



Rustenburg revels in Ronen's moral victory



Ronen Oosthuizen, an everyday hero, in his Bergsig Academy uniform

Rustenburg/ Potchefstroom – South Africans collectively drew a breath of fresh air in a world polluted by greed and corruption, as a true display of sportsmanship and Ubuntu was seen at the South African Cross Country Championships in Potchefstroom on Saturday, 9 September.

Ronen Oosthuizen, a grade 11 learner at Bergsig Academy and deputy head boy for the 2017/2018 year, gave up his position to help fellow athlete Mpho Mitchell from Guateng Cross Country North, as Mpho had fallen and was in pain and dehydrated. The story and photos of Ronen's good deed has been circulated countless times on social media. South Africa is proud!

This was no small sacrifice, as the prestigious event saw many schools from across the country compete and included 250 boys in the age group 16 and 17 years old. Ronen's previous achievements include a silver medal for inter-schools competing in Durban for the 1500m as well as a silver medal for the 1500m inter-clubs in Cape Town. He has reached IAAF qualifying standards for the world youth championships in Kenya, but did not go because the size of the team had been cut.

"My ambition is to study mechanical

engineering in the USA while still doing athletics," Oosthuizen said in an interview with the *Platinum Weekly* newspaper.

Ronen's coach, Johan Marias, who coaches at the school and Protea Athletics club, said in an interview with *Platinum Weekly*: "It was an extremely hard race for him. He urged himself to go on and around 200m from the finish line he passed the other student. Mpho had fallen and was in pain and dehydrated and had come so far. Ronen felt he had to help Mpho finish as he was so close to the end. Giving up his position, he picked up his fellow athlete and competitor and made sure to lift him high enough to get him going again, urging him to not give up, and taking care not to lift Mpho off the ground as this would lead to disqualification."

Marais added: "Although Ronen has achieved so much, he is a humble and dedicated boy. We at the school are proud of him. As a coach, I am amazed at the boy's talent, hard work and dedication in all that he does."

Ronen himself explained his action as follows: "I believe we need to be there for each other. I felt that I wanted to help him, I needed to help him. By being there for each other, we might all become successful."

Impala wen Bloemfontein Polisie

Rustenburg – My maggies maar was dit lekker om weer die groen gras, die lawaai van die skare en die Impala manne op die veld te ondersteun!

Op Saterdag 9 September het die *Gold Cup* liga afgeskop met die Newrak Impala Eerste rugbyspan wat kragte gemeet het teen die Bloemfontein Polisie span op Impala se velde. Vir die eerste helfte was die Impala manne maar op verdediging en het bykans al hul punte in die tweede helfte aangeteken. Dit was 'n moeilike stryd maar Impala se Eerstes het welverdiend met 'n telling van 28-10 van die veld gestap.

Die skare van sowat 1000 mense het gesorg vir groot pret. Impala se span het puik presteer onder die leierskap van hul

flank Justin Wheeler, hul kaptein. Berto van Wyk, binnesenter, is aangewys as *man of the match*.

Volgende op die rooster reis ons Eerstes na Secunda om die stryd teen Sasol-Hydra aan te sê op Saterdag 16 September.

"Ons manne sal witwarm en wakker moet loop om die spel te wen," aldus Naas Olivier, Newrak Impala Rugby klub besigheidsbestuurder in 'n onderhoud met die *Platinum Weekly* koerant. "Ons nooi die mense van Rustenburg graag uit om ons wedstryde te kom bywoon. Ons het weer oor twee weke 'n tuiswedstryd teen Welkom en ons wil graag hê dat ons mense ons moet kom ondersteun."



Met die twee pakke wat goed opgeweeg het teen mekaar, is Nico Kruger, Impala se skrumskakel, gereed om die bal in te gooi in die vaste skrum.



Berto van Wyk, Impala se binnesenter, staan nie 'n millimeter terug vir sy opponente nie!

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PLATINUM EVENT DIARY

EVENT NAME	DATE	VENUE	CONTACT NO	EMAIL / WEBSITE
NWU Lenteskool aangebied deur ATKV-Skryfskool	14-16 Sept '17	Potchefstroom	018-299 1783	Kobie.VanAswegen@nwu.ac.za
Special Vehicle Championships	15-16 Sept '17	Pilanesberg	082-991 0011	mail@sacrosscountryracing.co.za
Bikers Agains Farm Murders	16 Sept '17	HARTIES: Hartbeespoort Holiday Resort	083-659 6233	ben@benscornerfishing.co.za
ZSS COLOUR FUN RUN	16 Sept '17	RTB: Zinniaville community grounds	014-538 0152	shamima@zss.co.za
TSKKIA, Calling all karate kids	16-17 Sept '17	RTB: Ben Marais Hall	082-463 1073	tskkia@gmail.com
Cycling: MTB Karoo 2 Coast	17 Sept '17	Uniondale Western Cape	082-806 4906	rustenburg.cycling@gmail.com
BirdLife Rustenburg Meeting	18 Sept '17	RTB: Rustenburg Methodist Church	083-702 1462	shaunmcgillewie@gmail.com