019. ENO® gets to work in 6 seconds. Johnson S and Suralki J. A Comparison of the Effect of Regular ENO® and Placebo on Intragastric pH. Practical Gastroenterology 2009; 28:32. GlaxoSmithKline Consumer Healthcare South Africa (Pty) Ltd. 39 Hawkins Avenue, Epping Industria 1, 7460, Cape Town. Reg. No.: 2014/173930/07. For full prescribing information refer to the professional information approved by the medicines regulatory authority. Always read label before use. For any further information, including safety, please contact the GSK Hotline on +27 11 745 6001 or 0800118274. PM-2A-ENO-22-00129



Artelac
Moisture
Eye Drops
10ml
54⁹⁵



Artelac
Intense Eye
Drops
10ml
96⁹⁵



Artelac
Splash Eye Drops
10ml
104⁹⁵

BAUSCH + LOMB
See better. Live better.



ReNu
MultiPlus
Solution
360ml
92⁹⁵



ReNu
Multi-Purpose
Solution
360ml
84⁹⁵



Bio True
Multi-Purpose
Solution
300ml
95⁹⁵



Artelac
Advanced
Lipids
Eye Drops
10g
104⁹⁵



Artelac
Complete XP
Eye Drops
10ml
184⁹⁵



Artelac
Complete
Eye Drops
10ml
104⁹⁵

Prices only applicable in South Africa

Dis-Chem
PHARMACIES



Look for the Vitality HealthyCare Indicator in-store for more. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.

MULTIVITAMINS & DAILY SUPPLEMENTS

vitaforce
Be★Muff

NEW

vitaforce

Multivitamin
Ultra A-Z
2 Phase Release
60 film-coated tablets
161⁴⁶

**15%
OFF**

Vitaforce Multivitamin A-Z
OR Ladyvite OR Mensvite
60 film-coated tablets

Multivitamin

Ultra A-Z

Multivitamins and minerals
Helps:
• Boost energy
• Healthy metabolism
• Boost brain function
• Immune function
60 film-coated tablets



StaminoGro
120 tablets
335⁹⁶

**20%
OFF**

StaminoGro
120 tablets OR Woman
30 tablets

StaminoGro
Woman
30 tablets
127⁹⁶



**25%
OFF**

Bioharmony
products

Bioharmony
MenoClove Plus
60 capsules
215²¹



Femina Probiotic
30 capsules

174⁹⁵

Femina Probiotic
available at
selected stores.
Details on
dischem.co.za



**SAVE
30⁰⁰***

ESI
Vein Herbs
Plus
30 tablets

159⁹⁵

GREENER LIVING

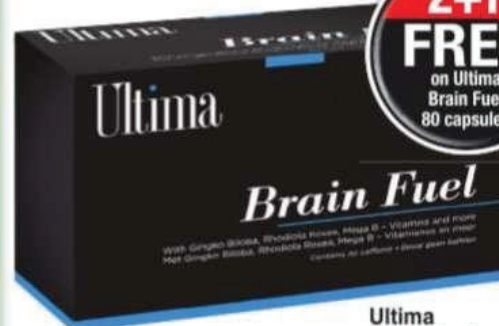


**2+1
CHEAPEST
FREE**
on ANY Himalaya
products

Himalaya
Mentat Syrup
200ml

161⁴⁶
each

**2+1
FREE**
on Ultima
Brain Fuel
80 capsules



Ultima
Brain Fuel
80 capsules

199⁹⁵
each

**20%
OFF**

ReVite Omega-3
1000mg
90 softgels

109⁵⁶



*Advertised prices already reflect discount

SOLAL
HEALTHY AGING SPECIALISTS



Burnout
Adrenal Support
60 capsules
350⁹⁶

**10%
OFF**
Solal
products**



Magnesium
Glycinate
60 tablets
355⁴⁶



Super Mega-B
60 capsules
303²⁶

*Advertised prices already reflect discount

**Offer only applicable on the above Solal products



**SAVE
30⁰⁰***

Biogen
Proanth
Plus
60 capsules
99⁹⁵



**SAVE
15⁰⁰***

Vascamen
Unique
Supplement
for Men
90 tablets
214⁹⁵



**SAVE
20⁰⁰***

Biogen
Curcumin
Anti-Inflammatory
60 vegicaps
136⁹⁵



**SAVE
15⁰⁰***

Proanthodin
Antioxidant
60 capsules
99⁹⁵



**SAVE
20⁰⁰***

Gold
Omega 3
Salmon Oil
1000mg
90 softgel capsules
89⁹⁵

*Advertised prices already reflect discounts

Sanlam

Earn up to **5%** with every swipe.

The only credit card that adds as much as 5% of everything you spend at Dis-Chem to your cash back. Apply now at www.moneysaver.cards.

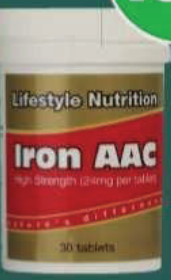
Ts & Cs apply.

Sanlam is a Licensed Financial Services Provider.
RCS is a registered credit and authorised Financial Services Provider. NCRCP 38/FSP 44481.



INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

 INSTANT DISCOUNT 50⁰⁰* OFF XtensiFlora 9 Probiotic 60 vegicaps 269⁹⁵ Benefit Price 219⁹⁵	 INSTANT DISCOUNT 35⁰⁰* OFF Reuterina Drops 5ml drops 209⁹⁵ Benefit Price 174⁹⁵	 INSTANT DISCOUNT 30⁰⁰* OFF Lifestyle Nutrition Advance Alkaline Powder 300g 139⁹⁵ Benefit Price 109⁹⁵	 INSTANT DISCOUNT 10⁰⁰* OFF Lifestyle Nutrition Iron AAC 30 tablets 75⁹⁵ Benefit Price 65⁹⁵
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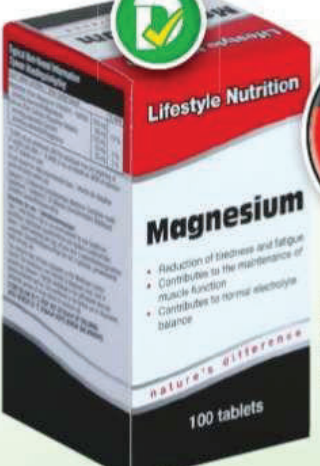
*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

DIGESTIVE CARE & PROBIOTICS

 SAVE 30⁰⁰* OsteoEze Alkaline Powder 150g 159⁹⁵ each	 SAVE 19⁰⁰* A.Vogel Multiforce Alkaline Powder 225g / Assorted 216⁹⁵ each	 SAVE 40⁰⁰* Gold Pre & Pro Biotic 9-Strain 60 capsules 189⁹⁵	 SAVE 27⁰⁰* Gold Colon Support 60 vegicaps 99⁹⁵	 SAVE 12⁰⁰* Biogen Supreme Probiotic 9-Strain 60 capsules 225⁹⁵
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*Advertised prices already reflect discounts

MINERALS



20% OFF
Lifestyle Nutrition
Magnesium
100 tablets

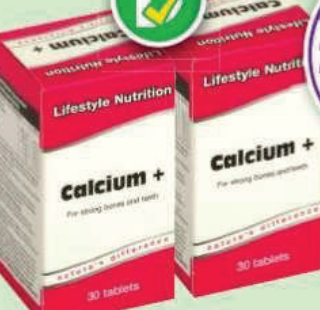
159⁹⁶

*Advertised price already reflects discount



1 FOR 88⁹⁵
2 FOR 125⁰⁰
SAVE 52⁹⁰

Gold
Slow Release
Magnesium
100 tablets



1 FOR 119⁹⁵
2 FOR 160⁰⁰
SAVE 79⁹⁰

Lifestyle Nutrition
Calcium+
30 tablets



Slow-Mag
BEAT YOUR SLUMP

100 Capsules
MAGNESIUM

SAVE 30⁰⁰*

30 Fizzies
MAGNESIUM

SAVE 18⁰⁰*

Magnesium
Fizzies
30 fizzies
180⁹⁵

Magnesium
100 capsules
297⁹⁵

FIGHT FATIGUE AND ENERGY LOSS.^{1,2*}

1. Werbach MR. Nutritional Strategies for Treating Chronic Fatigue Syndrome. Altern Med Rev 2000;5(2):93-106. 2. National Institutes of Health (NIH). Magnesium: Fact Sheet for Health Professionals. [Online]. 2013 Nov 4 [cited 2015 June 15]. Available from: URL: <http://ods.od.nih.gov/factsheets/Magnesium-HealthProfessional/>. For full prescribing information, refer to the Professional Information approved by the medicine's regulatory authority. **Dis-Chem Gold** "Fizzes". Each enteric-coated tablet contains magnesium chloride 435 mg, providing 60 mg magnesium (elemental). SA Reg. No.: H24759. BOT Reg. No.: B9306530. For full prescribing information refer to the package insert. **Dis-Chem Gold** "Capsules". Each capsule contains magnesium (pyruvate) 450 mg, providing 95 mg magnesium (elemental). **Dis-Chem Gold** "Fizzes". Each effervescent tablet contains magnesium carbonate 707.98 mg, providing 172 mg magnesium (elemental) and ascorbic acid 165.10 mg, providing 150 mg vitamin C. *Complementary Medicine: Health supplement. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use. For full prescribing information refer to the package insert. **Dis-Chem Gold** "Fizzes". Each effervescent tablet contains magnesium carbonate 707.98 mg, providing 172 mg magnesium (elemental) and ascorbic acid 165.10 mg, providing 150 mg vitamin C. *Complementary Medicine: Health supplement. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use. P&G South African Trading (Pty) Ltd. Reg. No.: 1989/004241/07, 12th floor, Alice Lane Towers, 15 Alice Lane, Sandton, South Africa, 2156. Customer Care Line 0860 112 188 (Sharecall charged at local rates). <https://www.pg.com/contactus>. ITEM CODE: February 2021.

*FOR FURTHER PRODUCT INFORMATION AND REFERENCES GO TO WWW.FACEBOOK.COM/SLOWMAGSA. ALL DECISIONS ON PRICING, PROMOTION AND DISTRIBUTION (ASSORTMENT AND SHELVEING) ARE AT THE SOLE DISCRETION OF THE RETAILER. ALL P&G RECOMMENDATIONS ARE BASED ON OBJECTIVE CATEGORY MANAGEMENT PRINCIPLES. IN ACCORDANCE WITH ALL APPLICABLE LEGAL REQUIREMENTS, AND ARE BASED ON THE PRINCIPLES OF FAIR SHARE OF SHELF AND FAIR SHARE ASSORTMENT.



SAVE 10⁰⁰*

Reuterina
Acute
10 chew tablets

69⁹⁵



SAVE 30⁰⁰*

Lifestyle Nutrition
Cal Q7
30 tablets

118⁹⁵



SAVE 25⁰⁰*

Biogen
Magnesium Fizzy
30 effervescent tablets
Assorted

114⁹⁵

*Advertised prices already reflect discounts

Dis-Chem
PHARMACIES

Promotional offers valid from 21 April to 15 May 2022 while stocks last – may not be available in all stores. NB: These prices are only valid on cash and card purchases, standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.

BONE & JOINT HEALTH

NEW

Biogen CBD Joint Recover & Repair 30 capsules

329⁹⁵

CBD JOINT RECOVER & REPAIR

600mg CBD 25mg PER CAPSULE

RELIEF OF PAIN AND INFLAMMATION

VALUE PACK

ARTHRAY CHRONIC

JOINT THERAPY

supports joint mobility & cartilage health

for the relief of JOINT STIFFNESS / ACHES & PAINS SWELLING & INFLAMMATION

180 TABLETS

SAVE 30⁰⁰*

ArthrAway Chronic Joint Therapy Value Pack 90 tablets PLUS 90 tablets

249⁹⁵ per pack

B-CAL-K2

5-in-1 Bone Support 30 tablets

15% OFF

B-CAL-K2 5-in-1 Bone Support 30 tablets

121⁵¹

500 mg Calcium • 100 mg Magnesium
60 mg Vitamin C • 1000 IU Vitamin D3 • 40 µg Vitamin K2

*Advertised prices already reflect discounts

INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

INSTANT DISCOUNT

38⁰⁰ OFF

Fithealth Dry Eye Plus 60 capsules

342⁹⁵ Benefit Price
304⁹⁵

INSTANT DISCOUNT

30⁰⁰ OFF

Arthro Guard Everyday Joint Protection & Support Value Pack 90 capsules PLUS 90 capsules

329⁹⁵ Benefit Price
299⁹⁵

INSTANT DISCOUNT

20⁰⁰ OFF

Biogen Calmag Max 60 tablets

189⁹⁵ Benefit Price
169⁹⁵

*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

1 FOR 99⁹⁵
2 FOR 130⁰⁰
SAVE 69⁹⁰

Gold Glucosamine 60 tablets

Dis-Chem GOLD

Joint support with Chondroitin and MSM

1 FOR 319⁹⁵
2 FOR 440⁰⁰
SAVE 199⁹⁰

Zyora Zylflex 30 capsules

zyflex

clinically proven UC-II® collagen for effective joint care

SAVE 20⁰⁰*

SAVE 40⁰⁰*

Gold MSM 90 capsules

79⁹⁵

Lifestyle Nutrition Joint Aid 30 vegcapsules

279⁹⁵

SAVE 49⁰⁰*

Piascledine Osteoarthritis 30 capsules

264⁹⁵

*Advertised prices already reflect discounts

ENERGY BOOSTERS

10% OFF

ALL BioPlus 100ml/200ml/500ml Syrups

BIOPLUS

For physical energy & mental vitality

BioPlus Syrup 100ml / Assorted

53⁰⁶

BioPlus Syrup 500ml

148⁴⁶

SAVE 20⁰⁰*

FatigueAway

ENERGY AND VITALITY

GREAT TASTING ENERGY

20 sachets

89⁹⁵

30% OFF

ReVite Vit-T-Go 20 sachets

VIT-T-GO

ENERGY VITALITY & REHYDRATION

20 sachets

90⁹⁷

SAVE 20⁰⁰*

BIOMEN

B-COMPLEX SUPER POTENCY

60 tablets

189⁹⁵

2+1 CHEAPEST FREE

on ANY TurboEnergy X-Treme Fusion 15ml

TurboEnergy X-Treme Fusion

15ml / Assorted

4⁹⁵ each

*Advertised prices already reflect discounts

STRESS & ANXIETY

SAVE 45⁰⁰*

zymood

5-HTP with QUATREFOLIC® for maintenance of good health

zyora

Zyora Zymood 60 capsules

249⁹⁵

SAVE 28⁰⁰*

Dis-Chem GOLD

GABA

Gamma Amino Butyric Acid

60 tablets

116⁹⁵

SAVE 20⁰⁰*

TensAway

STRESS RELIEF

40 tablets

159⁹⁵

NEW

Biogen CBD Sleep

with MCT Oil 30ml

299⁹⁵

Bio-Herbal Stress+

30 capsules

146⁹⁵

SAVE 20⁰⁰*

InsomnAway

A GOOD NIGHT'S SLEEP

26 tablets

74⁹⁵

*Advertised prices already reflect discounts

NB: These prices are only valid on cash and card purchases, standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.

INSTANT DISCOUNTS

Sign up for your **Dis-Chem** BENEFIT Card in-store or online today!
www.dischem.co.za

INSTANT DISCOUNT
30% OFF

Lifestyle Nutrition Multi-Vitamin & Mineral Gummies
120 gummy bears

179⁹⁵
Benefit Price
149⁹⁵

INSTANT DISCOUNT
30% OFF

Lifestyle Nutrition Vitamin C Soft and Chewy Gummy Bears
120 gummy bears

179⁹⁵
Benefit Price
149⁹⁵

*30% instant discount to be deducted when you swip your Dis-Chem Benefit Card

20% OFF
All Crèche Guard Baby 100ml & 200ml Syrups

Crèche Guard Baby Immune Multivit Syrup 100ml
79⁹⁶ each

20% OFF
All Crèche Guard Immune Multivit Syrup 200ml

Crèche Guard Immune Multivit Syrup 200ml
151⁹⁶ each

2+1 CHEAPEST FREE
on ANY Brain Child products

VALUE PACK

Brain Child Omega-3, Vitamins & Minerals Value Pack
60 fish oil burstlets PLUS 60 multivit chew tablets
349⁹⁵ per pack

20% OFF
StaminoGro Kids 10 effervescent tablets

StaminoGro Kids 10 effervescent tablets
82³⁶ each

SAVE 19⁰⁰*

VirAway Immune Junior Syrup 200ml
99⁹⁵

*Advertised prices already reflect discounts

CHILDREN'S HEALTH

Vitamins and minerals are important for healthy growth and development in children. Children who eat a well-balanced diet usually do not need a vitamin or mineral supplement. However, some children are at risk for deficiencies and may need a supplement. Speak to your doctor to determine if supplements are required for your child.

