

RUNNING AND CYCLING CHALLENGE

Rustenburg – Endurance athletes are challenged to compete in both the Keystone Milling Mountain Race on Saturday 1 September as well as the Cycle Zone Mountain Bike Challenge on Sunday 2 September, to qualify for the Kgaswane Extreme Challenge. To qualify for this unique medal, athletes must complete both the running race on Saturday, either the 10km or 25km, as well as the mountain bike event on Sunday, either the 35km or 60km. This challenge was held for the first time in 2017, but nobody managed to finish both long events, the 25km running as well as the 60km cycling. Will this year be the first? Both the running and cycling starts and finishes at the Kloof Resort at 07:00 and follow remote, traffic free trails and roads in the magnificent

Kgaswane reserve. Please note: the running is on hard surfaces, not trail running; but the mountain makes it a serious challenge.

The running event will have three distances, a 25km, 10km as well as a 5km fun run. The mountain bike challenge will have three distances: 60km, 35km and 15km. There will also be a 'kiddies ride' of 5km which will be free of charge.

Entry forms are available at Cycle Zone in the Magaliesview Centre or at Runners Lab in Church Street. Online entries are available at www.entrytime.com for running and at www.cycleevents.co.za for the cycling. Pre-entries will be taken at the start on race day as well.

For more information visit www.rtbmc.co.za or contact Nico Steenkamp at 083-264 3071.



Johan Oelofse and 2017 female 35km winner Chante Payne riding in Kgaswane, making the mountain climb look easy.

Edward Mothibi, Rustenburg's star Comrades athlete on his way winning the 2017 Keystone Mountain Race.

NORTHAM VETVEEVEILING

12 SEPTEMBER 2018

NORTHAM BOERE VERENIGING VEILINGSKRALE

GPS: S24°58.584 / E 027°15.793

180 VETVEE
100 C-GRAAD
80 SUPER

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1. Betaling: Blyga bankpewaardige tjaks of elektroniese oorbetelings op dag van veiling - GEEN KONTANT WORD AANVAAR. 2. BTW is betaalbaar. 3. Vleisentraal se standaard verkoopvoorskrifte (Rules of Auction) bly van toepassing - beskikbaar op www.vleisentraalbosveld.co.za. 4. Registrasie: Koper moet afskaff van ID en bewys van fisiese adres inhandig voor registrasie. 5. Verbruikersbeskermingswet - 68 van 2008, beskikbaar op www.info.gov.za. 6. Verkoper behou die reg vir om enige late voor of tydens die veiling te ontfrek sonder vooraf kennisgewing.

NORTHAM **VLEISENTRAAL BOSVELD, 015 - 491 3141** www.vleisentraalbosveld.co.za

Newrak Impala doen dit weer!

Rustenburg – Die Newrak Impala Eerste span klop die Klerksdorp Klub op Saterdag 25 Augustus op Impala se tuisvelde met 40-21 in die Gold Cup Qualifier.

Impala se Sewes, die *Honey Badgers*, het die toernooi gewen teen Potch Dorp 33-12. Welgedaan manne!



Tiaan Nel en André Engelbrecht help hul spanmaats aan om die bal by die wenstreep uit te kry.

Weather Report North West RUSTENBURG

Friday 31 August 2018	27°C - 09°C	Rainfall probability (%)
Saturday 01 September 2018	28°C - 11°C	0
Sunday 02 September 2018	30°C - 12°C	
Monday 03 September 2018	31°C - 13°C	Sunrise 06:40 Sunset 17:49
Tuesday 04 September 2018	32°C - 15°C	

At time of print

FINANCIAL INDICATORS

ZAR / USD	14.46	-1.60%
Rand/Pound	18.75	-2.16%
Rand/Euro	16.91	-1.60%
Rand/Aus Dollar	10.54	-1.02%
Dollar/Pound	1.30	-0.64%
Pound/Euro	1.11	-0.66%
GOLD	1,204.35	-0.61%
Platinum	793.50	0.19%
Palladium	938.90	-1.19%

At time of print

SUDOKU

1			7		4	6		9
6	9	2					5	
8			6	4			3	
	5	8		7	1			
4		3	1			9		
2				6	5	3		
6		1				2		
5	7	9						

9		1	4		5			6
8								
3	4						9	
			2	7			4	
7	2	8		1	9	5		
3			9	5				
6					3	9		
4						8		
5		3	7			4		