



## TRUE-BLUE TRAINING TRAINING CENTRE

236A Beyers Naude Drive  
Rustenburg

### ACCREDITATIONS / REGISTRATIONS:

TETA; DOL; CETA; merSETA; MQA – Awaiting: DOT; DHET

### ACCREDITED UNIT STANDARD TRAINING FOR COMPANIES AND PRIVATE INDIVIDUALS

- Scaffolding Erectors (Quick Stage)
- Scaffolding Inspectors
- Working at Height
- Basic rigging
- Power tools
- Hand and Portable Tools
- First Aid Level 1 & 2
- Basic Fire Fighting
- Confined Spaces
- Supervisory
- Health & Safety Representative
- Health & Safety Principles Around the Workplace
- HIRA – Hazardous Identification Risk Assessment

### Soon to come

- Conveyance of Dangerous Goods by road
- Gas welding & cutting torch
- Lever hoist & chain blocks

For more information, tariffs and  
course dates,  
contact:

**Kirby de Beer**  
(Training Centre Manager)  
Tel: 014 594 2922  
Cell: 072 653 3356

# Fuel cheer as oil retreats



**Safety Advantage cc**  
78 Bosch Street, Rustenburg  
EMAIL: kobus@safetyadvantage.co.za  
TEL: 014 592 5700

- Safety Advantage is an accredited service provider with the following SETAs:  
Health and Welfare SETA.  
CETA SETA
- Safety Advantage is a certified service provider with DQS & IQNet.
- We provide MSHA & OSHA Training.  
Some of our courses include:  
*SHE Representative  
Working at Heights  
Legal Appointee Training  
Confined Space Entry  
Lockout & Isolation  
Materials Handling  
ISO Awareness  
Basic Fire Fighting  
Hand & Power Tools*

ALL THE GLORY TO GOD



After months of sustained pressure on the fuel price, fuel users will receive a substantial breather at the end of November going into December if the current fuel price trends continue. Large reductions in fuel prices are being forecast for December according to the unaudited mid-month fuel price data released by the Central Energy Fund (CEF). The main driver of lower prices has been an accelerating decline in international oil prices, which have trended downwards since the beginning of this month. The picture has been helped along by a modest improvement in the Rand / US dollar exchange rate. The current data predicts a massive drop of R1.54 per litre for petrol, with diesel dropping by 92 cents and illuminating paraffin by 85 cents.

While this fuel price projection is the rosier it has been for several months, caution should remain the watchword.

Automobile Association (AA) press release: 15 November 2018

## find us on facebook



# GREEN FRIDAY

## FRIDAY 23 NOV 2018

# MASSIVE SAVINGS

AS SEEN ON TV

Nectarine, Dessert Peach, Apricot & Plum Punnets  
**Any3forR50**

AS SEEN ON TV

White & Red Grape Punnets  
**2forR50**

Yellow Cling Peach Punnets  
**3forR50**

Large Watermelon  
**R50 each**

Baby Marrow, Baby Gem, Yellow or Green Patty Pan Punnets  
**Any3forR50**

Silverstream White Button Mushroom Punnets 250 g  
**3forR50**

### BUY IN BULK THIS GREEN FRIDAY AND GET GREAT FAMILY VALUE

**GREEN SAVINGS**  
THREE Pineapples & THREE Avocados  
**R50**

**GREEN SAVINGS**  
TWO Strawberry Punnets 250 g & ONE Blueberry Punnet  
**R50**

**GREEN SAVINGS**  
ONE Lettuce Prepack, ONE English Cucumber, ONE Spanish Santé Cocktail Tomato Punnet, ONE Green Pepper Prepack 2's & ONE Ripe & Ready Avocados 2's  
**R50**

**GREEN SAVINGS**  
ONE Potato Bag 3 kg & ONE Onion Bag 3 kg  
**R50**

**GREEN SAVINGS**  
ONE Carrot Bag 3 kg & ONE Tomato Box 3 kg  
**R50**

La Belinda Chopped or Whole Peeled Tomatoes 400 g  
**7forR50**

Alzu Free Range Large Eggs 15's  
**2forR50**

Sparletta Cream Soda, Pine Nut, Sparberry or Iron Brew 2 L  
**4forR50**

Tastic Long Grain White, Long Grain Brown or Parboiled Rice 2 kg  
**2forR50**

Food Lover's Canola Oil 750 ml  
**3forR50**

Simonsberg Feta Assorted 200 g  
**2forR50**

**GREEN SAVINGS**  
Buy Olive Pride Blended Oil 1 L & get Clover Cream O'Naise 500 ml FREE!  
**R50**

Food Lover's Prunes 500 g  
**2forR50**

**GREEN SAVINGS**  
Food Lover's Signature Luxury Cake Mix Bucket 1 kg  
**R50**

**GREEN SAVINGS**  
Biltong & Droëwors  
**189.99 per kg**

**GREEN SAVINGS**  
Beef Oxtail  
**69.99 per kg**

**GREEN SAVINGS**  
Food Lover's Lekka Braai Precooked Spare Ribs 1 kg  
**79.99 each**

**GREEN SAVINGS**  
Marinated Chicken Drumsticks  
**39.99 per kg**

Apple Crumble & Milk Tart  
**R50**

PIEMAN'S Pies  
**4forR50**

Doughnuts  
**12forR50**

Mild Cured Snoek Portions 600 g  
**2forR50**

# FOOD LOVER'S MARKET

**RUSTENBURG** • Food Lover's Market, Platinum Square, Howick Avenue, Cashan, Rustenburg, Tel: (014) 537 2727 • Fruit & Veg City, 185 Beyers Naude Street, Rustenburg Tel: (014) 592 0774  
• Valid: Friday 23 November 2018 ONLY! • [www.foodloversmarket.co.za](http://www.foodloversmarket.co.za)  
ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING 301018 • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E80E

## TERMITES AND OTHER PEST CONTROL

0762660983 or 0604493700  
pestcontrolxtreme67@gmail.com

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Seun Fraser  
Tel: 014 784 0730  
Cell: 072 347 2034

SINCE 1989

**We specialise in the following:**

- Cremation service
- Funeral services and policies.
- Obtaining all relevant documentation for funerals and cremations, transportation as well as mortuary facilities.

Martins Northam would like to thank all the people who have entrusted us to ease the pain of losing a loved one during the past 15 years.

We are service providers for:

Email: [mf.rust@mweb.co.za](mailto:mf.rust@mweb.co.za)  
Website: [www.martinsfunerals.co.za](http://www.martinsfunerals.co.za)