CONFECTIONERY

1 FOR 10⁹⁵
2 FOR 18⁰⁰
SAVE 3⁹⁰

Cadbury Astros 40g OR Milk Chocolate Bars 40g/48g / Assorted

1 FOR 15⁹⁵
2 FOR 26⁰⁰
SAVE 5⁹⁰

Oreo Biscuits 133g / Assorted

1 FOR 34⁹⁵
2 FOR 49⁹⁵
SAVE 19⁹⁵

Mentos Chewing Gum 35 pieces / Assorted

1 FOR 46⁹⁵
2 FOR 80⁰⁰
SAVE 13⁹⁰

Stimorol 60 pieces OR Clorets Sugar Free Gum 52 pieces Assorted

1 FOR 28⁹⁵
2 FOR 50⁰⁰
SAVE 7⁹⁰

Cadbury Dairy Milk Bubbly 150g / Assorted

1 FOR 17⁹⁵
2 FOR 28⁰⁰
SAVE 7⁹⁰

Simba Chips 120g / Assorted

SAVE 4⁰⁰*

Gingerbon Ginger Sweets 125g / Assorted
32⁹⁵ each

1 FOR 9⁹⁵
3 FOR 24⁹⁵
SAVE 4⁹⁰

Score Energy Drink 500ml / Assorted

2+1 FREE
on Britannia Pure Magic Chocolush 75g

Britannia Pure Magic Chocolush 75g
19⁹⁵ each

SAVE 3⁰⁰*

Britannia Little Hearts Biscuits 50.5g
R9⁹⁵

SAVE 7⁰⁰*

Cadbury Tumbles Raisins 200g OR Whispers 200g
42⁹⁵ each

*Advertised prices already reflect discounts

HEALTH FOODS

INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Instant Ginger Drink with Honey 40 sachets

126⁹⁵
Benefit Price
106⁹⁵

20⁰⁰* OFF

Rolled Oats 5kg

189⁹⁵
Benefit Price
169⁹⁵

Organic Cold Pressed Virgin Coconut Oil 1 litre

149⁹⁵
Benefit Price
129⁹⁵

Oat Milk 1 litre

45⁹⁵
Benefit Price
35⁹⁵

Honey Choice Grade 375g

69⁹⁵
Benefit Price
59⁹⁵

Red Lentil Pasta 250g / Assorted

48⁹⁵
Benefit Price
38⁹⁵

Green Pea Pasta 250g / Assorted

39⁹⁵
Benefit Price
R29⁹⁵

*Instant discounts to be deducted when when you swip your Dis-Chem Benefit Card

HEALTH TEAS

High Mountain Green Tea 20 sachets

24²⁶

Eve Creamy Ginger & Coconut Drink 36g x 5 sachets

56⁶⁶

Eve Matcha Instant Green Tea 5 sachets

53²¹

Lifestyle Food Green Tea with Ginger 20 teabags

12⁹⁵

*Advertised prices already reflect discount
** Offer only applicable on the above Eve Tea products

BREAKFAST ON THE GO.....

Health Connection Super Food Granola 300g / Assorted

41⁹⁵ each

Replace Classic 400g / Assorted

99⁹⁵ each

Lifestyle Food Barista Blend Oat Milk 1 litre

39⁹⁵

Blue Diamond Barista Blend Almond Breeze Almond Milk 1 litre / Assorted

39⁹⁵

*Advertised prices already reflect discounts

REBUILD OUR FUTURE

Visit FUTURELIFE® social pages to see how you can contribute.

Smart+ Food Granola Crunch Cereal 700g Assorted

54⁹⁵ each

Whole Grain Granola Bar 40g / Assorted

1 FOR 10⁹⁵
2 FOR 16⁰⁰
SAVE 5⁹⁰

Smart+ Food Family Pack 750g / Assorted

54⁹⁵ per pack

FutureLife Kids Cereal 375g

45⁹⁵ each

*Advertised prices already reflect discounts

INSTANT DISCOUNTS

Sign up for your **Dis-Chem** BENEFIT Card in-store or online today! www.dischem.co.za



INSTANT DISCOUNT
10⁰⁰* OFF

LF
LIFESTYLE FOOD



Unsweetened Soya Milk
1 litre
38⁹⁵
Benefit Price
28⁹⁵



Rolled Oats
1kg
45⁹⁵
Benefit Price
39⁹⁵

*Offer excludes Lifestyle Food organic & gluten-free oats

INSTANT DISCOUNT
5⁰⁰* OFF



Steel Cut Oats
500g
34⁹⁵
Benefit Price
29⁹⁵

INSTANT DISCOUNT
5⁰⁰* OFF



Creamed Honey
100% Zambian Seasonal Honey
350g
78⁹⁵
Benefit Price
73⁹⁵

INSTANT DISCOUNT
7⁰⁰* OFF



Earth & Co Unsweetened Rice Milk
1 litre
46⁹⁵
Benefit Price
39⁹⁵

*Instant discounts to be deducted when you swip your **Dis-Chem** Benefit Card

COOKING ESSENTIALS

2+1 CHEAPEST FREE
on ANY
Nature's Choice
Herbs and Spices



Lifestyle Food Gelatine Powder
80g
29⁹⁵



Lifestyle Food Baking Powder
100g
16⁹⁵
Lifestyle Food Xanthan Gum
100g
39⁹⁵

SAVE 30⁰⁰*



Lifestyle Food Extra Virgin Olive Oil
1 litre
99⁹⁵

*Advertised price already reflects discount

FREE FROM SUGAR



NOVA Chocolate Slab Sugar Free
OR
No Added Sugar
100g / Assorted
32⁹⁵
each

*Advertised price already reflects discount

2+1 CHEAPEST FREE
on ANY Lifestyle Food Herbs and Spices



3+1 CHEAPEST FREE
on ANY Lifestyle Food Sugar Free Sweets



3+1 CHEAPEST FREE
on ANY Lifestyle Food No Added Sugar Choc Chip Cookies 135g



No Added Sugar Choc Chip Cookies
135g / Assorted
29⁹⁵
each

3+1 CHEAPEST FREE
on ANY Lifestyle Food Chocolate 40g



Chocolate
40g / Assorted
20⁹⁵
each

SWEETENERS



Nature's Buzz African Raw Honey
1kg
159⁹⁵



Canderel with Sucralose
200 tablets
61⁹⁵



Canderel Cafe Sticks with Sucralose
200 cafe sticks
94⁹⁵



Eat Naked Raw Honey
700g
141⁹⁵



Canderel with Stevia
80 sticks
PLUS FREE 20 sticks
75⁹⁵

*Advertised prices already reflect discounts

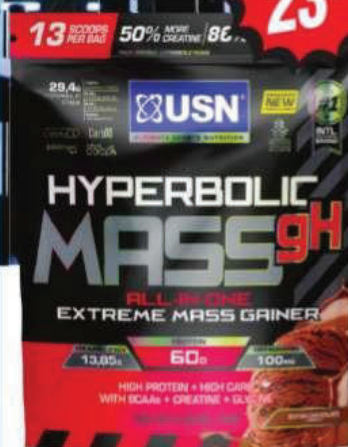
Dis-Chem
PHARMACIES

SPORTS SUPPLEMENTS

USN

BUSH
BODY
MAKEOVER
CHALLENGE

SA's MOST SUCCESSFUL
12-WEEK WEIGHT LOSS
PROGRAMME



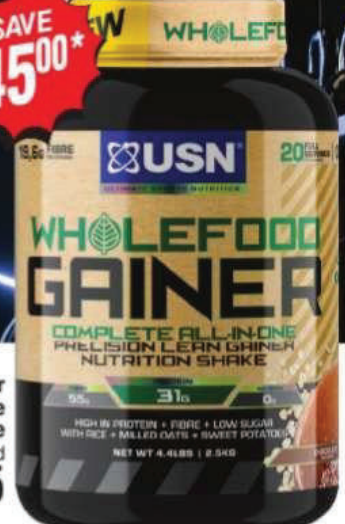
Hyperbolic
Mass gH
1kg / Assorted
139⁹⁵



XTS Pump N.O.
Pre-Workout
560g / Assorted
339⁹⁵



Testo
Maximum gH
120 capsules
199⁹⁵



Wholefood Gainer
Complete All-in-One
Nutrition Shake
2.5kg / Assorted
339⁹⁵

BIOGEN
FOR THE RESULTS YOU WANT



Creatine
Ultra Load
860g / Assorted
159⁹⁵

Rapid Uptake
Pure Carbs
2kg / Assorted
199⁹⁵



Night Feed
Casein Protein
800g / Assorted
419⁹⁵

100% Iso-Whey
Premium
1.5kg / Assorted
699⁹⁵



Alpha
Super Test
80 capsules
239⁹⁵



Alpha
Pre-Surge Extreme
400g / Assorted
299⁹⁵



Alpha
Amino Elite
400g / Assorted
249⁹⁵



Alpha
Raw Lean Muscle Gainer
3.5kg / Assorted
499⁹⁵

*Advertised prices already reflect discounts

WATER ENHANCERS



Biogen
Water Enhancer
45ml / Assorted
34⁹⁵
each



Evox
Zero Calorie
Flavour Infusion
45ml / Assorted
38⁹⁵
each



PharmaFreak
Water Enhancer
45ml / Assorted
43⁹⁵
each



Tru Hydration
Enhancer Drops
45ml / Assorted
39⁹⁵
each

PRIMAL

SPORTS NUTRITION

SAVE 30⁰⁰*

PRIMAL
SPORTS NUTRITION
CREATINE 5000
PURE MONOHYDRATE POWDER

Creatine 5000
200g
PLUS 200g

219⁹⁵

SAVE 40⁰⁰*

PRIMAL
SPORTS NUTRITION
BCAA 12:1:1

BCAA 12:1:1
384g / Assorted

279⁹⁵

BANDED PACK

PRIMAL
SPORTS NUTRITION
L-GLUTAMINE 5000

SAVE 30⁰⁰*

L-Glutamine 5000
Banded Pack
500g
PLUS 200g

399⁹⁵
per pack

SAVE 70⁰⁰*

PRIMAL
SPORTS NUTRITION
WHEY PROTEIN

Whey Protein
2kg / Assorted

799⁹⁵

SAVE 50⁰⁰*

NPL
THERMO CUTS

Thermo Cuts
120 capsules

289⁹⁵

SAVE 30⁰⁰*

NPL
AMINO BURN

Amino Burn
200g / Assorted

279⁹⁵

SAVE 40⁰⁰*

NPL
BCAA EAA 12:1:1

BCAA EAA 12:1:1
300g / Assorted

269⁹⁵

SAVE 60⁰⁰*

NPL
N.O. CHARGE PRE.
NEURO X FACTOR

N.O. Charge Pre.
Neuro X Factor
420g / Assorted

379⁹⁵

SAVE 50⁰⁰*

NPL
ANABOLIC WHEY

Anabolic Whey
1.8kg / Assorted

599⁹⁵

#1 Best Seller
For Fully Disclosed
Ingredients & Formulas
No Proprietary Blends Policy

*Advertised prices already reflect discounts

BARS

FutureLife
Protein Crunch
Energy Bars
4 x 40g / Assorted

33⁹⁵
each

3+1 FREE
on ANY NPL
Protein Bars
65g

3+1 FREE
on ANY Peanut Butter
Zero Milk Chocolate
Bars 50g

3+1 FREE
on ANY Primal
Energy Bars
45g

Dis-Chem LIVING FIT

WWW.DRINKSWITCH.CO.ZA

Switch
Energy Drink
500ml
Assorted

1 FOR 10⁹⁵
2 FOR 15⁹⁵
SAVE 6⁰⁰

WIN TICKETS
SA vs WALES

- Buy any 2 Switch 500ml Energy Drinks at any Dis-Chem Pharmacy.
- Swipe your Dis-Chem Benefit Card to enter.
- 10 x Winners will be announced on 15 June 2022 on @dischem_livingfit
- Visit <https://livingfit.co.za/> for more details.

T's & C's Apply. EAOE

OFFICIAL ENERGY
DRINK SUPPLIER TO
THE SPRINGBOKS

SWITCH
energy drink

ENERGY DRINKS

1 FOR 14⁹⁵
2 FOR 19⁹⁵
SAVE 10⁰⁰

USN
Qhush
Energy Drink
500ml / Assorted

1 FOR 15⁹⁵
2 FOR 22⁹⁵
SAVE 10⁰⁰

NPL
Hustle
Energy Drink
440ml / Assorted

1 FOR 17⁹⁵
2 FOR 29⁹⁵
SAVE 5⁹⁵

BioPlus
Energy Drink
440ml / Assorted

BATH & BODY CARE

Lifebuoy
Total 10
Vitality
ACTIVE SILVER FORMULA
Herbal
Lifebuoy Hygiene Soap
175g / Assorted

1 FOR 13⁹⁵
2 FOR 22⁰⁰
SAVE 5⁹⁰

Lifebuoy
Hygiene Handwash
200ml / Assorted

SAVE 7⁰⁰*

22⁹⁵ each

Lifebuoy
Hygiene Bodywash
750ml / Assorted

SAVE 10⁰⁰*

44⁹⁵ each

*Advertised prices already reflect discounts

LUX
Body Wash
750ml
Assorted

2+1 FREE
on Lux
Body Washes
750ml

63⁹⁵ each

Protex
Deep Clean
Tissue Oil
50g MORE

2+1 FREE
on ANY Protex
Soaps 200g

15⁹⁵ each

LUX
Velvet Touch
For Smooth Fragrant Skin
White Rose & Almond Oil

LUX
Soft Caress
For Smooth Fragrant Skin
Jasmine & Silk Essence Oil

1 FOR 14⁵⁰
3 FOR 33⁰⁰
SAVE 14⁵⁰

Radox
Bodywash
400ml/500ml
Assorted

1 FOR 42⁹⁵
2 FOR 60⁰⁰
SAVE 25⁹⁰

Dove
Body Wash
500ml
Assorted

SAVE 10⁰⁰*

1 FOR 64⁹⁵
2 FOR 100⁰⁰
SAVE 29⁹⁰

*Advertised price already reflects discount

Dove
Body Soap
4 x 100g

1 FOR 49⁹⁵
2 FOR 80⁰⁰
SAVE 19⁹⁰

Dove
Body Lotion
400ml / Assorted

1 FOR 61⁹⁵
2 FOR 90⁰⁰
SAVE 33⁹⁰

GOOD STUFF
THE SKINCARE COMPANY

25% OFF
Good Stuff
Foot Care products
100ml

Heel Balm OR
Foot Cream
100ml / Assorted

27⁷¹ each

*Advertised price already reflects discount

Crème Foam Bath 1,3 litres
OR Body Lotion 700ml
OR Body Wash 700ml
Assorted

1 FOR 62⁹⁵
2 FOR 110⁰⁰
SAVE 15⁹⁰

Body Butter
250ml
Assorted

1 FOR 51⁹⁵
2 FOR 90⁰⁰
SAVE 13⁹⁰

Hand Cream
75ml
Assorted

1 FOR 28⁹⁵
2 FOR 45⁰⁰
SAVE 12⁹⁰



Dis-Chem brands • fewer RANDS • Dis-Chem brands • fewer RANDS

Skin eFX
Luxury
foam bath
Coconut Water

1 FOR 49⁹⁵
2 FOR 80⁰⁰
SAVE 19⁹⁰

Skin eFX
BODY WASH
400ml

BUY BOTH
FOR ONLY 45⁰⁰
SAVE 11⁹⁰

Skin eFX
Body Wash
AND
Body Lotion
400ml
Assorted

Eff-Active
Mistizer
Spray 75%
Alcohol
400ml

84⁹⁵
Benefit Price
67⁹⁵

INSTANT DISCOUNT
20% OFF

Eff-Active
MISTIZER
Delivers a
Vitality Fogging Spray
Alcohol based
Air sanitizer spray
Kills 99.9%
of the germs

INSTANT DISCOUNT
10% OFF

Nature's
Nourishment
Bath and
Shower Gel
1 litre / Assorted

54⁹⁵
Benefit Price
44⁹⁵

NATURE'S
NOURISHMENT
BATH AND
SHOWER GEL
FRESH MEADOW

*Instant discounts to be deducted when you swip your Dis-Chem Benefit Card

2+1 FREE
on ANY Sanex Shower & Bath Gel 750ml

Sanex
dermo pro hydrate
skin natural moisturisers

ZERO%
HYPER-SENSITIVE SKIN
No preservatives, no parabens, no SLS

Sanex Shower & Bath Gel
750ml Assorted
79⁹⁵ each

1 FOR 68⁹⁵
2 FOR 100⁰⁰
SAVE 39⁹⁰

Savlon
ANTISEPTIC
The Professional Germ Killer
KILLS 99.9% GERMS

Savlon Antiseptic
750ml

1 FOR 48⁹⁵
2 FOR 70⁰⁰
SAVE 27⁹⁰

Vaseline
Even Tone
INTENSIVE CARE™
BODY CREAM
400ml / Assorted*

Vaseline
intensive care™
aloe soothe

*Excludes Vaseline Clinical Care range

BURT'S BEES

SAVE 30⁰⁰*

Almond & Milk Hand Cream
57g
170⁰⁰

SAVE 9⁹⁰*

Cherry Lip Shimmer
2.6g
89¹⁰

SAVE 3⁰⁰*

Eskamel
Acne & Pimple Ointment
20g
29⁹⁵ each

SAVE 15⁰⁰*

Softlips
Lip Duo Pack Conditioner
2g / Assorted
34⁹⁵

*Advertised prices already reflect discounts

Vaseline
CLINICAL CARE
EXTREMELY DRY SKIN RESCUE
Soothing Lotion
72h Moisture

SAVE 15⁰⁰*

Vaseline
CLINICAL CARE
EXTREMELY DRY SKIN RESCUE
Soothing Lotion
72h Moisture

Vaseline
Petroleum Jelly
450ml / Assorted
39⁹⁵

Vaseline
Clinical Care Body Lotion
OR Cream
400ml / Assorted
54⁹⁵ each

*Advertised prices already reflect discounts

SAVE 18⁷⁵*

BURT'S BEES
Lemon Butter Cuticle Cream
15g
106²⁵ each

*Advertised prices already reflect discounts

2+1 CHEAPEST FREE
on ANY NIVEA MEN face care products

NIVEA

Deep
Anti-Blackhead Scrub
75ml
79⁹⁵ each

Active Energy
Skin Revitaliser Face Cream
50ml
187⁹⁵ each

Deep Rapid Pimple Clear
Face Wash
100ml
119⁹⁵ each

Bio-Oil®

FREE
Bio-Oil Skincare Oil (Natural) 125ml when you purchase Bio-Oil Skincare Oil 200ml

Bio-Oil®
Skincare Oil
200ml
249⁹⁵

Protects against 99.9% of Germs*

NEW

Dettol
Disinfectant Spray
400ml / Assorted
69⁹⁵ each

*Advertised price already reflects discount

1 FOR 59⁹⁵
2 FOR 95⁰⁰
SAVE 24⁹⁰

NIVEA MEN
BOOST
24H FRESH EFFECT
SHOWER GEL
500ml / Assorted

1 FOR 64⁹⁵
2 FOR 90⁰⁰
SAVE 39⁹⁰

NIVEA
Frangipani & Oil
SHOWER GEL
500ml / Assorted

NIVEA
Coconut
Body Cream
OR Lotion
400ml / Assorted*

*Offer excludes NIVEA Repair & Care range

SAVE 10⁰⁰*

Epi•Max
Oatmeal Body Wash
450ml
89⁹⁵

SAVE 10⁰⁰*

Epi•Max
Body Wash
450ml
79⁹⁵

Epi•Max
Baby & Junior Body Wash
450ml
79⁹⁵

*Advertised prices already reflect discount

1 FOR 13⁹⁵
3 FOR 33⁰⁰
SAVE 8⁸⁵

Dettol
Active Hygiene Soap
175g Assorted

*Tested against E. coli, C. aureus, S. aureus, E. aeruginosa, E. hirae and germs. **Tested against the SARS-CoV-2 (COVID-19) strain. Dettol Antiseptic Liquid products are not suitable for kids under the age of 1 year and all other the listed Dettol products are not suitable for kids under the age of 3 years. SO Dettol Antiseptic Liquid Reg No: 013/12345. Each 100ml contains Chloroxylenol 4.8g. Always use Dettol products in accordance with directions for use on label. Name and business address of the holder of the certificate of registration: Reckitt Benckiser Pharmaceuticals (Pty) Ltd, 8 Jet Park Road, Elandsfontein, 1601. Customer Care Line: 0861 11 11 00. ©2022 Dettol and the Dettol logo are trademarks of the RB Group

BENEFIT Programme

Join now and enjoy...

