

‘n Dubbel Francois van Coke asseblief

Rustenburg – Francois van Coke en Die Gevaar se optrede, Vrydag 2 September by Hedghog's Nest, was 'n reuse sukses! Taking Autumn het die gehoor opgewarm met 'n paar van hul oorspronklike treffers en Hedghog's Nest het nie geskroom om die gehoor te betower met topgehalte kos nie. Die oomblik toe Francois die verhoog betree, was die skare op hulle voete en het woord-vir-woord die liedjies saamgesing. Daar is geen twyfel dat Hedghog's Nest beslis weet hoe om 'n vertoning te reël nie en dit was inderdaad 'n onvergeetlike aand.



Die gehoor het 'n fees gehad!



Francois van Coke en Die Gevaar.



Van links: Francois van Coke en hoof sjef en prinsipaal van Hedghog's Nest, Pieter Germishuys.

RCC competes in Nissan Trail Seeker

Rustenburg – Members of the Rustenburg Cycling Club (RCC) participated in the Nissan Trail Seeker Diamond Rush on 3 November at the Cullinan sports grounds. This was the final race of the Nissan Trail seeker series for 2018, and RCC members proudly represented their club.



From left: Father and son John-William and Johnny Lang completed the race.



From left: Willie van Eck took 2nd place overall in the 40km, Hennie van Wyk came 1st in the 40km and Erick Heyns took 3rd place in the 40km.

VLU Kashané-aandtak in Windhoek



Van links: Marie Williams en Charmaine Olivier by die kongres.

Rustenburg – Twee lede van die Vroue Landbou Unie (VLU) Kashané-aandtak het die voorreg gehad om op 23 Oktober saam met 82 lede van Suid Afrika, die Suid-Afrikaanse Vroue Landbou Unie (SAVLU) kongres te Windhoek by te woon. Die kongres word net elke 21 jaar in Windhoek aangebied.

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KARATE GOLD!



Rustenburg – Congratulations to the students of the Tokon Shotokan Karate Academy who excelled in the Traditional Styles Known Knowledge in Action (TSKKIA) all styles competition that was held at the Ben Marais Hall from 19 to 21 October.

The competing categories were: karate kumite, kata, family kata, unison kata, archery, sword art fighting and grappling. The club performed exceptionally well taking home 331 medals: 204 gold, 102 silver and 25 bronze. Out of the 77 Tokon Shotokan Karate Academy athletes who competed, 71 are now TSKKIA national champions.

For more information, contact TSKKIA at 082 463 1073 or visit www.tskkia.co.za.

Back from left: Hendrik Myburgh, shihan Albert Venter, and Elsje Myburgh. Front from left: Jacqueline Cilliers, Michelle Cilliers, and Leë-Andre Myburgh.