

'n Tamaai-Barmhartige-Braai

Rustenburg – Rustenburg se Vryburgers het weereens gewys hulle is voorwaar omgeemense toe hul op Saterdag 13 April vroegoggend reeds die vure aangesteek het om bietjie te braai vir die jaarlikse Tamaaibraai projek.

Dit was 'n gesellige kuier om die braaivleisvure by Barrel & Bul terwyl die lede wors en sosaties gebraai het vir 600 bejaardes. Richard Steyn van die Barrel & Bul het pap en bykosse voorsien vir die kospakkies. Die produksie lyn het glad verloop met manne wat braai, manne wat kos pak en manne wat kos vervoer. Die kospakkies is by verskeie ouetehuse in Rustenburg afgelewer... Geen verskoning was nodig om te braai nie - en as dit vir liefdadigheid is, is dit net nog beter! Daar was ook worsbroodjies en sosaties vir die publiek om te koop en mense het in toue gestaan om die projek te ondersteun. Rustenburg se lede het die meeste etes voorsien van al die Vryburger korpse in die land.



Rustenburg Vryburgers wat saam gebraai het.



Johan Botha het sy braai tegniek bemeester.



Gert Henning en Gerhard Rossouw het lekker gekuier om die braaivleisvure.



Jaco Bosman wys die manne hoe dit gedoen moet word.

Give a little, help a lot

Rustenburg – Rustenburg's elderly needs our help. Growing old is not child's play. Besides one's physical health deteriorating almost as fast as the price of health care increases, many of the country's elderly have been swindled out of their life saving by Ponzi schemes and 'sure-thing' investments.

For some, little things like replacing a light bulb or sewing a tear has become not only difficult, but a physically painful exercise. Having to depend on others to be able to go to the store or visit a friend, all the while spending your retirement years just trying to stay out of the way... often forgotten and left behind.

A large part of the elderly population is struggling to make ends meet on a meagre R1,780 South African Social Services Agency (SASSA) grant allowance per month.

R1,800 can only go so far and often these retirees have to make the choice between life saving medication and food.

If your grandparents are anything like mine, they would never want to be an inconvenience, giving you the shirts off their backs to ensure that you had a future they were never afforded... Now is the time to give them that future!

The municipal flats throughout Rustenburg assist the elderly with affordable housing, but the small allowance from SASSA does not cover medical expenses, food, sundries and general costs. Having to worry about food can be soul crushing and adds to mental stress and a feeling of hopelessness.

Platinum Weekly's Local Love is a project to help lift the burden off our local elderly living in the various municipal flats in Rustenburg. With this project we hope to

donate food to the elderly to assist with their basic needs.

We invite you to participate by donating non-perishable food. The handover of the food will take place in July. The logos of companies that donate towards this worthy cause will feature in in the *Platinum Weekly* issue after the handover.

Donations can be dropped off at *Platinum Weekly's* offices at 50 Marais street.

For more information contact Danika Pretorius on 081 579 7000.

Local Love
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