- Instant cash back
- Swipe and earn points against future purchases
- Give back to the community via the Dis-Chem Foundation every time you swipe*
- Automatic entry into competitions
- FREE Benefits magazine quarterly
- Get up-to-date newsletters about your favourite interest groups
- Be the first to know about promotions

1 Register or update your details. Simply dial ***120*1085#** and follow the easy steps

2 You can now earn your benefit points in-store using your virtual Dis-Chem Benefit Card.

3 You can use it to shop, earn and redeem on our online store.

GET MORE SAVE MORE GIVE MORE

Dis-Chem and Baby City Benefit Cards can be used in both retailers.

Dis-Chem Foundation
Caring for the Community

Give back to the Dis-Chem Foundation

By shopping and swiping* your Dis-Chem OR Baby City Benefit Cards, not only do we reward you with cash back, we also donate a percentage of all eligible purchases to the Dis-Chem Foundation to assist people in need and contribute to worthy causes. *T's and C's apply

Dis-Chem PHARMACIES

HAIR CARE

2+1 CHEAPEST FREE
on Head & Shoulders hair products*



Head & Shoulders Shampoo 360ml/400ml
OR Conditioner 275ml Assorted
99⁹⁵ each

*Offer excludes Head & Shoulders Supreme range

2+1 FREE
on ANY Dove Shampoos 400ml, Conditioners 355ml AND Masks 200ml



Dove Shampoo 400ml
OR Conditioner 355ml Assorted
72⁹⁵ each

Dove Mask 200ml / Assorted
72⁹⁵ each

1 FOR 89⁹⁵
2 FOR 140⁰⁰
SAVE 39⁹⁰



TRESemmé Shampoo 750ml/900ml Assorted

1 FOR 54⁹⁵
2 FOR 70⁰⁰
SAVE 39⁹⁰



Organics Kids Funtangly Detangling Hair Spray 300ml Assorted

1 FOR 47⁹⁵
2 FOR 70⁰⁰
SAVE 25⁹⁰

Organics Shampoo OR Conditioner 400ml Assorted

Schwarzkopf

30%* OFF
on Schwarzkopf Got2b products**



Got2b Glued Blasting Freeze Spray 300ml **111⁹⁶**

Got2b Ultra Glued Styling Gel 150ml **103⁵⁶**

Got2b Glued Brows & Edges 16ml **104⁹⁶**

**Offer only applicable on the above Schwarzkopf products, excluding Hair Spray 100ml and Gel 50ml

20%* OFF
Schwarzkopf Super Soft products***



Super Soft Shampoo 400ml / Assorted **42³⁶**

Super Soft Conditioner 250ml / Assorted **34³⁶**

Super Soft Kids Detangling Spray 150ml / Assorted **34³⁶**

*Advertised prices already reflect discounts

***Offer only applicable on the above Schwarzkopf Super Soft products

SAVE 30⁰⁰*



Creightons Creme de Coconut & Keratin Moisturising Shampoo OR Conditioner 250ml / Assorted **69⁹⁵** each

SAVE 30⁰⁰*



Creightons Argan Smooth Moisture Rich Shampoo 250ml **69⁹⁵**

SAVE 40⁰⁰*



Creightons Argan Smooth Deep Conditioning Masque 125ml **79⁹⁵**

SAVE 20⁰⁰*



Reflections Shampoo OR Conditioner 250ml / Assorted **99⁹⁵** each

*Advertised prices already reflect discounts

2+1 CHEAPEST FREE
on ANY Pantene hair products*



Pantene Shampoo OR Conditioner 400ml/360ml Assorted
79⁹⁵ each

*Pricing is available on the entire Pantene Range

GREENER LIVING

20%* OFF
Eco Styler Professional Styling Gel 236ml



Eco Styler Professional Styling Gel 236ml / Assorted
71⁹⁶ each

*Advertised price already reflects discount

30%* OFF
ALL Sunny Isle Jamaican Black Castor Oil



Sunny Isle Jamaican Black Castor Oil 55ml
FROM **144⁹⁵** each

*Advertised price already reflects discount

SAVE 90⁰⁰*



Tropic Isle Jamaican Black Castor Oil Rosemary Hair Food 118ml **209⁹⁵**

SAVE 80⁰⁰*



Tropic Isle Jamaican Black Castor Oil Rosemary 120ml **189⁹⁵**

SAVE 13⁰⁰*



Alpecin Caffeine Shampoo 250ml **134⁹⁵** each

SAVE 12⁰⁰*



Alpecin Hybrid Caffeine Liquid 200ml **119⁹⁵** each

*Advertised prices already reflect discounts



2+1
CHEAPEST
FREE
on ANY
Wella Shockwaves
products



Perfect Touch
Hairspray
350ml / Assorted
82⁹⁵
each



Perfect Touch
Mousse
300ml / Assorted
82⁹⁵
each



Perfect Touch
Gel Wax
125ml / Assorted
59⁹⁵
each



Perfect Touch
Alcohol Free Gel
250g / Assorted
47⁹⁵
each

L'ORÉAL PARIS VIRTUAL TRY-ON!

L'ORÉAL PARIS

Excellence Crème Triple Care Hair Colour Assorted colours
124⁹⁵

Magic Retouch Instant Root Concealer Spray 75ml Assorted shades
89⁹⁵

Casting Crème Gloss Conditioning Hair Colour Assorted shades
119⁹⁵

EXPERT kair

Perm Wave for Colour Treated Hair
105⁹⁵ each

High-Light Kit Contains: Decolouring Powder 50ml PLUS Activator 100ml
105⁹⁵ each

2+1
CHEAPEST
FREE
on ANY
Kair hair care
products

Treatment OR Conditioner 200ml Assorted
62⁹⁵ each

Mousse 150ml / Assorted
59⁹⁵ each

GARNIER

FIND YOUR SHADE & TRY IT ON!

SAVE 25⁰⁰*

Nutrisse Crème Nourishing Permanent Hair Colour Assorted colours
94⁹⁵ each

SAVE 8⁰⁰*

Revlon Colorsilk Permanent Hair Color Assorted colours
59⁹⁵

SAVE 10⁰⁰*

Revlon Colorsilk Moisture-rich Hair Color Assorted colours
36⁹⁵

GREENER LIVING

SAVE 45⁰⁰*

Cantu Shea Butter Leave-in Conditioning Repair Cream 453g / Assorted
99⁹⁵

SAVE 45⁰⁰*

Cantu Argan Oil Leave-in Conditioning Repair Cream 453g / Assorted
99⁹⁵

SAVE 40⁰⁰*

Cantu Shea Butter Grow Strong Strengthening Treatment 173g
99⁹⁵

Cantu Shea Butter Intensive Repair Deep Treatment Hair Masque 50g
39⁹⁵ each

Cantu Care for Kids Conditioning Detangler 180ml
89⁹⁵

Dark and Lovely

HAIRCARE BRAND USED BY AFRICAN HAIR STYLISTS*

NO.1

NEW

25% OFF
Dark and Lovely Purple Haircare Range & Protective Crown products

New Protective Relief for Braids, Weaves, Wigs 100ml
R59⁹⁶

Waterless Cleanser for Braids, Weaves, Wigs 250ml
R52⁴⁶

I AM DARK AND LOVELY

20% OFF
Rosemary Products

Rosemary Anti-Fungal Shampoo 200ml
36⁷⁶

Rosemary Hair Masque 250ml
36⁷⁶

Rosemary Anti-Fungal Conditioner 200ml
43⁹⁶

20% OFF
Clairol Nice 'n Easy Permanent Hair Colours

Reflections Premium Fashion Permanent Hair Colour Cream Assorted colours
69⁹⁵

Clairol Nice 'n Easy Permanent Hair Colour Assorted colours
95⁹⁶

SAVE 13⁰⁰*

VALUE PACK

Controllice Value Pack Contains: Oil Spray 60ml PLUS Lice Buster Comb PLUS Defence Shampoo 125ml
149⁹⁵

*Advertised prices already reflect discounts

*Advertised prices already reflect discounts

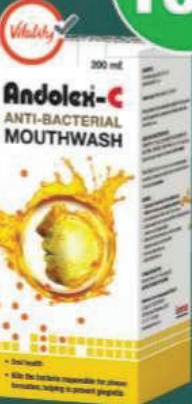
*Advertised prices already reflect discounts

Dis-Chem
PHARMACIES

DENTAL CARE

INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

INSTANT DISCOUNT 20%* OFF  Corsodyl Antibacterial Mouthwash 200ml / Assorted 117⁹⁵ Benefit Price 94³⁶	INSTANT DISCOUNT 15%* OFF  Andolex-C Anti-Bacterial Mouthwash 200ml 88⁹⁵ Benefit Price 75⁶¹	INSTANT DISCOUNT 10⁰⁰* OFF  Dentalmate Mouthwash 1.5 litres Assorted 74⁹⁵ Benefit Price 64⁹⁵	INSTANT DISCOUNT 10⁰⁰* OFF  Pierrot Complete Dental Kit 109⁹⁵ Benefit Price 99⁹⁵	INSTANT DISCOUNT 10⁰⁰* OFF  Dentalmate Denture Adhesive Cream 40g 69⁹⁵ Benefit Price 59⁹⁵
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*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

NEW

elmex

SENSITIVE PROFESSIONAL

Pro-Argin technology for instant* and lasting** sensitivity relief.



Toothbrush
89⁹⁵ each

Original OR Whitening Toothpaste 75ml
74⁹⁵ each

Mouthwash 400ml / Assorted
89⁹⁵ each



2+1 CHEAPEST FREE on ANY Elmex dental products

Exclusively in pharmacies



*For instant sensitivity relief, gently massage directly on the sensitive tooth area with the fingertip for 1 minute, twice daily.
**For long-lasting sensitivity relief, apply on a soft toothbrush and brush twice daily



Colgate

It's the breakthrough for healthy and naturally white teeth!

2+1 CHEAPEST FREE on Colgate dental products*



Bamboo Charcoal Toothbrush Soft
89⁹⁵ each



Charcoal + Whitening OR Hemp Seed Oil Toothpaste 75ml
66⁹⁵ each

GREENER LIVING

GREENER LIVING

2+1 CHEAPEST FREE on ANY Himalaya dental products



Himalaya Active White Herbal Toothpaste 75ml / Assorted
25⁹⁵ each

*Offer excludes Colgate Optic White Expert Toothpaste 75ml, Value Packs AND Banded Packs



1 FOR 24⁹⁵
2 FOR 38⁰⁰
SAVE 11⁹⁰

Mentadent P Gel Protection OR Sensitive Toothpaste 100ml



Sensodyne Toothpaste
75ml
• Multicare
• Gentle Whitening
• Clean & Fresh
• Fresh Mint
• Herbal

1 FOR 34⁹⁵
2 FOR 56⁰⁰
SAVE 13⁹⁰

Sensodyne Clean & Fresh OR MultiCare Toothbrush Soft/Medium



Oral-B



2+1 CHEAPEST FREE on ANY Oral-B Manual Toothbrushes AND Flosses

Delicate White Toothbrush
1 • 2 • 3
40 Medium
59⁹⁵ each

Kids Toothbrush
3-5 years
Soft
34⁹⁵ each



Superfloss
50-strips
94⁹⁵ each

INSTANT DISCOUNTS

Sign up for your **Dis-Chem** BENEFIT Card in-store or online today! www.dischem.co.za



INSTANT DISCOUNT 10⁰⁰* OFF Nature's Nourishment Crystal Rock Deodorant Body Spray 118ml Assorted 64⁹⁵ each 54⁹⁵ each	INSTANT DISCOUNT 7⁰⁰* OFF Playboy Deodorant Body Spray 150ml Assorted 30⁹⁵ each 23⁹⁵ each	INSTANT DISCOUNT 5⁰⁰* OFF Status Deodorant Body Spray 130ml / Assorted 27⁹⁵ each 22⁹⁵ each	INSTANT DISCOUNT 4⁰⁰* OFF Playgirl Deodorant Body Spray 90ml Assorted 27⁹⁵ each 23⁹⁵ each
INSTANT DISCOUNT 6⁰⁰* OFF Good Stuff Body Mist 100ml Assorted 27⁹⁵ each 21⁹⁵ each	INSTANT DISCOUNT 5⁰⁰* OFF Miltchum Anti-Perspirant Deodorant Stick for Men OR Women 41g / Assorted 59⁹⁵ each 54⁹⁵ each	INSTANT DISCOUNT 5⁰⁰* OFF Blade Deodorant Body Spray 150ml Assorted 23⁹⁵ each 18⁹⁵ each	INSTANT DISCOUNT 5⁰⁰* OFF Edge 48HR Proven Protection Deodorant Stick 80g / Assorted 34⁹⁵ each 29⁹⁵ each

*Instant discounts to be deducted when you swipe your **Dis-Chem** Benefit Card

1 FOR 33⁹⁵ 2 FOR 54⁰⁰ SAVE 13⁹⁰ Brut Deodorant Body Spray 120ml / Assorted	1 FOR 22⁹⁵ 2 FOR 37⁰⁰ SAVE 8⁹⁰ Brut Anti-Perspirant Roll-On 50ml Assorted	1 FOR 30⁹⁵ 2 FOR 43⁰⁰ SAVE 18⁹⁰ Lenthéric Solo Deodorant 150ml OR Hoity Toity Perfumed Body Spray 90ml / Assorted	1 FOR 32⁹⁵ 2 FOR 54⁰⁰ SAVE 11⁹⁰ NIVEA Anti-Perspirant Deodorant Body Spray for Men OR Women 150ml / Assorted	1 FOR 34⁹⁵ 2 FOR 54⁰⁰ SAVE 15⁹⁰ Dove Anti-Perspirant Deodorant Body Spray for Men OR Women 150ml / Assorted	1 FOR 23⁵⁰ 2 FOR 37⁰⁰ SAVE 10⁰⁰ Dove Anti-Perspirant Roll-On for Men OR Women 50ml / Assorted
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AXE

1 FOR 31⁹⁵
2 FOR 45⁰⁰
SAVE 18⁹⁰

Deodorant Body Spray
150ml / Assorted

Shield

72HR PROTECTION

2+1 CHEAPEST FREE
 on ANY Shield Anti-Perspirant Roll-Ons 50ml AND Spray 150ml

Anti-Perspirant Roll-On for Women OR Teens
50ml / Assorted
19⁹⁵ each

Anti-Perspirant Deodorant Body Spray for Men OR Women
150ml / Assorted
26⁹⁵ each

Sanex

2+1 FREE
 on ANY Sanex Anti-Perspirant Roll-Ons 50ml

Anti-Perspirant Roll-On for Men OR Women
50ml / Assorted
24⁹⁵ each

Dis-Chem
PHARMACIES

INSTANT DISCOUNTS Exclusive to Benefit Card holders.

Sign up for your **Dis-Chem** BENEFIT Card in-store or online today! www.dischem.co.za



INSTANT DISCOUNT 40.00* OFF Schick Quattro for Women Cartridges 4-pack Benefit Price: 169.95 129.95 per pack	INSTANT DISCOUNT 30.00* OFF Schick Intuition Variety Edition 1 Razor PLUS 4 Cartridges Benefit Price: 179.95 139.95	INSTANT DISCOUNT 25.00* OFF Bic Flex5 Hybrid 4UP 1 Razor PLUS 4 Cartridges Benefit Price: 147.95 117.95	INSTANT DISCOUNT 20%* OFF Veet In Shower Hair Removal Cream 150ml / Assorted Benefit Price: 549.95 439.95
INSTANT DISCOUNT 15%* OFF HairGo Hair Removal Regular OR Sensitive Cream 125ml Assorted Benefit Price: 59.95 each 50.96 each	INSTANT DISCOUNT 15%* OFF HairGo Hair Removal Cream For Men 125ml Benefit Price: 69.95 59.46	INSTANT DISCOUNT 15%* OFF HairGo Pre-Wax Cleansing Gel 125ml Benefit Price: 64.95 55.21	INSTANT DISCOUNT 15%* OFF HairGo Intimate Hair Removal Cream 125ml Benefit Price: 69.95 59.46
INSTANT DISCOUNT 10.00* OFF Bic Miss Soleil Disposable Razors 4-pack Benefit Price: 62.95 per pack 52.95 per pack	INSTANT DISCOUNT 8.00* OFF MaxShave Matrix2 Disposable Razors 18-pack Benefit Price: 89.95 per pack 79.95 per pack	INSTANT DISCOUNT 5.00* OFF SuperMax 3 Triple Blade Disposable Razors 5-pack Benefit Price: 44.95 per pack 36.95 per pack	INSTANT DISCOUNT 5.00* OFF MaxShave Eva2 2-Blade Women's Disposable Razors 10-pack Benefit Price: 39.95 per pack 34.95 per pack
INSTANT DISCOUNT 5.00* OFF Blade Shave Cream Moisturising OR Sensitive 400ml Benefit Price: 41.95 36.95 each			

*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

30%* OFF Gillette Mach3 Cartridges 4-pack 214.95 per pack	30%* OFF Gillette Mach3 Turbo 3D 2UP Razor 132.97 per pack	30%* OFF Gillette SkinGuard Sensitive 2UP Razor 153.97 per pack	SAVE 57.00* Venus Sensitive Extra Smooth 1UP Razor 132.95	2+1 CHEAPEST FREE on ANY NIVEA MEN Shaving Foam AND Gel NIVEA MEN Sensitive Shaving Foam 200ml 46.95 each
2+1 CHEAPEST FREE on ANY Gillette Mach3 4-pack OR Mach3 Turbo Cartridges 8-pack Gillette Mach3 Turbo Cartridges 8-pack 499.95 per pack	SAVE 8.00* Simply Venus 3-Blade Women's Disposable Razors 5-pack 42.95 per pack	2+1 CHEAPEST FREE on ANY NIVEA MEN Shaving Foam AND Gel NIVEA MEN Moisturising Shaving Gel 200ml 84.95 each		

*Advertised prices already reflect discounts

SEXUAL WELLBEING

2+1 CHEAPEST FREE on ANY Durex products Durex Massage 2 in 1 Lube 200ml / Assorted 189.95 each	2+1 CHEAPEST FREE on ANY Durex products Durex Fetherlite Condoms 12-pack / Assorted FROM 169.95 per pack	Durex Fetherlite Ultra Condoms 3-pack / Assorted FROM 64.95 per pack	Intimate Touch Sensual Innovations Condoms 12-pack / Assorted 89.95 per pack	Intimate Touch Sensual Innovations Condoms 3-pack / Assorted 29.95 per pack
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FEMININE HYGIENE

Discovery Vitality members get up to 50% back on the below HealthyCare items.



BUY BOTH
FOR ONLY
45⁰⁰



Lil-lets Smartfit Tampons
32-pack
PLUS Smartfit Pantyliners
Scented **OR** Unscented
25-pack



Gynaguard
Daily Comfort
Sensitive Wipes
12 wipes
14⁹⁵



SAVE 20⁰⁰*

Gynaguard
Foam Bath
475ml
Assorted
64⁹⁵

*Advertised prices already reflect discounts



Gynaguard
Essential Wash
140ml
54⁹⁵

SAVE 5⁰⁰*

always



Platinum Pads
Value Pack
14 Long
12 Extra Long
43⁹⁶
per pack



DreamZzz
Cotton Soft
Value Pack
16 Super Plus
37⁵⁶
per pack



Daily Liners
Scented **OR** Unscented
20 Normal
17⁵⁹
per pack

20%* OFF
ALL Always Maxi Thick
Pads AND Ultra
Thin Pads



Maxi Thick
OR Night Pads
Value Pack
16 Extra Long
16 Long
18 Long
20 Normal
34³⁶
per pack



Ultra Thin
OR Sensitive
Pads
Value Pack
14 Extra Long Night
14 Long
16 Long
20 Normal
39¹⁶
per pack

*Advertised prices already reflect discounts



2+1 CHEAPEST FREE
on ANY
Kotex Pads



Libresse
Daily Fresh
Liners Duo
Pack
40-pack
Ultra Pads
8 Long Wings
OR 8 Night
OR 10 Normal

Kotex Ultra,
Super **OR** All
Nighter Pads
Value Pack
16 Super
PLUS Wings
14 Night
PLUS Wings
46⁹⁵
per pack



Comfitex
Pantyliners
Scented **OR** Unscented
40-pack
21⁹⁵
per pack

Look for the Vitality HealthyCare indicator in-store for more. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.

MEDIC+

HEMOCARE



Aluminium
wheelchair
37982
• Lightweight
• Standard with arm
and footrests
2800⁰⁰



Walker
4 Wheel Rollator
40851
• Height adjustable handgrips
• Basket for storage
• PVC seat
• Footrest
• Adjustable brake
1945⁰⁰



Chrome
Bathroom
Handrail 30cm
70973
179⁹⁵



Deluxe 4
Wheel Walker
85508
• A wheeled walker
makes it easy to get
around if you don't
have the strength or
endurance to lift and
push a regular walker
continuously
• Convenient basket and
handle-mounted brakes
• Lightweight and folding
1495⁰⁰



Foldable
Walking Stick
85483
• Folding design
• Sturdy aluminium tube
• Non-slip foot cap
• Carrying strap
• Height adjustment
5 levels
135⁰⁰



Heavy Duty
Shower Bench
158136
• ABS plastic chair
with drainage holes
• Rubber-tipped feet to
prevent slipping
1399⁹⁵



Aluminium
Lightweight
Wheelchair
37981
• Standard with handbrake
• Weight allowance: 100kg
• Spares available
3250⁰⁰

Dis-Chem
PHARMACIES

THESE OFFERS NOW ALSO AVAILABLE AT **Dis-Chem babycity**

CHANGING BABY

Pampers

Active Baby Pants
Jumbo Pack
Size 3 – 66-pack
Size 4 – 60-pack
Size 5 – 50-pack
Size 6 – 44-pack
Size 7 – 35-pack

209⁹⁵
per pack



New Baby **OR**
Active Baby-Dry
Jumbo Pack
Size 1 – 96-pack
Size 2 – 94-pack
Size 3 – 76-pack
Size 4 – 66-pack
Size 4+ – 62-pack
Size 5 – 52-pack
Size 5+ – 48-pack
Size 6 – 44-pack

209⁹⁵
per pack



Premium
Care Pants
Value Pack

Size 3 – 56-pack
Size 4 – 44-pack
Size 5 – 40-pack
Size 6 – 36-pack

209⁹⁵
per pack



Aqua Pure
Wipes
Value Pack
3 x 48 wipes

84⁹⁵
per pack



Baby Wipes
Sensitive Protect
4 x 56 wipes

92⁹⁵
per pack



Premium Care
Nappies
Mega Box
Midi – 120-pack
Maxi – 104-pack
Junior – 88-pack

389⁹⁵
per pack



Active
Baby-Dry Pants
Mega Box
Size 3 – 136-pack
Size 4 – 120-pack
Size 5 – 100-pack
Size 6 – 96-pack

389⁹⁵
per pack



Baby-Dry Nappies
Mega Box
Midi – 150-pack
Maxi – 132-pack
Maxi+ – 120-pack
Junior – 111-pack

409⁹⁵
per pack



Gold Pants
Jumbo Bale
Size 2 – 2 x 94-pack
Size 3 – 2 x 76-pack
Size 4 – 2 x 66-pack
Size 4+ – 2 x 62-pack
Size 5 – 2 x 52-pack

429⁹⁵
per bale



HUGGIES
SA's No.1
Nappy Brand



Baby Wipes
Natural Care
OR Pure
4 x 56 wipes

79⁹⁵
per pack

Gold Pants
Mega Box
Size 3 – 124-pack
Size 4 – 100-pack
Size 5 – 88-pack
Size 6 – 76-pack

339⁹⁵
per box

Gold Nappies
Jumbo Pack
Size 3 – 76-pack
Size 4 – 66-pack
Size 4+ – 62-pack
Size 5 – 52-pack

239⁹⁵
per pack



Extra Care
Nappies
Jumbo Bale
Size 2 – 2 x 80-pack
Size 3 – 2 x 60-pack
Size 4 – 2 x 52-pack
Size 5 – 2 x 44-pack

429⁹⁵
per bale



Pure
Baby Wipes
12-pack

224⁹⁵
per pack



Extra Care
Nappies
Jumbo Pack
Size 1 – 96-pack
Size 2 – 80-pack
Size 3 – 60-pack
Size 4 – 52-pack
Size 5 – 44-pack

239⁹⁵
per pack

Dis-Chem brands • fewer Rands

BabyThings
Quality Baby Products



Nappies
100-pack

199⁹⁵
per pack



Nappies
50-pack

109⁹⁵
per pack



Fresh Wipes
Value size
6 x 80 wipes

109⁹⁵
per pack

Disposable
Baby Nappy
Bags
150 bags

34⁹⁵

Zinc Oxide
Cream 10%
100g

43⁹⁵



Bum Repair
Cream
250g

44⁹⁵



Cherubs
Sensitive Fragrance Free
Baby Wipes
72 wipes

22⁹⁵
per pack



SAVE
22⁰⁰



Epi-Max
Baby Bum
Barrier Cream
50g

64⁹⁵

*Advertised prices already reflect discounts

Vitality HealthyCare not applicable in Baby City stores. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.

BATHING BABY



**2+1
FREE**

on Epi-Max
Baby & Junior Cream
400g

Epi-Max
Baby & Junior
Cream
400g

94⁹⁵
each



**2+1
CHEAPEST
FREE**

on ANY
Himalaya
products

Himalaya
Baby Lotion
200ml

42⁹⁵
each



Johnson's
Baby Jelly
500ml
OR Gentle Protect
Kids Jelly
500ml
OR Aqueous Cream
500ml



**1 FOR 49⁹⁵
2 FOR 60⁰⁰
SAVE 39⁹⁰**



Purity &
Elizabeth Anne's
Top to Toe Wash
500ml / Assorted

54⁹⁵



Purity
Baby Aqueous
Cream
325ml / Assorted

22⁹⁵



**1 FOR 54⁹⁵
2 FOR 75⁰⁰
SAVE 34⁹⁰**

Johnson's
Baby Powder
400g / Assorted



**1 FOR 67⁹⁵
2 FOR 86⁰⁰
SAVE 49⁹⁰**

Johnson's
Bedtime Bath
500ml
OR Top to Toe
Kids Wash
500ml

FEEDING BABY



Purity
6 Months
80ml
Assorted*
9⁹⁵



Purity
8 Months
200ml
Assorted*
13⁹⁵
each



Purity
7 Months
125ml / Assorted*
10⁹⁵
each



Nestlé
NIDO Powdered Drink
900g / Assorted

144⁹⁵



Nestlé Cerelac
Baby Cereal with Milk
(Just Add Water)
250g / Assorted

34⁹⁵



Nestlé Nestum
Baby Cereal
(Just Add Milk)
250g / Assorted

22⁹⁵

*Excludes Purity Organic range



Purity
Baby Cereal
Mix with Water
(Stages 1-3)
200g / Assorted

31⁹⁵



Purity
Cream of Maize
Baby's Soft
Porridge
400g / Assorted

20⁹⁵



Kiddylicious
Fruit Wriggles
12g / Assorted

12⁹⁵
each



Kiddylicious
Crispie Tiddlers
12g / Assorted

13⁹⁵
each

Purity
Pouches
110ml
Assorted

**1 FOR 11⁹⁵
4 FOR 44⁰⁰
SAVE 3⁹⁰**



Freshpak
Junior
Rooibos Tea
20 tagless
teabags
Assorted

**1 FOR 19⁹⁵
2 FOR 34⁹⁵
SAVE 4⁹⁵**



Squish
Pouches
110ml
Assorted

**1 FOR 9⁹⁵
3 FOR 24⁹⁵
SAVE 4⁹⁰**



Purity
100% Fruit
Juice Blend
200ml / Assorted
9⁹⁵
each

THESE OFFERS ONLY AVAILABLE AT **Dis-Chem babycity**



**Shado
Booster Seat**
9-36kg
Group 1+2+3
304817

- Forward-facing from 9 to 18kg
- Booster seat from 15 to 36kg
- 5-point harness
- Adjustable headrest
- Side impact protection
- Deluxe comfort pad & shoulder pads
- Converts to a booster seat

1499⁹⁵

SAFeway



**Falcon 360 Rotate
Isofix Car Seat**
0 - 36kg
304812

- Rearward facing from birth to 18kg Group 0±1
- Forward facing from 9 to 18kg Group 1
- Booster seat from 15 to 36kg Group 2/3
- Can be used as an extended rear facing Seat

2299⁹⁵

Sun Shades
2-piece
304812

129⁹⁹
per pack



SAVE 29⁰⁰*



SAFeway
Atlas Car Seat
304808

- 5-point harness
- 4-position recline
- Adjustable head support
- Safety belt lock
- Side impact protection
- Deluxe comfort pad & shoulder pads
- Converts to booster seat
- Installs with Vehicle Seat Belt

2199⁹⁵



Basico Camp Cot
304588
• Lightweight
Includes:
• bassinet, mosquito net, utility bag, wheels and carry bag

**Polar Isofix
Car Seat 0-36kg**
304811

- 4-position recline
- Adjustable head support
- Safety belt lock
- Side impact protection
- Deluxe comfort pad & shoulder pads
- Converts to booster seat

2799⁹⁵



SAVE 199⁰⁰*

1099⁹⁵



Trillo Car Seat Ember
304820

- Suitable forward facing from 15-36kg.
- Side impact protection provides added security for the head, body and hips
- One-hand, 7 position height adjustable headrest accommodates children of all sizes
- Breathable fabrics
- Removable, machine washable covers.
- Padded arm rests.

1699⁹⁵



Joie™

**Everstage™ FX
Car Seat birth to 18kg**
326165

- More colours available in-store
- The ultimate transporter with forward facing group 1 ISOFIX installation
- 4 seats in 1 starting as a rearward facing seat from converting to a forward facing seat from 9-36kg

6299⁹⁵



**Muze™ LX
Travel System**
323954001/02/03
Assorted colours

- Fuss-free fold
- Simple system
- Retractable hood with viewing window
- Provides custom shade options

2999⁹⁵



**Co Sleeper
Side by Me**
300608

- Suitable from birth up to 9kg
- Includes mattress
- Height adjustment feature settings

1899⁹⁵

Snugglytime



Whale Potty
300578

My First Bath Tub
300578

- Includes removable newborn seat 0+months
- Convenient for mom to bath baby
- Portable and easy for storage

299⁹⁵



BAMBINI
**I-Rotate 360
Car Seat with Isofix**
304769

- From 0 - 36kg
- Ages: 0 to ±12 years
- ISOFIX connectors
- Top tether anchor
- 5-point safety harness, includes shoulder pads
- Side protection system
- Rotation mechanism
- 4 recline positions

2999⁹⁵



Bed Set

SAVE 99⁰⁰*

mother's choice

Bedding Set
4 - piece / Assorted

499⁹⁵



**Frog & Duck
Bath Mat**

119⁹⁵



**Flexy
Pacifier**
3 Months
Twin-pack
Assorted colours

139⁹⁵
per pack



munchkin
**Mira Wild Love
Trainer Cup**
OR Sippy Cup

139⁹⁵
each



**Bottle Cooler
Travel Pack**

249⁹⁵
per pack

*Advertised prices already reflect discounts

INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

INSTANT DISCOUNT 20%* OFF  Regal Allergy Relief Remedy 400ml / Assorted Benefit Price: 154 ⁹⁵ 123 ⁹⁵	INSTANT DISCOUNT 14⁰⁰* OFF  Air Wick Freshmatic Refill 250ml / Assorted Benefit Price: 86 ⁹⁵ 72 ⁹⁵	INSTANT DISCOUNT 10⁰⁰* OFF  Peaceful Sleep Insect Repellent Stick 30g / Assorted Benefit Price: 46 ⁹⁵ 36 ⁹⁵ Peaceful Sleep Mosquito Mats 48g / Assorted Benefit Price: 52 ⁹⁵ 42 ⁹⁵ Peaceful Sleep Insect Repellent Aerosol 150ml / Assorted Benefit Price: 86 ⁹⁵ 76 ⁹⁵	INSTANT DISCOUNT 10⁰⁰* OFF  Domestos Surface Wipes 40 wipes Benefit Price: 46 ⁹⁵ 36 ⁹⁵ per pack Handy Andy Multi-Purpose Wipes 40 wipes Benefit Price: 44 ⁹⁵ 34 ⁹⁵ per pack
INSTANT DISCOUNT 7⁰⁰* OFF  Doom Multi Insects Odourless 300ml Assorted Benefit Price: 38 ⁹⁵ 31 ⁹⁵ Jik Multipurpose Bleach Cleaner 500ml / Assorted Benefit Price: 39 ⁹⁵ 32 ⁹⁵	INSTANT DISCOUNT 6⁰⁰* OFF  Jik Bleach 1.5 litres Assorted Benefit Price: 38 ⁹⁵ 32 ⁹⁵	INSTANT DISCOUNT 6⁰⁰* OFF  Handy Andy Cream 750ml Assorted Benefit Price: 27 ⁹⁵ 21 ⁹⁵	INSTANT DISCOUNT 5⁰⁰* OFF  Home Butler All Purpose Cleaner 400ml Assorted Benefit Price: 34 ⁹⁵ 29 ⁹⁵ Home Butler Toilet Cleaner 750ml Assorted Benefit Price: 29 ⁹⁵ 24 ⁹⁵

*Instant discounts to be deducted when swiping your Dis-Chem Benefit Card

SAVE 50⁰⁰*  Energizer Max AA OR AAA Batteries 16-pack 139⁹⁵ per pack	2+1 FREE on ANY Sta-Soft Fabric Conditioner Refill 500ml 38⁹⁵ each 	1 FOR 41⁹⁵ 2 FOR 70⁰⁰ SAVE 13⁹⁰  Comfort Concentrated Fabric Conditioner Value Pack 800ml / Assorted	1 FOR 15⁹⁵ 2 FOR 26⁰⁰ SAVE 5⁹⁰  Sunlight Laundry Soap 500g Assorted	1 FOR 22⁹⁵ 4 FOR 84⁰⁰ SAVE 7⁸⁰  Sunlight Dishwashing Liquid Refill Pouch 750ml
SAVE 5⁰⁰*  Domestos Thick Bleach 750ml / Assorted 28⁹⁵ Sunlight Extra Anti Bacterial Dishwashing Liquid 750ml / Assorted 27⁹⁵	SAVE 18⁰⁰*  Ariel Auto Liquid 1.1/1.5 litres OR Auto Washing Powder 2kg Assorted OR 3in1 Capsules 14-pack 68⁹⁵ each	1 FOR 24⁹⁵ 2 FOR 40⁰⁰ SAVE 9⁹⁰  Twinsaver Mighty Big Roller Towel 1 roller towel		

*Advertised prices already reflect discounts



Dis-Chem Foundation
Caring for the Community

The more you swipe, the more you save, the more you give.

Using Your Dis-Chem Benefit Card. Join in-store or online.



SHOP ONLINE
24/7

Scan QR code to shop directly online

Delivered to your door OR collect from any Dis-Chem store nationwide. Free delivery on orders of 600⁰⁰ or more in metropolitan areas. No charge for collection in-store.



Dis-Chem DeliverD

From US to YOU On Demand

For your convenience, you can now shop and have your order delivered within 60 minutes!*

*Ts and Cs apply.

Download or update the Dis-Chem App today

Enjoy the convenience of Dis-Chem DeliverD



Dis-Chem PHARMACIES

Pharmacists who care

dischem.co.za

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Customer careline 0860 347 243 careline@dischem.co.za | Prices and offers valid 21 April to 15 May 2022 while stocks last

STEAKHOUSE CLASSIC

VOTED FAVOURITE SUPERMARKET STEAK BRAND

- ✓ 19 cuts perfectly matured for maximising flavour and succulence
- ✓ Hand-trimmed and thick cut to our expert butchers' standards
- ✓ Vacuum-packed for added tenderness

149⁹⁹ per kg

Steakhouse Classic Whole Picanha Steak
Equates to R16 per 100g

EVERYDAY LOW PRICE

59⁹⁹ per kg

Simple Truth Free-Range Whole Chicken

Simple Truth

- ✓ FREE-RANGE
- ✓ 100% SOUTH AFRICAN GROWN

CAPE POINT

BUY ANY 2 & SAVE 20%

700g Cape Point 31-40 Platter Prawns & 800g Cape Point 16-20 Giant Freshwater Prawns OR 800g Cape Point King Giant Patagonian Red Prawns

KING GIANT PATAGONIAN RED PRAWNS

AS SEEN ON TV

Simple Truth

Plant-BASED

SAVE 14%

29⁹⁹ 220g

Simple Truth Vegetarian Burger Patties

KEEP SWIPING FOR INSTANT CASH SAVINGS

EXTRA SAVINGS Checkers

FRESH! INDIVIDUALLY WRAPPED

52⁹⁹ per kg

Farmer's Choice Fresh 16-Piece Chicken Drumsticks & Thighs

SAVE UP TO R30 ANY 2 FOR **R130**

2 x 500g Clover Butro Spread/Springbok/Mool River Butter

AS SEEN ON TV

SAVE R50 BUY 2 & GET A 3RD FREE

2 x 100 per pack Five Roses Tagless Teabags & GET a 3RD FREE!

AS SEEN ON TV

AS SEEN ON TV

SAVE R26 **49⁹⁹** 1kg/1.2kg

Kellogg's Corn Flakes Each

SAVE R50 BUY 2 FOR **R190**

2 x 18 per pack Baby Soft 2-Ply White Toilet Rolls

AS SEEN ON TV

SAVE R115 BUY 2 & GET A 3RD FREE

2 x 24 per pack Omo Laundry Capsules & GET a 3RD FREE!

AS SEEN ON TV



Petrol's climbing, we'll do the driving.

Checkers SIXTY60

Same in-store prices & deals delivered in 60 minutes.

Download the app



Checkers

better and better

also at Checkers Hyper

Checkers SIXTY60



download the app

OFFERS VALID FROM THURSDAY 21/04/2022 UNTIL SUNDAY 08/05/2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAHKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS. WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS, BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. DUE TO GOVERNMENT REGULATIONS, LIQUOR TRADING HOURS MAY VARY. PLEASE VISIT WWW.CHECKERS.CO.ZA/LIQUORSHOP FOR THE LATEST TRADING HOURS. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY WE RESERVE THE RIGHT TO LIMIT QUANTITIES, NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). EXTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

OUR BUTCHERS' BEST FOR LESS



SAVE 25%
R120 per kg
WITH CARD

Grill House Style Sticky BBQ Marinated Pre-Cooked Pork Spare Ribs



79⁹⁹ per kg
Chicken Drumettes



89⁹⁹ per kg
Beef Short Rib, Marrowbone & Goulash Potjie



95⁹⁹ per kg
Traditional Boerewors Thick/Thin



109⁹⁹ per kg
Prego Beef Steak



R32 per 200g
Steakhouse Classic Ladies' Rump
Equates to R16 per 100g



R48 per 300g
Steakhouse Classic Porterhouse Steak
Equates to R16 per 100g

QUALITY SEAFOOD AT HARBOUR PRICES



SAVE 14%
WITH CARD

Fisherman's Deli Whole Yellowtail per 100g



SAVE 10%
WITH CARD

Fisherman's Deli Medium Kingklip per 100g



SAVE R10
WITH CARD

Fisherman's Deli Calamari Rings 400g



SAVE R15
WITH CARD

Fisherman's Deli Large Peeled Prawns 20/40 400g



79⁹⁹ per kg
Simple Truth Free-Range Chicken 4 Drumsticks & 4 Thighs



89⁹⁹ per kg
Simple Truth Free-Range Chicken Breast Fillets



66⁹⁹ per kg
Farmer's Choice Fresh 12-Piece Chicken Fillets



76⁹⁹ per kg
Farmer's Choice Fresh Skinless Deboned Chicken Thighs



SAVE 17%
37⁹⁹ 400g
WITH CARD
County Fair Chicken Steaklets All Variants Each



SAVE R60
BUY 2 FOR R100
WITH CARD
2 x 800g I&J Chicksters Burgers



SAVE R13
29⁹⁹ 1kg each
WITH CARD
Enterprise Polony All Variants



SAVE 20%
39⁹⁹ 350g 400g
WITH CARD
Rainbow Simply Chicken Nuggets Each



SAVE R14
BUY 2 FOR R44
WITH CARD
2 x 200g Tirolean Meats Shoulder Bacon



SAVE R14
52⁹⁹ 700g 1kg each
WITH CARD
Rainbow Simply Chicken Polony All Variants



SAVE R20
ANY 2 FOR R52
WITH CARD
2 x 500g Eskort Smoked Viennas All Variants



SAVE R10
49⁹⁹ 400g
WITH CARD
I&J Battercrisp Hake Portions All Variants Each



SAVE R17
49⁹⁹ 400g
WITH CARD
I&J Out of the Oven Crumbed Fish All Variants Each



SAVE R25
59⁹⁹ 450g
WITH CARD
Sea Harvest Hake Medallions



SAVE R28
BOTH FOR R90
WITH CARD
400g I&J Hake Pops & 500g I&J Golden Smackerods



SAVE R15
64⁹⁹ 800g
WITH CARD
I&J Beefers Burgers All Variants Each



SAVE R25
89⁹⁹ 1kg
WITH CARD
Eskort BBQ Marinated Cocktail Ribs

FRESH FROM OUR DELI



SAVE 10%
WITH CARD
125g Tirolean Meats Sliced Salami All Variants



SAVE 15%
WITH CARD
Feinschmecker Sausage Cervelat/Pepperoni/Chorizo/Knackwurst per 100g



SAVE R15
ANY 3 FOR R90
WITH CARD
3 x 85g Farmer's Deli Salami Sticks All Variants

FRESH BAKERY DELIGHTS



SAVE 10%
22⁹⁹ 10 per pack
WITH CARD
Freshly Baked Queen Cakes



22⁹⁹ 12 per pack
WITH CARD
Freshly Baked Muffins All Variants



SAVE R10
59⁹⁹ 1kg
WITH CARD
Freshly Baked Turkish Delight Cake



SAVE R10
BOTH FOR R40
WITH CARD
Freshly Baked Milk Tart & Madeira Cake



SAVE R10
ANY 2 FOR R35
WITH CARD
2 x Pieman's Pies/Sausage Rolls All Variants



SAVE ON A WORLD OF CHEESES

SAVE 23%
10⁹⁹
WITH CARD

The Laughing Cow Cheese Dippers

SAVE 15%
22⁹⁹
WITH CARD

The Laughing Cow Cheese Wedges All Variants

SAVE 10%
26⁹⁹
WITH CARD

Crystal Valley Cottage Cheese All Variants

SAVE 17%
29⁹⁹
WITH CARD

Fairview Brie/Camembert/Blue Rock Cheese

SAVE 10%
32⁹⁹
WITH CARD

Kasselschoop Cheddar/Gouda All Variants Each

SAVE 10%
36⁹⁹
WITH CARD

Wyke Extra Mature Cheddar

SAVE 14%
42⁹⁹
WITH CARD

Mezè Parmesan Shaker

SAVE 21%
44⁹⁹
WITH CARD

Mezè Danish Feta Cheese All Variants Each

SAVE 15%
46⁹⁹
WITH CARD

Mezè Haloumi Fingers

SAVE 13%
27⁹⁹
WITH CARD

Lancewood Grated Cheddar/Mozzarella Cheese

29⁹⁹
WITH CARD

Lancewood Crème Fraîche

SAVE 15%
39⁹⁹
WITH CARD

Simple Truth Cheddar/Gouda

44⁹⁹
WITH CARD

Lancewood Mozzarella Ball

SAVE 10%
49⁹⁹
WITH CARD

Lancewood Mature Cheddar

Parmalat & Président Award-winning cheeses

44⁹⁹
WITH CARD

Président Feta Cheese All Variants Each

SAVE R40
BUY 2 & GET A 3RD FREE
WITH CARD

BUY 2 x 230g Président Cream Cheese All Variants & GET a 3RD FREE!

94⁹⁹
WITH CARD

Parmalat White Cheddar/Mature Cheddar/Gouda Cheese

44⁹⁹
WITH CARD

Parmalat/Melrose Cheese Slices

wine route WE BRING THE WINE ROUTE TO YOU!

SAVE 17%
59⁹⁹
WITH CARD

Boschendal Le Bouquet Chenin Blanc

SAVE 17%
59⁹⁹
WITH CARD

Laborie Chenin Blanc

SAVE 11%
62⁹⁹
WITH CARD

Pierre Jourdan Tranquille

SAVE 16%
94⁹⁹
WITH CARD

Haute Cabrière Chardonnay Pinot Noir

SAVE 10%
99⁹⁹
WITH CARD

Tokara Sauvignon Blanc

SAVE 17%
74⁹⁹
WITH CARD

Annabelle Sparkling Cuvée

SAVE R50
99⁹⁹
WITH CARD

Laborie MCC Brut Rosé

99⁹⁹
WITH CARD

Laborie MCC Brut

SAVE 18%
54⁹⁹
WITH CARD

Backsberg Rosé

SAVE 20%
74⁹⁹
WITH CARD

KWV Merlot Shiraz Pinotage Cabernet Sauvignon

SAVE 20%
79⁹⁹
WITH CARD

Reyneke Sauvignon Blanc Semillon Shiraz Cabernet Sauvignon

SAVE 18%
84⁹⁹
WITH CARD

Landskroon Merlot Pinotage Cabernet Sauvignon

SAVE 20%
99⁹⁹
WITH CARD

Backsberg Merlot

SAVE 18%
109⁹⁹
WITH CARD

Rustenberg Merlot Shiraz Cabernet Sauvignon

SAVE 25%
119⁹⁹
WITH CARD

Glen Carlou Merlot

SAVE R60
BUY 2 FOR R150
WITH CARD

2 x 750ml Roodeberg Bordeaux Red Blend

LiquorShop

SAVE R45
BUY 2 FOR R145
WITH CARD

2 x 6x300ml Savanna Dry Limited Edition Premium Cider Cans

SAVE R50
FREE DEAL
169⁹⁹
WITH CARD

BUY 750ml Richelieu Brandy & GET 2x/2.25x Coca-Cola Original/Zero/Light/No Caffeine Cold Drink Each FREE!

SAVE R70
BUY 3 FOR R170
WITH CARD

3 x 6x410ml Castle Lite Beer Cans

SAVE R55
FREE DEAL
239⁹⁹
WITH CARD

BUY 750ml Johnnie Walker Red Label Blended Scotch Whisky & GET 1x Schweppes Ginger Ale & 2kg Ice FREE!

SAVE R65
FREE DEAL
249⁹⁹
WITH CARD

BUY 750ml Absolut Vodka All Variants Each & GET 1x Liqui Fruit Berry Blaze/Cranberry Cooler/Orange 100% Fruit Juice Blend Each FREE!

SAVE R185
ANY 2 FOR R395
WITH CARD

2 x 750ml Tanqueray Imported London Dry Flor De Sevilla Gin

Not for Persons Under the Age of 18. Drink Responsibly.

TREAT HER TO A FEAST

R32 per 200g
Steakhouse Classic Ladies' Rump Steak
 Equates to R16 per 100g

STEAKHOUSE CLASSIC

- ✓ 10 cuts perfectly matured for maximising flavour and succulence
- ✓ Hand-trimmed and thick cut to our expert butchers' standards
- ✓ Vacuum-packed for added tenderness

VOTED FAVOURITE SUPERMARKET STEAK BRAND

399⁹⁹ per set
Forage and Feast Carving Knife Set
 2-Piece Cutting Knife Set
 3-Piece - R499,99

149⁹⁹ per kg
Steakhouse Classic Beef Picanha Steak
 Equates to R15 per 100g

299⁹⁹ each
Forage and Feast Njuli Acacia Wood Serving Board

349⁹⁹ per set
Forage and Feast Stainless Steel Salad Server Set
 2-Piece

499⁹⁹ each
Forage and Feast Stainless Steel Sauce Pot
 20cm

599⁹⁹ each
Forage and Feast Stainless Steel Casserole Pot
 24cm
Frying Pan - 26cm

Forage and Feast Handmade Cleaver Knife
R399,99

MOM

WE *salute* YOU

149⁹⁹ each
 Potted Phalaenopsis Mini

109⁹⁹ each
 Potted Roses

149⁹⁹ per bunch
 Festive Fynbos Bouquet

179⁹⁹ per bunch
 Mother's Rose Delight Bouquet

99⁹⁹ per bunch
 Celebration Bouquet

169⁹⁹ each
 Potted Zantedeschia

219⁹⁹ each
 Potted Phalaenopsis

249⁹⁹ per bunch
 Rose & Lily Bouquet

Checkers SIXTY60

Flowers delivered in 60 minutes!

Get the app

FLOWERS & PLANTS
VALID 02 - 08 MAY 2022

BRIGHTEN HER DAY

AVAILABLE AT PARTY SHOPS ONLY

SAVE R15 BOTH FOR R100
 WITH CARD

750ml Forage and Feast Sparkling Grape Juice & 8 per pack Forage and Feast Chocolate Truffles

BUY ALL 4 & SAVE R50
 WITH CARD

Air-Filled Balloon & Mother's Rose Delight Bouquet & Greeting Card All Variants Each & 140g Forage and Feast Chocolate Selection

SAVE R120 BOTH FOR R200
 WITH CARD

140g Forage and Feast Chocolate Selection & Plush Bear 1m

SPREAD SOME CHEER

SAVE R10
29⁹⁹ each
 WITH CARD

Mother's Day Print Balloon - Various Shapes

FROM 39⁹⁹ each
Carlton Seasonal English/Afrikaans Mother's Day Cards
 All Variants

CELEBRATE WITH MEALS READY IN MINUTES

SAVE R5 ANY 5 FOR R50 WITH CARD
5 x Macaron All Variants

BUY ANY 2 & SAVE 15% WITH CARD
2 x 8 per pack The Bakery Croissants/300g Croissant Loaf

BUY ANY 2 & SAVE 10% WITH CARD
2 x Forage and Feast Chocolate Caramel Cake/The Bakery Caramel Fudge/Ombre Sprinkle Cake

BUY ANY 2 & SAVE 10% WITH CARD
2 x 1kg/1.2kg Ready to Cook Lamb Shanks/Beef Oxtail/Chutney Chicken Casserole

SAVE R10 ANY 2 FOR R70 WITH CARD
2 x 4/6 per pack The Bakery Lemon Meringue/Strawberry Cupcakes

59⁹⁹ 6 per pack The Bakery Mini Bundt Carrot Cakes

SAVE 10% WITH CARD
480g Spice Roti/200g Naan/800g Ready to Cook Butter Chicken/Lamb Potjie

BUY ANY 2 & SAVE 15% WITH CARD
2 x Bella Vita Ready Meal All Variants

READY TO COOK
CONVENIENTLY PREPARED

Also Available:
- 700g Ready to Cook Chicken Bafotino - R119,99
- 900g Ready to Cook Smoosie Frikadells - R119,99

SPOIL HER WITH TREATS

64⁹⁹ 400g each
Forage and Feast Rusks All Variants

69⁹⁹ 150g each
Forage and Feast Chocolate Coated Nougat All Variants

CHECKERS HYPER ONLY

SAVE R500 WITH CARD
2499⁹⁹ each
Nutribullet Matt Blender - 900W

AVAILABLE AT SELECTED HYPER STORES

nutribullet.

Unique extraction blades exclusive to Checkers

SAVE R10 WITH CARD
39⁹⁹ per pack
Bare Basics Ladies' Cozy Socks - 2-Pack

FROM 19⁹⁹ each
Mother's Day Mugs All Variants

CELEBRATE WITH GIFTS

CHECKERS HYPER ONLY

SAVE R20 WITH CARD
139⁹⁹ per pack
Marta Stemless Wine Glass/Flute/Red Wine/ Magnum Wine/Flute Glasses - 4-Pack

CHECKERS HYPER ONLY

SAVE R200 WITH CARD
2799⁹⁹ each
Kenwood Prospero Mixer - 4.3L - 1000W

CHECKERS HYPER ONLY

SAVE R30 WITH CARD
89⁹⁹ per pair
Ladies' Clog Slippers - Grey - Black - Pink - Size 3-8

SAVE R50 WITH CARD
329⁹⁹ each
Ladies' Sherpa Honeycomb Gown - Grey - S-XXL

69⁹⁹ each
Bamboo Fibre Coffee Mug - Various Designs

LiquorShop

A TOAST TO MOM

159⁹⁹ 750ml
Sally Williams Nougat Liqueur

SAVE R20 WITH CARD
379⁹⁹ 750ml
Musgrave Pink Gin

499⁹⁹ 750ml
Grey Goose Vodka

SAVE R15 WITH CARD
74⁹⁹ 750ml
Diemersdal Sauvignon Blanc

SAVE R20 WITH CARD
79⁹⁹ 750ml
Beyerskloof Pinotage

SAVE R15 WITH CARD
84⁹⁹ 750ml
Warwick The First Lady - Rosé - Sauvignon Blanc - Chardonnay Each

SAVE R20 WITH CARD
89⁹⁹ 750ml each
Warwick The First Lady - Cabernet Sauvignon - Pinotage

SAVE R20 WITH CARD
144⁹⁹ 750ml
L'Ormarins Brut - Classique - Rosé Each

SAVE R25 WITH CARD
154⁹⁹ 750ml
Krone Borealis - Brut Rosé - Demi-Sec - Demi-Sec Rosé Each

Not for Persons Under the Age of 18. Drink Responsibly.

OFFERS VALID FROM 21 APRIL 2022 UNTIL 8 MAY 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDOOP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

AS SEEN ON TV

SAVE R12

24⁹⁹

1,5L each

Clover Krush 100% Fruit Juice Blend All Variants

SAVE 18%

ANY 2 FOR R28

2 x 6x100g per pack

Clover Fruits of the Forest/Classic Dairy Snack All Variants

SAVE 32%

ANY 2 FOR R38

2 x Clover 1kg Bliss Dessert/1% Vanilla Custard

SAVE R31

68⁹⁹

1,5L each

Nestlé/Dairymaid Gelato Roma Premium Ice Cream All Variants

KEEP SWIPING AND GET MORE DEALS

SAVE 18%

ANY 2 FOR R49

2 x 2L Clover Fresh Milk All Variants

SAVE 50%

ANY 6 FOR 49⁹⁹

6 x 300ml Clover Super M Flavoured Milk All Variants

SAVE 28%

ANY 2 FOR R49

2 x 1kg Danone NutriDay Smoothie/Fruit/Plain Yoghurt All Variants

SAVE R24

ANY 2 FOR R50

2 x 2L Clover Tropika Dairy Fruit Blend All Variants

SAVE 12%

21⁹⁹

125g each

Lancewood Fresh Dip All Variants

29⁹⁹

1kg each

Clover Bliss Double Cream Dairy Snack All Variants

SAVE 18%

44⁹⁹

1,5L each

Ola Rich 'n Creamy Ice Cream All Variants Each

SAVE R25

ANY 2 FOR R75

2 x 500g Cani Rusks All Variants

SAVE 25%

ANY 2 FOR R18

2 x 220g Blue Ribbon White/Brown Sandwich Squares

SAVE 20%

ANY 2 FOR R25

2 x 700g Sunbake Standard/Farmstyle Sliced White Bread

SAVE R11

BUY 2 FOR R35

2 x 500g Clover Bake Margarine

SAVE R20

BUY 2 FOR R60

2 x 1kg Blossom Medium Fat Spread

SAVE R31

BUY 2 FOR R75

2 x 1kg Stork 40% Country Spread

Your immune booster squad is here

Packed with all the good stuff

SAVE R32

ANY 6 FOR R100

6 x 100ml Sir Fruit Shots All Variants

ANY 3 FOR R55

3 x 300ml Sir Fruit Smoothie All Variants

SAVE R17

SAVE R12

52⁹⁹

3L each

Take 5 100% Fruit Juice Blend All Variants

SAVE 12%
29⁹⁹
250ml each
WITH CARD

Lancewood
Fresh Sauce Delight
All Variants

SAVE R20
BOTH FOR R69
WITH CARD

350g/400g
Rainbow Simply
Chicken Nuggets/
Fingers Each & 1kg
Natures Garden
American-Style
Fries/Steakhouse
Chips Each

SAVE R21
BOTH FOR R69
WITH CARD

400g Rainbow Simply
Chicken Steaklets All
Variants Each & 1kg
Natures Garden
Country/Hawaiian
Stir Fry Each

SAVE 19%
ALL 3 FOR R55
WITH CARD

700g Blue Ribbon
Classic White Sliced
Bread & 200g Eskort
Rindless Back Bacon
& 6 per pack Large
Eggs

ON PRODUCTS YOU LOVE



SAVE R10
28⁹⁹
1kg
WITH CARD

Natures Garden
American-Style Fries

SAVE R10
29⁹⁹
1kg each
WITH CARD

Natures Garden
Country Mix/Garden Mix

SAVE R22
BUY 2 FOR R58
WITH CARD

2 x 1kg Natures Garden
Mixed Vegetables

SAVE R14
39⁹⁹
1200g
WITH CARD

Dr. Oetker Happy Days
Pizza Bases

SAVE R30
ANY 2 FOR R70
WITH CARD

2 x Dr. Oetker
Ital Pizza All Variants

Plant-BASED

MEAT-FREE MADE EASY

34⁹⁹
100g each
WITH CARD

Gudness Cold Cuts All Variants

SAVE R17
44⁹⁹
500g each
WITH CARD

Flora 75%
Plant Butter

SAVE R10
39⁹⁹
300g each
WITH CARD

Fry's Vegetarian
Hot Dogs

SAVE R10
44⁹⁹
320g each
WITH CARD

Fry's Vegetarian
Schnitzels

SAVE R10
44⁹⁹
320g each
WITH CARD

Fry's Vegetarian
Chicken-Style Burgers

SAVE 17%
47⁹⁹
500g each
WITH CARD

Fry's Vegetarian
Special Sausages

AS SEEN ON TV

BUY ANY 2 & SAVE 25%
WITH CARD

2 x 1L Clover Good Hope Soy Milk All Variants

Epic Veggie Eating

OUMPH!

TASTE IT TO GET IT
FIND US WITH THE FROZEN FOODS

BUY ANY 3 & SAVE 20%
WITH CARD

3 x 180g/280g/450g Oumph! Vegetarian Smoky Bits/Pulled Pork/Chunks/Mince

OFFERS VALID FROM 21 APRIL 2022 UNTIL 8 MAY 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

SAVE 26%
ANY 2 FOR R22
X WITH CARD

2 x 500g Mr. Pasta Pasta Shapes All Variants

SAVE 18%
ANY 2 FOR R36
X WITH CARD

2 x 5x60g Mr. Pasta Instant Noodles All Variants

SAVE R18
ANY 2 FOR R40
X WITH CARD

2 x 780g Rhodes Grated/Sliced Beetroot

SAVE R16
ANY 2 FOR R50
X WITH CARD

2 x Knorr Mate Meal Kits All Variants

NO POINTS, NO LEVELS,

SAVE R17
BOTH FOR R50
X WITH CARD

700ml Wellington's New Recipe Tomato Sauce & NOLA Mayonnaise All Variants Each

SAVE 25%
11⁹⁹
X WITH CARD

Miami Tomato & Onion Mix

SAVE 23%
16⁹⁹
X WITH CARD

Miami Boerie Relish All Variants

SAVE 32%
14⁹⁹
X WITH CARD

Hinds Southern Grill Seasoning

SAVE R12
ANY 3 FOR R30
X WITH CARD

3 x Hinds Spice Refill All Variants Excluding White Pepper

SAVE R22
ANY 3 FOR R32
X WITH CARD

3 x Royco Sauce/Gravy/Marinade All Variants

SAVE 14%
18⁹⁹
X WITH CARD

Buffet Green/Calamata Pitted Olives

SAVE 23%
22⁹⁹
X WITH CARD

Steers Sauce All Variants Each

SAVE 23%
32⁹⁹
X WITH CARD

Nando's Sauce All Variants

SAVE 17%
34⁹⁹
X WITH CARD

Miami Gherkins/Cucumbers All Variants Each

SAVE R20
ANY 2 FOR R60
X WITH CARD

2 x 740g/750g B-well Mayonnaise All Variants

SAVE R17
19⁹⁹
X WITH CARD

Knorr Aromat Trio Seasoning All Variants

SAVE 19%
21⁹⁹
X WITH CARD

Housebrand Chutney All Variants

SAVE R10
32⁹⁹
X WITH CARD

Wellington's Sweet Chilli/Jalapeno Sauce

SAVE 18%
32⁹⁹
X WITH CARD

Jan Braai Cook-in-Sauce All Variants

SAVE 17%
ANY 2 FOR R45
X WITH CARD

2 x 400g/405g Denny Soup All Variants

SAVE 18%
36⁹⁹
X WITH CARD

Jimmy's Sauces Steakhouse Marinade

SAVE R10
36⁹⁹
X WITH CARD

Ina Paarman's Pesto Sauce All Variants Excluding Sundried Tomato

SAVE R10
46⁹⁹
X WITH CARD

Ina Paarman's Pasta Sauce All Variants Each

ANY 3 FOR R50
X WITH CARD

3 x 20g Nando's Bag 'n Bake All Variants

SAVE R16

SAVE 20%
X WITH CARD

1kg/2.5kg Eureka Mills Products

FREE DEAL
X WITH CARD

Buy any 2 Cup-a-Soup and get a Cup-a-Snack FREE!

SAVE R17



SAVE 16%
41⁹⁹
2.5kg
WITH CARD

Huletts White Sugar



SAVE R15
64⁹⁹
1.35kg
WITH CARD

Bokomo Weet-Bix



SAVE R40
89⁹⁹
200g/230g each
WITH CARD

Jacobs Krönung Gold Instant Coffee Jar OR Refill Excluding Decaf



SAVE R40
ANY 2 FOR R110
WITH CARD

2 x 10 per pack L'Or Coffee Capsules All Variants

JUST INSTANT CASH SAVINGS





SAVE 13%
24⁹⁹
1kg
WITH CARD

Housebrand Oats



SAVE R12
37⁹⁹
500g/400g
WITH CARD

Bokomo Otees All Variants Each



SAVE 16%
39⁹⁹
400g
WITH CARD

Kellogg's Rice Krispies



SAVE R13
59⁹⁹
100 sticks
WITH CARD

Canderel Sweetener



SAVE 11%
159⁹⁹
1kg
WITH CARD

Sweet Nothings Xylitol



SAVE R19
64⁹⁹
1kg
WITH CARD

Kellogg's All-Bran Flakes



SAVE 23%
16⁹⁹
400g/300g
WITH CARD

Rhodes Peach Halves/Slices in Syrup



SAVE 20%
27⁹⁹
500g/400g
WITH CARD

Rhodes Smooth Apricot Jam



SAVE R13
54⁹⁹
1kg
WITH CARD

Thokoman Smooth/Chunky Peanut Butter Each



SAVE R15
59⁹⁹
500g
WITH CARD

Goldcrest Eezi Squeeze Honey



SAVE 17%
59⁹⁹
1kg
WITH CARD

Nestlé Klim Instant Milk Powder



SAVE 13%
32⁹⁹
40 per pack
WITH CARD

Laager Pure Rooibos



SAVE R13
54⁹⁹
500g/400g
WITH CARD

Nestlé Milo Malt Energy Drink



SAVE R10
69⁹⁹
250g/200g
WITH CARD

House of Coffees Ground Coffee/Beans All Variants Each



SAVE R12
69⁹⁹
40 per pack
WITH CARD

Mokate 3in1 Instant Coffee All Variants



SAVE R14
ANY 2 FOR R80
WITH CARD

2 x 10 per pack Nestlé Instant Milo/Hot Chocolate All Variants



SAVE R36
ANY 2 FOR R85
WITH CARD

2 x 10 per pack Jacobs Instant Mocha Coffee/Cappuccino All Variants



SAVE R10
189⁹⁹
1kg
WITH CARD

Mostra di Café Coffee Beans All Variants Each

ANY 3 FOR R15
WITH CARD
3 x 80g Happy Hippo Jelly All Variants



SAVE 37%

SAVE 21%
21⁹⁹
200g
WITH CARD
Royal Baking Powder Refill



SAVE R18
39⁹⁹
500ml
WITH CARD
Cook 'n Bake Non-Stick Spray



AS SEEN ON TV



BUY ANY 3 & SAVE 30%
WITH CARD
FutureLife Range

OFFERS VALID FROM 21 APRIL 2022 UNTIL 8 MAY 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

AS SEEN ON TV

SAVE R43

BUY 2 & GET A 3RD FREE

2 x 450g Bakers Rusks All Variants & GET a 3rd one FREE!

SAVE R18

ANY 3 FOR R48

3 x 120g Lay's Chips All Variants

SAVE R26

BUY 2 FOR R80

2 x 200g Cadbury Whispers

AS SEEN ON TV

SAVE R45

89⁹⁹

200g

Lindt Lindor Chocolate Cornets All Variants Each

KEEP SWIPING FOR SA'S BEST REWARDS

SAVE R10

ANY 2 FOR R24

2 x 120g Willards Big Korn Bites All Variants

SAVE 21%

ANY 2 FOR R25

2 x 150g Manhattan Marshmallows All Variants

SAVE R13

ANY 2 FOR R35

2 x 125g Mister Sweet Gum Sweets All Variants

SAVE R12

ANY 2 FOR R40

2 x 150g Super C Mini Candy Rolls All Variants

SAVE R16

ANY 3 FOR R35

3 x 8 per pack Yogue Lollipops All Variants

SAVE R16

ANY 3 FOR R50

3 x 100g Amajoya Creamy Toffee All Variants

SAVE R22

ANY 2 FOR R50

2 x 125g Mister Sweet Speckled Eggs Regular/Giant

SAVE 24%

ANY 3 FOR R25

3 x Nestlé Chocolates KitKat/Bar-One/Chunky/Tex/Smarties/Milky Bar

SAVE 24%

ANY 2 FOR R27

2 x 80g Cadbury Chocolate Slabs All Variants

SAVE 13%

38⁹⁹

Nestlé Chocolate Fun Bags Smarties/Bar-One/KitKat/Tex/Milky Bar

SAVE R16

ANY 2 FOR R48

2 x 135g Nestlé Aero Chocolate Slab All Variants

ANY 2 FOR R32

WITH CARD

2 x 200g Bakers Red Label Cream Biscuits All Variants

SAVE R12

ANY 2 FOR R36

WITH CARD

2 x 200g Bakers Tennis Biscuits All Variants

SAVE 18%

ANY 3 FOR R40

WITH CARD

3 x 120g Yummee Marshmallows All Variants

SAVE 16%

SAVE R15

39⁹⁹

500g

WITH CARD

Cape Cookies Double/Romeo Delight Biscuits Each

ANY 2 FOR R55

WITH CARD

2 x 200g Bakers Mini Cheddars/Salticrux/Marie/Tennis/Ginger Nuts/Eet-Sum-Mor All Variants

SAVE R19

OFFERS VALID FROM 21 APRIL 2022 UNTIL 8 MAY 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

SAVE 15%
16⁹⁹
1.5l each
X WITH CARD

Clover
Manhattan Ice Tea All Variants

SAVE R10
BUY 2 FOR R30
X WITH CARD

2 x 2l
Pepsi Regular Cold Drink

SAVE R11
ANY 3 FOR R40
X WITH CARD

3 x 500ml **Monster** Energy Drinks All Variants

SAVE R57
ANY 3 FOR R99
X WITH CARD

3 x 6x200ml per pack **Ceres** 100% Fruit Juice Blend All Variants

SAVE ON OVER 1000 DEALS DAILY

SAVE 6%
29⁹⁹
X WITH CARD

Sunfirst 8% Orange Squash Concentrate

SAVE 18%
34⁹⁹
6x200ml per pack
X WITH CARD

Pura Kids Flavoured Drink All Variants

SAVE R17
74⁹⁹
2l each
X WITH CARD

Magalies Nectar Concentrate All Variants

SAVE R11
BUY 2 FOR R45
X WITH CARD

2 x 5l **Nestlé** Pure Life Still Water

SAVE R10
54⁹⁹
6x1.5l per pack
X WITH CARD

AQuellé Still/Sparkling Water

SAVE R10
ANY 3 FOR R23
X WITH CARD

3 x 1l **Fusion** Dairy Fruit Blend Concentrate All Variants

SAVE 16%
ANY 3 FOR R30
X WITH CARD

3 x 2l **Popz** Cold Drink All Variants

SAVE 16%
36⁹⁹
6x500ml per pack
X WITH CARD

Pepsi Regular/Light/Max/7Up Sugar Free Cold Drink

SAVE R42
ANY 3 FOR R90
X WITH CARD

3 x 6x200ml per pack **Clover** Tropika Juice Blend All Variants

SAVE R16
ANY 2 FOR R90
X WITH CARD

2 x 6x200ml per pack **Fitch & Leedes** Cold Drinks All Variants

SAVE 28%
19⁹⁹
1l each
X WITH CARD

Liqui Fruit 100% Fruit Juice Blend All Variants

SAVE 10%
26⁹⁹
150g/175g/200g each
X WITH CARD

Merba Biscuits All Variants

SAVE R12
ANY 2 FOR R32
X WITH CARD

2 x 50g **Wedgewood** Nougat All Variants

SAVE 20%
39⁹⁹
450g each
X WITH CARD

Act II Butter/Salted Microwave Popcorn

SAVE 20%
BUY ANY 4 & GET A 5TH FREE
X WITH CARD

4 x 45g **Tiffany** Biscuits All Variants & GET the 5th one FREE!

SAVE 20%
BUY 4 & GET A 5TH FREE
X WITH CARD

4 x 16g/20g **Tiffany Happy Break/ Take 5** & GET the 5th one FREE!

ANY 2 FOR R24
X WITH CARD

2 x 90g/150g **Hoppity Poppity** Popcorn All Variants

SAVE 20%

ANY 2 FOR R25
X WITH CARD

2 x 125g **Epic Dip** All Variants

SAVE R11

ANY 3 FOR R34
X WITH CARD

3 x 50g **Soleo Stixels** Pretzel Sticks All Variants

SAVE 12%

SAVE 11%
45⁹⁹
450g each
X WITH CARD

Safari Peanuts/ Peanuts & Raisins

ANY 2 FOR R50
X WITH CARD

2 x 200g **Bakers Kips** All Variants

SAVE R18

SAVE R50
59⁹⁹
1/each

Listerine Zero Mouthwash

SAVE R30
ANY 2 FOR R80

2 x 400ml Vaseline Body Lotion/Cream All Variants

SAVE R70
ANY 2 FOR R90

2 x 360ml/400ml Pantene Shampoo/Conditioner All Variants

SAVE R34
ANY 2 FOR R90

2 x 500ml Nivea Shower Gel/Cream All Variants

**SWIPE & GET PROMO ALERTS
WHEN YOUR FAVOURITES GO ON SPECIAL**



SAVE R8
28⁹⁹
1/each

Nivea Aerosol Deodorant for Ladies/Men All Variants

SAVE R12
ANY 2 FOR R38

2 x 50ml Nivea Roll-On for Ladies/Men All Variants

BUY ANY 2 & SAVE 20%

2 x 40ml/50ml/50g Dove Deodorant Stick All Variants

SAVE R20
ANY 2 FOR R58

2 x 90ml/125ml Yardley Aerosol Deodorant for Ladies/Men All Variants

SAVE R21
63⁹⁹
2/each

Satinisk Bubble Bath All Variants

SAVE R9
25⁹⁹
200ml

Dettol Liquid Hand Wash All Variants Each

SAVE R9
ANY 3 FOR R33

3 x 150g Protex Bath Soap All Variants

SAVE R14
ANY 3 FOR R34

3 x 100g Dove Bath Soap All Variants

SAVE R16
58⁹⁹
400ml each

Nivea Repair & Care Range

SAVE R50
149⁹⁹
each

Gillette Mach3 Turbo 2Up Razor

SAVE R30
BUY 1 & GET 1 FREE

BUY 50ml Dettol Hand Sanitiser & GET one FREE!

SAVE R15
BUY 3 FOR R39

3 x 100ml Colgate Triple Action Toothpaste

SAVE 50%
49⁹⁹
each

Colgate Charcoal Bamboo Toothbrush

SAVE R48
BUY 2 & GET A 3RD ONE FREE

BUY 2 x 75ml Colgate Toothpaste Total/Pro/Naturals & GET a 3rd FREE!

SAVE R40
59⁹⁹
400ml each

Head & Shoulders Shampoo All Variants

SAVE 20%

Revlon Flex Shampoo 650ml/Mousse 150ml All Variants

GARNIER Naturally

SAVE 20%

BUY ANY Garnier Even & Matte/Micellar Water/Hydra Bomb Sheet Masks

SAVE R24
58⁹⁹
625ml each

Nivea Body Lotion All Variants

SAVE R15
39⁹⁹
450ml/500ml/500g each

Ingram's Body Cream All Variants

SAVE 20%

BUY ANY Nivea Men Shaving Range

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SAVE R15
54⁹⁹
3x72 per pack
X WITH CARD

Cherubs Baby Wipes All Variants

SAVE R29
ANY 2 FOR R65
X WITH CARD

2 x 500ml Johnson's Aqueous Cream/Baby Jelly All Variants

SIZE	PRICE PER NAPPY
SIZE 1	96 R2,07
SIZE 2	94 R2,12
SIZE 3	76 R2,62
SIZE 4	66 R3,02
SIZE 4+	62 R3,22
SIZE 5	52 R3,84
SIZE 5+	48 R4,16
SIZE 6	44 R4,54

SAVE R66
198⁹⁹
per pack
X WITH CARD

Pampers Baby-Dry/Premium Care Disposable Nappies/Pants

SIZE	PRICE PER NAPPY
SIZE 1	82 R2,43
SIZE 2	76 R2,62
SIZE 3	60 R3,32
SIZE 4	52 R3,83
SIZE 5	44 R4,52
SIZE 6	36 R5,53

SAVE R35
BOTH FOR 219⁹⁹
X WITH CARD

Huggies Dry Comfort Jumbo Disposable Nappies/Pants & 56 per pack Baby Wipes All Variants

CHOOSE YOUR CHARITY & SWIPE FOR GOOD



SAVE R19
ANY 3 FOR R35
X WITH CARD

3 x 175g Johnson's Baby Bath Soap All Variants

SAVE R10
42⁹⁹
200ml
X WITH CARD

Johnson's Baby Oil All Variants Each

SAVE R10
44⁹⁹
50g
X WITH CARD

Bennetts Baby Moisturising Cream

SAVE R18
51⁹⁹
150g
X WITH CARD

Bennetts Baby Bum Creme

SAVE R10
59⁹⁹
400ml
X WITH CARD

Bennetts Baby Hair & Body Wash

SAVE R30
ANY 2 FOR R110
X WITH CARD

2 x 500ml Johnson's Baby Liquid Soap All Variants

SAVE R10
39⁹⁹
300g
X WITH CARD

Nestlé Nestum Baby Cereal All Variants Each

SAVE R10
44⁹⁹
250g
X WITH CARD

Nestlé Cerelac Organic Baby Cereal All Variants

SAVE R13
ANY 6 FOR R65
X WITH CARD

6 x 125ml Purity 2nd Foods Baby Food All Variants

SAVE R13
ANY 6 FOR R65
X WITH CARD

6 x 110ml Purity Baby Food Pouches All Variants

SAVE R50
249⁹⁹
1.8kg
X WITH CARD

Nestlé Nido 3+ Formula

SAVE R60
ANY 2 FOR R280
X WITH CARD

2 x Lovies Disposable Nappies Jumbo Pack

Affordable Healthcare Made Easy

SAVE 36%
ANY 3 FOR R42
X WITH CARD

3 x Deep Heat Odourless/Neck & Joint/Period Pain Patch

SAVE 37%
ANY 2 FOR R50
X WITH CARD

2 x 20 per pack Doktor Mom Cough Lozenges All Variants

SAVE R20
ANY 2 FOR R100
X WITH CARD

2 x 200ml Vitatch Kids Immune Syrup All Variants

SAVE 25%
BUY 2 FOR R180
X WITH CARD

2 x 2 Savlon Antiseptic Liquid

SAVE 24%
BUY 2 FOR R195
X WITH CARD

2 x 90 per pack Vitatch Immunity Tablets

BUY ANY 3 & GET THE CHEAPEST FREE
X WITH CARD

BUY 3 x ProbiFlora Immune Products & GET the Cheapest FREE!

BUY ANY 3 & GET THE CHEAPEST FREE
X WITH CARD

BUY 3 x Viral Guard Immune Products & GET the Cheapest FREE!

ANY 2 FOR R40
X WITH CARD

2 x Kotex 7/8/10 Sanitary Pads/16 Tampons/40 Pantyliners

SAVE R14

SAVE R15
29⁹⁹
per pack
X WITH CARD

Always Sanitary Pads Ultra/Platinum/Sensitive 12/14/16/18/20

ANY 3 FOR R45
X WITH CARD

3 x 7/9/10 per pack Libresse Maxi Sanitary Pads All Variants

SAVE R21

ANY 2 FOR R40
X WITH CARD

2 x 180 per pack Twinsaver Facial Tissues All Variants

SAVE R16

BUY ANY 3 & GET THE CHEAPEST FREE
X WITH CARD

BUY any 3 x Gyna Guard Feminine Intimate Products

GEAR UP

WITH STYLE & FUNCTION

SAVE R500

2499⁹⁹ each

WITH CARD

PHILIPS

Philips
Essential XL Airfryer
- 1,2kg - 6,2€

SAVE R200

999⁹⁹ each

WITH CARD

PLATINUM
QUALITY AND STYLE

Platinum
Mirror Finish
Microwave Oven
- 20€

nutribullet

SAVE R300

1699⁹⁹ each

WITH CARD

Nutribullet
Blender - 600W

- ✓ Unique extraction blades
- ✓ Exclusive cyclonic action to break down, pulverise, and emulsify whole fruits and vegetables better than any standard blender or juicer
- ✓ Silky-smooth nutrient-extracted beverages

APPLIANCES



SAVE R50
249⁹⁹ each

WITH CARD
Kenwood
Teflon Steam Iron
- 2000W



SAVE R50
299⁹⁹ each

WITH CARD
Philips
Easy Speed Steam
Iron - 2000W



SAVE R30
249⁹⁹ each

WITH CARD
Platinum
BPA-Free Cordless
Kettle - 1,7€



SAVE R50
299⁹⁹ each

WITH CARD
Platinum
Cordless Glass
Kettle - 1,7€



SAVE R100
499⁹⁹ each

WITH CARD
Philips Series 3000
Jug Blender - 450W
- 1,9€



SAVE R100
699⁹⁹ per set

WITH CARD
Philips Promix
Stick Blender Set
- 400W



SAVE R50
449⁹⁹ each

WITH CARD
Platinum
Square Electric
Frying Pan with
Glass Lid - 5€



SAVE R50
449⁹⁹ each

WITH CARD
Platinum Oval Slow
Cooker with Glass
Lid - 3,5€

WINTER MUST-HAVES



249⁹⁹ each

SCE
2-Bar Quartz
Heater - 800W



349⁹⁹ each

SCE
Double Non-Fit
Electric Blanket
- 150cm x 110cm



SAVE R10
39⁹⁹ per pack

WITH CARD
Bare Basics
Ladies' Cozy Socks
- 2-Pack



69⁹⁹ each
Rubber Hot Water
Bottle - 2€
- Various Colours



299⁹⁹ each

Essentials Jacquard
Sherpa Blanket
- Various Colours
- 150cm x 200cm



99⁹⁹ each
Knitted 3-Tone Hot
Water Bottle - 2€
- Various Colours



179⁹⁹ each

Essentials Plain Brushed
Sherpa Blanket
- Various Colours
- 150cm x 200cm



99⁹⁹ each
PomPom Hot
Water Bottle - 2€
- Various Colours



199⁹⁹ each

Essentials Dobby
Flannel Blanket
- Various Colours
- 150cm x 200cm

OFFERS VALID FROM THURSDAY 21 APRIL 2022 UNTIL SUNDAY 08 MAY 2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAFIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS.

QUALITY & COMFORT

COSY UP

SAVE R50

549⁹⁹ per set

WITH CARD

Majoré
Stainless Steel
Cookware Set
- 12-Piece



12-PIECE

12-PIECE

SAVE R20

249⁹⁹ per set

WITH CARD

Royal Teal Dinner
Set - 12-Piece



129⁹⁹ each

Cuppa Double Wall
Stainless Steel
Travel Mug
- 380ml



GLASSWARE

SAVE R20

159⁹⁹ per set

WITH CARD

Pyrex
Glass Casserole Set
- 1, 1.6 & 2.5L



Magnum Glasses
Flute Glasses
Red Wine Glasses
Burgundy Wine Glasses



SAVE R10

169⁹⁹ per pack

WITH CARD

Gourmet
Glassware Range
- 4-Pack



39⁹⁹ each

Morocco
Soup Bowl
- Various Colours

39⁹⁹ each

Knitted Soup Mug
- Various Colours



COFFEE MUGS

19⁹⁹ each

Knit Embossed
Coffee Mug
- Various Colours



39⁹⁹ each

Black & White
Tall Coffee Mug
- Various Designs



69⁹⁹ per pack

Pink Mug Set
- 4-Pack



29⁹⁹ each

Black Scratch
Coffee Mug
- Various Designs



4-PACK

SAVE R10

109⁹⁹ per pack

WITH CARD

Coffee Time
Cappuccino/
Acapulco/Classic
Mug Set



2-PACK

HANDMADE DOUBLE WALL GLASS CUPS

2-PACK

2-PACK

HANDMADE DOUBLE WALL GLASS MUGS

2-PACK

2-PACK

HANDMADE DOUBLE WALL GLASS CUPS

2-PACK

2-PACK

HANDMADE DOUBLE WALL GLASS MUGS

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HANDMADE DOUBLE WALL GLASS CUPS

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HANDMADE DOUBLE WALL GLASS MUGS

2-PACK

2-PACK

HANDMADE DOUBLE WALL GLASS CUPS

2-PACK

2-PACK

HANDMADE DOUBLE WALL GLASS MUGS

2-PACK

2-PACK

COOKWARE & FLASKS

109⁹⁹ each

Travelvac
Vacuum Flask - 1L



149⁹⁹ each

Steel Series
Stainless Steel
Vacuum Flask
- 1L



599⁹⁹ each

Quisimo
Aluminium Pressure
Cooker - 7L



7-PIECE

SAVE R100

699⁹⁹ per set

WITH CARD

Quisimo
Aluminium
Cookware Set
- 7-Piece





SAVE 16%
24⁹⁹
750ml each
X WITH CARD

Handy Andy Cleaning Agent All Variants



SAVE R10
44⁹⁹
500ml each
X WITH CARD

Comfort Fabric Conditioner All Variants Excluding Deluxe Range



SAVE R20
94⁹⁹
each
X WITH CARD

OMO Auto 3kg Washing Powder/2L Liquid Detergent



SAVE R27
ALL 4 FOR R95
X WITH CARD

Twinsaver 10 per pack Foam Cups & 50 per pack Paper Plates & 5m Heavy Foil & 1 Mighty Big Roller Towel

SAVING MADE XTRA EASY





SAVE R30
ANY 2 FOR R50
X WITH CARD

2 x 1.5L Jik Bleach All Variants



SAVE 15%
26⁹⁹
750ml
X WITH CARD

Sunlight Dishwashing Liquid Excluding Antibacterial Range



SAVE 19%
28⁹⁹
750ml
X WITH CARD

Domestos Thick Bleach All Variants Each



SAVE R10
ANY 2 FOR R30
X WITH CARD

2 x 210ml/225ml Airoma Air Freshener All Variants

PROMOTION NOW ON!



BUY ANY 2 & SAVE 30%
X WITH CARD

2 x Petshop Dog Treats All Variants



BUY ANY 3 & SAVE R10
X WITH CARD

3 x Happy Hound Dog Treats All Variants



SAVE R10 FROM 39⁹⁹
X WITH CARD

Petshop Stainless Steel Bowl
- Puppy - R39,99
- 15cm - R59,99 - 17cm - R69,99
- 21cm - R79,99 - 24cm - R99,99



BUY ANY 2 & SAVE R5
X WITH CARD

2 x Barking Basics Tennis Balls All Variants



SAVE 9%
19⁹⁹
12 per pack
X WITH CARD

Lion Firelighters



SAVE R15
29⁹⁹
300ml each
X WITH CARD

Mr Min Multi Surface Cleaner All Variants



SAVE 20%
31⁹⁹
300ml each
X WITH CARD

Doom Insecticide All Variants



SAVE R10
32⁹⁹
750ml
X WITH CARD

Handy Andy Floor Cleaner All Variants Each



SAVE 20%
X WITH CARD

Barking Basics Rope Toys All Variants



SAVE R10
X WITH CARD

Petshop Plush Dog Toys All Variants

BUY 2 FOR R120
X WITH CARD

2 x 4kg Charka Briquettes



SAVE R20

ANY 2 FOR R54
X WITH CARD

2 x 775g Petley's Dog Food All Variants



SAVE R20

ANY 2 FOR R80
X WITH CARD

2 x Pedigree Dentastix Dog Treats All Variants



SAVE R14

SAVE R51
114⁹⁹
2kg
X WITH CARD

Whiskas Cat Food All Variants Each



BUY ANY 2 & GET THE 3RD ONE FREE
X WITH CARD

BUY any 2 x 85g Bon Appétit Cat Food All Variants Each & GET the 3rd one FREE!



SAVE R20

SAVE R197
BUY 2 & GET A 3RD FREE
X WITH CARD

2 x 5.5kg/6kg/6.5kg/7kg/8kg Bobtail Dog Food All Variants & GET a 3rd one FREE!



FREE!

Checkers

better and better

also at **Checkers Hyper**

Checkers SIXTY 60



download the app

OFFERS VALID FROM THURSDAY 21/04/2022 UNTIL SUNDAY 08/05/2022. PRICES APPLY TO CHECKERS & CHECKERS HYPER STORES: GAUTENG, BRITS, KLERKSDORP, LIMPOPO, MPUMALANGA, POTCHEFSTROOM & RUSTENBURG, EXCEPT MAIKENG, LICHTENBURG & WELTEVREDEN PARK CHECKERS FOODS. WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS, BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. DUE TO GOVERNMENT REGULATIONS, LIQUOR TRADING HOURS MAY VARY. PLEASE VISIT WWW.CHECKERS.CO.ZA/LIQUORSHOP FOR THE LATEST TRADING HOURS. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

BOXER
45
YEARS

YOUR FAVOURITE DISCOUNT SUPERMARKET

MORE LOW PRICES + MORE FREE DEALS + MORE COMBOS

+FREE! GROCERIES • 1. EVERY STORE • EVERY DAY • 45 DAYS

*Ts & Cs Apply



5kg
GOLDI
IQF Mixed
Chicken
Portions

BUY THREE
475

3 x 5kg



AS SEEN ON TV

13.99
(8 x 100g)
each

DANONE
Nutriday Smooth
Low Fat Dairy Snack
Assorted

BUY FOUR
50

4 x (6 x 100g)



29.99
750g
each

CLOVER
Creamel
Creamer

BUY FOUR
99

4 x 750g



AS SEEN ON TV

12.99
700g
each

SASKO
Premium
Slices White
Bread

BUY FOUR
44

4 x 700g



AS SEEN ON TV

19.99
2L
each

COCA - COLA
Original Soft
Drinks

BUY FOUR
76

4 x 2L

**SPEKKO Long Grain Parboiled Rice 10kg, WHITE STAR Super Maize Meal 10kg,
SASKO Cake Wheat Flour 10kg & LUCKY STAR Pilchards Assorted 6 x 400g**



10kg



10kg



10kg



6 x 400g

BUY ALL
399

per combo



4kg

BUY IT IN BULK AND SAVE

169.99
4kg

PRICES VALID: 25/04/2022 - 08/05/2022



DOUBLE YOUR GRANT

**OLD AGED GRANTS 3rd MAY
DISABILITY GRANTS 4th MAY
CHILD SUPPORT GRANTS 5th MAY**

**VISIT
WWW.BOXER.CO.ZA
FOR DETAILS**

*FREE GROCERIES EVERYDAY FOR BOXER DAYS 45

45 Years of BOXER



1. EVERY STORE. EVERY DAY. 45 DAYS

RAMA Original 70% Fat Spread Brick 500g BUY THREE 60.00 3 x 500g	STORK Country Spread Tub 1kg 39.99 1kg	CLOVER Mooi River Butter 500g 59.99 500g	BERG Processed Cheese Assorted 800g 59.99 800g	ALL GOLD Smooth Apricot Jam 900g 27.99 900g
BEST COOK French Polony 2kg 54.99 2kg	THOMPSONS Viennas Assorted 1kg 49.99 1kg	ESKORT Rindless Back / Shoulder Bacon 200g 23.99 200g each	CLOVER Bliss Yoghurt Assorted 1kg 29.99 1kg each	CLOVER Go Nuts Smooth Peanut Butter 400g BUY TWO 46.00 2 x 400g
CLOVER Medium Cream Amasi 2kg BUY THREE 60.00 3 x 2kg	Large Eggs 30's 54.99 30's	CLOVER Ultra Pasteurised Milk 2L & CLOVER Classic Smooth Low Fat Yoghurt Based Dairy Snack Assorted 6 x 100g 2L BUY BOTH 38.00 per combo	CLOVER Tropika Dairy Fruit Mix Assorted 2L / CLOVER Krush 100% Fruit Juice Blend Assorted 1.5L 2L 28.99 each	DAIRYMAID Farmhouse Ice Cream Assorted 2L 38.99 2L

AS SEEN ON
TV



16⁹⁹
1L each

CLOVER
Krush Long Life
100% Fruit Juice Blend
Assorted



BUY FIVE

75

5 x 1L

& GET THIS FREE!



10⁹⁹
1.5L each

AQUELLE
Khula
Soft Drinks
Assorted

BUY FIVE

50

5 x 1.5L

& GET THIS FREE!

HOW TO ENTER

1. Buy Any 2 advertised products
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3. Dial *120*26937*uniquecode#
Follow the prompts to enter
(20c per 20 seconds)

COMPETITION VALID:
25th APRIL to 8th JUNE *Ts & Cs APPLY
Visit www.boxer.co.za

IN PARTNERSHIP WITH



FUSION
Dairy Blend Concentrate
Assorted



BUY BOTH
40
per combo

BROOKES
Oros Original
Squash 2L &
HEIDER'S
Corn Chips
Assorted
125g



27⁹⁹
2L

ENERGADE
Sports Drink
Assorted



8⁹⁹
500ml



SCORE
Original
Energy Drink

BUY TWO
18



34⁹⁹
5L



BUY TWO
14
2 x 100g



BUY TWO
25
2 x 85g



2 x 500ml
AQUELLE
Sparkling
Flavoured Water
Assorted

BUY TWO
12
2 x 500ml



BUY TWO
26
2 x 130g



BUY TWO
16
2 x 75g

YUM FUN
Gummy
Jellies
Assorted



BUY TWO
70
2 x 3kg



Chilli
Russians

46⁹⁹
per kg



BOXER
Oukraal Wors

76⁹⁹
per kg



Fresh Lean
Beef Mince

84⁹⁹
per kg

Fresh Beef
T Bone / Club / Rump Steak Bone In (Class A)



89⁹⁹
per kg

*FREE GROCERIES EVERYDAY FOR BOXER DAYS 45

45 Years of BOXER



Imitation Cream Ready Made Cake
109.99 each
 + **& GET THIS FREE!** **Timbles** 45g

Imitation Cream Black Forest Cake
84.99 each

Imitation Cream Traditional Cake
64.99 each

Imitation Cream Doughnuts
14.99 4's

Dreams
14.99 4's

Queen Cakes
21.99 10's

Hotdog / Soft Rolls
20 2 x 6's

2 x MAMA'S Chunky Chicken Burger
R30 per serving

MAMA'S Russian Roll
36 2's

1. EVERY STORE. EVERY DAY. 45 DAYS

CLOVER Numel Medium Fat Dairy Liquid Blend
130 2 x (6 x 1L)

GOLDEN RAY Instant Porridge Assorted
18.99 1kg

GOLDEN RAY Quick Cooking Oats
28.99 1kg

LAAGER Rooibos Teabags
19.99 40's

HENRO Marie Biscuits
20 2 x 150g

Happy Valley Rice Puffs Assorted
60 2 x 350g / 400g

Best Cook Soup Assorted
45 3 x 500g + **& GET THIS FREE!**

GLEN Tagless Teabags
40 2 x 100's

OREO Cream Biscuits Assorted
26 2 x 133g

PARMALAT EverFresh Long Life Milk Assorted
84.99 6 x 1L

KNORR Stock Cubes Assorted
32 2 x 24's

Best Cook Soya Mince Assorted 500g & Best Cook Stock Cubes Assorted 24's
30 per combo

KNORR Aromat Seasoning Canister Assorted
25 2 x 75g

RAJAH Curry Powder Assorted
32 2 x 100g

Knorr Packet Soup Assorted
20 5 x 50g

AS SEEN ON
TV

CLOVER
Classic Mayonnaise
Assorted



3 x 750g

FATTI'S & MONI'S Macaroni / Spaghetti 3 x 500g &
BEST COOK Tomato & Onion Mix 3 x 410g



per combo

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IN PARTNERSHIP WITH



per combo

SHIBOBO Super Maize Meal 5kg, BEST COOK Thai Premium Rice 2kg,
GOLDEN RAY Brown Sugar 2kg & GOLDEN RAY Sunflower Oil 750ml



per combo

TASTIC
Long Grain Parboiled Rice



2 x 2kg



2 x 2kg



74.99
12.5kg



59.99
2kg



6 x 410g



CLOVER
Classic
Custard

BUY TWO
40
2 x 1kg



BUY TWO
16
2 x 125g

BUY TWO
16
2 x 80g



BUY TWO
32
2 x 410g

BUY TWO
15
2 x 40ml



BUY FOUR
15
4 x 10g

BUY TWO
40
2 x 200g



23.99
1kg

19.99
500g

Protex

Boosts your SKIN'S NATURAL GERM PROTECTION with Flaxseed oil**
Aumenta a PROTEÇÃO NATURAL DA SUA PELE contra os germes com Óleo de Linhaça**

Protects against 99.9% of Germs*
Protege contra 99.9% de Germes*

Deep Clean

AntiGerm™ Soap Sabonete AntiGerm™

150g

BUY SIX 54

6 x 150g

1 . EVERY . STORE . EVERY . DAY . 45 DAYS

WINNER

COLGATE
Triple Action Toothpaste

125ml
125ml VALUE PACK

Colgate
Triple Action

Selected Stores

BOXER
Hygiene Soap

175g

HYGIENE SOAP

LUX
Bath Soap Assorted

175g

BUY TWO

Colgate
Triple Action

2 x 125ml

30

AQUAFRESH
Fresh & Minty Value Pack
Toothpaste

2 x 100ml

22.99

AQUASMILE
Family Pack
Toothbrush

5's

5 pack

34.99

ALWAYS
Maxi Sanitary
Pads

8's / 9's / 10's

2 x 175g

BUY TWO

AQUASMILE
Plus Arctic
Charcoal
Toothpaste

75ml

21.99

EASY WAVES
Coconut Hair Food

125ml /
EASY WAVES
Hair Food Assorted

150ml

125ml

150ml

BUY TWO

ALWAYS
Maxi Sanitary
Pads

8's / 9's / 10's

2 x 175g

BUY TWO

SENSODYNE
Multi Care Toothpaste

75ml

29.99

POND'S
Lasting Oil Control
Vanishing Cream
Assorted

50ml

19.99

PERFECT CHOICE
Moisturising Lotion with
Avocado Oil 250ml /
Oil Moisturiser
Spray 250ml /
Oil Sheen Pro Vitamin
B5 Hair Spray 240ml

250ml

240ml

BUY TWO

DAWN
Body Lotion
Assorted

400ml

18.99

VASELINE Body Lotion / Cream
Assorted 400ml & VASELINE Blue
Seal Pure Petroleum Jelly
Assorted 250ml

400ml

250ml

BUY BOTH

AXE
Anti-Perspirant
Roll On
Assorted

50ml

15.99

AXE
Deodorant
Assorted

150ml

23.99

GENTLE
MAGIC
Skincare
Lotion

125ml

9.99

DAWN
Body Lotion
Assorted

400ml

18.99

VASELINE Body Lotion / Cream
Assorted 400ml & VASELINE Blue
Seal Pure Petroleum Jelly
Assorted 250ml

400ml

250ml

BUY BOTH

evolve

EVOLVE
For Men Anti-Perspirant Roll On
Assorted

50ml

50ml

BUY TWO

EVOLVE
For Men Body Lotion
Assorted

400ml

400ml

BUY TWO

EVOLVE
For Men Body Cream
Assorted

400ml

400ml

BUY TWO

EVOLVE
360° Body Cream
Assorted

400ml

400ml

BUY TWO

EVOLVE
Skin Science Female
Anti-Perspirant Roll On
Assorted

50ml

50ml

BUY TWO

EVOLVE
Skin Science Female
Body Lotion
Assorted

400ml

400ml

BUY TWO

EVOLVE
Skin Science
Body Cream
Assorted

400ml

400ml

BUY TWO

EVOLVE
360° Body Cream
Assorted

400ml

400ml

BUY TWO

EVOLVE
Skin Science Female
Anti-Perspirant Roll On
Assorted

50ml

50ml

BUY TWO

EVOLVE
Skin Science Female
Body Lotion
Assorted

400ml

400ml

BUY TWO

EVOLVE
Skin Science
Body Cream
Assorted

400ml

400ml

BUY TWO

EVOLVE
360° Body Cream
Assorted

400ml

400ml

BUY TWO

Hand Wash **3kg**

59⁹⁹ 3kg each

FRESH WAVE Hand Washing Powder 2 x 3kg & FRESH WAVE Dishwashing Liquid 2 x 750ml

23⁹⁹ 750ml each

23⁹⁹ 750ml each

BUY ALL 150 per combo

ANGEL SOFT
1 Ply 300 Sheets Toilet Tissue

1 Ply **10's**

22⁹⁹ 10's each

BUY TWO 40 2 x 10's

HOW TO ENTER

1. Buy Any 2 advertised products
2. Check your tillslip
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(20c per 20 seconds)

COMPETITION VALID:
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Visit www.boxer.co.za



MAQ Hand Washing Powder 2 x 2kg & MAQ Dishwashing Liquid 2 x 750ml

2kg **750ml** **750ml**

BUY ALL 130 per combo

ARIEL Hand Washing Powder 2.7kg

2.7kg **69⁹⁹**

FRESH WAVE Auto Washing Powder 2kg & STA-SOFT Fabric Conditioner Refill Assorted 500ml

2kg **500ml**

BUY BOTH 68 per combo

SUNLIGHT Dishwashing Liquid Refill 750ml

750ml **22⁹⁹**

FRESH WAVE Laundry Soap 500g

500g **28** 2 x 500g

BUY TWO 28

JIK Bleach Value Pack Assorted 2 x 1L

2 x 1L **39⁹⁹**

Handy Andy Cream Assorted 750ml

750ml **24⁹⁹**

DOMESTOS Multipurpose Thick Bleach Assorted 750ml

750ml **28⁹⁹**

Baby Soft 2 Ply 350 Sheets Toilet Tissue 12's

12's **59⁹⁹**

TIARA Swabs Assorted 2's

2's **28** 2's

TIARA Basin Assorted 7L

7L **24** 2 x 7L

BUY TWO 24

HOME SQUARE

HOME SQUARE Stainless Steel Kettle 1.8L

1.8L **169⁹⁹**

HOME SQUARE Double Burner Hotplate

each **199⁹⁹**

HOME SQUARE Premium Steam Iron

each **299⁹⁹**

HOME SQUARE Premium Glass Kettle 1.7L

1.7L **299⁹⁹**

HOME SQUARE Premium Stainless Steel Hotplate

each **299⁹⁹**

2 FOR R90 **SAVLON Antiseptic Liquid 500ml**

500ml

LOW PRICE R36⁹⁹ **500ml** **BOXER Hygiene Hand Sanitiser**

500ml

LOW PRICE R27⁹⁹ **PANADO Headache Tablets 24's**

24's

LOW PRICE R21⁹⁹ **LENNON Entress Druppels 20ml**

20ml

LOW PRICE R48⁹⁹ **BENLYN Wet Cough Syrup Assorted 100ml**

100ml

LOW PRICE R68⁹⁹ **STREPSILS Lozenges Assorted 24's**

24's

LOW PRICE R48⁹⁹ **VICKS Vapo Rub 50g**

50g

LOW PRICE R79⁹⁹ **GAVICON Liquid 150ml**

150ml

LOW PRICE R79⁹⁹ **UGAMBU Herbal Immune Tonic Assorted / Imimoya Gambu 1L**

1L

BOXER
45
YEARS

YOUR FAVOURITE DISCOUNT SUPERMARKET

MORE LOW PRICES + MORE FREE DEALS + MORE COMBOS

+FREE! GROCERIES • **1. EVERY STORE** • **EVERY DAY** • **45 DAYS**
*Ts & Cs Apply



BUY TWO

180

**VICEROY
Smooth Gold
Brandy
2 x 750ml**



**+
& GET THIS
FREE!**

R259

**JACK DANIEL'S
Whiskey
750ml**



BUY TWO

260

**BELGRAVIA
Gin
Assorted
2 x 750ml**



BUY TWO

260

**RUSSIAN BEAR
Vodka
2 x 750ml**



BUY TWO

135

**CASTLE
Lager Cans
2 x (6 x 500ml)**



BUY TWO

150

**CASTLE
Lite Cans
2 x
(6 x 500ml)**



BUY TWO

160

**HEINEKEN
Cans
2 x
(6 x 440ml)**



BUY TWO

R235

**CASTLE
Double Malt NRB
24 x 340ml**



BUY TWO

150

**EXTREME
Energy Assorted Cans
2 x (4 x 440ml)**



BUY TWO

175

**BELGRAVIA
Assorted NRB
2 x (6 x 275ml)**



BUY TWO

180

**BRUTAL FRUIT
Assorted Cans
2 x
(6 x 500ml)**



BUY TWO

199

**SMIRNOFF
Storm
Assorted
Cans
2 x (6 x 440ml)**

**BOXER
LIQUORS**

PRICES VALID AT SELECTED BOXER LIQUOR STORES ONLY

Not for Sale to Persons Under the Age of 18. Drink Responsibly.

A Proud Member of the (ARA)

PRICES VALID AT BOXER NORTH-WEST & FREE STATE STORES ONLY

Excluding Boxer Lethabale Store

Range May Vary. Prices include 15% VAT where applicable. Boxer will attempt to have sufficient advertised stock available to meet our customers anticipated demand, however if we still run out of stock we will obtain the stock or we will offer you a reasonable alternative. Boxer reserves the right to limit quantities per customer. Boxer takes utmost care to ensure that all promotion leaflets are correct. If, however, in the unlikely occurrence of a mistake, we will display a notice in-store with all the correct details. E&O.E. Terms & Conditions apply.

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